

DAFTAR PUSTAKA

- Amalia, D. N., & Sari, C. A. K. (2022). *The Role Of Grit Againts Flourishing Of Final-Year Students (Peran Grit Terhadap Flourishing Pada Mahasiswa Tingkat Akhir)*.
<https://doi.org/http://dx.doi.org/10.22373/psikoislamedia.v7i1.10840>
- Andini, C., & Akbar, D. (2020). Tantangan Pariwisata pada Wilayah Perbatasan dalam Era Disrupsi Teknologi: Studi Kasus Regulasi Transportasi Online di Kota Batam, Kepulauan Riau. *Indonesian Journal of Tourism and Leisure*, 1(2), 73–81. <https://doi.org/10.36256/ijtl.v1i2.102>
- Azdim, M. N. (2021). *HUBUNGAN ANTARA EFIKASI DIRI DENGAN TINGKAT KECEMASAN MAHASISWA YANG SEDANG MENGHADAPI SKRIPSI DI FAKULTAS PENDIDIKAN BAHASA DAN SENI UNIVERSITAS PGRI SEMARANG*. Universitas Islam Sultan Agung Semarang.
- Azhari, T. R., & Mirza. (2016). *Hubungan Regulasi Diri dengan Kecemasan Menghadapi Dunia Kerja pada Mahasiswa Tingkat Akhir Universitas Syiah Kuala*. 2(2), 23–29.
- Baron, R. M., & Kenny, D. A. (1986). The Moderator-Mediator Variable Distinction in Social Psychological Research: Conceptual, Strategic, and Statistical Considerations. *Journal of Personality and Social Psychology*, 51(No. 6), 1173–1182. <https://doi.org/10.1177/1350506818764762>
- Black, K. R. (2014). *Grit in College Students: Associations with Achievement and Parental Influences*. <https://researchrepository.wvu.edu/etd/5218>
- Boo, S., Wang, C., & Kim, M. (2021). Career adaptability, future time perspective, and career anxiety among undergraduate students: A cross-national comparison. *Journal of Hospitality, Leisure, Sport and Tourism Education*, 29(6), 100328. <https://doi.org/10.1016/j.jhlste.2021.100328>
- Bouchrika, I. (2023). *50 Current Student Stress Statistics: 2023 Data, Analysis & Predictions*. Research.Com. <https://research.com/education/student-stress-statistics>
- Carstensen, L. L., Isaacowitz, D. M., & Charles, S. T. (1999). Taking time seriously: A theory of socioemotional selectivity. *American Psychologist*,

- 54(3), 165–181. <https://doi.org/10.1037/0003-066X.54.3.165>
- Carstensen, Laura L, Isaacowitz, D. M., & Charles, S. T. (1999). *Taking time seriously: A theory of socioemotional selectivity*. Vol. 54,(3), 165–181. <https://doi.org/10.1037/0003-066X.54.3.165>
- Chandra, Y., & Wae, R. (2023). *Tinjauan Tingkat Kematangan Karir Mahasiswa (Studi pada Mahasiswa Program Studi BK Universitas PGRI Sumatera Barat)*. 05(04), 13862–13869.
- Chen, J.-Y. (2005). A Study on College Students' Anxiety of Career Decision. *Journal of Education and Psychology*, Vol. 28(No. 4), 745–771.
- Cheng, C., Yang, L., Chen, Y., Zou, H., Su, Y., & Fan, X. (2016). Attributions , future time perspective and career maturity in nursing undergraduates: correlational study design. *BMC Medical Education*, 1–8. <https://doi.org/10.1186/s12909-016-0552-1>
- Christopher, S., Saleh, U., & Rustham, A. T. P. (2022). Relationship Between Mindfulness and Grit Among Final Year Students in Makassar City. *Proceedings of the Interdisciplinary Conference of Psychology, Health, and Social Science (ICPHS 2021)*, 639(Icphs 2021), 120–127. <https://doi.org/10.2991/assehr.k.220203.020>
- Coudin, G., & Lima, M. L. (2011). Being Well as Time Goes By: Future Time Perspective and Well-Being. *International Journal of Psychology and Psychological Therapy*, 11(2), 219–232. <https://doi.org/10.1136/vr.h6723>
- Daniels, L. M., Clifton, R. A., Perry, R. P., Mandzuk, D., & Hall, N. C. (2006). Student teachers' competence and career certainty: The effects of career anxiety and perceived control. *Social Psychology of Education*, 9(4), 405–423. <https://doi.org/10.1007/s11218-006-9000-0>
- Duckworth, A. (2016). The power of passion and perseverance. In *Angewandte Chemie International Edition*, 6(11), 951–952. Scribner.
- Duckworth, A., & Gross, J. J. (2014). Self-Control and Grit: Related but Separable Determinants of Success. *Current Directions in Psychological Science*, 23(5), 319–325. <https://doi.org/10.1177/0963721414541462>
- Duckworth, A. L., Peterson, C., Matthews, M. D., & Kelly, D. R. (2007). Grit: Perseverance and Passion for Long-Term Goals. *Journal of Personality and*

