

DAFTAR PUSTAKA

- Adnan, A. Z., Fatimah, M., Zulfia, M., & Hidayati, F. (2016). Pengaruh Dukungan Sosial terhadap Harga Diri Remaja Desa Wonoayu Kecamatan Wajak. *Psikoislamika : Jurnal Psikologi Dan Psikologi Islam*, 13(2), 53. <https://doi.org/10.18860/psi.v13i2.6442>
- Afifah, R. N., & Salim, R. M. A. (2021). Peran Mediasi Perilaku Eksplorasi Karier dalam Pengaruh Dukungan Teman terhadap Adaptabilitas Karier Mahasiswa. *Journal of Psychological Science and Profession*, 4(3), 197. <https://doi.org/10.24198/jpsp.v4i3.29241>
- Agustino, M. R., Perdana, R. C., Hartawan, D., Suyoso, Y. A., & Sari, R. (2020). Adaptasi dan Kebiasaan Baru Human Resource Department di Masa Pandemi Covid-19. *Business Innovation and Entrepreneurship Journal*, 2(3), 201–204. <https://doi.org/10.35899/biej.v2i3.138>
- AlKhomeiri, A. K., Khalid, K., & Musa, N. (2020). The role of career competencies and proactive personality in early-career employee career adaptability. *European Journal of Training and Development*, 45(4–5), 285–300. <https://doi.org/10.1108/EJTD-05-2020-0081>
- Anggraini, D., & Iswari, R. D. W. I. (2022). Optimisme dan Adaptabilitas Karir pada Mahasiswa di Era New Normal (College Students ' Optimism and Career Adaptability in The New Normal Era). *Jurnal Ilmiah Psikologi Mind Set*, Juni 2022, Hal. 79-88 ISSN 2685-3620 (Online) ISSN 2086-1966 (Printed), 13(1), 79–88.
- Arnett, J. J. (2007). Emerging Adulthood: Understanding the New Way of Coming of Age. *Emerging Adults in America: Coming of Age in the 21st Century.*, 3–19. <https://doi.org/10.1037/11381-001>
- Ataş, L. O., Dirik, D., & Tetik, H. T. (2018). Predicting career adaptability through self-esteem and social support: A research on young adults. *International Journal for Educational and Vocational Guidance*, 18(1), 45–61.

<https://doi.org/10.1007/s10775-017-9346-1>

- Atqakum, L., Daud, M., & Nurdin, M. N. H. (2019). Pengaruh dukungan sosial dan kepribadian terhadap adaptabilitas karier pada mahasiswa tingkat akhir. *PESHUM: Jurnal Pendidikan, Sosial Dan Humaniora*, 1(6), 576–587.
- Azwar, S. (1999). *Penyusunan Skala Psikologi* (1st ed.). PUSTAKA PELAJAR.
- Azwar, S. (2019). *Validitas dan Reliabilitas* (4th ed.). PUSTAKA PELAJAR.
- Azwar, S. (2021). *Penyusunan Skala Psikologi* (3rd ed.). PUSTAKA PELAJAR.
- Baron, R. M., & Kenny, D. A. (1986). The Moderator-Mediator Variable Distinction in Social Psychological Research: Conceptual, Strategic, and Statistical Considerations. *Journal of Personality and Social Psychology*, 51(6), 1173–1182.
- Bashori, K. (2018). Pendidikan Politik di Era Disrupsi. *Sukma: Jurnal Pendidikan*, 2(2), 287–310. <https://doi.org/10.32533/02207.2018>
- Bocciardi, F., Caputo, A., Fregonese, C., Langher, V., & Sartori, R. (2017). Career adaptability as a strategic competence for career development: An exploratory study of its key predictors. *European Journal of Training and Development*, 41(1), 67–82. <https://doi.org/10.1108/EJTD-07-2016-0049>
- Branden, Nathaniel. (1992). *The Power of Self-Esteem: An Inspiring Look At Our Most Important Psychological Resource*. Health Communications, Inc.
- Branden, Nathaniel. (2001). *The Psychology of Self-Esteem: A Revolutionary Approach to Self-Understanding That Launched a New Era in Modern Psychology*. Jossey-Bass.
- Branscombe, N. R., & Baron, R. A. (2017). *Social Psychology* (14th ed.). Pearson Education.
- Chen, H., Fang, T., Liu, F., Pang, L., Wen, Y., Chen, S., & Gu, X. (2020). Career adaptability research: A literature review with scientific knowledge mapping in web of science. *International Journal of Environmental Research and Public Health*, 17(16), 1–21. <https://doi.org/10.3390/ijerph17165986>
- Cohen, S., & Hoberman, H. M. (1983). Positive Events and Social Supports as Buffers of Life Change Stress. *Journal of Applied Social Psychology*, 13(2), 99–125.
- Cohen, S., Mermelstein, R., Kamarck, T., & Hoberman, H. M. (1985). Measuring The

