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THE OVERVIEW OF SOCIAL ANXIETY IN THE FIRST-YEAR STUDENTS BATCH 2021 OF FACULTY OF PSYCHOLOGY EDUCATION AT THE STATE UNIVERSITY OF JAKARTA

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ABSTRACT

This study aims to describe social anxiety in the first-year students Batch 2021 of Faculty of Psychology Education at the State University of Jakarta.

This study uses a descriptive quantitative approach. This study selects a sample of 114 respondents using purposive sampling technique. The social anxiety instrument used in this study is the Social Anxiety Scale for Adolescents (SAS-A) consisting of 22 items with reliability of 0.881 that is calculated by using IBM SPSS Statistics 22 software with Cronbach's Alpha reliability test.

The result of this study shows that there are 58 respondents (50.9 percent) who have low-levels of social anxiety, while 56 other respondents (49.1 percent) have high-levels of social anxiety. It illustrates that most of the first-year students Batch 2021 of Faculty of Psychology Education at the State University of Jakarta have low-levels of social anxiety.

Keywords: Social Anxiety, First-Year Students