- Social Psychology*, 92(6), 1087–1101. <https://doi.org/10.1037/0022-3514.92.6.1087>
- Eskreis-Winkler, L., Shulman, E. P., Beal, S. A., & Duckworth, A. L. (2014). The grit effect: Predicting retention in the military, the workplace, school and marriage. *Frontiers in Psychology*, 5(FEB), 1–12. <https://doi.org/10.3389/fpsyg.2014.00036>
- Fauziah, D., & Supratiningsih, E. (2021a). *Hubungan Grit (Kegigihan) dengan Problem Focused Coping pada Mahasiswa Psikologi Angkatan 2017*. 578–582.
- Fauziah, D., & Supratiningsih, E. (2021b). *Hubungan Grit (Kegigihan) dengan Problem Focused Coping pada Mahasiswa Psikologi Angkatan 2017*. <https://doi.org/http://dx.doi.org/10.29313/v0i0.28482>
- Fenn, K., & Byrne, M. (2013). *The key principles of cognitive behavioural therapy* (Vol. 6, Issue 9, pp. 579–585). InnovAiT. <https://doi.org/10.1177/1755738012471029>
- Grashinta, A., Istiqomah, A. P., & Wiroko, E. P. (2018). Pengaruh Future Time Perspective Terhadap Kematangan Karir Pada Mahasiswa. *Jurnal Psikologi Pendidikan Dan Konseling: Jurnal Kajian Psikologi Pendidikan Dan Bimbingan Konseling*, 4(1), 25. <https://doi.org/10.26858/jpkk.v4i1.4981>
- Guilford, J. P. (1942). *Fundamental Statistics in Psychology and Education* (1st ed.). McGraw Hill Book Company, Inc.
- Hardani, Andriani, H., Ustiawaty, J., Utami, evi fatmi, Istiqomah, ria rahmatul, Fardani, roushandy asri, Sukmana, dhika juliana, & Auliya, nur hikmatul. (2020). *Metode Penelitian Kualitatif dan Kuantitatif* (H. Abadi (ed.)). CV. Pustaka Ilmu Group.
- Harren, V. A. (1979). A model of career decision making for college students. *Journal of Vocational Behavior*, 14(2), 119–133. [https://doi.org/10.1016/0001-8791\(79\)90065-4](https://doi.org/10.1016/0001-8791(79)90065-4)
- HEPI. (2022). *Students more anxious than excited about starting their careers, despite confidence they will find work*. Higher Education Policy Institute. <https://www.hepi.ac.uk/2020/04/28/students-more-anxious-than-excited-about-starting-their-careers-despite-confidence-they-will-find-work/>