- Functional Components of Social Support: Theory, Research and Applications. *Social Support: Theory, Research and Applications*, 24, 73–94. https://doi.org/10.1007/978-94-009-5115-0_5
- Coopersmith, S. (1967). *The Antecedents of Self-esteem*. W.H. Freeman and Company.
- Creed, P. A., Fallon, T., & Hood, M. (2009). The relationship between career adaptability, person and situation variables, and career concerns in young adults. *Journal of Vocational Behavior*, 74(2), 219–229.
- Creswell, J. W. (2014). *Research Design* (4th ed.). SAGE Publications, Inc.
- Donnellan, M. B., Trzesniewski, K. H., & Robins, R. W. (2011). Self-Esteem: Enduring Issues and Controversies. *The Wiley-Blackwell Handbook of Individual Differences*, 718–746. <https://doi.org/10.1002/9781444343120.ch28>
- Farida Intani, Z., & Indati, A. (2017). Peranan Wisdom terhadap Subjective Well-Being pada Dewasa Awal. *Gajah Mada Journal of Psychology*, 3(3), 141–150.
- Fauziah, A. R., Mikarsa, H. L., Rahardjo, W., & Elida, T. (2022). Peran Dukungan Sosial dalam meningkatkan Harga Diri Ibu Primipara. *Jurnal Ilmu Perilaku*, 6(2), 130. <https://doi.org/10.25077/jip.6.2.130-150.2022>
- Fitriah, A., & Hariyono, D. S. (2019). Hubungan Self Esteem terhadap Kecenderungan Depresi pada Mahasiswa (Relationship of Self Esteem Against the Trend of Depression in Students). *Psycho Holistic*, 1(1), 8–17.
- Giffari, N., & Suhariadi, F. (2017). Pengaruh Social Support Terhadap Career Adaptability Pada Mahasiswa Tingkat Akhir Fakultas Psikologi Universitas Airlangga. *Jurnal Psikologi Industri Dan Organisasi*, 6(4), 64–77.
- Gravetter, F. J., & Forzano, L. B. (2012). *Research Methods for The Behavioral Sciences* (4th ed.). Cengage Learning.
- Hapsari, I. I. (2018). *Psikologi Perkembangan Anak*. Penerbit Indeks.
- Hartanto, N. S. A., & Salim, R. M. A. (2021). Parental Support on College Students' Career Adaptability: The Role of Proactive Personality as Mediator. *Jurnal Ilmu Pendidikan*, 27(1), 8. <https://doi.org/10.17977/um048v27i1p8-16>
- Hayes, A. F. (2017). Partial, conditional, and moderated moderated mediation: Quantification, inference, and interpretation. *Communication Monographs*, 85(1),

