

## DAFTAR PUSTAKA

- Adhitama, Y. (2023). *Mengejutkan! 870 Siswa Magetan Lakukan Self Harm, Alasannya Ikut-Ikutan Teman*. Solo Pos Jatim. <https://jatim.solopos.com/mengejutkan-870-siswa-magetan-lakukan-self-harm-alasannya-ikut-ikutan-teman-1784388>. Diakses pada 25 April 2024.
- Adler, A. (1937). *Understanding Human Nature*. Faber and Faber.
- Adler, A. (1956). *The Science of Living*. Garden City Publishing.
- Agustin, D., Fatria, R. Q., & Febrayosi, P. (2019). Analisis Butir Self-Harm Inventory. *Jurnal Muara Ilmu Sosial, Humaniora, Dan Seni*, 3(2), 396. <https://doi.org/10.24912/jmishumsen.v3i2.3880>
- American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders (5th ed.)*. American Psychiatric Publishing.
- Baumeister, R. F., & Leary, M. R. (1995). The need to belong: Desire for interpersonal attachments as a fundamental human motivation. *Psychological Bulletin*, 117(3), 497-529.
- Baumeister, R. F., & Leary, M. R. (1995). The need to belong: Desire for interpersonal attachments as a fundamental human motivation. *Psychological Bulletin*, 117(3), 497-529.
- Bowlby, J. (1988). *A Secure Base: Parent-Child Attachment and Healthy Human Development*. Basic Books.
- Creswell, J. W. (2010). *Research design: pendekatan kualitatif, kuantitatif, dan mixed*. PT Pustaka Pelajar.
- Creswell, John W. (2007). *Qualitative Inquiry & Research Design Choosing Among Five Approaches*. Sage Publication Inc.
- Creswell, John W. 2015. *Penelitian Kualitatif & Desain Riset*. Pustaka Pelajar.
- Erikson, E. H. (1968). *Identity: Youth and Crisis*. New York: Norton.
- Esterberg, Kristin G. (2002). *Qualitative Methods In Social Research*. Mc Graw Hill.
- Favazza, A. (1996). *Bodies under siege: Self-mutilation and body modification in culture and psychiatry* (2nd edition). Jhu Press.

- Gillies, D., Christou, M. A., Dixon, A. C., Featherston, O. J., Rapti, I., Garcia-Anguita, A., Villasis-Keever, M., Reebye, P., Christou, E., Al Kabir, N., & Christou, P. A. (2018). Prevalence and Characteristics of Self-Harm in Adolescents: Meta-Analyses of Community-Based Studies 1990–2015. *Journal of the American Academy of Child and Adolescent Psychiatry*, 57(10), 733–741. <https://doi.org/10.1016/j.jaac.2018.06.018>
- Gratz, K. L. (2001). Measurement of deliberate self-harm: Preliminary data on the deliberate self-harm inventory. *Journal of Psychopathology and Behavioral Assessment*, 23(4), 253–263. <https://doi.org/10.1023/A:1012779403943>
- Gurung, K. (2018). Bodywork: Self-harm, trauma, and embodied expressions of pain. *Arts and Humanities in Higher Education*, 17(1), 32–47. <https://doi.org/10.1177/1474022216684634>
- Hurlock, E. B. (2004). *Psikologi Perkembangan: Suatu Pendekatan Sepanjang Rentang Kehidupan*. Erlangga.
- Innamorati M, Pompili M, Gonda X, Amore M, Serafini G, Niolu C, Lester D, Rutz W, Rihmer Z, Girardi P. Psychometric properties of the Gotland Scale for Depression in Italian psychiatric inpatients and its utility in the prediction of suicide risk. *J Affect Disord*. 2011 Jul;132(1-2):99-103. doi: 10.1016/j.jad.2011.02.003. Epub 2011 Mar 2. PMID: 21371756.
- Into The Light Indonesia. (2021). *Seri Laporan ke-1: Laporan Perilaku Penggunaan Layanan Kesehatan Mental di Indonesia 2021 - Hasil Awal*. Into The Light Indonesia. <https://www.intothelightid.org/tentang-bunuh-diri/laporan-perilaku-penggunaan-layanan-kesehatan-mental-di-indonesia-2021-hasil-awal/>
- Issom, F. L. (2019). *Psikologi Perkembangan Remaja (Persepsi Diri Remaja)*. Nusa Litera Inspirasi.
- Javdan, M., Teifakani, B., & Samavi, A. (2024). Adolescent Self-harm Behavior Based on Depression, Family Emotional Climate, School Identity, and Academic Performance. *Journal of Research & Health*, 14(3):269-276.
- Jorgensen, S., & Skar, P. (2016). Betrayal and trust: Effects of relational betrayal on self-concept and mental health. *Journal of Social and Personal Relationships*, 33(2), 87-105.

