

## DAFTAR PUSTAKA

- Abel, J. P., Buff, C. L., & Burr, S. A. (2016). Social Media and the Fear of Missing Out: Scale Development and Assessment. *Journal of Business & Economics Research (JBER)*, 14(1), 33–44. <https://doi.org/10.19030/jber.v14i1.9554>
- Andreassen, C. S. (2015). Online Social Network Site Addiction: A Comprehensive Review. *Current Addiction Reports*, 2(2), 175–184. <https://doi.org/10.1007/s40429-015-0056-9>
- Azmi, N. (2019). Hubungan antara fear of missing out (FoMO) dengan kecanduan media sosial pada mahasiswa. 8(5), 55.
- Barry, C. T., & Wong, M. Y. (2020). Fear of missing out (FoMO): A generational phenomenon or an individual difference? *Journal of Social and Personal Relationships*, 37(12), 2952–2966. <https://doi.org/10.1177/0265407520945394>
- Dolot, A. (2018). The characteristics of Generation Z. *E-Mentor*, 74, 44–50. <https://doi.org/10.15219/em74.1351>
- Dwiyanti, R. (2020). Pengaruh Fear of Missing Out Terhadap Kecenderungan Adiksi Media Sosial Pada Generasi Z. 1–126.
- Faruqi, U. Al. (2019). Survey Paper : Future Service in Industry 5.0. *Jurnal Sistem Cerdas*, 02(01), 67–79.
- Gani, A. G. (2020). Pengaruh Media Sosial Terhadap Perkembangan Anak Remaja. *Jurnal Mitra Manajemen*, 7(2), 32–42. <http://journal.universitassuryadarma.ac.id/index.php/jmm/article/viewFile/533/499>
- Gunawan, R., Aulia, S., Supeno, H., Wijanarko, A., Uwiringiyimana, J. P., & Mahayana, D. (2021). Adiksi Media Sosial dan Gadget bagi Pengguna Internet di Indonesia. *Techno-Socio Ekonomika*, 14(1), 1. <https://doi.org/10.32897/techno.2021.14.1.544>
- Hamzah, R. E. (2015). Penggunaan Media Sosial di Kampus dalam Mendukung Pembelajaran Pendidikan. *Jurnal Wacana*, XIV(1), 45–70.
- Hariadi, A. F. (2018). Hubungan antara fear of missing out (FoMO) dengan kecanduan media sosial pada remaja. *Journal of Psychological Science and*

*Profession*, 2(3), 208.

- Hunt, M. G., Marx, R., Lipson, C., & Young, J. (2018). No more FOMO: Limiting social media decreases loneliness and depression. *Journal of Social and Clinical Psychology*, 37(10), 751–768. <https://doi.org/10.1521/jscp.2018.37.10.751>
- Ii, B. A. B., Pustaka, A. K., Pemerintahan, K., Setiadi, A., Communcation, E., Silalahi, U., & Ardiyanti, H. (2020). Pemanfaatan Medsos Untuk Efektifitas Komunikasi. *Info Singkat Bidang Politik Dalam Negeri Pusat Penelitian Badan Keahlian DPR RI*, 12(15), 25–30.
- Imaddudin. (2020). *FEAR OF MISSING OUT ( FOMO ) DAN KONSEP DIRI GENERASI-Z : Ditinjau dari Aspek Komunikasi*. 2(1), 24–39.
- J. Al-Menayes, J. (2015). Dimensions of Social Media Addiction among University Students in Kuwait. *Psychology and Behavioral Sciences*, 4(1), 23. <https://doi.org/10.11648/j.pbs.20150401.14>
- Kaplan, A. M., & Haenlein, M. (2010). Users of the world, unite! The challenges and opportunities of Social Media. *Business Horizons*, 53(1), 59–68. <https://doi.org/10.1016/j.bushor.2009.09.003>
- Lilya Susanti. (2016). *Metode penelitian*. 1–40.
- Musabiq, S. A., & Isqi Karimah. (2018). Gambaran Stress dan Dampaknya Pada Mahasiswa. *Insight: Jurnal Ilmiah Psikologi*, 20(2), 75–83. <https://doi.org/10.26486/psikologi.v20i2.240ya> Pada Mahasiswa. *Insight: Jurnal Ilmiah Psikologi*, 20(2), 75–83.
- Prakash Yadav, G., & Rai, J. (2017). The Generation Z and their Social Media Usage: A Review and a Research Outline. *Global Journal of Enterprise Information System*, 9(2), 110. <https://doi.org/10.18311/gjeis/2017/15748>
- Priambada, S. (2015). Manfaat Penggunaan Media Sosial Pada Usaha Kecil Menengah ( UKM ) ( The benefit of Social Media for Small Medium Enterprises ). *Seminar Nasional Sistem Informasi Indonesia, November 2015*, 41–46.
- Przybylski, A. K., Murayama, K., Dehaan, C. R., & Gladwell, V. (2013). Motivational, emotional, and behavioral correlates of fear of missing out. *Computers in Human Behavior*, 29(4), 1841–1848.

<https://doi.org/10.1016/j.chb.2013.02.014>

- Rahardjo, W., Qomariyah, N., Andriani, I., Hermita, M., & Zanah, F. N. (2020). Adiksi Media Sosial pada Remaja Pengguna Instagram dan WhatsApp: Memahami Peran Need Fulfillment dan Social Media Engagement. *Jurnal Psikologi Sosial*, 18(1), 5–16. <https://doi.org/10.7454/jps.2020.03>
- Savci, M., Ercengiz, M., & Aysan, F. (2018). Turkish adaptation of the social media disorder scale in adolescents. *Noropsikiyatri Arsivi*, 55(3), 248–255. <https://doi.org/10.5152/npa.2017.19285>
- Sugiyono. (2013). *Metode Penelitian Kuantitatif, Kualitatif, dan R & D*. Bandung: Alfabeta.
- Tomczyk, Ł. (2021). FOMO Among Polish Adolescents. Fear Of Missing Out as a Diagnostic and Educational Challenge. *Advances in Intelligent Systems and Computing*, 1365 AIST(April), 565–574. [https://doi.org/10.1007/978-3-030-72657-7\\_54](https://doi.org/10.1007/978-3-030-72657-7_54)
- Tunc-Aksan, A., & Akbay, S. E. (2019). Smartphone addiction, fear of missing out, and perceived competence as predictors of social media addiction of adolescents. *European Journal of Educational Research*, 8(2), 559–566. <https://doi.org/10.12973/eu-jer.8.2.559>
- Utomo, B. S., & Pawito, P. (2017). Media Sosial dan Gaya Hidup Wanita Di Indonesia. *PALASTREN Jurnal Studi Gender*, 10(2), 273. <https://doi.org/10.21043/palastren.v10i2.2652>
- Zhang, Z., Jiménez, F. R., & Cicala, J. E. (2020). Fear Of Missing Out Scale: A self-concept perspective. *Psychology and Marketing*, 37(11), 1619–1634. <https://doi.org/10.1002/mar.21406>

Internet :

[Teens suffer highest rates of FOMO | APS \(psychology.org.au\)](https://www.psychology.org.au)

[Data Digital Indonesia Tahun 2022 Halaman all - Kompasiana.com](https://www.kompas.com)

[Pengguna Media Sosial di Indonesia Capai 191 Juta pada 2022 \(dataindonesia.id\)](https://dataindonesia.id)

<https://dataindonesia.id/digital/detail/apjii-pengguna-internet-indonesia-tembus-210-juta-pada-2022>