- 4–40. <https://doi.org/10.1080/03637751.2017.1352100>
- Hou, Z. J., Leung, S. A., Li, X., Li, X., & Xu, H. (2012). Career Adapt-Abilities Scale-China Form: Construction and initial validation. *Journal of Vocational Behavior*, 80(3), 686–691. <https://doi.org/10.1016/j.jvb.2012.01.006>
- Hui, T., Yuen, M., & Chen, G. (2018). Career Adaptability, Self-Esteem, and Social Support Among Hong Kong University Students. *Career Development Quarterly*, 66(2), 94–106. <https://doi.org/10.1002/cdq.12118>
- Husein, W. M. (2022). Disrupsi Pendidikan Di Era New Normal Jenjang Pendidikan Dasar. *Jurnal Pendidikan Dan Konseling*, 4, 1707–1715.
- Hwang, Y. (2010). Investigating the role of identity and gender in technology mediated learning. *Behaviour and Information Technology*, 29(3), 305–319. <https://doi.org/10.1080/01449290902915754>
- Irawati. (2017). *Metode Penelitian Kuantitatif untuk Ilmu Politik dan Ilmu Sosial Lainnya*. Erka Publishing.
- Khanna, P., Sahai, V., & Nautiyal, A. (2022). Managing Career Shock for Gen Z. *Special Education*, 1(43), 7582–7587.
- Lee, P. C., Xu, S. (Tracy), & Yang, W. (2021). Is career adaptability a double-edged sword? The impact of work social support and career adaptability on turnover intentions during the COVID-19 pandemic. *International Journal of Hospitality Management*, 94(February), 102875. <https://doi.org/10.1016/j.ijhm.2021.102875>
- Mardiyati, B. D., & Yuniawati, R. (2021). Perbedaan Adaptabilitas Karir Ditinjau dari Jenis Sekolah (SMA dan SMK). *Empathy : Jurnal Fakultas Psikologi*, 3(1), 31. <https://doi.org/10.12928/empathy.v3i1.3033>
- Mulia, C. F. (2021). *Pengaruh Dukungan Sosial terhadap Stres Akibat Sistem Pembelajaran Jarak Jauh (PJJ) di Masa Pandemi Covid-19 pada Mahasiswa Universitas Negeri Jakarta* [Universitas Negeri Jakarta]. http://lib.unj.ac.id/tugasakhir/index.php?p=show_detail&id=73967&keywords=
- Mustakim, Z. (2022). *Manajemen Perguruan Tinggi Keagamaan Islam: Urgensi Kepemimpinan Interharmoni di Era Disrupsi* (1st ed.). PT Nasya Expanding Management.

- Myers, D. G. (2012). *Psikologi Sosial* (10th ed.). Salemba Humanika.
- Öztemel, K., & Yıldız-Akyol, E. (2021). The Predictive Role of Happiness, Social Support, and Future Time Orientation in Career Adaptability. *Journal of Career Development, 48*(3), 199–212. <https://doi.org/10.1177/0894845319840437>
- Papalia, D. E., & Feldman, R. D. (2017). *Menyelami Perkembangan Manusia* (12th ed.). Salemba Humanika.
- Pertiwi, R. H. C. (2018). Self Management Dengan Stres Kerja pada Mahasiswa Pekerja Sistem Part-Time Jurusan Administrasi Bisnis Politeknik Negeri Semarang. *Jurnal Empati, 7*(Nomor 4), 191–198.
- Putri, A. F. (2019). Pentingnya Orang Dewasa Awal Menyelesaikan Tugas Perkembangannya. *SCHOULID: Indonesian Journal of School Counseling, 3*(2), 35. <https://doi.org/10.23916/08430011>
- Radinal, W. (2021). Pengembangan Kompetensi Tenaga Pendidik DI Era Disrupsi. *Jurnal An-Nur, 1*(1), 9–22.
- Ramadani, D., Fachrurrazi, M., & Hidayat, D. R. (2020). Adaptabilitas Karir dalam Perspektif Teori Perkembangan Karir Mark L. Savickas. *Journal Ilmiah Bimbingan Konseling Undiksha, 12*(1), 21–30.
- Ramdhani, R. N., Budiamin, A., & Budiman, N. (2019). Adaptabilitas Karir Dewasa Awal. *Jurnal Penelitian Pendidikan, 18*(3), 361–370. <https://doi.org/10.17509/jpp.v18i3.15008>
- Rangkuti, A. A., & Wahyuni, L. D. (2017). *Analisis Data Penelitian Kuantitatif Berbasis Classical Test Theory dan Item Response Theory (Rasch Model)* (p. 14).
- Rosenberg, M. (1965). *Society and The Adolescent Self-Image*. Princeton University Press.
- Rosenberg, M. (1979). *Conceiving the Self*. Basic Books.
- Rudolph, C. W., Lavigne, K. N., & Zacher, H. (2017). Career adaptability: A meta-analysis of relationships with measures of adaptivity, adapting responses, and adaptation results. *Journal of Vocational Behavior, 98*, 17–34. <https://doi.org/10.1016/j.jvb.2016.09.002>
- Ryden, M. B. (1978). An Adult Version of the Coopersmith Self-Esteem Inventory:

- Test-Retest Reliability and Social Desirability. *Psychological Reports*, 43(3_suppl), 1189–1190. <https://doi.org/10.2466/pr0.1978.43.3f.1189>
- Saiful, N. (2020). Meningkatkan Self-Esteem Melalui Layanan Konseling Individual Menggunakan Pendekatan Rational Emotif Behaviour Therapy (Rebt). *IJoCE : Indonesian Journal of Counseling and Education*, 1(1), 7.
- Santrock, J. W. (2019). *Life-Span Development* (17th ed.). McGraw-Hill Education.
- Sarafino, E. P., & Smith, T. W. (2017). *Health Psychology Biopsychosocial Interactions* (9th ed.). John & Wiley Sons. https://www.cambridge.org/core/product/identifier/CBO9781107415324A009/ty/pe/book_part
- Sarason, I. G., Levine, H. M., Basham, R. B., & Sarason, B. B. (1983). Assessing Social Support: The Social Support Questionnaire. *Journal of Personality and Social Psychology*, 44, 127–139.
- Sarason, I. G., Sarason, B. R., Shearin, E. N., & Pierce, G. R. (1987). A Brief Measure of Social Support: Practical and Theoretical Implications. *Journal of Social and Personal Relationships*, 4(4), 497–510. <https://doi.org/10.1177/02654075870444007>
- Sarwono, J. (2012). *Path Analysis dengan SPSS: Teori, Aplikasi, Prosedur Analisis untuk Riset Skripsi, Tesis, dan Disertasi*. PT Elex Media Komputindo.
- Savickas, M. L. (1997). Career adaptability: An integrative construct for life-span, life-space theory. *Career Development Quarterly*, 45(3), 247–259. <https://doi.org/10.1002/j.2161-0045.1997.tb00469.x>
- Savickas, M. L., & Porfeli, E. J. (2012). Career Adapt-Abilities Scale: Construction, reliability, and measurement equivalence across 13 countries. *Journal of Vocational Behavior*, 80(3), 661–673. <https://doi.org/10.1016/j.jvb.2012.01.011>
- Sisca, & William Gunawan. (2015). Gambaran Adaptabilitas Karier Remaja. *Jurnal Psikologi UIN Sultan Syarif Kasim Riau*, 11(Desember), 111–119.
- Srisayekti, W., & Setiady, D. A. (2015). Harga-diri (Self-esteem) Terancam dan Perilaku Menghindar Srisayekti, W., & Setiady, D. A. (2015). Harga-diri (Self-esteem) Terancam dan Perilaku Menghindar. *Jurnal Psikologi*, 42(2), 141.

- <https://doi.org/10.22146/jpsi.7169>. *Jurnal Psikologi*, 42(2), 141.
- Suciningrum, F., Paramita, W., & Wolor, C. W. (2023). Pengaruh Harga Diri dan Dukungan Sosial Terhadap Adaptabilitas Karir pada Fresh Graduate yang Bekerja Di DKI Jakarta. *Jurnal Ilmu Psikologi Dan Kesehatan*, 1(3), 225–232. <https://publish.ojs-indonesia.com/index.php/SIKONTAN>
- Sugeng Widodo, A. (2013). Harga Diri Dan Interaksi Sosial Ditinjau Dari Status Sosial Ekonomi Orang Tua. *Persona: Jurnal Psikologi Indonesia*, 2(2), 131–138. <https://doi.org/10.30996/persona.v2i2.100>
- Sugiyono. (2013). *Metode Penelitian Kuantitatif Kualitatif dan R&D*. Alfabeta.
- Sulistiani, W., Suminar, D. R., & Hendriani, W. (2019). the Career Adapt-Abilities Scale-Indonesian Form: Psychometric Properties and Construct Validity. *Proceeding of the 4th International Conference on Education*, 4(2), 01–09. <https://doi.org/10.17501/24246700.2018.4201>
- Tamari, K. A., & Akmal, S. Z. (2018). Peran Dukungan dan Hambatan Kontekstual Terhadap Adaptabilitas Karier pada Mahasiswa Tingkat Akhir. *Psikologika: Jurnal Pemikiran Dan Penelitian Psikologi*, 23(2), 79–90. <https://doi.org/10.20885/psikologika.vol23.iss2.art1>
- The Smeru Research Institute. (2020). Mengantisipasi Potensi Dampak Krisis Akibat Pandemi COVID-19. In *Catatan Kebijakan Smeru* (Issue 4).
- Tiwadaningsih, T., Nadeak, B., & Solehudin. (2022). Strategic Human Resources Management: Challenges and Opportunities. *COSTING: Journal of Economic, Business, and Accounting*, 6, 933–944. <https://doi.org/10.18690/um.fov.3.2022.68>
- Tolentino, L. R., Garcia, P. R. J. M., Lu, V. N., Restubog, S. L. D., Bordia, P., & Plewa, C. (2014). Career adaptation: The relation of adaptability to goal orientation, proactive personality, and career optimism. *Journal of Vocational Behavior*, 84(1), 39–48. <https://doi.org/10.1016/j.jvb.2013.11.004>
- Ulfah, F., & Akmal, S. Z. (2019). Peran Kepribadian Proaktif Terhadap Adaptabilitas Kareer Pada Mahasiswa Tingkat Akhir. *Jurnal Psikologi Ilmiah*, 11(1), 45–54.
- Vhikry, M., & Mulyani, A. S. (2023). Mencermati Dampak Digitalisasi bagi UMKM