- Hill, P. L., Burrow, A. L., & Bronk, K. C. (2014). Persevering with Positivity and Purpose: An Examination of Purpose Commitment and Positive Affect as Predictors of Grit. *Journal of Happiness Studies*, *17*, 257–269. <https://doi.org/https://doi.org/10.1007/s10902-014-9593-5>
- Hong, J., & Houchao, L. (2017). Adolescent's Future Time Perspective and Academic Achievement: The Mediating Role of Grit. *Psychological Development and Education*, *33*(3), 321–327. <https://doi.org/10.16187/j.cnki.issn1001-4918.2017.03.09>
- Hsin, A., & Xie, Y. (2014). Explaining Asian Americans' academic advantage over whites - Supporting Information. *Proceedings of the National Academy of Sciences of the United States of America*, *111*(23), 1–2.
- Husman, J., & Lens, W. (2014). *The Role of the Future in Student Motivation*. April. <https://doi.org/10.1207/s15326985ep3402>
- Husman, J., & Shell, D. F. (2008). *Beliefs and perceptions about the future : A measurement of future time perspective*. *18*, 166–175. <https://doi.org/10.1016/j.lindif.2007.08.001>
- Ivcevic, Z., & Brackett, M. (2014). Predicting school success: Comparing Conscientiousness, Grit, and Emotion Regulation Ability. *Journal of Research in Personality*, *52*, 29–36. <https://doi.org/10.1016/j.jrp.2014.06.005>
- Jannah, F. N. (2022). *GAMBARAN KECEMASAN KARIER MAHASISWA TINGKAT AKHIR UNIVERSITAS NEGERI JAKARTA DI MASA PANDEMI COVID-19*. University State of Jakarta.
- Jia, Y., Hou, Z.-J., Zhang, H., & Xiao, Y. (2020). Future Time Perspective, Career Adaptability, Anxiety, and Career Decision-Making Difficulty: Exploring Mediations and Moderations. *Journal of Career Development*, *Volume 49*(Issue 2), 282–296. <https://doi.org/https://doi.org/10.1177/0894845320941922>
- Jin, H., Wang, W., & Lan, X. (2019). Peer Attachment and Academic Procrastination in Chinese College Students: A Moderated Mediation Model of Future Time Perspective and Grit. *Frontiers in Psychology*, *10*(November), 1–11. <https://doi.org/10.3389/fpsyg.2019.02645>
- Jung, H., Park, I.-J., & Rie, J. (2015). Future time perspective and career decisions:

- The moderating effects of affect spin. *Journal of Vocational Behavior*, Volume 89, 46–55. <https://doi.org/10.1016/j.jvb.2015.04.010>
- Jung, Y., & Yoo, I. (2020). Nurse Education Today The effectiveness of a career efficacy enhancement program for KOREAN nursing students: A quasi-experimental study. *Nurse Education Today*, 89(February), 104423. <https://doi.org/10.1016/j.nedt.2020.104423>
- Kooij, D., Kanfer, R., Betts, M., & Rudolph, C. W. (2018). Future time perspective: A systematic review and meta-analysis. *Journal of Applied Psychology*, 103(8), 867–893. <https://doi.org/https://doi.org/10.1037/apl0000306>
- Kwon, D. (2018). Relationship among Growth Mindset, Future Time Perspective, Grit and Procrastination. *Jurnal Akademik Penelitian Pendidikan Asia*, Vol.19, No, 725–744. <https://doi.org/10.15753/aje.2018.09.19.3.725>
- Lang, F. R., & Carstensen, L. L. (2002). Time counts: Future time perspective, goals, and social relationships. *Psychology and Aging*, 17(1), 125–139. <https://doi.org/10.1037/0882-7974.17.1.125>
- Lee, W. W. S. (2017). Relationships among grit, academic performance, perceived academic failure, and stress in associate degree students. *Journal of Adolescence*, 60, 148–152. <https://doi.org/10.1016/j.adolescence.2017.08.006>
- Lytle, A., & Jiyun Shin, E. L. (2022). Resilience and grit predict fewer academic and career concerns among first-year undergraduate students during COVID-19. *Social Psychology of Education*, 227–240. <https://doi.org/10.1007/s11218-022-09741-3>
- Manyika, J., Lund, S., Chui, M., Bughin, J., Woetzel, J., Batra, P., Ko, R., & Sanghvi, S. (2017). *Jobs lost, jobs gained: What the future of work will mean for jobs, skills, and wages*. <https://www.mckinsey.com/featured-insights/future-of-work/jobs-lost-jobs-gained-what-the-future-of-work-will-mean-for-jobs-skills-and-wages>
- Mcinerney, D. M. (2004). *A Discussion of Future Time Perspective*. 16(2), 141–151.
- Medellu, G. I. R., Gumelar, G., & Maulana, H. (2020). *Validation of the Indonesian Version of the Future Time Perspective (FTP-I) Scale: Study on Student Sample*. <https://doi.org/DOI 10.4108/eai.18-11-2020.2311598>

