

DAFTAR PUSTAKA

- Agustin, F. S., Nurwahida Puspitasari, S. S. T., Rizky Wulandari, S. S. T., & Fis, M. (2022). *Hubungan jarak tempuh lari terhadap kejadian cedera pada runners*.
- Borga, M., West, J., Bell, J. D., Harvey, N. C., Romu, T., Heymsfield, S. B., & Leinhard, O. D. (2018). *Advanced Body Composition Assessment : From Body Mass Index to Body Advanced body composition assessment : from body mass index to body composition profiling*. *March*. <https://doi.org/10.1136/jim-2018-000722>
- Briggs, C., James, C., Kohlhardt, S., & Pandya, T. (2020). Relative energy deficiency in sport (RED-S) – a narrative review and perspectives from the UK. *Deutsche Zeitschrift Fur Sportmedizin*, 71(10), 243–248. <https://doi.org/10.5960/dzsm.2020.459>
- Charlton, B. T., Forsyth, S., & Clarke, D. C. (2022). *Low Energy Availability and Relative Energy De fi ciency in Sport : What Coaches Should Know*. <https://doi.org/10.1177/17479541211054458>
- Davelaar, C. M. F., Ostrom, M., Schulz, J., Trane, K., Wolkin, A., & Granger, J. (2020). *Validation of an Age-Appropriate Screening Tool for Female Athlete Triad and Relative Energy Deficiency in Sport in Young Athletes*. 12(Title IX). <https://doi.org/10.7759/cureus.8579>
- Doungkuls, A., Paungmali, A., Joseph, L., & Khamwong, P. (2018). Polish Annals of Medicine. *Pol Ann Med*, 25(1), 103–111. <https://www.paom.pl>
- Elliott-Sale, K. J., Tenforde, A. S., Parziale, A. L., Holtzman, B., & Ackerman, K. E. (2018). Endocrine effects of relative energy deficiency in sport. *International Journal of Sport Nutrition and Exercise Metabolism*, 28(4), 335–349. <https://doi.org/10.1123/ijsnem.2018-0127>

Gudiño León., A. R., Acuña López., R. J., & Terán Torres., V. G. (2021). *No 主観的健康感を中心とした在宅高齢者における健康関連指標に関する共分散構造分析* Title. 6.

Hartman-petrycka, M., & Witkoj, J. (2022). *Sejarah Kedokteran Polandia olahraga – perubahan endokrin dan pengobatan pada wanita*. 29(2), 281–287.

Hopkins, C., Hopkins, C., & Mackin, J. (2022). Relative energy deficiency in sport: Health implications in female athletes. *Women's Healthcare: A Clinical Journal for NPs*, 10(4). <https://doi.org/10.51256/whc082238>

Hopkins, O. C. S., Hopkins, C., & Mackin, J. (2022). *Kekurangan energi relatif dalam olahraga : Implikasi kesehatan pada atlet wanita*. <https://doi.org/10.51256/WHC082238>

Jonvik, K. L., & Vardardottir, B. (2022). *nutrisi Bagaimana Kita Menilai Ketersediaan Energi dan Faktor Risiko RED-S pada Para Atlet ?* 1–10.

Jonvik, K. L., Vardardottir, B., & Broad, E. (2022). How Do We Assess Energy Availability and RED-S Risk Factors in Para Athletes? *Nutrients*, 14(5), 1–10. <https://doi.org/10.3390/nu14051068>

Jurnal, J., & Ilmu, T. (2020). *Nutrisi bagi atlet remaja*. 5, 81–93. <https://doi.org/10.17509/jtikor.v5i1.25097>

Lane, A. R., Hackney, A. C., Smith-Ryan, A., Kucera, K., Registrar-Mihalik, J., & Ondrak, K. (2019). Prevalence of low energy availability in competitively trained male endurance athletes. *Medicina (Lithuania)*, 55(10), 1–11. <https://doi.org/10.3390/medicina55100665>

Logue, D. M., Madigan, S. M., Melin, A., Delahunt, E., Heinen, M., Mc Donnell, S. J., & Corish, C. A. (2020). Low energy availability in athletes 2020: An updated narrative review of prevalence, risk, within-day energy balance, knowledge, and impact on sports performance. *Nutrients*, 12(3), 1–19.

