

DAFTAR PUSTAKA

- Adzhani, S. N., Baihaqi, M. I. F., & Kosasih, E. (2020). Persepsi Dukungan Sosial sebagai Mediator Pengungkapan Diri dan Kesejahteraan Subjektif pada Pengguna Instagram. *Mediapsi*, 6(1), 60–70. <https://doi.org/10.21776/ub.mps.2020.006.01.7>
- Aldahadha, B. (2023). Self-disclosure, mindfulness, and their relationships with happiness and well-being. *Middle East Current Psychiatry*, 30(1), 7.
- Altman, I., & Taylor, D. A. (1973). *Social penetration: The development of interpersonal relationships*. Holt, Rinehart & Winston.
- American Psychological Association (APA). (2023, March 21). *Well-Being*. American Psychological Association Dictionary of Psychology. <https://dictionary.apa.org/well-being>
- Assiry, S. A., & Amri, A. (2018). KETERBUKAAN DIRI DALAM KOMUNIKASI ANTARBUDAYA (Studi Pada Mahasiswa Asing Dengan Mahasiswa Lokal di Universitas Syiah Kuala). *Jurnal Ilmiah Mahasiswa FISIP Unsyiah*, 3(2), 135–145. www.jim.unsyiah.ac.id/FISIP
- Azwar, S. (2012). *Penyusunan Skala Psikologi*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2019). Reliabilitas dan Validitas. In *Reliabilitas dan Validitas* (4th ed., pp. 25–40). Pustaka Pelajar.
- Azwar, S. (2017). *Metode Penelitian*. Yogyakarta: Pustaka Pelajar.
- Cohen, S., Gottlieb, B.H., & Underwood LG. (2000). Social Relationships and Health. In S. Cohen, L. G. Underwood & B. H. Gottlieb (Eds.), *Social Support Measurement and Intervention* (pp. 3-25). New York: Oxford University Press.
- Cozby, P. C. (1973). SELF-DISCLOSURE: A LITERATURE REVIEW 3. *Psychological Bulletin*, 79(2), 73–91. <https://doi.org/10.1037/h0033950>
- Darmayanti, L., Barus, P. C., & Kartini, K. (2022). Penelitian Tentang LinkedIn. *JURNAL EDUKASI NONFORMAL*, 3(2), 197-206.
- Demo, G., & Paschoal, T. (2016). Well-Being at Work Scale: Exploratory and Confirmatory Validation in the USA. *Paidéia (Ribeirão Preto)*, 26(63), 35–43. <https://doi.org/10.1590/1982-43272663201605>

- Derlega, V., Metts, S., Petronio, S., & Margulis, S. (1993). *Self-Disclosure. Newbury Park, CA: Sage Publications.*
- Devito, J. A. (1995). *The Interpersonal Communication Book. Seventh Edition.* New York: HarperCollins College Publishers.
- Devito, J. A. (2011). *Komunikasi antar manusia (ed.5).* Tangerang Selatan: Karisma Publishing Group.
- Dewi, L., & Nasywa, N. (2019). Faktor-faktor yang mempengaruhi subjective well-being. *Jurnal Psikologi Terapan Dan Pendidikan, 1*(1), 54-62. <https://doi.org/10.26555/jptp.v1i1.15129>
- Diener, E. (1984). Subjective Well-Being. *Psychological Bulletin, 95*(3), 542–575.
- Diener, E. (2009). *The Science of Well-Being (Vol. 37).* <http://www.springer.com/series/6548>
- Diener, E., Lucas, R. E., & Oishi, S. (2018). Advances and Open Questions in the Science of Subjective Well-Being. *Collabra: Psychology, 4*(1), 1–78. <https://doi.org/10.1525/collabra.115>
- Diener, E., Wirtz, D., Biswas-Diener, R., Tov, W., Kim-Prieto, C., Choi, D., & Oishi, S. (2009). New Measures of Well-Being. In *Assessing Well-Being: The Collected Works of Ed Diener* (pp. 247–266). https://doi.org/10.1007/978-90-481-2354-4_12
- Dindia, K., & Allen, M. (1992). Sex Differences in Self-Disclosure: A Meta-Analysis. *Psychological Bulletin, 112*(1), 106–124. <https://doi.org/10.1037/0033-2909.112.1.106>
- Dodge, R., Daly, A., Huyton, J., and Sanders, L. (2012). The challenge of defining wellbeing. *International Journal of Wellbeing, 2*(3), 222–235. <https://doi.org/10.5502/ijw.v2i3.4>
- Dubow, E. F., & Ullman, D. G. (1989). Assessing Social Support in Elementary School Children: The Survey of Children's Social Support. *Journal of Clinical Child Psychology, 18*(1), 52–64. https://doi.org/10.1207/s15374424jccp1801_7
- El Ouiridi, M., Segers, J., El Ouiridi, A., & Pais, I. (2015). Predictors of job seekers' self-disclosure on social media. *Computers in Human Behavior, 53*, 1–12. <https://doi.org/10.1016/j.chb.2015.06.039>