- Medellu, G. I. R., & Nur Fadhilah, D. (2022). Role of Future Time Perspective on Career Adaptability towards Senior Students. *JPPP - Jurnal Penelitian Dan Pengukuran Psikologi*, 11(1), 19–28. <https://doi.org/10.21009/jppp.111.04>
- Memon, M. A., Ting, H., Cheah, J.-H., Thurasamy, R., Chuah, F., & Cham, T. H. (2020). Sample size for survey research: Review and recommendations. *Journal of Applied Structural Equation Modeling*, 4(2), 2590–4221.
- Mogot, A. B. R. A., & Yamin, A. (2021). *Gambaran Tingkat Kecemasan Karier Pada Mahasiswa Tingkat Akhir Program Sarjana dan Program Profeso Fakultas Keperawatan Universitas Padjajaran*. May. <https://www.researchgate.net/publication/351368003>
- Muqaramma, R., Razak, A., & Hamid, H. (2022). Fenomena Kecemasan Karir pada Mahasiswa Tingkat Akhir di Era Disrupsi 4.0. *Sultra Educational Journal*, 2(1), 28–33. <https://doi.org/10.54297/seduj.v2i1.222>
- Musumari, P. M., Tangmunkongvorakul, A., Srithanaviboonchai, K., Techasrivichien, T., Suguimoto, S. P., Ono-Kihara, M., & Kihara, M. (2018). Grit is associated with lower level of depression and anxiety among university students in Chiang Mai, Thailand: A cross-sectional study. *PLoS ONE*, 13(12), 1–16. <https://doi.org/10.1371/journal.pone.0209121>
- Mutiasari, F., & Sunawan. (2021). *Hubungan future time perspective dengan personal growth initiative mahasiswa*. 7(2), 89–96.
- Nabila, H. A., Wahyuningsih, W., & Mendyana, M. (2022). Corelation of Overthinking Toward Career Decision Among College Students. *FOKUS (Kajian Bimbingan & Konseling Dalam Pendidikan)*, 5(3), 190. <https://doi.org/10.22460/fokus.v5i3.10739>
- Ningrum, J. A., Muhibah, S., & Handoyo, A. W. (2022). *Development of Career Anxiety Module on Students ' Future Orientation*. 6(3), 352–357. <https://doi.org/10.23887/bisma.v6i3.54195>
- Nirmala, N. D. (2014). *Penguatan orientasi masa depan dan perspektif masa depan melalui konseling future time perspective (FTP) pada remaja = Strengthen the future orientation and future perspective in adolescents through the future time perspective (FTP) counseling* [Universitas Indonesia]. <https://lib.ui.ac.id/detail.jsp?id=20389491>

