

DAFTAR PUSTAKA

- Azwar, S. (2021a). *Penyusunan Skala Psikologi* (3rd ed.). Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2021b). *Reliabilitas dan Validitas* (4th ed.). Yogyakarta: Pustaka Pelajar.
- Badan Pengembangan dan Pembinaan Bahasa KEMENDIKBUD Republik Indonesia. (2016). *Kamus Besar Bahasa Indonesia Daring*.
<https://kbbi.kemdikbud.go.id/entri/siswa>
- Behaghel, L., de Chaisemartin, C., & Gurgand, M. (2017). Ready for Boarding? The Effects of a Boarding School for Disadvantaged Students. *American Economic Journal: Applied Economics*, 9(1), 140–164.
<http://www.jstor.org/stable/26156211>
- Borca, G., Bina, M., Keller, P. S., Gilbert, L. R., & Begotti, T. (2015). Internet use and developmental tasks: Adolescents' point of view. *Computers in Human Behavior*, 52, 49–58. <https://doi.org/10.1016/j.chb.2015.05.029>
- Bray, J. H. (1995). Family Assessment: Current Issues in Evaluating Families. *Family Relations*, 44(4), 469-477. <https://doi.org/10.2307/585001>
- Burke, T. J., Wosidlo, A., & Segrin, C. (2012). Social skills, family conflict, and loneliness in families. *Communication Reports*, 25(2), 75-87.
<https://doi.org/10.1080/08934215.2012.719461>
- Cahyanti, D., & Neviyarni, N. (2022). Hubungan Intensitas Penggunaan Media Sosial dengan Loneliness Pada Siswa SMP. *Jurnal Pendidikan Tambusai*, 6(1), 1998-2005.

- Ciptadi, B., & Umar, J. (2012). Metode alternatif untuk mendeteksi bias respons social desirability pada item-item tes kepribadian. *Jurnal Pengukuran Psikologi dan Pendidikan Indonesia*, 1(1), 1-20.
- Creswell, J. W., & Creswell, J. D. (2018). *Research design: Qualitative, quantitative, and mixed methods approaches*. SAGE Publications, Inc.
- Dai, L., & Wang, L. (2015). Review of family functioning. *Open Journal of Social Sciences*, 3(12), 134. <http://dx.doi.org/10.4236/jss.2015.312014>
- de Jong-Gierveld, J. and van Tilburg, T. (2022). *Manual Loneliness Scale*. https://home.fsw.vu.nl/TG.van.Tilburg/manual_loneliness_scale_1999.html#preliminary_remarks
- de Jong-Gierveld, J., & van Tilburg, T. G. (1999). *Manual of the Loneliness Scale. Methoden en technieken*. ISBN (Print) 909012523X, 9789090125237
- Elfaza, D. F., & Rizal, G. L. (2020). HUBUNGAN SELF-COMPASSION DENGAN KESEPIAN PADA REMAJA DI BOARDING SCHOOL. *Attadib: Journal Of Elementary Education*, 4(2), 88-98.
- Epstein, N. B., Baldwin, L. M., & Bishop, D. S. (1983). THE McMASTER FAMILY ASSESSMENT DEVICE. *Journal of Marital and Family Therapy*, 9(2), 171–180. doi:10.1111/j.1752-0606.1983.tb01497.x
- Epstein, N. B., Bishop, D. S., & Levin, S. (1978). The McMaster model of family functioning. *Journal of Marital and Family therapy*, 4(4), 19-31. <https://doi.org/10.1111/j.1752-0606.1978.tb00537.x>
- Epstein, N. B., Levin, S., & Bishop, D. S. (1976). The family as a social unit. *Canadian family physician Medecin de famille canadien*, 22, 53–55.
- Epstein-Lubow, G. P., Beevers, C. G., Bishop, D. S., & Miller, I. W. (2009). Family functioning is associated with depressive symptoms in caregivers of acute

stroke survivors. *Archives of Physical Medicine and Rehabilitation*, 90(6), 947-955. <https://doi.org/10.1016/j.apmr.2008.12.014>

Etikan, I., Musa, S. A., & Alkassim, R. S. (2016). Comparison of convenience sampling and purposive sampling. *American journal of theoretical and applied statistics*, 5(1), 1-4.

Faridah, F., Arismunandar, A., & Bernard, B. (2018). Sekolah Berasrama Di Sulawesi Selatan. *Lentera Pendidikan: Jurnal Ilmu Tarbiyah dan Keguruan*, 21(2), 142-153.

