

## DAFTAR PUSTAKA

- Abdul, K. (2018). *Pengaruh Model Pembelajaran Kooperatif dan Inkuiri terhadap Hasil Belajar Bola Voli Passing Bawah pada Siswa Kelas VIII SMP Negeri 2 Mranggen Kabupaten Demak Tahun Ajaran 2016/2017*. Universitas Wahid Hasyim Semarang.
- Adisusilo, S. (2012). *Pembelajaran nilai-karakter: Konstruktivisme dan VCT sebagai inovasi pendekatan pembelajaran afektif*.
- AFDAL, M. (2019). *Upaya meningkatkan kemampuan dribbling dalam permainan sepakbola menggunakan gaya mengajar divergent di smp negeri 1 balusu*. UNIVERSITAS NEGERI MAKASSAR.
- Al-Abood, S. A., Davids, K., & Bennett, S. J. (2001). Specificity of task constraints and effects of visual demonstrations and verbal instructions in directing learners' search during skill acquisition. *Journal of Motor Behavior*, 33(3), 295–305.
- Alemdag, S. (2018). The role of social self-efficacy on physical activity: a cross-cultural comparison. *Journal of Education and Training Studies*, 6(5), 40–46.
- Altinkök, M. (2017). The effect of movement education based on cooperative learning method on the development of basic motor skills of primary school 1st grade learners. *Journal of Baltic Science Education*, 16(2), 241.
- Andriana, A., Marlina, R., & Julianti, R. R. (2021). Perbandingan Model Pembelajaran Inkuiri dengan Model Pembelajaran Kooperatif terhadap Keterampilan Servis Atas Bola Voli. *JOSSAE (Journal of Sport Science and Education)*, 181–188.
- Andrieux, M., & Proteau, L. (2013). Observation learning of a motor task: who and when? *Experimental Brain Research*, 229(1), 125–137. <https://doi.org/10.1007/s00221-013-3598-x>
- Andrieux, M., & Proteau, L. (2014). Mixed observation favors motor learning through better estimation of the model's performance. *Experimental Brain Research*, 232(10), 3121–3132. <https://doi.org/10.1007/s00221-014-4000-3>
- Andrini, V. S. (2016). The Effectiveness of Inquiry Learning Method to Enhance Students' Learning Outcome: A Theoretical and Empirical Review. *Journal of Education and Practice*, 7(3), 38–42.
- Ardiansyah, A., Darmayasa, I. P., Suputra, P. A., & Ked, S. (2018). Pengaruh Model Pembelajaran Inkuiri Terhadap Hasil Belajar Lay Up pada Materi Bola Basket untuk Siswa Kelas VIII SMP Negeri 2 Singaraja Tahun Pelajaran 2016/2017. *Jurnal Pendidikan Jasmani, Olahraga Dan Kesehatan Undiksha*, 5(2).
- Ayllón, S., Alsina, Á., & Colomer, J. (2019). Teachers' involvement and students' self-efficacy: Keys to achievement in higher education. *PloS One*, 14(5), e0216865.
- Azwar, S. (2013). *Reliabilitas dan Validitas; Edisi IV; Cetakan III*. Yogyakarta. *Pustaka Pelajar*.
- Bandura, A. (2009). Social cognitive theory in cultural context. *Applied Psychology*, 51(2), 269–290. <https://doi.org/10.1111/1464-0597.00092>
- Bandura, A. (2021). *Psychological modeling: Conflicting theories*. Routledge.
- Bandura, A., & Wessels, S. (1994). *Self-efficacy* (Vol. 4). na.
- Beny Iswanto, A. (2015). Penerapan Model Pembelajaran Inkuiri terhadap Hasil

- Belajar Dribble Sepakbola (Studi Pada Siswa Kelas X SMA Al-Islam Krian Sidoarjo). *Jurnal Pendidikan Olahraga Dan Kesehatan*, 3(2).
