

**ANTICANCER ACTIVITY OF SIMPOR (*Dillenia  
suffruticosa* Martelli) LEAF EXTRACTS FROM  
BELITUNG AGAINST HeLa CERVICAL CANCER  
CELLS**

**THESIS**

**Submitted in partial fulfillment of the requirements  
For the degree with honors of Bachelor of Science**



**Raudhah Hana Syahira  
1308619071**








**DEPARTMENT OF BIOLOGY  
FACULTY OF MATHEMATICS AND NATURAL SCIENCES  
UNIVERSITAS NEGERI JAKARTA  
2024**

**LEGALIZATION SHEET**

**ANTICANCER ACTIVITY OF SIMPOR (*Dillenia suffruticosa* Martelli)  
LEAF EXTRACTS FROM BELITUNG AGAINST HeLa CERVICAL  
CANCER CELLS**

**Name : Raudhah Hana Syahira**

**Registration Number : 1308619071**

	Name	Signature	Date
<b>Person in Charge</b>			
Dean	: <u>Prof. Dr. Muktiningsih N. M. Si</u> NIP. 196405111989032001		1/2/24
<b>Deputy in Charge</b>			
Deputy Dean I	: <u>Dr. Esmar Budi, S.Si., MT</u> NIP. 197207281999031002		1/2/24
Chairman	: <u>Dr. Adisyahputra, MS.</u> NIP. 196011111987031003		19/01-24
Secretary/Examiner II	: <u>Rizky Priambodo, S.Si., M.Si</u> NIP. 198912232019031014		19/01-24
<b>Committee</b>			
Supervisor I	: <u>Ns. Sri Rahayu, S.Kep. M.Biomed.</u> NIP. 197909252005012002		19/01-24
Supervisor II	: <u>Prof. JungShan Chang, Ph.D.</u>		19/01-24
Examiner I	: <u>Dr. Yulia Irnidayanti, M.Si</u> NIP. 196507232001122001		19/01-24

**Declared to have passed the thesis defence on January 9, 2024.**

## DECLARATION SHEET

I hereby declare that the thesis with the title "**Anticancer Activity of Simpor (*Dillenia suffruticosa* Martelli) Leaf Extracts from Belitung against HeLa Cervical Cancer Cells**" which was prepared as a requirement for obtaining a Bachelor of Science degree from the Biology Study Program, State University of Jakarta is my scientific work from the direction of supervisors.

Sources of information obtained from other published authors mentioned in the text of this thesis have been included in the Bibliography in accordance with the norms, rules and ethics of scientific writing.

If in the future it is discovered that my declaration is not true, I am willing to bear all the consequences that arise.

Jakarta, December 21, 2023



Raudhah Hana Syahira

1308619071



KEMENTERIAN PENDIDIKAN DAN KEBUDAYAAN  
UNIVERSITAS NEGERI JAKARTA  
UPT PERPUSTAKAAN

Jalan Rawamangun Muka Jakarta 13220  
Telepon/Faksimili: 021-4894221  
Laman: [lib.unj.ac.id](http://lib.unj.ac.id)

DECLARATION SHEET ON APPROVAL FOR PUBLICATION  
OF SCIENTIFIC WORKS FOR ACADEMIC INTERESTS

As an academic member of State University of Jakarta, I, the undersigned:

Name : Raudhah Hana Syahira  
Reg. Number : 1308619071  
Faculty/Dept. : Mathematics and Natural Sciences  
Email Address : raudhahana1412@gmail.com

For the sake of scientific development, agree to grant the UPT Library of State University of Jakarta, Non-Exclusive Royalty Free Rights to scientific works:

Skripsi     Thesis     Dissertation     Etc (.....)

entitled :

Anticancer Activity of Simpor (*Dillenia suffruticosa* Martelli) leaf Extracts from  
Belitung against HeLa cervical cancer cells

With this Non-Exclusive Royalty Free Right, the UPT Library of State University of Jakarta has the right to store, transfer media, manage it in the form of a database, distribute it, and display/publish it on the internet or other media in *fulltext* for academic purposes without needing to ask permission from me as long as still include my name as the author/creator and/or publisher concerned.