Febriani, Z. (2021). Perbedaan Tingkat Kesenian pada Remaja Ditinjau dari Jenis Kelamin. *Jurnal Pendidikan Tambusai*, 5(3), 7032–7037. <https://doi.org/10.31004/jptam.v5i3.2055>

Gierveld, D. J. (1998). A review of loneliness: concept and definitions, determinants and consequences. *Reviews in Clinical Gerontology*, 8(1), 73–80. doi:10.1017/s095925989800809

Gierveld, D. J., Van Tilburg, T., & Dykstra, P. (2006). Loneliness and Social Isolation. In A. Vangelisti & D. Perlman (Eds.), *The Cambridge Handbook of Personal Relationships* (Cambridge Handbooks in Psychology, pp. 485-500). Cambridge: Cambridge University Press. doi:10.1017/CBO9780511606632.027

Hafshoh, H., & Saleh, A. Y. (2021). The Effects of Family Functioning Dimensions on the Subjective Wellbeing among High School Students. *Psychological Research on Urban Society*, 4(1), 3-14. DOI: 10.7454/proust.v4i1.639

Herawati, T., Krisnatuti, D., Pujihastuty, R., & Latifah, E. W. (2020). Faktor-faktor yang memengaruhi pelaksanaan fungsi keluarga di Indonesia. *Jurnal Ilmu Keluarga & Konsumen*, 13(3), 213-227. <https://doi.org/10.24156/jikk.2020.13.3.213>

Hidayati, D. S. (2018). Family functioning dan loneliness pada remaja dengan orang tua tunggal. *Jurnal Ilmiah Psikologi Terapan (JIPT)*, 6(1), 54-62. eISSN: 2540-8291

Hodges, J., Sheffield, J., & Ralph, A. (2013). Home away from home? Boarding in Australian schools. *Australian Journal of Education*, 57(1), 32-47. doi:10.1177/0004944112472789

Faiz, F. R. F., Nurhadi, N., & Rahman, A. (2021). Pembentukan Sikap Disiplin Siswa Pada Sekolah Berbasis Asrama. *QALAMUNA: Jurnal Pendidikan, Sosial, dan Agama*, 13(2), 309-326.

Undang-Undang Republik Indonesia Nomor 20 Tahun 2003 Sistem Pendidikan Nasional. 8 Juli 2003. Lembaran Negara Republik Indonesia Tahun 2003 Nomor 4301. Jakarta. <https://peraturan.go.id/common/dokumen/ln/2003/uu20-2003.pdf>

Ibrahim, A., Alang, A. H., Madi, B., & Ahmad, M. A. (2018). *Metodologi Penelitian (Cet I)*. Gunadarma Ilmu, Jakarta.

Jones, W. H., Freemon, J. E., & Goswick, R. A. (1981). The persistence of loneliness: Self and other determinants. *Journal of Personality*, 49(1), 27-48. doi:10.1111/j.1467-6494.1981.tb00844.x

Krause-Parello, C. A. (2008). *Loneliness in the School Setting*. *The Journal of School Nursing*, 24(2), 66-70. doi:10.1177/10598405080240020301

Lestari, S. (2016). *Psikologi Keluarga: Penanaman Nilai dan Penanaman Konflik dalam Keluarga*. Prenada Media.

Lerner, R. M., & Castellino, D. R. (2013). *Adolescents and their families: Structure, function, and parent-youth relations*. Routledge.

Lewandowski, A. S., Palermo, T. M., Stinson, J., Handley, S., & Chambers, C. T. (2010). Systematic review of family functioning in families of children and

adolescents with chronic pain. *The journal of pain*, 11(11), 1027–1038.
<https://doi.org/10.1016/j.jpain.2010.04.005>

Manning, M. L. (2002). Havighurst's Developmental Tasks, Young Adolescents, and Diversity. *The Clearing House: A Journal of Educational Strategies, Issues and Ideas*, 76(2), 75–78. doi:10.1080/00098650209604953

Maslihah, S. (2011). Studi tentang hubungan dukungan sosial, penyesuaian sosial di lingkungan sekolah dan prestasi akademik siswa SMPIT Assyifa Boarding School Subang Jawa Barat. *Jurnal Psikologi Undip*, 10(2).