- Bhetuwal, K. P. (2022). *Critical Review of the Learning Theories of John Dewey and Jean Piaget. October*. <https://doi.org/10.11216/gsj.2022.10.78214>
- Blandin, Y., Lhuisset, L., & Proteau, L. (2018). *Cognitive Processes Underlying Observational Learning of Motor Skills*.
- Bong, M., & Skaalvik, E. M. (2003). *Y5836060002.Pdf*. 15(1), 1–40.
- Bouazizi, M., Azaiez, F., & Boudhiba, D. (2014). Effects of learning by video modeling on gymnastic performances among Tunisian students in the second year of secondary level. *IOSR Journal of Sports and Physical Education*, 1(5), 5–8.
- Callahan, K., & Sadeghi, L. (2015). Teacher Perceptions of the Value of Teacher Evaluations: New Jersey's ACHIEVE NJ. *International Journal of Educational Leadership Preparation*, 10(1), 46–59.
- Campbell, T., Oh, P. S., Maughn, M., Kiriazis, N., & Zuwallack, R. (2015). A review of modeling pedagogies: Pedagogical functions, discursive acts, and technology in modeling instruction. *Eurasia Journal of Mathematics, Science and Technology Education*, 11(1), 159–176.
- Cassidy, S. (2015). Resilience building in students: The role of academic self-efficacy. *Frontiers in Psychology*, 6, 1781.
- Cleland Donnelly, F. E., & Mueller, S. S. (2018). The Learning Connection: The Role of Movement-skill Learning in Teaching Developmental Games. *Journal of Physical Education, Recreation and Dance*, 89(5), 30–36. <https://doi.org/10.1080/07303084.2018.1440267>
- Council, N. R. (2000). *Inquiry and the national science education standards: A guide for teaching and learning*. National Academies Press.
- D'Innocenzo, G., Gonzalez, C. C., Williams, A. M., & Bishop, D. T. (2016). Looking to Learn: The Effects of Visual Guidance on Observational Learning of the Golf Swing. *PloS One*, 11(5), e0155442. <https://doi.org/10.1371/journal.pone.0155442>
- Daniel, A., Nora, H. N., Stephen, S. R., & Boadu, F. J. (2022). *Why Physical Education Is Not Taught in Primary Schools : Views of Teachers in Twifo Atti-Morkwa District of Central Region , Ghana*. 42–59. <https://doi.org/10.4236/ape.2022.121004>
- Dapp, L. C., Gashaj, V., & Roebbers, C. M. (2021). Physical activity and motor skills in children: A differentiated approach. *Psychology of Sport and Exercise*, 54, 101916.
- Dean, N. J. (2009). *Observational learning of a bimanual coordination task: understanding movement feature extraction, model performance level, and perspective angle*. Texas A&M University.
- Dewi, P. (2016). PENGARUH MODEL PEMBELAJARAN INKUIRI TERHADAP HASIL BELAJAR BERMAIN BOLABASKET DALAM PEMBELAJARAN PENDIDIKAN JASMANI PADA SISWA YANG MENGIKUTI EKSTRAKULIKULER BOLABASKET DI SMAN 1 BALEENDAH. In *repository.upi.edu*. Universitas Pendidikan Indonesia.
- Doddington, C., & Hilton, M. (2007). *Child-centred education: Reviving the creative tradition*. Sage.
- Duncan, M. J., Martins, R., Noon, M., & Eyre, E. L. J. (2022). *Perception of*

- Affordances for Dribbling in Soccer : Exploring Children as Architects of Skill Development Opportunity.* June. <https://doi.org/10.3390/sports10070099>
- Edwards, H. E. (2011). *Motor control and learning: From theory to practice.* Belmont, CA: Wadsworth Cengage Learning. Publisher: Yolanda Cossio Acquisitions Editor.
- Eroglu, S. Y., & Karayol, M. (2020). Investigation of Relationships between Self-Efficacy and Scientific Epistemological Beliefs of Students in Physical Education and Sports. *Asian Journal of Education and Training*, 6(1), 93–98.