I am willing to bear personally, without involving the Library of State University of Jakarta, all forms of legal claims arising from copyright violations in my scientific work.

Hereby declare that I made this signed declaration in good faith and with my full consent, without pressure or coercion.

Jakarta, January 25, 2024

Author

(Raudhah Hana Syahira)

## ACKNOWLEDGEMENT

In the Name of Allah, the Most Gracious, the Most Merciful.

Alhamdulillahirabbil'alamin, praise and thanks to the presence of Allah SWT, the lord of the universe, for His blessings and grace, the author was able to complete this thesis entitled “**Anticancer Activity of Simpor (*Dillenia suffruticosa* Martelli) Leaf Extracts from Belitung against HeLa Servical Cancer Cells**”. Shalawat and greetings may be bestowed upon Rasulullah SAW, his family, his friends and all his people until the end of time. This thesis is aimed to fulfill one of requirements for the degree with honors of Bachelor of Science, Faculty of Mathematics and Natural Sciences, State University of Jakarta (UNJ).

The completion of this final assignment report cannot be separated from the support and assistance of all parties. Therefore, the author would like to express her sincerest, heartfelt deep gratitude, respect and highest appreciation to:

1. Ns. Sri Rahayu, M. Biomed. and Prof. Jung-Shan Chang, Ph.D. as supervisor and co-supervisor who has provided a lot of input and suggestions.
2. Dr. Dalia Sukmawati, M.Si. as Coordinator of the Biology Study Program, Dr. Esmar Budi, M.T. as Deputy Dean for Academic Affairs and Facilities, and Prof. Dr. Muktiningsih N., M.Si. as Dean of FMIPA UNJ who has helped during the completion of the study.
3. Dr. Tri Handayani Kurniati, M.Si. as Academic Supervisro who has guided the author while studying at the UNJ Biology Study Program.
4. PSSP IPB and BRIN Cibinong for providing cell culture samples and assisting the author in collecting data especially for Mrs. Ratih Rinendyaputri, S.K.H, M. Biomed.
5. All Biology Study Program Lecturers, Laboratory Staff, Cleaning Staff, Administrative Staff, as well as all employees at FMIPA UNJ for the assistance they have provided.
6. Papa and Mama who continuously prayed for and fully supported the author in the process of completing this thesis and continued to help her to form a better person. Also for my older brother, Mas Dani.

7. Monkey D. Luffy, Kenji Kishimoto, Aaron Warner and other fictional characters who have accompanied and indirectly inspired the author while working on this thesis.
8. Verdy Virgautama and Aisyah Safira who have been patient and kind in providing knowledge and responding to all the questions the author asked regarding the writing of the thesis.
9. Isyong, Ipeh, Sisal and Gege, as best friends of the author who always accompany and provide support and motivation to the author.
10. Ale, Sarip, Uben, Wirda, Fasya, Ratna, Ota, Ilyas, Em, Giyan, Mae and all those who have lived in rented C4-18 who accompanied the author during and at the end of the writing of the thesis.
11. NH, Fira, Desta, Afi, and all Biology B 2019 classmates who often accompanies the author, especially during her college journey, so that the author can enter one of the final stages of studying at the Biology Study Program. Also, Amel, Iyas, Adu, Ipong, Orin, and other Al-Kahfi's friends in UNJ as comrades from high school.
12. Last but not least, I wanna thank me. I wanna thank me for believing in me. I wanna thank me for doing all this hard work. I wanna thank me for having no days off. I wanna thank me for never quitting.

The author realizes that this thesis is still far from perfect. Therefore, the author hopes for constructive criticism and suggestions from readers. Constructive criticism and suggestions can improve and help the author to continue to develop in the future. Hopefully this report can help and add insight and be useful for readers in general and the author in particular.