- Jorgensen, S., & Skar, P. (2016). Betrayal and trust: Effects of relational betrayal on self-concept and mental health. *Journal of Social and Personal Relationships*, 33(2), 87-105.
- Kennedy, A., & Brausch, A. M. (2024). Emotion dysregulation, bullying, and suicide behaviors in adolescents. *Journal of affective disorders reports*, 15.
- Kirchner, T., Ferrer, L., Forns, M., & Zanini, D. (2011). Self-harm behavior and suicidal ideation among high school students. Gender differences and relationship with coping strategies. *Actas Espanolas de Psiquiatria*, 39(4), 226–235.
- Klonsky, E. D., & Muehlenkamp, J. J. (2007). Self-Injury: A Research Review for the Practioner. *Journal of Clinical Psychology*, 63(11), 1045–1056. <https://doi.org/10.1002/jclp>
- Kusumadewi, A. F., Yoga, B. H., Sumarni, S., & Ismanto, S. H. (2020). Self-Harm Inventory (SHI) Versi Indonesia Sebagai Instrumen Deteksi Dini Perilaku Self-Harm. *Jurnal Psikiatri Surabaya*, 8(1), 20. <https://doi.org/10.20473/jps.v8i1.15009>
- Larsen, K. (2009). Self-Injury in Teenagers, a Research Paper. *Menomonie: University of Wisconsin-Stout*.
- Latipun, & Notosoedirdjo, M. (2014). *Kesehatan Mental: Konsep dan Penerapan*.
- Linehan, M. M. (1993). *Cognitive Behavioral Treatment of Borderline Personality Disorder and Skill Training Manual for Treating Borderline Personality Disorder*. The Guilford Press
- Lubis, I. R., & Yudhaningrum, L. (2020). Gambaran Kesepian pada Remaja Pelaku Self Harm. *JPPP - Jurnal Penelitian Dan Pengukuran Psikologi*, 9(1), 14–21. <https://doi.org/10.21009/jppp.091.03>
- Mappiare, A. (1982). *Psikologi Remaja*. Usaha Nasional.
- Maslow, A. H. (1943). A theory of human motivation. *Psychological Review*, 50(4), 370-396.
- McDougall, T., Armstrong, M., & Trainor, G. (2010). *Helping Children and Young People Who Self-harm*. Routledge.
- Muehlenkamp, J. J. (2005). Self-injury: A review of the literature. *Journal of Clinical Psychology*, 61(1), 49-64.

- Muthia, E. N., & Hidayati, D. S. (2015). Kesepian Dan Keinginan Melukai Diri Sendiri Remaja. *Psychopathic: Jurnal Ilmiah Psikologi*, 2(2), 185–198.
- Nock, M. K., Joiner, T. E., Gordon, K. H., Lloyd-Richardson, E., & Prinstein, M. J. (2006). Non-suicidal self-injury among adolescents: Diagnostic correlates and relation to suicide attempts. *Psychiatry Research*, 144(1), 65–72. <https://doi.org/10.1016/j.psychres.2006.05.010>
- Patton, Michael Quinn. (1990). *Qualitative Evaluation and Research Method*. Sage Publication
- Patton, Michael Quinn. (2006). *Metode Evaluasi Kualitatif*. Pustaka Pelajar.
- Permatasari, A., & Berlian, I. (2023). 52 Pelajar SMP di Bengkulu Lukai Tangan Sendiri, Apa Alasan Remaja Lakukan Self Harm? Viva.Co.Id. <https://www.viva.co.id/gaya-hidup/kesehatan-intim/1646804-52-pelajar-smp-di-bengkulu-lukai-tangan-sendiri-apa-alasan-remaja-lakukan-self-harm>
- Poerwandari. 2013. *Pendekatan Kualitatif untuk Penelitian Perilaku Manusia*. LPSP3 UI.
- Pristiyanti, D. C., & Nuryono, W. (2020). Pengembangan Booklet Pencegah Kepekaan Self Injury Siswa Di SMP Negeri 20 Surabaya. *Jurnal BK Unesa*, 11(2), 151–158
- Purwoko, B., Yetty, I., & Hariastuti, R. (2022). Low Self-Esteem, Coping Stress, Emotional Regulation, and Coping Stress Significantly Increase Self-Injury in Students. *Revista De Psicología Del Deporte (Journal of Sport Psychology)*, 31(2), 285–296.
- Raco, J. R. (2010). *Metode Penelitian Kualitatif*. Grasindo.
- Sansone, R. A., & Sansone, L. A. (2010). Measuring self-harm behavior with the self-harm inventory. *Psychiatry (Edgemont)*, 7(4), 16–20.
- Sansone, R. A., Wiederman, M. W., & Sansone, L. A. (1998). The self-harm inventory (SHI): Development of a scale for identifying self-destructive behaviors and borderline personality disorder. *Journal of Clinical Psychology*, 54(7), 973–983. [https://doi.org/10.1002/\(SICI\)1097-4679\(199811\)54:7<973::AID-JCLP11>3.0.CO;2-H](https://doi.org/10.1002/(SICI)1097-4679(199811)54:7<973::AID-JCLP11>3.0.CO;2-H)