- Erol, S. (2022). *An Investigation Of The Effects Of 8-Week Complex And Contrast Strength Trainings Applied.* (2022). 9, 1600–1613. *An Investigation Of The Effects Of 8-Week Complex And Contrast Strength Trainings Applied.* 9, 1600–1613.
- Faelli, E., Strassera, L., Pelosin, E., Perasso, L., Ferrando, V., Bisio, A., & Ruggeri, P. (2019). Action Observation Combined With Conventional Training Improves the Rugby Lineout Throwing Performance: A Pilot Study. *Frontiers in Psychology*, 10, 889. <https://doi.org/10.3389/fpsyg.2019.00889>
- Faturohman, V. N. (2017). *Perbandingan Model Pembelajaran Kooperatif dan Model Pembelajaran Inkuiri terhadap Hasil Belajar dalam Permainan Sepakbola*. Universitas Pendidikan Indonesia.
- Fraenkel, J. R., Wallen, N. E., & Hyun, H. H. (2012). *How to design and evaluate research in education.*
- Gacek, M. K., Kosiba, G. M., & Wojtowicz, A. B. (2020). Generalised sense of self-efficacy and the level of physical activity among Polish and Spanish physical education students. *Journal of Physical Education and Sport*, 20(3), 1461–1467.
- Ghorbani, S., & Bund, A. (2016). Observational learning of a new motor skill: The effect of different model demonstrations. *International Journal of Sports Science & Coaching*, 11(4), 514–522.
- Gonzalez-Rosa, J. J., Natali, F., Tettamanti, A., Cursi, M., Velikova, S., Comi, G., Gatti, R., & Leocani, L. (2015). Action observation and motor imagery in performance of complex movements: evidence from EEG and kinematics analysis. *Behavioural Brain Research*, 281, 290–300. <https://doi.org/10.1016/j.bbr.2014.12.016>
- Gore, P. A. (2006). Academic self-efficacy as a predictor of college outcomes: Two incremental validity studies. *Journal of Career Assessment*, 14(1), 92–115. <https://doi.org/10.1177/1069072705281367>
- Grgic, J., Mikulic, I., & Mikulic, P. (2022). *Negative Effects of Mental Fatigue on Performance in the Yo-Yo Test , Loughborough Soccer Passing and Shooting Tests : A.*
- Halloun, I. A. (2007). *Modeling theory in science education* (Vol. 24). Springer Science & Business Media.
- Hanley, A. W., Palejwala, M. H., Hanley, R. T., Canto, A. I., & Garland, E. L. (2015). A failure in mind: Dispositional mindfulness and positive reappraisal as predictors of academic self-efficacy following failure. *Personality and Individual Differences*, 86, 332–337.
- Haris, I. N. (2014). *Pengaruh Model Cooperative Learning Tipe Student Team-*

- Achievment Division (STAD) terhadap Sikap Tanggung Jawab dan Hasil Belajar Keterampilan Dasar Sepakbola: Studi Eksperimen Pada Siswa SD Negeri 6 Watampon.* Universitas Pendidikan Indonesia.
- Haris, I. N. (2016). Pengaruh model pembelajaran kooperatif tipe STAD terhadap sikap tanggung jawab. *Biormatika: Jurnal Ilmiah Fakultas Keguruan Dan Ilmu Pendidikan*, 2(01).
- Hebert, E. P., & Landin, D. (1994). Effects of a learning model and augmented feedback on tennis skill acquisition. *Research Quarterly for Exercise and Sport*, 65(3), 250–257.
- Honick, T., & Broadbent, J. (2016). The influence of academic self-efficacy on academic performance: A systematic review. *Educational Research Review*, 17, 63–84.
- Hudson, C. C., & Whisler, V. R. (2007). Contextual teaching and learning for practitioners. *Journal of Systemics, Cybernetics and Informatics*, 6(4), 54–58.
- Hwang, M. H., Choi, H. C., Lee, A., Culver, J. D., & Hutchison, B. (2016). The relationship between self-efficacy and academic achievement: A 5-year panel analysis. *The Asia-Pacific Education Researcher*, 25, 89–98.