Miller, I. W., Ryan, C. E., Keitner, G. I., Bishop, D. S., & Epstein, N. B. (2000). The McMaster approach to families: Theory, assessment, treatment and research. *Journal of family therapy*, 22(2), 168-189. <https://doi.org/10.1111/1467-6427.00145>

Moore, D., & Schultz, N. R. (1983). Loneliness at adolescence: Correlates, attributions, and coping. *Journal of Youth and Adolescence*, 12(2), 95-100.
<https://doi.org/10.1007/BF02088307>

Moustakas, C. E. (2016). *Loneliness*. Pickle Partners Publishing.

Mushtaq, R., Shoib, S., Shah, T., & Mushtaq, S. (2014). Relationship between loneliness, psychiatric disorders and physical health? A review on the psychological aspects of loneliness. *Journal of clinical and diagnostic research: JCDR*, 8(9), WE01-WE04. doi:10.7860/jcdr/2014/10077.4828

Nuryadi, N., Astuti, T. D., Sri Utami, E., & Budiantara, M. (2017). *Dasar-Dasar Statistik Penelitian*. SIBUKU MEDIA. ISBN: 978-602-6558-04-6.

Olson, D. H., Russell, C. S., & Sprenkle, D. H. (1980). Marital and family therapy: A decade review. *Journal of Marriage and the Family*, 973-993.
<https://doi.org/10.2307/351836>

- Peplau, L. A., & Perlman, D. (1979, June). Blueprint for a social psychological theory of loneliness. In *Love and attraction: An interpersonal conference* (pp. 101-110). New York: Pergamon Press.
- Peplau, L. A., & Perlman, D. (1982). *Loneliness: A sourcebook of current theory, research and therapy*. John Wiley & Sons Inc.
- Perlman, D. (1988). Loneliness: A life-span, family perspective. *Families and social networks*, 190-220.
- Perlman, D., & Landolt, M. A. (1999). Examination of Loneliness in Children-Adolescents and in Adults: Two Solitude or Unified Enterprise? Dalam Rotenberg, K. J., & Hymel, S. (Eds.). *Loneliness in childhood and adolescence* (pp. 325–347). Cambridge University Press.
- Perlman, D., & Peplau, L. A. (1981). Toward a social psychology of loneliness. *Personal relationships*, 3, 31-56.
- Perlman, D., & Peplau, L. A. (1984). Loneliness research: A survey of empirical findings. Preventing the harmful consequences of severe and persistent loneliness, 13-46.
- Perlman, D., & Peplau, L. A. (1998). Loneliness. *Encyclopedia of Mental Health*, Vol. 2, 571-581.
- Puteri, S. V. D. (2021) Pengaruh Keberfungsian Keluarga (*Family Functioning*) Terhadap Kesepian (*Loneliness*) Pada Remaja Akhir. Sarjana Thesis, Universitas Negeri Jakarta.
- Ramadhani, M. H., & Kustanti, E. R. (2018). HUBUNGAN KEEKATAN ORANG TUA DENGAN PENYESUAIAN DIRI SISWA BOARDING SCHOOL DI SMA PONDOK PESANTREN MODERN SELAMAT KENDAL. *Jurnal Empati*, 7(3), 90-99.
- Reichmann, F. F. (1959). Loneliness. *Psychiatry*, 22(1), 1-15.

Reskiawan, M. M. N., & Agustang, A. (2022, January 25). SISTEM SEKOLAH BERASRAMA (BOARDING SCHOOL) DALAM MEMBENTUK KARAKTER DISIPLIN DI MAN 1 KOLAKA. <https://doi.org/10.31219/osf.io/ctpm3>

Resmadewi, R. (2019). HUBUNGAN ANTARA PENYESUAIAN DIRI DENGAN KESEPIAN PADA MAHASISWI PRODI KEBIDANAN POLTEKKES SURABAYA YANG TINGGAL DI ASRAMA. *PSIKOSAINS (Jurnal Penelitian Dan Pemikiran Psikologi)*, 13(2), 122-135. <http://dx.doi.org/10.30587/psikosains.v13i2.764>

Russell, D., Peplau, L. A., & Ferguson, M. L. (1978). Developing a Measure of Loneliness. *Journal of Personality Assessment*, 42(3), 290–294. doi:10.1207/s15327752jpa4203_11

Ryan, C. E., Epstein, N. B., Keitner, G. I., Miller, I. W., & Bishop, D. S. (2005). *EVALUATING AND TREATING FAMILIES: THE McMASTER APPROACH*. Routledge Taylor & Francis Group.