- Santoso, G. A. & Royanto, L.R.M. (2009). *Teknik Penulisan Laporan Penelitian Kualitatif*. LPSP3 UI
- Santrock, J. W. (2007). *Adolescence, eleventh edition*. Erlangga.
- Santrock, J.W. (2002). *Life Span Development (Perkembangan Masa Hidup, Jilid 2, Penerjemah: Chusairi dan Damanik)*. Erlangga.
- Saputra, M., Mukti, D., Angelina, R., Maharani, P., Yuniarti, B., Fitria, S., Saefullah, N., Nisrina, H., Aprilia, N., & Hidayat, R. (2022). Kerentanan Self Harm Pada Remaja Di Era Modernisasi. *Proceeding Conference On Psychology and Behavioral Sciences*, Vol. 1, pp. 28-33.
- Shoib, S., Khan, S., Baiou, A., Chandradasa, M., Swes, S., Turan, S., & Armiya'u, A. (2022). Exposure to violence and the presence of suicidal and self-harm behaviour predominantly in Asian females: scoping review. *Middle East Curr Psychiatry* 29, 62, <https://doi.org/10.1186/s43045-022-00225-w>
- Sugiyono. (2013). *Metode Penelitian Pendidikan (Pendekatan Kuantitatif, Kualitatif dan R&D)*. Alfabeta.
- Townsend, E., Ness, J., Waters, K., Rehman, M., Kapur, N., Clements, C., Geulayoc, G., Bale, E., Casey, D., & Hawton, K. (2022). Life problems in children and adolescents who self-harm: Findings from the multicentre study of self-harm in England. *Child and adolescent mental health*, 27(4), 352-360.
- Tresno, F., Ito, Y., & Mearns, J. (2012). Self-Injurious Behavior and Suicide Attempts Among Indonesian College Students. *Death Studies*, 36(7), 627–639. <https://doi.org/10.1080/07481187.2011.604464>
- Umami, I. (2019). *Psikologi Remaja*. IDEA Press Yogyakarta.
- Veague, H. B., & Collins, C. (2009). *Cutting and Self-harm*. New York: Infobase Publishing.
- Walsh, B. W. (2006). *Treating self-injury : a practical guide*. The Guilford Press.
- Wibisono, B. K. (2018). Faktor-faktor Penyebab Perilaku Melukai-Diri Pada Remaja Perempuan. *Calyptra*, 7(2), 1–12.
- Widyawati, R. A., & Kurniawan, A. (2020). Pengaruh paparan media sosial terhadap perilaku self-harm pada pengguna media sosial emerging

adulthood. *Buletin Riset Psikologi dan Kesehatan Mental (BRPKM)*, Vol. 1(1), 120-128.

World Health Organization. (2017). Mental Health Status of Adolescents in South-East Asia : Evidence for Action. In *Searo* (Issue April).

World Health Organization. (2019). Suicide and Self-Harm. In *World Health Organization Regional Office for the Eastern Mediterranean*.  
<https://doi.org/10.1002/9780470749739.ch7>

Young, R., Sweeting, H., & Ellaway, A. (2007). Do schools differ in suicide risk? The influence of school and neighbourhood on attempted suicide, suicidal ideation and self-harm among secondary-school pupils. *BMC Public Health*, 7, 290.

Yusuf, N. F. (2015). *Kesepian dan Depresi : Studi Metaanalisis*. Seminar Psikologi & Kemanusiaan, 331–337