- Janah, I. I. N., & Subroto, W. T. (2019). Comparison of cooperative learning models with inquiry on student learning outcomes. *International Journal of Educational Research Review*, 4(2), 58–62.
- Joo, Y. J., Lim, K. Y., & Kim, J. (2013). Locus of control, self-efficacy, and task value as predictors of learning outcome in an online university context. *Computers & Education*, 62, 149–158.
- Joyce, B. (2015). *Models of Teaching* (Ninth). Pearson.
- Karacop, A., & Diken, E. H. (2017). The effects of jigsaw technique based on cooperative learning on prospective science teachers' science process skill. *Journal of Education and Practice*, 8(6), 86–97.
- Kargul, A., Iskra, J., Sadowska-kre, E., & Ba, S. (2021). *Journal of Exercise Science & Fitness Changes in blood antioxidant status in American football players and soccer players over a training macrocycle*. 19, 229–233. <https://doi.org/10.1016/j.jesf.2021.08.001>
- Kaunang, R. (2010). Menganalisis butir soal. *Jurnal Inovasi*, 7(01).
- Kennedy, D. (2006). *Writing and using learning outcomes: a practical guide*. University College Cork.
- Khalaf, B. K., & Mohammed Zin, Z. B. (2018). Traditional and inquiry-based learning pedagogy: A systematic critical review. *International Journal of Instruction*, 11(4), 545–564.
- Kirbulut, Z. D. (2019). Exploring the Relationship between Metavariabes and Self-Efficacy in Chemistry. *Eurasian Journal of Educational Research*, 81, 37–56.
- Kirkendall, D. T., & Sayers, A. (2020). *Soccer anatomy*. Human Kinetics Publishers.
- Komaraju, M., & Nadler, D. (2013). Self-efficacy and academic achievement: Why do implicit beliefs, goals, and effort regulation matter? *Learning and Individual Differences*, 25, 67–72. <https://doi.org/10.1016/j.lindif.2013.01.005>
- Köseoglu, Y. (2015). Self-Efficacy and Academic Achievement--A Case from

- Turkey. *Journal of Education and Practice*, 6(29), 131–141.
- Lamungga, P., Iqbal, M., & Alsaudi, A. T. B. D. (2020). Keterampilan Shooting Bola pada Permainan Sepakbola Menggunakan Metode Bagian. *Prosiding Seminar Nasional Pendidikan STKIP Kusuma Negara III*, 8–14.
- Lane, J., Lane, A. M., & Kyprianou, A. (2004). Self-efficacy, self-esteem and their impact on academic performance. *Social Behavior and Personality*, 32(3), 247–256. <https://doi.org/10.2224/sbp.2004.32.3.247>
- Leal, K., Pinto, A., Torres, R., Elferink-gemser, M., & Cunha, S. (2022). *Characterization and Analyses Of Dribbling Actions In Soccer : a Novel Definition and Effectiveness Of Dribbles In The 2018 FIFA World Cup Russia TM*. 23(1), 10–17.
- Lee, T.-E. (2014). Effects of a cooperative learning strategy on the effectiveness of physical fitness teaching and constraining factors. *Mathematical Problems in Engineering*, 2014.
- Lehrer, R., & Schauble, L. (2015). *The development of scientific thinking*.
- Lestari, D. (2018). Perbandingan Hasil Belajar Siswa pada Materi Bryophyta Menggunakan Model Pembelajaran Inkuiri dengan Kooperatif Group Investigation (GI) di SMA Kelas X. *Edu Sains: Jurnal Pendidikan Sains Dan Matematika*, 6(1), 12–21.
- Lewis, B. A., Williams, D. M., Frayeh, A., & Marcus, B. H. (2016). Self-efficacy versus perceived enjoyment as predictors of physical activity behaviour. *Psychology & Health*, 31(4), 456–469.
- Lopatiev, A., Ivashchenko, O., Khudolii, O., Pjanylo, Y., Chernenko, S., & Yermakova, T. (2017). Systemic approach and mathematical modeling in physical education and sports. *Journal of Physical Education and Sport (JPES)*, 17(1), 146–155.
