

DAFTAR PUSTAKA

- Azizah, A. (2013). Kebahagiaan dan Permasalahan di Usia Remaja (Penggunaan Informasi dalam Pelayanan Bimbingan Individual). *Konseling Religi: Jurnal Bimbingan Konseling Islam*, 4(2), 295–316.
- Chotpitayasunondh, V., & Douglas, K. M. (2018). The effects of “phubbing” on social interaction. *Journal of Applied Social Psychology*, 48(6), 304–316. <https://doi.org/10.1111/jasp.12506>
- Daeng, I. T. M., Mewengkang, N, N., & Kalesaran, Edmon, R. (2017). *Penggunaan Smartphone Dalam Menunjang Aktivitas Perkuliahan Oleh Mahasiswa Fispol Unsrat Manado*. VI(1), 1–15.
- Dan, F. (2022). Parental phubbing and young children’ problem behavior: A moderated mediation model. *Studies in Preschool Education*, 12(2), 1653.
- Daniyal, M., Javaid, S. F., Hassan, A., & Khan, M. A. B. (2022). The Relationship between Cellphone Usage on the Physical and Mental Wellbeing of University Students: A Cross-Sectional Study. *International Journal of Environmental Research and Public Health*, 19(15), 1–12. <https://doi.org/10.3390/ijerph19159352>
- David, M. E., & Roberts, J. A. (2017). Phubbed and alone: Phone snubbing, social exclusion, and attachment to social media. *Journal of the Association for Consumer Research*, 2(2), 155–163. <https://doi.org/10.1086/690940>
- Dianah, N. A. (2021). Well-Being Pada Remaja di Masa Pandemi Covid-19. *Jurnal Pendidikan Tambusai*, 5(3), 7022–7027.
- Harianti, W. S., & Kurniawan, I. N. (2022). Parental phubbing and mental well-being: Preliminary study in Indonesia. *Communications in Humanities and Social Sciences*, 2(2), 53–59. <https://doi.org/10.21924/chss.2.2.2022.34>
- Hartanto. (2016). Validitas dan Reliabilitas Warwick-Edinburg Mental Well Being Scale. *Jurnal Ilmiah Counsellia*, 6(2), 1–16.
- Hidayati, K, B., & Farid, M. (2016). Konsep Diri, Adversity Quotient dan Penyesuaian Diri pada Remaja. *Persona:Jurnal Psikologi Indonesia*, 5(2), 137–144. <https://doi.org/10.35790/ecl.4.2.2016.14370>

- Huberts, L. C. E., Schoonhoven, M., Goedhart, R., Diko, M. D., & Does, R. J. M. M. (2018). The performance of X⁻ control charts for large non-normally distributed datasets. *Quality and Reliability Engineering International*, 34(6), 979–996. <https://doi.org/10.1002/qre.2287>
- Isrofin, B., & Munawaroh, E. (2021). The Effect of Smartphone Addiction and Self-Control on Phubbing Behavior. *Jurnal Kajian Bimbingan dan Konseling*, 6(1), 15–23. <https://doi.org/10.17977/um001v6i12021p015>
- Jin, H., & Spence, E. H. (2016). Internet Addiction and Well-Being: Daoist and Stoic Reflections. *Dao*, 15(2), 209–225. <https://doi.org/10.1007/s11712-016-9488-8>
- Karadağ, E., Tosuntaş, Ş. B., Erzen, E., Duru, P., Bostan, N., Şahin, B. M., Çulha, I., & Babadağ, B. (2015). Determinants of phubbing, which is the sum of many virtual addictions: A structural equation model. *Journal of Behavioral Addictions*, 4(2), 60–74. <https://doi.org/10.1556/2006.4.2015.005>
- Kurnia, S., Sitasari, N. W., & M, S. (2020). Kontrol Diri dan Perilaku Phubbing pada Remaja di Jakarta. *Jurnal Psikologi: Media Ilmiah Psiologogi*, 18(1), 58–67.
- Li, M., Deng, Y., Ren, Y., Guo, S., & He, X. (2014). Obesity status of middle school students in Xiangtan and its relationship with Internet addiction. *Obesity*, 22(2), 482–487. <https://doi.org/10.1002/oby.20595>
- Liu, Chen, W., Wang, H., Geng, J., & Lei, L. (2020). Parental phubbing linking to adolescent life satisfaction: The mediating role of relationship satisfaction and the moderating role of attachment styles. *Child: Care, Health and Development*, 47(2), 281–289. <https://doi.org/10.1111/cch.12839>
- Liu, R.-D., Wang, J., Gu, D., Ding, Y., Oei, T. P., Hong, W., Zhen, R., & Li, Y. M. (2019). The effect of parental phubbing on teenager's mobile phone dependency behaviors: The mediation role of subjective norm and dependency intention. *Psychology Research and Behavior Management*, 12, 1059–1069. <https://doi.org/10.2147/PRBM.S224133>
- Lv, H., Ye, W., Chen, S., Zhang, H., & Wang, R. (2022). The Effect of Mother Phubbing on Young Children's Emotional and Behavioral Problems: A Moderated Mediation Model of Mother–Child Attachment and Parenting Stress.