- Fahmeyzan, D., Soraya, S., & Etmy, D. (2018). UJI NORMALITAS DATA OMZET BULANAN PELAKU EKONOMI MIKRO DESA SENGGIGI DENGAN MENGGUNAKAN SKEWNESS DAN KURTOSIS. *Jurnal Varian*, 2(1), 31–36.
- Fauzia, A. Z., Maslihah, S., & Ihsan, H. (2019). PENGARUH TIPE KEPERIBADIAN TERHADAP SELF-DISCLOSURE PADA DEWASA AWAL PENGGUNA MEDIA SOSIAL INSTAGRAM DI KOTA BANDUNG. *Journal Psychology of Science and Profession*, 3(3), 151–160.
- Gainau, M. B. (2009). KETERBUKAAN DIRI (SELF DISCLOSURE) SISWA DALAM PERSPEKTIF BUDAYA DAN IMPLIKASINYA BAGI KONSELING. *Jurnal Ilmiah Widya Warta*, 33(1), 95–112.
- Gamayanti, W., Mahardianisa, M., & Syafei, I. (2018). Self Disclosure dan Tingkat Stres pada Mahasiswa yang sedang Mengerjakan Skripsi. *Psymphatic : Jurnal Ilmiah Psikologi*, 5(1), 115–130. <https://doi.org/10.15575/psy.v5i1.2282>
- Hidayat, E. W., Rakhmad, W. N., ningrum, D. P., & M.I.Kom, N. L. (2016). Hubungan Motivasi dan Intensitas Penggunaan LinkedIn dengan Kepuasan yang Didapatkan Pengguna LinkedIn. *Interaksi Online*, 4(2), 1-11. Retrieved from <https://ejournal3.undip.ac.id/index.php/interaksi-online/article/view/10795>
- Ifdil, I., & Ardi, Z. (2013). KONSEP DASAR SELF DISCLOSURE DAN PENTINGNYA BAGI MAHASISWA BIMBINGAN DAN KONSELING. *Jurnal Ilmiah Ilmu Pendidikan*, 13(1), 110–117. <https://doi.org/10.24036/pedagogi.v13i1.2202>
- Jourard, S. M., & Friedman, R. (1970). Experimenter-subject" distance" and self-disclosure. *Journal of Personality and Social Psychology*, 15(3), 278. <https://doi.org/10.1037/h0029388>
- Jourard, S. M. (1964). *The Transparent Self: Self-Disclosure and Well-Being*. New York: Van Nostrand Reinhold Company.
- Jourard, S. M. (1971). *Self-disclosure: An experimental analysis of the transparent self*. New York: John Wiley.
- Kaur, P., Islam, N., Tandon, A., & Dhir, A. (2021). Social media users' online subjective well-being and fatigue: A network heterogeneity perspective.

- Technological Forecasting and Social Change*, 172, 1–13.
<https://doi.org/10.1016/j.techfore.2021.121039>
- Keyes, C. L. M., Shmotkin, D., & Ryff, C. D. (2002). Optimizing well-being: The empirical encounter of two traditions. *Journal of Personality and Social Psychology*, 82(6), 1007–1022. <https://doi.org/10.1037/0022-3514.82.6.1007>
- Kerlinger. (2000). *Foundation of behavioral research (4th Ed)*. New York: Holt, Rinehart & Winston.
- Kim, J. Y., Chung, N., & Ahn, K. M. (2014). Why people use social networking services in Korea: The mediating role of self-disclosure on subjective well-being. *Information Development*, 30(3), 276–287.
<https://doi.org/10.1177/0266666913489894>
- Ko, H. C., & Kuo, F. Y. (2009). Can blogging enhance subjective well-being through self-disclosure?. *Cyberpsychology & behavior*, 12(1), 75-79.
<https://doi.org/10.1089/cpb.2008.016>
- Kumar, A., & Dwivedi, R. (2023). To Explore the Role of PERMA-Model of Well-Being in Job Hunt of Management Students in Delhi-NCR Region. *International Journal of Scientific Development and Research (IJS DR)*, 8(2), 328–334. www.ijedr.org
- Luo, M., & Hancock, J. T. (2020). Self-disclosure and social media: motivations, mechanisms and psychological well-being. In *Current Opinion in Psychology* (Vol. 31, pp. 110–115). Elsevier B.V.
<https://doi.org/10.1016/j.copsyc.2019.08.019>
- Mahardika, R. D., & Farida. (2019). Pengungkapan Diri pada Instagram Instastory. *Jurnal Studi Komunikasi*, 3(1). <https://doi.org/10.25139/jsk.3i1.774>
- Majorsy, U., Suryani, A. I., Mayangsari, E. T., Aglifia, M., & Qomariah, N. (2018). Faktor-Faktor Yang Mempengaruhi Well-Being. *Seminar Nasional Dan Call For Paper : “Community Psychology” Sebuah Kontribusi Psikologi Menuju Masyarakat Berdaya Dan Sejahtera*, 58–72.
- Mantara, A. Y., & Gita. (2022). Mediation of Social Support on The Effect of Self Disclosure on Psychological Well-being in Unmarried Early Adults in Malang