- Lotfi, G., Hatami, F., & Zivari, F. (2018). Effect of model's skill level and frequency of feedback on learning of complex serial aiming task. *Physical Education of Students*, 5, 252–257.
- Louca, L. T., & Zacharia, Z. C. (2012). Modeling-based learning in science education: cognitive, metacognitive, social, material and epistemological contributions. *Educational Review*, 64(4), 471–492.
- Louca, L. T., & Zacharia, Z. C. (2015). Examining learning through modeling in K-6 science education. *Journal of Science Education and Technology*, 24, 192–215.
- Luxbacher, J. A. (2011). Football. *Indonesian Translation Edition*. Jakarta: PT Rajagrafindo Persada.
- Maâ, S. (2018). Telaah Teoritis: Apa Itu Belajar? *HELPER: Jurnal Bimbingan Dan Konseling*, 35(1), 31–46.
- Maddux, J. E., & Gosselin, J. T. (2012). *Self-efficacy*. The Guilford Press.
- Magill, R. A., & Anderson, D. I. (2017). *Motor Learning and Applications, Eleventh Edition*. McGraw-Hill Education.
- Maksum, A. (2012). *Metodologi penelitian dalam olahraga*. Surabaya: unesa university press.
- Maleki, F., Nia, P. S., Zarghami, M., & Neisi, A. (2010). The Comparison of Different Types of Observational Training on Motor Learning of Gymnastic Handstand. *Journal of Human Kinetics*, 26(October), 13–19. <https://doi.org/10.2478/v10078-010-0043-0>

- Martens, R., Burwitz, L., & Zuckerman, J. (2013). Modeling Effects on Motor Performance. *Research Quarterly. American Alliance for Health, Physical Education and Recreation*, 47(2), 277–291. <https://doi.org/10.1080/10671315.1976.10615372>
- Maulana, Z. (2019). *Perbandingan Model Pembelajaran Kooperatif dan Model Pembelajaran Inkuiri terhadap Hasil Belajar Bermain Futsal*. Universitas Pendidikan Indonesia.
- Metzler Michael W. (2017). *Instructional Models for Physical Education*. In *Routledge (THIRD, pp. 1–643)*. Routledge.
- Mierowsky, R., Marcus, N., & Ayres, P. (2020). Using mimicking gestures to improve observational learning from instructional videos. *Educational Psychology*, 40(5), 550–569.
- Mizuguchi, N., Tsuchimoto, S., Fujii, H., & Kato, K. (2021). Recognition capability of one 's own skilled movement is dissociated from acquisition of motor skill memory. *Scientific Reports*, 1–10. <https://doi.org/10.1038/s41598-021-96381-w>
- Muluki, A. (2020). Analisis kualitas butir tes semester ganjil mata pelajaran IPA Kelas IV MI Radhiatul Adawiyah. *Jurnal Ilmiah Sekolah Dasar*, 4(1), 86–96.
- MURNIATI, N. I. L. U. H. S. R. I. (2019). PENGGUNAAN MODEL PEMBELAJARAN KOOPERATIF TIPE GROUP INVESTIGATION SEBAGAI UPAYA PENINGKATAN KETERAMPILAN MENGAMATI PADA MATERI TEMA 3 BENDA DISEKITARKU SISWA KELAS III SDN 20 CAKRANEGARA. *GANEC SWARA*, 13(1), 165–171.
- Nadrah, N., Tolla, I., Ali, M. S., & Muris, M. (2017). The Effect of Cooperative Learning Model of Teams Games Tournament (TGT) and Students' Motivation toward Physics Learning Outcome. *International Education Studies*, 10(2), 123. <https://doi.org/10.5539/ies.v10n2p123>
- Naga, D. S. (1992). *Pengantar teori sekor pada pengukuran pendidikan*. Jakarta: Gunadarma.
