

DAFTAR PUSTAKA

- B, B. S., & R, C. R. (2004). *Instructional Tecnology: the Definition and Domain of the Field*. Washington DC: AECT.
- Benny, A. P. (2010). *Model Desain Sistem Pembelajaran*. Jakarta: Dian Rakyat.
- Borg, W. R., & Gall, M. D. (1983). *Educational Research: An Introduction*. New York: David McKay Company. Inc.
- Branch, R. maribe. (2009). *instructional design: the addie approach*,. New York: Springer. https://doi.org/DOI 10.1007/978-0-387-09506-6_1
- Chen, S., Dai, H., Tang, J., & Xiao, R. (2018). Physiological Profile of Sepak Takraw University Players, *1*(1), 63–66. <https://doi.org/10.26480/icecsd.01.2018.63.66>
- Dick., W., Carey, L., & James, O. C. (2009). *The Systematic Design of Instruction*. Boston: Pearson.
- Emzir. (2015). *Metodelogi Penelitian Pendidikan Kuantitatif & Kualitatif*. Jakarta: raja grafindo persada.
- Esser, T. H. W. N., Uxel, K. E. C. H., Incher, J. E. L. T., & Kada, T. O. O. (2008). THE RELATIONSHIP BETWEEN CORE STABILITY AND PERFORMANCE IN DIVISION I FOOTBALL PLAYERS. *Journal of Stren*, 1750–1754. <https://doi.org/10.1519/JSC.0b013e3181874564>
- Gani, A. (2018). The Development of Sepak Takraw Skill Training Model Based on Drill Double Event in South Jakarta Club Takraw, *8*(12), 303–316.
- James, T. (2016). *Macam - Macam Metodologi Penelitian*.
- Jan, E., & Geraldine, C. (2008). *Theory Development, Handbook of Research on Educational Communications and Technologi*. New York: Lawrence Erlbaum Associates.

- Jawis, M. N., Singh, R., Singh, H. J., & Yassin, M. N. (2005). Anthropometric and physiological profiles of sepak takraw players. *British Journal of Sports Medicine*, 39(11), 825–829. <https://doi.org/10.1136/bjism.2004.016915>
- Kubo, Y., Nakazato, K., Koyama, K., Tahara, Y., Funaki, A., & Hiranuma, K. (2016). The Relation between Hamstring Strain Injury and Physical Characteristics of Japanese Collegiate Sepak Takraw Players. *International Journal of Sports Medicine*, 37(12), 986–991. <https://doi.org/10.1055/s-0042-114700>
- Lubis, J. (2013). *Panduan Praktis Penyusunan Program Latihan*. Jakarta: Rajawali Pers.
- Smaldino, S. E., Russel, D., Heinich, R., & Molenda, M. (2005). *Instructional Technology and Media For Learning*. New Jersey: Pearson merril Pretrice Hall inc.
- Sofyan Hanif, A. (2015). *Kepelatihan Dasar Sepak takraw*. Jakarta: PT Bumi Timur Jaya.
- Stephen, P. R. (1996). *Organizational Behavior: Concepts, Controversies, Applications*. New York: Prentice Hall, Inc.
- Sugiyono. (2008). *Metode penelitian pendidikan - pendekatan kuantitatif, kualitatif, dan R & D*. Alfabeta.
- Sulaiman. (2014). ALAT TES KETERAMPILAN SEPAK TAKRAW BAGI ATLET SEPAK TAKRAW JAWA TENGAH. *Strategi Intervensi Peningkatan Rasa Percaya Diri Melalui Imagery Training Pada Atlet Wushu Jawa Tengah*, 1(1), 48–59.
- Syarifuddin, & Hari. (2014). *Permainan Sepak Takraw*. Padang: Sukabina Press.
- Tangkudung, J., & Puspitorini, W. (2012). *Kepelatihan Olahraga (edisi ke-2)*. Jakarta: Cerdas Jaya.

Yusufhadi, M. (2011). *Survei Model Pengembangan Pembelajaran. 2011.*

Zainuddin, H. (2012). *Sepak Takraw. Sejarah, Teknik Dasar Permainan & Peraturan Sepak Takraw.* Jakarta: Aulia Cendekia Press.