- Noviyanti, A. (2021). *DINAMIKA KECEMASAN KARIR PADA MAHASISWA TINGKATAKHIR*. 2003, 46–54.
- Nugroho, C. A., Saniatuzzulfa, R., & Scarvanovi, B. W. (2022). *Hubungan Regulasi Diri dan Grit dengan Kecemasan Menghadapi Dunia Kerja pada Mahasiswa Akhir Psikologi The Correlation between Self-Regulation and Grit with Anxiety about The World of Work in Final Year Students of Psychology*. 7(1), 32–46.
- Nurjani, N. P. (2018). Disrupsi Industri 4.0; Implementasi, Peluang Dan Tantangan Dunia Industri Indonesia. *Jurnal Ilmiah Vastuwidya*, 1(2), 23–32. <https://steemit.com/indonesia/@iqbalsweden/>
- Oxford, R., & Khajavy, G. H. (2021). Exploring Grit: “Grit Linguistics” and Research on Domain-General Grit and L2 Grit. *Journal for the Psychology of Language Learning*, 3(2), 7–36. <https://doi.org/10.52598/jpll/3/2/2>
- Park, Y. L., & Lee, H. J. (2020). The Mediating Effect of Grit in the Relationship between Calling and Academic Achievement and Career Stress. *International Journal of Advanced Culture Technology*, 8(1), 98–106. <https://doi.org/10.17703/IJACT.2020.8.1.98>
- Prasetyo, B., & Trisyanti, U. (2018). *Revolusi Industri 4.0 dan Tantangan Perubahan Sosial*. 22–27.
- Priastanti, D., & Pratitis, N. T. (2021). Future Time Perspective and Career Anxiety of Final-Year Students During a Pandemic. *Proceeding International Seminar of Multicultural Psychology (ISMP 1 St)*, 87–95.
- Priyono. (2016). *Metode Penelitian Kuantitatif* (T. Chandra (ed.)). ZIFATAMA.
- Przybylski, A. K., Murayama, K., DeHaan, C. R., & Gladwell, V. (2013). Motivational, emotional, and behavioral correlates of fear of missing out. *Computers in Human Behavior*, 29(4), 1841–1848. <https://doi.org/https://doi.org/10.1016/j.chb.2013.02.014>
- Pungkas, P. (2022). *PENGARUH WORK FAMILY CONFLICT DAN BUDAYA ORGANISASI TERHADAP KEPUASAN KERJA DAN TURNOVER INTENTION*. Sekolah Tinggi Ilmu Ekonomi Indonesia Jakarta.
- Putri, K. N. (2014). Peranan Pengetahuan Tentang Dunia Kerja Terhadap Kesiapan Kerja Siswa Jurusan Teknik Pengolahan Hasil Pertanian (Tphp) Di Smk N 1

- Pandak. *UIN Maulana Malik Ibrahim*, 39(1), 1–15.
<http://dx.doi.org/10.1016/j.biochi.2015.03.025><http://dx.doi.org/10.1038/nature10402><http://dx.doi.org/10.1038/nature21059><http://journal.stainkudus.ac.id/index.php/equilibrium/article/view/1268/1127><http://dx.doi.org/10.1038/nrmicro2577>
- Qayyum, F., Maqsood, S., Naeem, F., Salman, F., Bano, R., & Tabassum, M. F. (2022). *Academic Stress And Career Anxiety: Mediating Role Of Social Competence Among Students Of Public Institutions*. 6(9), 1717–1729.
- Ramadhan, R. F. (2019). *EFEK MEDIASI KESIAPAN BELAJAR PADA PENGARUH LOCUS OF CONTROL TERHADAP HASIL BELAJAR EKONOMI SISWA : Survey Pada Siswa Kelas XI IPS SMA Negeri Kabupaten Bandung*. Universitas Pendidikan Indonesia.
- Ravik. (2019, March 1). Mahasiswa Harus Siap Hadapi Era Disrupsi. *Kementerian Koordinator Bidang Pembangunan Manusia Dan Kebudayaan*.
[https://www.kemendikbud.go.id/mahasiswa-harus-siap-hadapi-era-disrupsi#:~:text=Era disrupsi merupakan masa terjadinya,dari pola lama ke baru](https://www.kemendikbud.go.id/mahasiswa-harus-siap-hadapi-era-disrupsi#:~:text=Era%20disrupsi%20merupakan%20masa%20terjadinya,dari%20pola%20lama%20ke%20baru)
- Roslani, N., & Ariati, J. (2016). *HUBUNGAN ANTARA REGULASI DIRI DENGAN KECEMASAN MENGHADAPI DUNIA KERJA PADA PENGURUS IKATAN LEMBAGA MAHASISWA PSIKOLOGI INDONESIA (ILMPI)*. 5(4), 744–749. <https://doi.org/10.14710/empati.2016.15410>
- Shipp, A. J., Edwards, J. R., & Lambert, L. S. (2009). Conceptualization and measurement of temporal focus: The subjective experience of the past, present, and future. *Organizational Behavior and Human Decision Processes*, Volume 110(Issue 1), 1–22.
<https://doi.org/10.1016/j.obhdp.2009.05.001>
- Subekti, A. R. (2022). *Hubungan Antara Future Time Perspective Dengan Kematangan Karir Pada Mahasiswa Tingkat Akhir Universitas Islam Sultan Agung Kota Semarang*. 000(September), 261–269.
- Syariati, D., Kholilah, Wafaretta, V., & Mentari, S. (2019). Disruption Era, Do Students Have Its Competencies? The Case of Indonesia. *KnE Social Sciences*.
<https://doi.org/10.18502/kss.v3i11.4030>