- Newell, K. M., & Liu, Y. (2020). Movement Coordination , Control and Skill. *Journal of Motor Behavior*, 0(0), 1–27. <https://doi.org/10.1080/00222895.2020.1835799>
- Northern, S. (2019). The 5 E's of inquiry-based learning. *Knowledge Quest*. <https://knowledgequest.aasl.org/the-5-es-of-inquiry-based-learning>.
- Nowak, K. H., Nehring, A., Tiemann, R., & Upmeier zu Belzen, A. (2013). Assessing students' abilities in processes of scientific inquiry in biology using a paper-and-pencil test. *Journal of Biological Education*, 47(3), 182–188.
- O'Connor, J., Jeanes, R., & Alfrey, L. (2016). Authentic inquiry-based learning in health and physical education: a case study of 'r/evolutionary'practice. *Physical Education and Sport Pedagogy*, 21(2), 201–216.
- Oktaviani, S. (2019). *Perbandingan Hasil Belajar Model Pembelajaran Inquiry dengan Model Pembelajaran Kooperatif Learning Tipe Number Head Together (NHT) dalam Mata Pelajaran (IPA) Kelas V di Sekolah Dasar Negeri 66 Kota Bengkulu*. IAIN Bengkulu. IAIN BENGKULU.
- Oppici, L., Panchuk, D., Serpiello, F. R., & Farrow, D. (2018). The influence of a modified ball on transfer of passing skill in soccer. *Psychology of Sport and*

- Exercise*, 39, 63–71. <https://doi.org/10.1016/j.psychsport.2018.07.015>
- Osborne, J., Rafanelli, S., & Kind, P. (2018). Toward a more coherent model for science education than the crosscutting concepts of the next generation science standards: The affordances of styles of reasoning. *Journal of Research in Science Teaching*, 55(7), 962–981.
- Østergaard, L. D. (2016). Inquiry-based Learning Approach in Physical Education: Stimulating and Engaging Students in Physical and Cognitive Learning. *Journal of Physical Education, Recreation & Dance*, 87(2), 7–14. <https://doi.org/10.1080/07303084.2015.1119076>
- Pandey, A., Nanda, G. K., & Ranjan, V. (2016). Effectiveness of inquiry training model over conventional teaching method on academic achievement of science students in India. *Journal of Innovative Research in Education*, 1(1).
- Pazriansyah, D. (2016). PENGARUH MODEL PEMBELAJARAN INKUIRI TERHADAP HASIL BELAJAR CHEST PASS DALAM PERMAINAN BOLABASKET SISWA SMK. *Jurnal Kependidikan Jasmani Dan Olahraga*, 1(2), 42–46.
- Pedaste, M., Mäeots, M., Siiman, L. A., De Jong, T., Van Riesen, S. A. N., Kamp, E. T., Manoli, C. C., Zacharia, Z. C., & Tsourlidaki, E. (2015). Phases of inquiry-based learning: Definitions and the inquiry cycle. *Educational Research Review*, 14, 47–61.
- Phan, H. P. (2012). Informational sources, self-efficacy and achievement: A temporally displaced approach. *Educational Psychology*, 32(6), 699–726.
- Phan, H. P. (2013a). Examination of self-efficacy and hope: A developmental approach using latent growth modeling. *Journal of Educational Research*, 106(2), 93–104. <https://doi.org/10.1080/00220671.2012.667008>
- Phan, H. P. (2013b). The Capitalization of Personal Self-Efficacy: Yields for Practices and Research Development. *Journal of Educational and Developmental Psychology*, 3(1), 72–87. <https://doi.org/10.5539/jedp.v3n1p72>
- Pratama, R. R., Sukirno, S., & Syafaruddin, S. (2020). *Development of the Football Game Passing Learning Model*.
- Quennerstedt, M., Annerstedt, C., Barker, D., Karlefors, I., Larsson, H., Redelius, K., & Öhman, M. (2014). What did they learn in school today? A method for exploring aspects of learning in physical education. *European Physical Education Review*, 20(2), 282–302.