City. *KnE Social Sciences*, 113–124.
<https://doi.org/10.18502/kss.v7i18.12381>

Maulana, H., Khawaja, N., & Obst, P. (2018). *The Development and Validation of the Indonesian Well-being Scale*. 3136–3152. <https://doi.org/10.46743/2160-3715/2018.3508>

Maulana, H., Obst, P., & Khawaja, N. (2018). Indonesian perspective of wellbeing: A qualitative study. *Qualitative Report*, 23(12), 3136–3152. <https://doi.org/10.46743/2160-3715/2018.3508>

Moriwaki, S. Y. (1973). Self-disclosure, significant others and psychological well-being in old age. *Journal of Health and Social Behavior*, 226–232. <https://doi.org/10.2307/2137114>

Muthmainah, Situmorang, N. Z., & Tentama, F. (2018). GAMBARAN SUBJECTIVE WELL-BEING PADA PEREMPUAN DIFABEL
 DESCRIPTION OF SUBJECTIVE WELL-BEING IN DISABLED WOMEN. *The 8th University Research Colloquium* , 143–147.

Nkongho, N. O. (1985). The Relationship between Self-Disclosure and Well-Being among the Elderly.

Pratama, H. (2016). *Well-being dalam Sudut Pandang Budaya: Sebuah Kajian Literatur*.

Prastowo, A. (2011). *Memahami Metode-Metode Penelitian, Suatu Tinjauan Teoritis dan Praktis*. Yogyakarta: ArRuzz Media, 146.

Ramadani, D. N., & Muhid, A. (2022). Efektivitas pelatihan perencanaan karier untuk meningkatkan career decision self-efficacy pada fresh graduate: literature review. *Jurnal Psikologi Tabularasa*, 17(1), 56–63. <https://doi.org/10.26905/jpt.v17i1.8107>

Ratnasari, R., Hayati, E. N., & Bashori, K. (2021). Self Disclosure Media Sosial pada Fase Kehidupan Dewasa Awal. *Jurnal Diversita*, 7(2), 141–147. <https://doi.org/10.31289/diversita.v7i2.4511>

Rangkuti, A., & Wahyuni, L. (2017). Analisis data penelitian kuantitatif berbasis classical test theory dan item response theory (Rasch Model).

