

**MODEL GERAK DASAR BERBASIS PERMAINAN DI RUANG PUBLIK
TERPADU RAMAH ANAK (RPTRA) AMIR HAMZAH KELURAHAN
PEGANGSAAN JAKARTA PUSAT**

ABSTRAK

Penelitian ini bertujuan untuk membuat model gerak dasar berbasis permainan di Ruang Publik Terpadu Ramah Anak Amir Hamzah. Penelitian ini menggunakan metode penelitian ADDIE, dimana penelitian menggunakan 5 tahapan yaitu Analisis, desain, pengembangan model, pelaksanaan, evaluasi. Hasil penelitian menghasilkan produk yang berupa model gerak dasar berbasis permainan di RPTRA Amir Hamzah Kelurahan Pegangsaan Jakarta Pusat yang telah di revisi oleh ahli gerak dasar dan ahli permainan sebanyak 15 model yang telah diujicobakan dalam kelompok kecil bertempat di RPTRA Utakara Beriman sebanyak 20 anak-anak dan ujicoba kelompok besar bertempat di RPTRA Amir Hamzah sebanyak 15 anak-anak dengan 11 model yang telah di validasi oleh dosen ahli. Berdasarkan hasil penelitian menunjukan bahwa model gerak dasar berbasis permainan di RPTRA Amir Hamzah Kelurahan Pegangsaan Jakarta Pusat ini dapat menjadi media untuk digunakan dalam proses kegiatan olahraga di RPTRA yang ada di Jakarta, sehingga dapat memberikan kontribusi yang baik dalam proses meningkatkan kemampuan gerak dasar anak yang bermain di RPTRA Amir Hamzah, berdasarkan hasil penelitian model gerak dasar berbasis permainan di RPTRA Amir Hamzah dapat dikembangkan dan dapat diterapkan terhadap anak-anak yang berkunjung di RPTRA Amir Hamzah.

Kata Kunci : Gerak dasar, Permainan, RPTRA Amir Hamzah

**BASIC MOTION MODEL IN BASED ON GAME AT CHILD FRIENDLY
INTEGRATED PUBLIC SPACES (RPTRA) AMIR HAMZAH PEGANGSAAN
JAKARTA CENTRAL**

ABSTRACT

This research aims to make a basic motion model in based on game at child friendly integrated public spaces (RPTRA). This research using ADDIE research method which consist of five steps, there are analysis, design, development model, the implementation, and evaluation. The result of this research is a product in form of basic movement model based on games in RPTRA Amir Hamzah Pegangsaan district of Central Jakarta revised by the expert of basic movement and the expert of games amount of fifteen models tested in the small groups housed in the RPTRA Utakara Beriman of twenty children and large group trials are housed in RPTRA Amir Hamzah of fifteen chlidrens with eleven models after expert judgment. This research indicated that basic movement model based on games in RPTRA Amir Hamzah Pegangsaan district of Central Jakarta can be a media to use in the sports activity process in RPTRA in Jakarta, in order to give contribution in the process of increase the ability of children basic movement model who plays at RPTRA Amir Hamzah. Based on the research basic movement model based on games in RPTRA Amir Hamzah can be developed and apply to children who visit RPTRA Amir Hamzah

Keywords : Basic Motion, Game Model, RPTRA Amir Hamzah