- Rahmat, P. S. (2019). *Strategi Belajar Mengajar*. Pt. Scopindo Media Pustaka.
- Rajaratnam, V., Rahman, N. A., & Dong, C. (2021). *Integrating instructional design principles into surgical skills training models: an innovative approach*. 718–724. <https://doi.org/10.1308/rcsann.2020.7132>
- Ramadan, G. (2017). Pengaruh metode pembelajaran dan motivasi belajar terhadap hasil belajar passing sepakbola. *JUARA: Jurnal Olahraga*, 2(1), 1–10.
- Romiszowski, A. (2009). Fostering skill development outcomes. In *Instructional-Design Theories and Models, Volume III* (pp. 211–236). Routledge.
- Russell, M., Benton, D., & Kingsley, M. (2016). Reliability and construct validity of soccer skills tests that measure passing, shooting, and dribbling. *Journal of Sports Sciences*, 28(13), 1399–1408. <https://doi.org/10.1080/02640414.2010.511247>

- Salisu, A., & Ransom, E. N. (2014). The Role of Modeling towards Impacting Quality Education. *International Letters of Social and Humanistic Sciences*, 32, 54–61. <https://doi.org/10.18052/www.scipress.com/ilshs.32.54>
- Sanjaya, W. (2015). *Perencanaan dan desain sistem pembelajaran*. Kencana.
- Saskia, S., Mahendra, A., & Samini, N. (2018). Implementasi Model Cooperative Learning Metode TGT Melalui Media Audiovisual Dalam Pembelajaran Aktivitas Ritmik Lompat Tali Di Sekolah Dasar. *TEGAR: Journal of Teaching Physical Education in Elementary School*, 2(1), 15–22.
- Schmidt, R. A., Lee, T. D., Winstein, C., Wulf, G., & Zelaznik, H. N. (2018). *Motor control and learning: A behavioral emphasis*. Human kinetics.
- Schmidt, R., & Lee, T. (2019). *Motor learning and performance 6th edition with web study guide-loose-leaf edition: From principles to application*. Human Kinetics Publishers.
- Schunk, D. H., & DiBenedetto, M. K. (2014). *Academic self-efficacy*.
- Schunk, D. H., & Mullen, C. A. (2012). Self-efficacy as an engaged learner. *Handbook of Research on Student Engagement*, 219–235.
- Slavin, R. E. (2013). Cooperative learning and student achievement. *School and Classroom Organization*, 129–156.
- Smith, R. E. (1989). Effects of Coping Skills Training on Generalized Self-Efficacy and Locus of Control. *Journal of Personality and Social Psychology*, 56(2), 228–233. <https://doi.org/10.1037/0022-3514.56.2.228>
- Stegmann, Y., Andreatta, M., Pauli, P., & Wieser, M. J. (2021). *Associative learning shapes visual discrimination in a web - based classical conditioning task*. 1–12.
- Stephani, M. R., Suherman, A., & Mulyana, R. B. (2014). Pengaruh Model Pembelajaran Inkuiri terhadap Kemampuan Berpikir Kritis dan Keterampilan Bermain Bola Basket. *Edusentris*, 1(2), 156–170.
- Strafford, B. W., Davids, K., North, J. S., Antony, J., William, B., Davids, K., North, J. S., Antony, J., Davids, K., North, J. S., & Stone, J. A. (2022). *Effects of functional movement skills on parkour speed-run performance*. <https://doi.org/10.1080/17461391.2021.1891295>
- Suherman, A. (2009a). *revitalisasi pembelejaraan penjas*. alfabeta.
- Suherman, A. (2009b). *Revitalisasi pengajaran dalam pendidikan jasmani*. Bandung: CV. Bintang Warli Artika.
- Suherman, E. (2003). *Strategi pembelajaran matematika kontemporer*. Bandung: Jica.
- Sujiati, E. (2014). Studi Perbedaan Hasil Belajar Siswa Menggunakan Pendekatan Kontekstual dengan Model Pembelajaran Inkuiri dan Model Pembelajaran Kooperatif Tipe Stad di Kelas Xi IPS SMA Negeri 1 Kamal. *Jurnal Pendidikan Akuntansi (JPAK)*, 2(2).
