

DAFTAR PUSTAKA

- Abidin, F. A. (2022). Literasi Kesehatan Mental Dan Status Kesehatan Mental Dewasa Awal Pengguna Media Sosial. *HIGEIA (Journal of Public Health Research and Development)*, 6(2).
- Alkan, N. (2016). *Psychological sense of university membership: An adaptation study of the PSSM scale for Turkish university students. The Journal of Psychology*, 150(4), 431–449.
- Arnett, J. J. (2013). *The evidence for generation we and against generation me. Emerging Adulthood*, 1(1), 5–10.
- Ayuningtyas, D., Misnaniarti, M., & Rayhani, M. (2018). *Analysis of mental health situation on community in Indonesia and the intervention strategies. Jurnal Ilmu Kesehatan Masyarakat*, 9(1), 464721.
- Bagaskara, V., & Susilowati, E. (2022). Pembentukan Self Stigma orang dengan HIV/AIDS Binaan Lembaga Sosial Masyarakat Lensa Sukabumi. *Jurnal Ilmiah Rehabilitasi Sosial (Rehsos)*, 4(1).
- Budianti, A. K., & Prihartanti, N. (2015). Hubungan antara keharmonisan keluarga dengan harga diri pada remaja. Universitas Muhammadiyah Surakarta.
- Corrigan, P. (2004). *How stigma interferes with mental health care. American Psychologist*, 59(7), 614.
- Dani, R. A., Aryono, M. M., & Cahyadi, A. (2021). Analisis Hubungan antara Gratitude Dengan Sense of School Belonging Pada Mahasiswa Karesidenan Madiun. *PSIKODIMENSIA*, 20(1), 107–114.
- DeBate, R. D., Gatto, A., & Rafal, G. (2018). *The effects of stigma on determinants of mental health help-seeking behaviors among male college students: An application of the information-motivation-behavioral skills model. American Journal of Men's Health*, 12(5), 1286–1296.

- Dukynaitė, R., & Dudaitė, J. (2017). *Influence of school factors on students' sense of school belonging*. *The New Educational Review*, 47, 39–52.
- Goodenow, C. (1993). *The psychological sense of school membership among adolescents: Scale development and educational correlates*. *Psychology in the Schools*, 30(1), 79–90.
- Hernawati, L. (2022). Gambaran Penyebab Mahasiswa Enggan Mencari Bantuan Profesional di Masa Pandemi Covid-19. *PSIKODIMENSIA*, 21(2), 198–205.
- Hobson, H. (2008). *The effects of mental health education on reducing stigma and increasing positive attitudes toward seeking therapy*. Humboldt State University.
- Huberts, L. C., Schoonhoven, M., Goedhart, R., Diko, M. D., & Does, R. J. (2018). *The performance of control charts for large non-normally distributed datasets*. *Quality and Reliability Engineering International*, 34(6), 979–996.
- Hunt, A. J., Guth, R. E.-Y., & Setiyawati, D. (2021). Evaluating the Indonesia Free Pasung Movement: *Understanding continuing use of restraint of the mentally ill in rural Java*. *Transcultural Psychiatry*, 13634615211009626.
- Kadi, A. P. U. (2016). Hubungan Kepercayaan Diri dan Self-Regulated Learning Terhadap Prokrastinasi Akademik Pada Mahasiswa. *Psikoborneo: Jurnal Ilmiah Psikologi*, 4(1).
- Kartikasari, N., & Ariana, A. (2019). Hubungan Antara Literasi Kesehatan Mental Dan Stigma Diri Terhadap Intensi Mencari Bantuan Pada Dewasa Awal. Universitas Airlangga.
- Kola, dkk (2021). “ *COVID-19 mental health impact and responses in low-income and middle income countries: Reimagining global mental health*”: *Correction*.
- Latifah, L., Pohan, R. A., & Nasir, M. (2021). Gambaran *Sense of Belonging* Mahasiswa Program Studi Bimbingan dan Konseling Islam Fakultas Ushuluddin Adab dan Dakwah IAIN Langsa. *Consilium: Berkala Kajian Konseling Dan Ilmu Keagamaan*, 8(1), 35–46.
- Marisa, I. (2018). Hubungan Antara Kebersyukuran dengan Kepuasan Hidup Pada Pedagang Kaki Lima. Universitas Islam Riau.
- Musslifah, A. R., Anwariningsih, S. H., Cahyani, R. R., & Purnomosidi, F.