Jakarta, 1 Januari 2024



Raudhah Hana Syahira

## ABSTRACT

**RAUDHAH HANA SYAHIRA.** Anticancer Activity of Simpor (*Dillenia suffruticosa* Martelli) Leaf Extracts from Belitung against HeLa Cervical Cancer Cells. Thesis, Biology Study Program, Faculty of Mathematics and Natural Sciences, Jakarta State University. Under the guidance of SRI RAHAYU, JUNG-SHAN CHANG.

Cancer is a malignant tumor with characteristics of uncontrolled cell growth, poor metastasis, leading to the dysfunction of organs and death of patients. Many efforts have been made, including the exploration of natural products. The purpose of this study was to analyzing the cytotoxic activity of simpor leaf extract against HeLa cell line by MTT assay and to determine the ability of the extract to induce apoptosis in HeLa cell lines. The method used an experimental research design with a completely randomized design. The treatment group consisted of the leaf extract of 500, 1,000, 2,000, 5,000, and 9,000 ppm for BSLT. The MTT used 25, 50, 75, and 100 ppm concentrations and controls. The data on the BSLT was determined by analyzing  $LC_{50}$  value using the probit analysis, while the MTT was determined by analyzing  $IC_{50}$  and analyzed statistically using ANOVA. The BSLT results showed an  $LC_{50}$  value of 959,215 ppm, which means that the leaf extract is toxic. Simpor leaf extract at 75 ppm with  $IC_{50}$  of 25,07 was seen as the best concentration for cervical cancer treatment. The extract were able to induce apoptosis in HeLa cells best at 50 ppm with 93,3% . It can be concluded that *D. suffruticosa* shows cytotoxicity against the HeLa cell line and can be used as a candidate for cervical cancer treatment.

**Key words:** Cytotoxicity, BSLT, simpor *Dillenia*, leaf, Annexin V/PI, HeLa cell line.

## ABSTRAK

**RAUDHAH HANA SYAHIRA.** Aktivitas Antikanker Ekstrak Daun Simpor (*Dillenia suffruticosa* Martelli) Asal Belitung Terhadap Sel Kanker Serviks HeLa. Tesis, Program Studi Biologi, Fakultas Matematika dan Ilmu Pengetahuan Alam, Universitas Negeri Jakarta. Di bawah bimbingan SRI RAHAYU, JUNG-SHAN CHANG.

Kanker adalah tumor ganas dengan ciri-ciri pertumbuhan sel yang tidak terkendali, metastasis yang buruk, menyebabkan disfungsi organ dan kematian pasien. Berbagai upaya telah dilakukan, termasuk eksplorasi hasil alam. Tujuan penelitian ini adalah menganalisis aktivitas sitotoksik ekstrak daun simpor terhadap cell line HeLa dengan uji MTT dan mengetahui kemampuan ekstrak dalam menginduksi apoptosis pada cell line HeLa. Metode yang digunakan adalah desain penelitian eksperimen dengan rancangan acak lengkap. Kelompok perlakuan terdiri dari ekstrak daun 500, 1.000, 2.000, 5.000, dan 9.000 ppm untuk BSLT. MTT menggunakan konsentrasi dan kontrol 25, 50, 75, dan 100 ppm. Data pada BSLT ditentukan dengan menganalisis nilai  $LC_{50}$  menggunakan analisis probit, sedangkan MTT ditentukan dengan menganalisis  $IC_{50}$  dan dianalisis secara statistik menggunakan ANOVA. Hasil BSLT menunjukkan nilai  $LC_{50}$  sebesar 959,215 ppm yang berarti ekstrak daun tersebut bersifat toksik. Ekstrak daun simpor pada konsentrasi 75 ppm dengan  $IC_{50}$  25,07 dipandang sebagai konsentrasi terbaik untuk pengobatan kanker serviks. Ekstrak tersebut mampu menginduksi apoptosis pada sel HeLa paling baik pada konsentrasi 50 ppm dengan persentase 93,3%. Dapat disimpulkan bahwa *D. suffruticosa* menunjukkan sitotoksitas terhadap lini sel HeLa dan dapat digunakan sebagai kandidat pengobatan kanker serviks.

