

## DAFTAR PUSTAKA

- Ahyar, H., Andriani, H., & Sukmana, D. J. (2020). *Metode Penelitian: Kualitatif dan Kuantitatif*. Yogyakarta: CV. Pustaka Ilmu Group.
- Azwar, S. (2012). *Penyusunan Skala Psikologi*. Yogyakarta: Pustaka Pelajar.
- Bhat, S. A., & Khan, T. F. (2017). The Relationship of Emotional Intelligence with Anxiety among Students. *International Journal of Trend in Scientific Research and Development (IJTSRD)*, 1(6), 1214-1217.
- Budiman, F. A. (2021). *Pengaruh Kecerdasan Emosional Terhadap Strategi Koping Stress Mahasiswa di Jakarta saat Pembelajaran Jarak Jauh*. Jakarta: Repository UNJ.
- Febrianto, R., & Hartati, M. E. (2020). The Influence of Adversity Quotient on Anxiety in Final Year Students of the Department of Architecture Engineering Sam Ratulangi University Manado. *Educational and Psychological Conference in the 4.0 era*, 8, 1-6.
- Fikry, T. R., & Khairani, M. (2017). Kecerdasan Emosional Dan Kecemasan Mahasiswa Bimbingan Skripsi di Universitas Syiah Kuala. *Jurnal Konseling Andi Mattapa*, 1(2), 108-115. doi:10.31100/jurkam.v1i2.60
- Fourianalistyawati, E., Listiyandini, R. A., & Fitriana, T. S. (2017). Hubungan Mindfulness dan Kualitas Hidup Orang Dewasa. *Jurnal Universitas Yarsi*, 1-12.
- Goleman, D. (2009). *Kecerdasan Emosional : Mengapa EI lebih penting daripada IQ*. Jakarta: PT. Gramedia Pustaka Utama.
- Gruebner, O., Rapp, M. A., & Adli, M. (2017). Cities and Mental Health. *Deutsches Arzteblatt International* , 121-127.

Hooda, M., & Saini, A. (2017). Academic Anxiety: An Overview. *Educational Quest: An Int. J. of Education and Applied Social Science*, 8(3), 806-810. doi:10.5958/2230-7311.2017.00139.8

Jan, S. U., Anwar , M. A., & Warraich, N. F. (2017). Emotional Intelligence and Academic Anxieties: A Literature Review. *New Review of Academic Librarianship*, 23(1), 6-17.

Jan, S. U., Anwar, M. A., & Warraich, N. F. (2020). The relationship between emotional intelligence, library anxiety, and academic achievement among the university students. *Journal of Librarianship and Information Science*, 52(1), 237–248. doi:<https://doi.org/10.1177%2F0961000618790629>

Malfasari, E. (2018). Faktor-faktor yang mempengaruhi kecemasan mahasiswa dalam menyelesaikan tugas akhir di Stikes Payung Negeri Pekanbaru. *Jurnal Ners Indonesia*, 8(2), 124-131.

Nasution, L. H., & Rola, F. (2012). Hubungan antara kecemasan akademik dengan academic self management pada siswa SMA kelas X unggulan. *Journal Fakultas Psikologi USU*, 1-16.

Nevid, J. S., Rathus, S. A., & Greene, B. (2003). *Psikologi Abnormal Jilid 2*. Jakarta : Erlangga.

Ningrum, F. S., Purwanto, E., & Mulawarman , M. (2021). The effect of self-compassion and islamic spiritual orientation on academic anxiety. *Jurnal Bimbingan Konseling*, 10(2), 142-147. Retrieved from <https://journal.unnes.ac.id/sju/index.php/jubk>

Onwuegbuzie, A. J. (2004). Academic Procrastination and Statistics Anxiety. *Assessment & Evaluation in Higher Education*, 29(1), 3-19.

Pandey, V. S., & Dubey, R. (2018). Relationship between academic anxiety and emotional Intelligence among minority and non- minority students: a study. *Scholarly Research Journal for Interdisciplinary Studies*, 6(26), 7337-7342.

- Petrides, K. (2009). Psychometric Properties of the Trait Emotional Intelligence Questionnaire (TEIQue). *Assessing Emotional Intelligence*, 85-101. doi:10.1007/978-0-387-88370-0\_5
- Petrides, K. V., & Furnham, A. (2001). Trait emotional intelligence: Psychometric investigation with reference to established trait taxonomies. *European Journal of Personality*, 15(6), 425-448.
- Petrides, K. V., Hudry, K., Michalaria, G., Swam, V., & Sevdalis, N. (2011). A comparison of the trait emotional intelligence profiles and without Asperger syndrome. *SAGE Publications and The National Autistic Society*, 15(6), 671-682.
- Prasad D, L. N. (2020). Relationship between anxiety and emotional intelligence among professional and non-professional college students. *The International Journal of Indian Psychology*, 8(1), 764-770. doi:10.25215/0801.094
- Priyono. (2008). *Metode Penelitian Kuantitatif*. Surabaya: Zifatama Publishing.
- Rangkuti, A. A., & Wahyuni, L. D. (2017). *Modul Analisis Data Penelitian Kuantitatif Berbasis Classical Test Theory dan Item Response Theory (Rasch Model)*. Jakarta: FIP Press.
- Sari, N., & Susanti, H. (2017). Anxiety level and academic procrastination among clinical nursing students in the faculty of nursing of universitas indonesia. *UI Proceedings on Health and Medicine Journal*, 3.
- Stevens, C., Schneider, E., Miller, P. B., & Arcangelo, K. (2019). Exploring the relationship between emotional intelligence and academic stress among students at a small, private college. *Contemporary Issues in Education Research*, 12(4), 93-102.
- Sugiyono. (2013). *Metode Penelitian Kuantitatif, Kualitatif dan R&D*. Bandung: Alphabeta.

Sugiyono. (2015). *Metode Penelitian Kuantitatif, Kualitatif dan R&D*. Bandung: Alphabeta.

Sugiyono. (2017). *Metode Penelitian Kuantitatif, Kualitatif dan R&D*. Bandung: Alphabeta.

Sun, H., Wang, S., Wang, W., & Han, G. (2021). Correlation between emotional intelligence and negative emotions of front-line nurses during the COVID-19 epidemic: A cross-sectional study. *Journal of Clinical Nursing Wiley*, 385–396. doi:10.1111/jocn.15548

Sunil, K., & Roopai, K. (2020). *Role of emotional intelligence in managing stress and anxiety at workplace*. Las Vegas: Proceedings of ASBBS.

Tarigan, P. K. (2017). *Kematangan Emosi dan Kecemasan di Kalangan Mahasiswa Penulis Skripsi (Studi Korelasi Pada Mahasiswa Program Studi Bimbingan dan Konseling Universitas Sanata Dharma Yogyakarta)*. Yogyakarta: Repository Universitas Sanata Dharma.

Wisudaningtyas, A. (2012). Kecemasan dalam menghadapi ujian skripsi ditinjau dari self-efficacy pada mahasiswa fakultas psologi Universitas Katolik Soegijapranata Semarang. *41*(2), 88-92.

Yudhistira, S., & Murdiani, D. (2020). Pembelajaran jarak jauh: kendala dalam belajar dan kelelahan akademik. *Maarif Journal* , *15*(2), 273-293. doi:10.47651/mrf.v15i2.122