- Ryff, C. D. (1989). Happiness is everything, or is it? Explorations on the meaning of psychological well-being. *Journal of personality and social psychology*, 57(6), 1069. <https://doi.org/10.1037/0022-3514.57.6.1069>
- Ryff, C. D. (1989). In the eye of the beholder: views of psychological well-being among middle-aged and older adults. *Psychology and aging*, 4(2), 195. <https://doi.org/10.1037/0882-7974.4.2.195>
- Salsabila, S. M., & Maryatmi, A. S. (2019). HUBUNGAN KUALITAS PERTEMANAN DAN SELF DISCLOSURE DENGAN SUBJECTIVE WELL-BEING PADA REMAJA PUTRI KELAS XII DI SMA NEGERI 'X' KOTA BEKASI. *Jurnal IKRA-ITH Humaniora*, 3(3), 71–82.
- Sari, R. P., A, T. R., & M, A. M. (2006). PENGUNGKAPAN DIRI MAHASISWA TAHUN PERTAMA UNIVERSITAS DIPONEGORO DITINJAU DARI JENIS KELAMIN DAN HARGA DIRI. *Jurnal Psikologi Universitas Diponegoro*, 3(2), 11–25. www.ispaweb.org
- Setiawan, C. K., & Yosepha, S. Y. (2020). PENGARUH GREEN MARKETING DAN BRAND IMAGE TERHADAP KEPUTUSAN PEMBELIAN PRODUK THE BODY SHOP INDONESIA (Studi Kasus Pada Followers Account Twitter @TheBodyShopIndo). *Jurnal Ilmiah M-Progress*, 10(1), 1–9.
- Simbolon, P., Pakpahan, R. E., & Gultom, E. M. (2022). HUBUNGAN SELF DISCLOSURE DENGAN KOMUNIKASI INTERPERSONAL MAHASISWA TINGKAT II PRODI NERS STIKes SANTA ELISABETH MEDAN. *Guidance: Jurnal Bimbingan Dan Konseling*, 19(1), 25–35. <https://uia.e-journal.id/guidance>
- Soputan, S. D. M. (2021). KETERBUKAAN DIRI SEBAGAI PREDIKTOR KESEJAHTERAAN PSIKOLOGIS SISWA. *Jurnal Bikotetik (Bimbingan dan Konseling: Teori dan Praktik)*, 5(1), 33-42.
- Sugiyono. (2009). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D*. Bandung: Alfabeta.
- Suh, E. M., Diener, E., & Updegraff, J. A. (2008). FROM CULTURE TO PRIMING CONDITIONS Self-Construal Influences on Life Satisfaction

- Judgments. *Journal of Cross-Cultural Psychology*, 39(1), 3–15. <https://doi.org/10.1177/0022022107311769>
- Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). Social Psychology: Self-Disclosure. In *Social Psychology Twelfth Edition* (pp. 272–276).
- Ulfa, R. (2021). Variabel Penelitian Dalam Penelitian Pendidikan. *AL-Fathonah*, 1(1), 342-351.
- Utami, P. W., & Duryati. (2023). Hubungan Self-Disclosure dengan Psychological Well-Being pada Mahasiswa. *Jurnal Pendidikan Tambusai*, 7(1), 3435–3442.
- Wheless, L. R., & Grotz, J. (1976). CONCEPTUALIZATION AND MEASUREMENT OF REPORTED SELF-DISCLOSURE. *Human Communication Research*, 2(4), 338–346. <https://doi.org/10.1111/j.1468-2958.1976.tb00503.x>
- Wheless, L. R. (1976). SELF-DISCLOSURE AND INTERPERSONAL SOLIDARITY: MEASUREMENT, VALIDATION, AND RELATIONSHIPS. *Human Communication Research*, 47-61. <https://doi.org/10.1111/j.1468-2958.1976.tb00503.x>
- Wheless, L. R. (1978). A FOLLOW-UP STUDY OF THE RELATIONSHIPS AMONG TRUST, DISCLOSURE, AND INTERPERSONAL SOLIDARITY. *Human Communication Research*, 143-157. <https://doi.org/10.1111/j.1468-2958.1978.tb00604.x>
- White, S. C., Gaines, S. O., & Jha, S. (2014). Inner Wellbeing: Concept and Validation of a New Approach to Subjective Perceptions of Wellbeing—India. *Social Indicators Research*, 119(2), 723–746. <https://doi.org/10.1007/s11205-013-0504-7>
- Widiantari, K. S., & Yohanes, K. H. (2013). Perbedaan Intensitas Komunikasi Melalui Jejaring Sosial antara Tipe Kepribadian Ekstrovert dan Introvert pada Remaja. *Jurnal Psikologi Udayana*, 1(1), 106–115.
- Widyastuti, Kurniawan, B. K., & Majid, M. N. R. (2022). Subjective Well-Being of the Employee In Manufacturing Industry In Pandemic Covid-19. *Psychosophia: Journal of Psychology, Religion, and Humanity*, 4(1), 36–40. <https://doi.org/10.32923/psc.v4i1.1845>

Wijoyo, H., Cahyono, Y., & Indrawan, I. (2020). *Generasi Z & Revolusi Industri 4.0* (pp. 27–30). Pena Persada.

Yu, J., Hu, P. J. H., & Cheng, T. H. (2015). Role of affect in self-disclosure on social network websites: A test of two competing models. *Journal of Management Information Systems*, 32(2), 239-277.
<https://doi.org/10.1080/07421222.2015.1063305>

Zide, J., Elman, B., & Shahani-Denning, C. (2014). LinkedIn and recruitment: How profiles differ across occupations. *Employee Relations*, 36(5), 583–604.
<https://doi.org/10.1108/ER-07-2013-0086>