Kata kunci: Sitotoksitas, BSLT, simpor *Dillenia*, daun, Annexin V/PI, garis sel HeLa.



## TABLE OF CONTENTS

	Page
LEGALIZATION SHEET .....	i
DECLARATION SHEET .....	ii
DECLARATION SHEET FOR PUBLICATION APPROVAL .....	iii
ACKNOWLEDGEMENT .....	iv
ABSTRACT .....	vi
ABSTRAK .....	vii
TABLE OF CONTENTS .....	viii
LIST OF TABLES .....	x
LIST OF FIGURES .....	xi
LIST OF APPENDICES .....	xi
CHAPTER I INTRODUCTION .....	1
A. Background of Study .....	1
B. Problem Statement .....	4
C. Research Objectives .....	4
D. Research Benefits .....	5
CHAPTER II LITERATURE REVIEW .....	6
A. Simpor Plant .....	6
B. Cervical Cancer .....	7
C. HeLa Cell .....	9
D. Cytotoxicity .....	11
E. Apoptosis .....	13
CHAPTER III RESEARCH METHODOLOGY .....	15
A. Research Date and Location .....	15
B. Research Method .....	15
C. Tools and Materials .....	17
D. Research Procedure .....	17
E. Research Flow .....	22
F. Data Analysis .....	22
CHAPTER IV RESEARCH RESULTS AND DISCUSSION .....	23
A. Analysis of Total Flavonoid Content (TFC) .....	23
B. Analysis of Total Phenol Content (TPC) .....	25
C. Toxicity Test using the BSLT Method .....	27
D. Morphological Changes in Cell Line After Treatment with Simpor Leaf Extract ( <i>Dillenia suffruticosa</i> ) .....	29
E. Anticancer Activity of Simpor Leaf Extract using the MTT Method .....	31
F. Ability of Simpor Leaf Extract to Induce Apoptosis of HeLa Cell Lines .....	33
CHAPTER V CONCLUSION AND FURTHER WORK .....	40
A. Conclusion .....	40
B. Further Work .....	40
REFERENCES .....	41

APPENDICES .....	52
CURRICULUM VITAE .....	57



## LIST OF TABLES

	<b>Page</b>
1. BSLT Test Treatment Design .....	16
2. MTT Assay Treatment Design.....	16
3. BSLT test results on simpor leaf extract .....	28
4. The effect of simpor leaf extract with various concentrations on the .....	29
5. Anticancer activity of simpor leaf extract using the MTT method against.....	31
6. The effect of simpor leaf extract with various concentrations .....	32



## LIST OF FIGURES

	<b>Page</b>
1. Flowers and leaves of <i>Dillenia suffruticosa</i> .....	6
2. HeLa Cell Morphology .....	10
3. Research Flowchart .....	22
4. Reaction of flavonoid-Aluminium Chloride ( $AlCl_3$ ) complex formation.....	23
5. Quercetin Standard Curve .....	24
6. Gallic Acid Standard Curve .....	26
7. Folin-Ciocalteu reagent transformation mechanism with gallic acid .....	27
8. MTT test results of HeLa cell line when treated with simpor leaf extract.....	30
9. Linear regression curve of the relationship between the concentration of.....	32
10. Induction of apoptosis by HeLa cells with simpor leaf extract.....	35
11. The the percentage (%) of cell distribution of HeLa after treatment .....	37

## LIST OF APPENDICES

	<b>Page</b>
1. Research Implementation Activities .....	52
2. BSLT Observation Data.....	53
3. LC <sub>50</sub> Results Using Probit Analysis.....	54
4. One Way Anova BSLT Test Results .....	54
5. Duncan BSLT Test Results.....	55
6. Anticancer Activity of Simpor Leaf Extract against HeLa Cell .....	55
7. IC <sub>50</sub> Results Using GraphPad.....	55
8. One Way Anova MTT Test Results.....	56
9. Duncan MTT Test Results .....	56