- International Journal of Environmental Research and Public Health, 19(24).*
<https://doi.org/10.3390/ijerph192416911>
- Manita, E., Mawarpury, M., Khairani, M., & Sari, K. (2019). *Hubungan Stres dan Kesejahteraan (Well-being) dengan Moderasi Kebersyukuran.* 5(2), 178–186.
<https://doi.org/10.22146/gamajop.50121>
- Masyah, B. (2020). Pandemi Covid 19 Terhadap Kesehatan Mental Dan Psikososial. *Mahakam Nourning Journal, 2(3)*, 353–362.
- Miranda, M. C., Affuso, G., Esposito, C., & Bacchini, D. (2016). Parental Acceptance–Rejection and Adolescent Maladjustment: Mothers’ and Fathers’ Combined Roles. *Journal of Child and Family Studies, 25(4)*, 1352–1362.
<https://doi.org/10.1007/s10826-015-0305-5>
- Mulyaningrum, A., & Kusumaningrum, F. A. (2022). Parental phubbing and smartphone addiction among adolescents. *INSPIRA: Indonesian Journal of Psychological Research, 3(1)*, 23–30. <https://doi.org/10.32505/inspira.v3i1.4178>
- Nasution, S. (2017). *Variabel penelitian.* 5(2), 1–9.
- Nazir, T., & Bulut, S. (2019). Phubbing: a Phenomenon That Is Mending Social Relationships. *Sibirskiy Psikhologicheskiy Zhurnal, 74*, 101–109.
<https://doi.org/10.17223/17267080/74/6>
- Nezlek, J. B., Krejtz, I., Rusanowska, M., & Holas, P. (2018). Within-Person Relationships Among Daily Gratitude, Well-Being, Stress, and Positive Experiences. *Journal of Happiness Studies.* <https://doi.org/10.1007/s10902-018-9979-x>
- Niu, G., Yao, L., Wu, L., Tian, Y., Xu, L., & Sun, X. (2020). Children and Youth Services Review Parental phubbing and adolescent problematic mobile phone use : The role of parent-child relationship and self-control. *Children and Youth Services Review, 116*(April). <https://doi.org/10.1016/j.childyouth.2020.105247>
- Pancani, L., Gerosa, T., Gui, M., & Riva, P. (2021). “Mom, dad, look at me”: The development of the Parental Phubbing Scale. *Journal of Social and Personal Relationships, 38(2)*, 435–458. <https://doi.org/10.1177/0265407520964866>
- Purnomo, R. A. (2016). *Analisis Statistik Ekonomi dan Bisnis dengan SPSS.* WADE

GROUP.

- Putra, W. M. M., Indrawadi, J., Fatmariza, & Irwan. (2022). *Hubungan Penggunaan Media Sosial dengan Perilaku Phubbing pada Mahasiswa Universitas Negeri Padang*. 5(1), 52–57.
- Rangkuti, A. A. (2013). *Statistika Inferensial untuk Penelitian Psikologi dan Pendidikan*.
- Rangkuti, A. A., & Wahyuni, L. D. (2017). *Analisis Data Penelitian Kuantitatif Berbasis Classical Test Theory dan Item Response Theory (Rasch Model)*.
- Reproduksi, P. K., Queensland, U. of, & Health, J. H. B. S. of P. (2022). *I-NAMHS: Indonesia – National Adolescent Mental Health Survey*.
- Rianti, B. P. D., & Rikumahu, B. (2020). Determinan Minat Individu Menggunakan Layanan Financial Technology Linkaja Dengan Kerangka Innovation Diffusion Theory. *Jurnal Mitra Manajemen*, 4(6), 951–966. <https://doi.org/10.52160/ejmm.v4i6.407>
- Rizkyta, D. P., & Fardana, N. A. (2017). Hubungan Antara Persepsi Keterlibatan Ayah Dalam Pengasuhan Dan Kematangan Emosi Pada Remaja. *Jurnal Psikologi Pendidikan dan Perkembangan*, 6, 1–13.
- Ryan, R. M., & Deci, E. L. (2001). On happiness and human potentials: A review of research on hedonic and eudaimonic well-being. *Annual Review of Psychology*, 52, 141–166. <https://doi.org/10.1146/annurev.psych.52.1.141>
- Samaha, M., & Hawi, N. S. (2016). Computers in Human Behavior Relationships among smartphone addiction , stress , academic performance , and satisfaction with life. *Computers in Human Behavior*, 57, 321–325. <https://doi.org/10.1016/j.chb.2015.12.045>
- Santrock, J. W. (2013). *Adolescence (Fifteenth)*. McGraw-Hill Education.
- Saragih, R. B., & Sari, E. V. (2021). PERILAKU KOMUNIKASI KELUARGA: PENTINGNYA MENJAGA KESEHATAN MENTAL DI MASA PANDEMI COVID-19. *Jurnal Sosiologi Nusantara*, 7(2), 253–266.
- Sarwono, W, S. (2011). *Psikologi Remaja Edisi Revisi*. PT. Grafindo Persada.
- Snyder, C, R., & Lopez, S, J. (2002). *Handbook of Positive Psychology*. Oxford