- Taha, A. M. (2021). *A Mixed Methods Study of the Implementation of Project-Based Learning in a United Arab Emirates Middle School*.
- Tangkudung, J., Aini, K., & Tangkudung, A. (2018). Metodologi penelitian kajian dalam olahraga. *James Tangkudung's Lab*.
- Taniredja, T., Faridli, E., & Harmianto, S. (2011). *Model-Model Pembelajaran Inovatif*. Alfabeta.
- Tassignon, B., Verschueren, J., Baeyens, J., & Benjaminse, A. (2021). *An Exploratory Meta-Analytic Review on the Empirical Evidence of Differential*



- Learning as an Enhanced Motor Learning Method*. 12(May).  
<https://doi.org/10.3389/fpsyg.2021.533033>
- Taylor, C. (2019). *Running head: Mindfulness Stages Reflections on Athletes' Mindfulness Skills Development: Fitts and Posner's (1967) Three Stages of Learning Ying Hwa Kee Nanyang Technological University, Singapore Author note Correspondence concerning this article*. 10, 214–219.
- Turnip, B., Wahyuni, I., & Tanjung, Y. I. (2016). The Effect of Inquiry Training Learning Model Based on Just in Time Teaching for Problem Solving Skill. *Journal of Education and Practice*, 7(15), 177–181.
- Unenaka, S., Ikudome, S., Mori, S., & Nakamoto, H. (2018). Concurrent imitative movement during action observation facilitates accuracy of outcome prediction in less-skilled performers. *Frontiers in Psychology*, 9, 1262.
- Upmeyer zu Belzen, A., & Krüger, D. (2010). Modellkompetenz im Biologieunterricht. *Zeitschrift Für Didaktik Der Naturwissenschaften*, 16(1), 41–57.
- Want, S. C., & Harris, P. L. (2001). Learning from other people's mistakes: Causal understanding in learning to use a tool. *Child Development*, 72(2), 431–443.
- Wardoyo, S. (2015). *Pengembangan Modul IPA Berbasis Model Inkuiri Terbimbing Materi Energi Kelas IV Sekolah Dasar*. Program Studi Pendidikan Guru Sekolah Dasar FKIP-UKSW.
- Weiss, R. E. (2011). *Bayesian model checking with applications to hierarchical models*. Citeseer.
- Welsher, A., & Grierson, L. E. M. (2017). Enhancing technical skill learning through interleaved mixed-model observational practice. *Advances in Health Sciences Education: Theory and Practice*, 22(5), 1201–1211.  
<https://doi.org/10.1007/s10459-017-9759-0>
- Yadhi, A. H., Simanjuntak, V. G., & Purnomo, E. (2018). Peningkatan Hasil Belajar Passing Melalui Pembelajaran Berkelompok Di Smpn 12 Pontianak. *Jurnal Pendidikan Dan Pembelajaran Khatulistiwa (JPPK)*, 4(12).
- Yapono, F. (2013). Konsep-Diri, Kecerdasan Emosi Dan Efikasi-Diri. *Persona: Jurnal Psikologi Indonesia*, 2(3).
- Yaumi, M. (2017). *Prinsip-prinsip desain pembelajaran: Disesuaikan dengan kurikulum 2013 edisi Kedua*. Kencana.
- Zimmerman, B. J., & Kitsantas, A. (2005). Homework practices and academic achievement: The mediating role of self-efficacy and perceived responsibility beliefs. *Contemporary Educational Psychology*, 30(4), 397–417.  
<https://doi.org/10.1016/j.cedpsych.2005.05.003>
- Zulfikar, M. (2015). *Pengaruh Model Pembelajaran Inquiry Dan Pemodelan Terhadap Self-Efficacy Siswa Dalam Pembelajaran Pendidikan Jasmani* [Universitas Pendidikan Indonesia]. <http://repository.upi.edu>