- Pasca Pandemi Covid 19. *Jurnal Inovasi Penelitian*, 3(8), 7287–7290.
- Widhiarso, W. (2009). Koefisien Reliabilitas Pada Pengukuran Kepribadian Yang Bersifat Multidimensi. *Psikobuana*, 1(1), 39–48.
[https://books.google.co.id/books?hl=id&lr=&id=8ZIGRqz15QAC&oi=fnd&pg=PA39-IA1&dq=koefisien+reliabilitas+multidimensi+kepribadian+widhiarso&ots=EujJyX-xry&sig=P1W4wY7LTFFLPkmG-unPy05NHv8&redir_esc=y#v=onepage&q=koefisien reliabilitas multidimensi kepribadi](https://books.google.co.id/books?hl=id&lr=&id=8ZIGRqz15QAC&oi=fnd&pg=PA39-IA1&dq=koefisien+reliabilitas+multidimensi+kepribadian+widhiarso&ots=EujJyX-xry&sig=P1W4wY7LTFFLPkmG-unPy05NHv8&redir_esc=y#v=onepage&q=koefisien%20reliabilitas%20multidimensi%20kepribadian)
- Widhiarso, W. (2010). *Berkenalan dengan Analisis Mediasi: Regresi dengan Melibatkan Variabel Mediator*. [https://widhiarso.staff.ugm.ac.id/files/Widhiarso 2010 - Berkenalan dengan Analisis Mediasi.pdf](https://widhiarso.staff.ugm.ac.id/files/Widhiarso%202010%20-%20Berkenalan%20dengan%20Analisis%20Mediasi.pdf)
- Wiyanto, A. (2019). Pendidikan Jasmani dan Olahraga sebagai Bekal Bidang Wirausaha dalam Menghadapi Era 4.0. *Prosiding Seminar Nasional Pascasarjana ...*, 5, 4–7.
- World Economic Forum. (2020). The future of jobs report 2020 | world economic forum. In *The Future of Jobs Report* (Issue October).
- Yusuf, R. N. P. (2016). Seminar Asean psychology & humanity. *Hubungan Harga Diri Dan Kesepian Dengan Depresi Remaja*, 386–393.
- Zhao, L., Li, W., & Zhang, H. (2022). Career Adaptability as a Strategy to Improve Sustainable Employment: A Proactive Personality Perspective. *Sustainability (Switzerland)*, 14(19), 1–20. <https://doi.org/10.3390/su141912889>
- Zimet, G. D., W.Dahlem, N., G.Zimet, S., & Farley, G. K. (1988). The Multidimensional Scale of Perceived Social Support. *Journal of Personality Assesment*, 52(1), 30–41.
- Zulfiani, H., & Khaerani, N. M. (2021). Interrelation Between Career Adaptability and Family Support, Gender and School Type. *Jurnal Psikologi Integratif*, 8(2), 80. <https://doi.org/10.14421/jpsi.v8i2.1888>