Safitri, W. R. (2016). ANALISIS KORELASI PEARSON DALAM MENENTUKAN HUBUNGAN ANTARA KEJADIAN DEMAM BERDARAH DENGUE DENGAN KEPADATAN PENDUDUK DI KOTA SURABAYA PADA TAHUN 2012 - 2014. *Jurnal Ilmiah Keperawatan (Scientific Journal of Nursing)*, 2(2), 21-29. Retrieved from <http://journal.stikespemkabjombang.ac.id/index.php/jikep/article/view/23>

Saifuddin, A. (2020). *Penyusunan Skala Psikologi*. Prenada Media.

Santrock, J. W. (2011). *Life-span development 13th edition*. New York: McGraw-Hill

Saputro, K. Z. (2017). Memahami ciri dan tugas perkembangan masa remaja. *Aplikasia: Jurnal Aplikasi Ilmu-ilmu Agama*, 17(1), 25-32.

- Sari, G. L., & Hidayati, F. (2015). Hubungan Antara Konsep Diri Dengan Kesenjangan Pada Remaja (Studi Korelasi Pada Siswa Kelas IX SMP Negeri 2 Semarang). *Jurnal Empati*, 4(2), 163-168. <https://doi.org/10.14710/empati.2015.14910>
- Sawir, E., Marginson, S., Deumert, A., Nyland, C., & Ramia, G. (2008). Loneliness and International Students: An Australian Study. *Journal of Studies in International Education*, 12(2), 148–180. <https://doi.org/10.1177/1028315307299699>
- Schonbrodt, F. D., & Perugini, M. (2013). At What Sample Size Do Correlations Stabilize? *Journal of Research in Personality*, 47(5), 609–612. <https://doi.org/10.1016/j.jrp.2013.05.009>
- Schwab, J. J., Gray-Ice, H. M., & Prentice, F. R. (2002). *Family Functioning: The General Living Systems Research Model*. New York: Kluwer Academic Publishers.
- Setiawan, I. (2013). *Pembinaan dan pengembangan peserta didik pada institusi pendidikan berasrama*. Yogyakarta: Smart Writing. ISBN: 978-602-7858-42-8
- Shek, D. T. (2002). Family functioning and psychological well-being, school adjustment, and problem behavior in Chinese adolescents with and without economic disadvantage. *The Journal of Genetic Psychology*, 163(4), 497-502.
- Smith, Z. R., & Wells, C. S. (2006). Central limit theorem and sample size. In annual meeting of the Northeastern Educational Research Association, Kerhonkson, New York.
- Sona, D. (2015). Mengidentifikasi Kesenjangan pada Anak Pondok Pesantren dengan Menggunakan Children Loneliness Scale. Seminar Psikologi kemanusiaan. <https://mpsi.umm.ac.id/files/file/85-88%20Dwi%20Sona.pdf>
- Sonderby, L. C., & Wagoner, B. (2013). Loneliness: an integrative approach. *Journal of Integrated Social Sciences*, 3(1), 1-29.

Sugiyono. (2007). *Statistika Untuk Penelitian*. Bandung: ALFABETA. ISBN: 978-979-8433-10-8).

Sugiyono. (2013). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D*. Alfabeta.

Tang, B., Wang, Y., Gao, Y., Wu, S., Li, H., Chen, Y., & Shi, Y. (2020). The Effect of Boarding on the Mental Health of Primary School Students in Western Rural China. *International journal of environmental research and public health*, 17(21), 8200. <https://doi.org/10.3390/ijerph17218200>

Uruk, A. C., & Demir, A. (2003). The role of peers and families in predicting the loneliness level of adolescents. *The journal of psychology*, 137(2), 179-193. <https://doi.org/10.1080/00223980309600607>

Weeks, D. G., Michela, J. L., Peplau, L. A., & Bragg, M. E. (1980). Relation between loneliness and depression: A structural equation analysis. *Journal of Personality and Social Psychology*, 39(6), 1238–1244. <https://doi.org/10.1037/h0077709>

West, D. A., Kellner, R., & Moore-West, M. (1986). The effects of loneliness: a review of the literature. *Comprehensive psychiatry*, 27(4), 351-363.

Young, J. E. (1982). Loneliness, Depression and Cognitive Therapy: Theory and Application. In L. A. Peplau, & D. Perlman (Eds.), *Loneliness: A Sourcebook of Current Theory, Research and Therapy* (pp. 1-18). New York: Wiley.

Youniss, J., & Smollar, J. (1987). *Adolescent relations with mothers, fathers and friends*. University of Chicago Press.