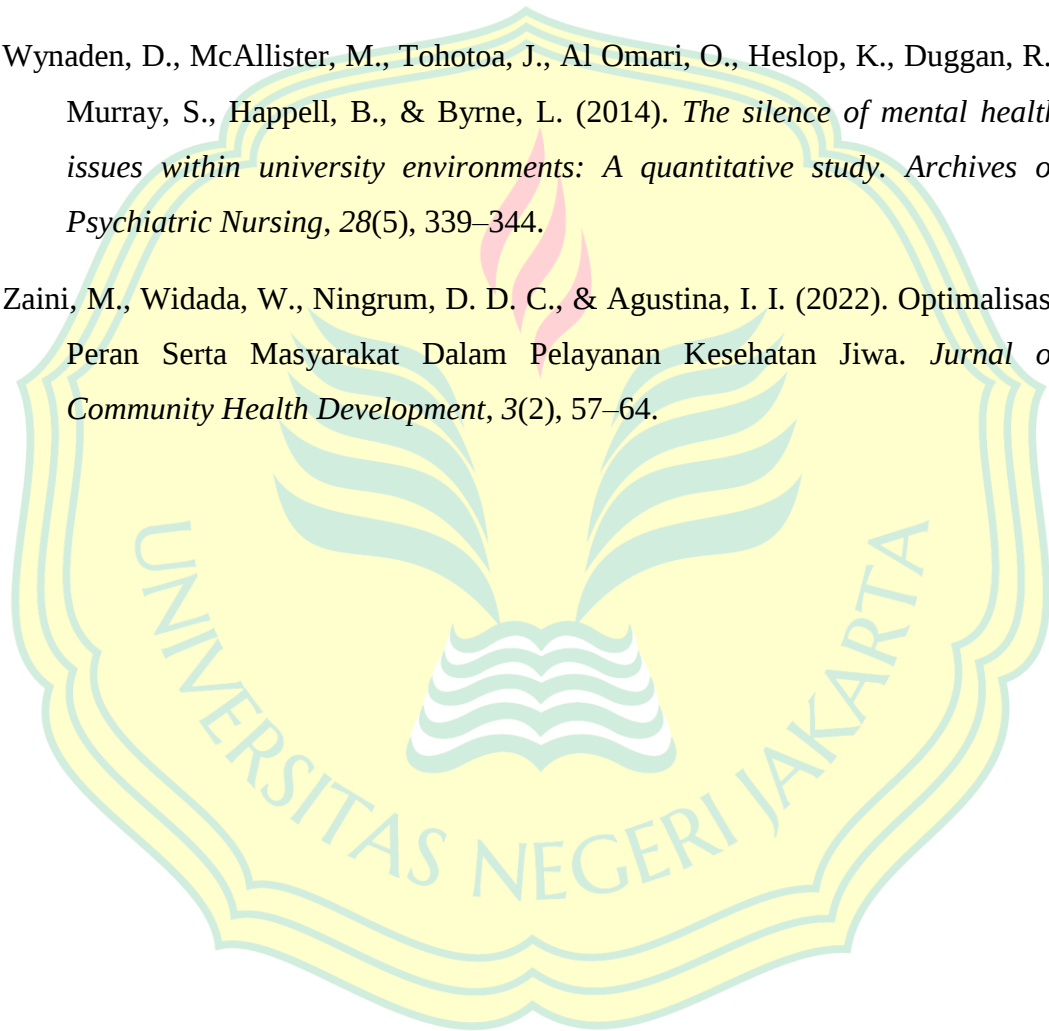
- (2023). Menyiapkan Mental yang Tangguh di Masa Transisi menjadi Mahasiswa. *Batara Wisnu: Indonesian Journal of Community Services*, 3(1), 65–74.
- Pittman, L. D., & Richmond, A. (2007). *Academic and psychological functioning in late adolescence: The importance of school belonging. The Journal of Experimental Education*, 75(4), 270–290.
- Rachmawati, A. 2020. Darurat Kesehatan Jiwa bagi Remaja. Egsaugm. <https://egsa.geo.ugm.ac.id/2020/11/27/darurat-kesehatan-mental-bagi-remaja/>
- Rasyida, A. (2019). Faktor yang menjadi hambatan untuk mencari bantuan psikologis formal di kalangan mahasiswa. *Persona: Jurnal Psikologi Indonesia*, 8(2), 193–207.
- Rickwood, D., Deane, F. P., Wilson, C. J., & Ciarrochi, J. (2005). *Young people's help-seeking for mental health problems. Australian E-Journal for the Advancement of Mental Health*, 4(3), 218–251.
- Sangadji, E. M., & Sopiah, S. (2010). *Metodologi Penelitian Pendekatan Praktis dalam Penelitian*. Yogyakarta: CV Andi Offset.
- Soebiantoro, J. (2017). *Pengaruh Edukasi Kesehatan Mental Intensif Terhadap Stigma pada Pengguna Layanan Kesehatan Mental*. Airlangga University.
- Sugiyono, D. (2013). *Metode Penelitian Kuantitatif, Kualitatif, dan Tindakan*.
- Suryani, E. T. (2016). Gambaran Self Stigma Penderita HIV/AIDS di Poli Cendana Rumah Sakit Ngudi Waluyo Wlingi. *Jurnal Ners Dan Kebidanan (Journal of Ners and Midwifery)*, 3(3), 213–217.
- Tesfaye, dkk (2020). *Attitude and help-seeking behavior of the community towards mental health problems. PLoS One*, 15(11), e0242160.
- Vogel. dkk (2017). *Stigma of Seeking Psychological Services: Examining College Students Across Ten Countries/Regions. Counseling Psychologist*, 45(2), 170–192. <https://doi.org/10.1177/0011000016671411>
- Vogel, D. L., Wade, N. G., & Haake, S. (2006). *Measuring the self-stigma*

associated with seeking psychological help. *Journal of Counseling Psychology*, 53(3), 325.

Wahyuni, E. (2021). Niat dan Pencarian Bantuan Kesehatan Mental pada Siswa SMA di DKI Jakarta. *Jurnal Praksis Bimbingan Dan Konseling*, 1(2).

Wynaden, D., McAllister, M., Tohotoa, J., Al Omari, O., Heslop, K., Duggan, R., Murray, S., Happell, B., & Byrne, L. (2014). *The silence of mental health issues within university environments: A quantitative study*. *Archives of Psychiatric Nursing*, 28(5), 339–344.

Zaini, M., Widada, W., Ningrum, D. D. C., & Agustina, I. I. (2022). Optimalisasi Peran Serta Masyarakat Dalam Pelayanan Kesehatan Jiwa. *Jurnal of Community Health Development*, 3(2), 57–64.



*Mencerdaskan dan
Memartabatkan Bangsa*