- Tanudjojo, J. S., & Herawati, M. (2023). *OPINI: Navigasi Kapsul Masa Depan Indonesia*. PwC Indonesia. <https://www.pwc.com/id/en/media-centre/pwc-in-news/2023/indonesian/opini-navigasi-kapsul-masa-depan-indonesia.html>
- Taufik, M. F. A., & Sawitri, D. R. (2020). *Hubungan antara adversity intelligence dan kematangan karir pada mahasiswa bidikmisi tahun ketiga di fakultas peternakan dan pertanian Universitas Diponegoro*. 9(April), 55–63.
- Thai, M. (2014). *The Development and Validation of a Scale of Career Anxiety*. Northwestern University.
- Thein, I., Mitang, B. B., & Bere, Y. E. P. (2021). Pengaruh Lingkungan Kerja Dan Komitmen Terhadap Disiplin Kerja Pegawai Pada Kantor Dinas Pariwisata Kabupaten Malaka. *Inspirasi Ekonomi: Jurnal Ekonomi Manajemen*, 3(3), 28–36. <https://doi.org/10.32938/ie.v3i3.1737>
- Tsai, C.-T., Hsu, H., & Hsu, Y.-C. (2017). Tourism and Hospitality College Students' Career Anxiety: Scale Development and Validation. *Journal of Hospitality & Tourism Education*. <https://doi.org/10.1080/10963758.2017.1382365>
- Urbayatun, S., & Widhiarso, W. (2012). Variabel Mediator dan Moderator dalam Penelitian Psikologi Kesehatan Masyarakat. *Jurnal Psikologi*, 39(2), 180–188.
- Vignoli, E. (2015). Career indecision and career exploration among older French adolescents: The specific role of general trait anxiety and future school and career anxiety. *Journal of Vocational Behavior*, 89, 182–191. <https://doi.org/https://doi.org/10.1016/j.jvb.2015.06.005>
- Walker, T. L., & Tracey, T. J. G. (2012). The role of future time perspective in career decision-making. *Journal of Vocational Behavior*, 81(2), 150-158,. <https://doi.org/10.1016/J.JVB.2012.06.002>
- Widhiarso, W. (2010). *Uji Linieritas Hubungan*. 2–6. http://widhiarso.staff.ugm.ac.id/files/widhiarso_2010_-_uji_linieritas_hubungan.pdf
- Yuwanto, D., Dwi, M., & Heryati, H. (2019). *Hubungan efikasi diri dengan kesiapan kerja pada mahasiswa yang sedang mempersiapkan skripsi*. 2013.
- Zulfahmi, A., & Andriany, D. (2021). *Kematangan vokasional dengan kecemasan dalam menghadapi dunia kerja pada mahasiswa tingkat akhir*. 9 (2), 64–75.

<https://doi.org/10.22219/cognicia.v9i2.15728>

Zwagery, R. V., Kedokteran, F., & Lambung, U. (2020). *Kecemasan Menghadapi Dunia Kerja Pada Mahasiswa fresh graduate Pada Masa Pandemi Covid 19. Temilnas Xii*, 10–14.

