

## DAFTAR PUSTAKA

- Bronstein, A. M., Brant, T., Nutt, J. G., et al. (2004). *Clinical Disorder of Balance, Posture and Gait (2nd ed.)*.
- B. Lahey, B. (2002). *Essential of Psychology*. New York: Graw Hill.
- Cece, V., Guillet-Descas, E., Nicaise, V., Lienhart, N., & Martinet, G. (2019). *Longitudinal trajectories of emotions among young athletes involving intense training centres: Do emotional intelligence and emotional regulation matter? Psychology of Sport and Exercise, 43*(January) 128–136. <https://doi.org/10.1016/j.psychsport.2019.01.011>
- Cook, G. M., Fletcher, D., & Peyrebrune, M. (2021). Olympic coaching excellence: A review of the literature.
- Johansyah Lubis, H. W. (2016). *Pencak Silat edisi ketiga*. Jakarta: Raja Grafindo Persada.
- Erkmen, N., Taskin, H., Kaplan, T., & Sanioglu, A. (2010). *Balance Performance And Recovery After Exercise With Water Intake, Sport Drink Intake And No Fluid*. *Journal of Exercise Science & Fitness, 8*(2), 105–112. [https://doi.org/10.1016/S1728-869X\(10\)60016-0](https://doi.org/10.1016/S1728-869X(10)60016-0)
- Gershon Tenenbaum, R. C. (2007). *Handbook Of Sport Psychology, 3rd Edition*.
- Gugun Arief Gunawan. 2007. *Bela Diri*. Yogyakarta : Insan Madani
- Hoer, T. R. (2007). *Buku kerja Multiple Intelegenes*. Bandung: Mizan Pustaka.
- Howard, G. (2010). *The Theory of Multiple Intelligences*.
- Jeon, Y., & Eom, K. (2021). Role of physique and physical fitness in the balance of Korean national snowboard athletes. *Journal of Exercise Science and Fitness, 19*(1), 1–7. <https://doi.org/10.1016/j.jesf.2020.07.001>
- Kisner, C. d. (2007). *Therapeutic Exercise: Foundations and Techniques* .
- Kriswanto, E. S. (2015). *Pencak Silat*. Yogyakarta, Pustaka Baru Press.
- Lesmana, F. (2012). *Panduan Pencak Silat 1 (Kategori Pencak Silat Seni Tunggal, Ganda dan Regu)*. Yogyakarta: Nusa Media.
- Johansyah Lubis, H. W. (2016). *Pencak Silat edisi ketiga*. Jakarta: Raja Grafindo Persada.
- Maryono, O. (1999). *Pencak Silat Merentang Waktu*. Yogyakarta: Yayasan Galang.

- Moshe Zeidner, G. M. (2009). *What we Know About Emotional Intelligence*. Englan:The mit Press.
- Mulyana. (2013). *Pendidikan Pencak Silat Membangun Jati Diri dan Karakter Bangsa m*. PT. Remaja Rosdakarya.
- Agung Nugroho. (2001). *Diktat Pedoman Latihan Pencak Silat*. Yogyakarta: FIK-UNY
- Saiiari, A., Moslehi, M., & Valizadeh, R. (2011). Relationship between emotional intelligence and burnout syndrome in sport teachers of secondary schools. *Procedia - Social and Behavioral Sciences*, 15, 1786–1791. <https://doi.org/10.1016/j.sbspro.2011.04.003>
- Sudjana. (1992). *Teknik Analisis Regresi dan Korelasi*. Bandung: Tarsi
- Sugiyono. (2004). *Metode Penelitian Pendidikan*. Bandung: Alfabeta. Suharsimi, A. (2006). *Prosedur Penelitian Suatu Pendekatan Praktik*. Jakarta: Rineka Cipta.
- Tatang Muhtar. (2020). *Pencak Silat* (Indra Safari (ed.); kedua). UPI Sumedang Press.
- Türksoy, A., Yanci, H. B. A., & Güder, İ. (2015). Investigation of the Emotional Intelligence and Metaprogram Levels of Sports Administrators. *Procedia - Social and Behavioral Sciences*, 185, 203–207.
- Widiastuti. (2017). Tes dan Pengukuran Olahraga. In *Tes dan Pengukuran Olahraga*. [www.ypsimbanten.com](http://www.ypsimbanten.com)
- Yundarwati, S. d. (2019). Pengaruh Latihan Core Stability Exercise Terhadap Peningkatan Keseimbangan Tubuh Pada pemain PS. *Prosiding Seminar Nasional Lembaga Penelitian dan Pendidikan (LPP) Mandala*.
- Tenenbaum, G., & Eklund, R. C. (Eds.). (2007). *Handbook of sport psychology*. JohnWiley & Sons