<https://doi.org/10.3390/nu12030835>

Mountjoy, M. L., Burke, L. M., Stellingwerff, T., & Sundgot-Borgen, J. (2018). Relative energy deficiency in sport: The tip of an iceberg. *International Journal of Sport Nutrition and Exercise Metabolism*, 28(4), 313–315. <https://doi.org/10.1123/ijsnem.2018-0149>

Mountjoy, M., Sundgot-Borgen, J., Burke, L., Ackerman, K. E., Blauwet, C., Constantini, N., Lebrun, C., Lundy, B., Melin, A., Torstveit, M. K., & Budgett, R. (2018). International Olympic Committee (IOC) Consensus statement on relative energy deficiency in sport (red-s): 2018 update. *International Journal of Sport Nutrition and Exercise Metabolism*, 28(4), 316–331. <https://doi.org/10.1123/ijsnem.2018-0136>

Mountjoy, M., Sundgot-borgen, J., Burke, L., Carter, S., Constantini, N., Lebrun, C., Meyer, N., Sherman, R., Steffen, K., Budgett, R., & Ljungqvist, A. (2014). *Sports Med : pertama kali diterbitkan sebagai Diunduh dari http :// bjsm . bmj . co Dilindungi oleh hak Sports Med : pertama kali diterbitkan sebagai Diunduh dari bjsm . bmj . co Mei tamu . Dilindungi oleh hak.* 491–497. <https://doi.org/10.1136/bjsports-2014-093502>

Mountjoy, M., Sundgot-Borgen, J., Burke, L., Carter, S., Constantini, N., Lebrun, C., Meyer, N., Sherman, R., Steffen, K., Budgett, R., Ljungqvist, A., & Ackerman, K. (2015). Relative energy deficiency in sport (RED-S) clinical assessment tool (CAT). *British Journal of Sports Medicine*, 49(7), 421–423. <https://doi.org/10.1136/bjsports-2014-094559>

Mountjoy, M., Sundgot-Borgen, J. K., Burke, L. M., Ackerman, K. E., Blauwet, C., Constantini, N., Lebrun, C., Lundy, B., Melin, A. K., Meyer, N. L., Sherman, R. T., Tenforde, A. S., Torstveit, M. K., & Budgett, R. (2018). IOC consensus statement on relative energy deficiency in sport (RED-S): 2018 update. *British Journal of Sports Medicine*, 52(11), 687–697. <https://doi.org/10.1136/bjsports-2018-099193>

No Title. (2019).

- Noordzij, M., Dekker, W., Zoccali, C., & Jager, J. (2010). *Measures of Disease Frequency* : 17–20. <https://doi.org/10.1159/000286345>
- Sari, M. wulan. (2018). 1 I. Pendahuluan. Http://Tatiek.Lecture.Ub.Ac.Id/Files/2009/09/Quick-Review-1_-Ekonomi-Pertanian.Pdf, Diakses Pada Tanggal 11 Desember 2018, 2030, 1–10.
- Si, H. M., Medica, P., Husada, F., Andriani, H., Sukmana, D. J., Mada, U. G., & Fardani, R. (2020). *Buku Metode Penelitian Kualitatif & Kuantitatif* (Issue March).
- Sim, A., & Burns, S. F. (2021). Review: questionnaires as measures for low energy availability (LEA) and relative energy deficiency in sport (RED-S) in athletes. *Journal of Eating Disorders*, 9(1), 1–13. <https://doi.org/10.1186/s40337-021-00396-7>
- Sithravelayuthan, M., & Nanayakkara, I. (2019). *Prevalence and Associated Factors of Injuries Related to Running : A Study among Runners in Sri Lanka*. June. <https://doi.org/10.12691/ajssm-7-2-1>
- Supratman, D. (2018). Prevalensi Usia Pemuda Dan Ketahanan Nasional (Narkotika Dan Ancaman Lost Generation). *Jurnal Litbang Sukowati : Media Penelitian Dan Pengembangan*, 1(2), 118–127. <https://doi.org/10.32630/sukowati.v1i2.29>
- Thomas, D. T., Burke, L. M., & Erdman, K. A. (2016). Nutrition and Athletic Performance. *Medicine and Science in Sports and Exercise*, 48(3), 543–568. <https://doi.org/10.1249/MSS.00000000000000852>
- Walter, N., Heinen, T., & Elbe, A.-M. (2022). Factors associated with disordered eating and eating disorder symptoms in adolescent elite athletes. *Sports Psychiatry*, 1(2), 47–56. <https://doi.org/10.1024/2674-0052/a000012>
- Wardati, K. Z., & Kusuma, D. A. (2020). Analisis Opini Pelari Rekreasional Terkait Faktor Penyebab Cedera Pada Olahraga Lari. *Jurnal Prestasi Olahraga*, 3(4), 17–23.

Williams, N. I., Koltun, K. J., Strock, N. C. A., & De Souza, M. J. (2019). Female athlete triad and relative energy deficiency in sport: A focus on scientific rigor. *Exercise and Sport Sciences Reviews*, 47(4), 197–205. <https://doi.org/10.1249/JES.0000000000000200>