- University Press.
- Stewart-brown, S. (2008). *Warwick-Edinburgh Mental Well-being Scale User Guide. June.*
- Sugiyono. (2011). *Metode Penelitian Kuantitatif dan R&D Edisi Revisi*. Alfabeta.
- Sugiyono. (2015). *Statistik untuk Penelitian*. Alfabeta.
- Sugiyono. (2016). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D*. Penerbit Alfabeta.
- Sujarweni, W. (2014). *Metode Penelitian: Lengkap, Praktis, dan Mudah Dipahami*. Pustaka Baru Press.
- Supardi, S. (1993). Populasi dan Sampel Penelitian. *Unisia*, 13(17), 100–108. <https://doi.org/10.20885/unisia.vol13.iss17.art13>
- Suryabrata, S. (1998). *Psikologi Pendidikan*. PT Raja Grafindo Persada.
- Suryaratri, R. D., & Rangkuti, A. A. (2017). *Statistika Deskriptif untuk Psikologi dan Pendidikan*. KENCANA.
- Tennant, R., Hiller, L., Fishwick, R., Platt, S., Joseph, S., Weich, S., Parkinson, J., Secker, J., & Stewart-Brown, S. (2007). The Warwick-Dinburgh mental well-being scale (WEMWBS): Development and UK validation. *Health and Quality of Life Outcomes*, 5, 1–13. <https://doi.org/10.1186/1477-7525-5-63>
- Wajsblat, L. L. (2011). *Positive Androgyny and Well Being : A Positive Psychological Perspective on Gender Role*. Hofstra University.
- Wang, X., Wang, W., Qiao, Y., Gao, L., Yang, J., & Wang, P. (2020). Parental Phubbing and Adolescents' Cyberbullying Perpetration: A Moderated Mediation Model of Moral Disengagement and Online Disinhibition. *Journal of Interpersonal Violence*, 37(7–8), NP5344–NP5366. <https://doi.org/10.1177/0886260520961877>
- Widhigdo, J. C. (2020). Smartphones Trigger Depression: A Review of Meta Analysis. *Psikodimensia*, 19(1), 9. <https://doi.org/10.24167/psidim.v19i1.2230>
- Xie, X., & Xie, J. (2020). Parental phubbing accelerates depression in late childhood and adolescence:A two-path model. *Journal of Adolescence*, 78(December 2019), 43–52. <https://doi.org/10.1016/j.adolescence.2019.12.004>

- Yusnita, Y., & Syam, H. M. (2017). PENGARUH PERILAKU PHUBBING AKIBAT PENGGUNAAN SMARTPHONE BERLEBIHAN TERHADAP INTERAKSI SOSIAL MAHASISWA. *Jurnal Ilmiah Mahasiswa FISIP Unsyiah*, 2(3).
- Yusuf, S. (2011). *Syamsu Yusuf, 2011. Perkembangan Peserta Didik, Jakarta: Rajawali.* Rajawali.
- Zappala, C. R. (2007). Well-being: The correlation between self-transcendence and psychological and subjective well-being. *ProQuest Dissertations and Theses*, 1.
- Zhang, Y., Ding, Q., & Wang, Z. (2021). Why parental phubbing is at risk for adolescent mobile phone addiction: A serial mediating model. *Children and Youth Services Review*, 121(December 2020), 105873. <https://doi.org/10.1016/j.chillyouth.2020.105873>
- Zhou, J., Li, X., & Gong, X. (2022). Parental Phubbing and Internet Gaming Addiction in Children: Mediating Roles of Parent–Child Relationships and Depressive Symptoms. *Cyberpsychology, Behavior, and Social Networking*, 25(8), 512–517.