

## DAFTAR PUSTAKA

- Adebakin, A. B. (2015). Does internship experience beget academic relevance and employment prospects: an assessment of graduate interns from a Nigerian university. *Bulgarian Journal of Science & Education Policy*, 9(1).
- Agusta, Y. N. (2014). Hubungan antara orientasi masa depan dan daya juang terhadap kesiapan kerja pada mahasiswa tingkat akhir Fakultas Ilmu Sosial dan Ilmu Politik di Universitas Mulawarman. *Psikoborneo: Jurnal Ilmiah Psikologi*, 2(3).
- Akkermans, J., & Kubasch, S. (2017). # Trending topics in careers: A review and future research agenda. *Career Development International*, 22(6), 586-627. <https://doi.org/10.1108/CDI-08-2017-0143>
- Akkermans, J., Richardson, J., & Kraimer, M. L. (2020). The Covid-19 crisis as a career shock: Implications for careers and vocational behavior. *Journal of vocational behavior*, 119, 103434. <https://doi.org/10.1177%2F0020764020935488>
- Álvarez-González, P., López-Miguens, M. J., & Caballero, G. (2017). Perceived employability in university students: Developing an integrated model. *Career Development International*, 22(3), 280–299. <https://doi.org/10.1108/cdi-08-2016-0135>
- Anggraena, Y., Felicia, N., Eprijum, D., Pratiwi, I., Utama, B., Alhapip, L., & Widiaswati, D. (2022). *Kajian akademik kurikulum untuk pemulihhan pembelajaran*.
- Anthonyamy, L., Koo, A. C., & Hew, S. H. (2020). Self-regulated learning strategies in higher education: Fostering digital literacy for sustainable lifelong learning. *Education and Information Technologies*, 25(4), 2393-2414.
- Arnett, J. J. (2006). *Emerging adulthood: Understanding the new way of coming of age*.
- Astuti, N. N. P. (2019). Pengaruh *Self-Regulated Learning* Terhadap Kematangan Karier Pada Mahasiswa Bimbingan dan Konseling UNY. *Jurnal Riset Mahasiswa Bimbingan Dan Konseling*, 5(9), 694-702.
- Atitsogbe, K. A., Mama, N. P., Sovet, L., Pari, P., & Rossier, J. (2019). Perceived employability and entrepreneurial intentions across university students and job seekers in Togo: The effect of career adaptability and self-efficacy. *Frontiers in psychology*, 10, 180.
- Ayala Calvo, J. C., & Manzano García, G. (2021). The influence of psychological capital on graduates' perception of employability: The mediating role of employability skills. *Higher Education Research & Development*, 40(2), 293-308.
- Aziz, A., & Siswanto, K. A. P. (2018). Hubungan antara *self-regulated learning* dengan kematangan karir pada siswa SMA. *Analitika: Jurnal Magister Psikologi UMA*, 10(1), 7-13.
- Bae, S.-M. (2017). An analysis of career maturity among Korean youths using latent growth modeling. *School Psychology International*, 38(4), 434–449. <https://doi.org/10.1177/0143034317709527>
- Bainbridge, B. (2000). The future's bright, the future's branded. *Recruitment Portfolio*, 5–12
- Bandura, A. (2019). Applying theory for human betterment. *Perspectives on Psychological Science*, 14(1), 12-15. <https://doi.org/10.1177/1745691618815165>

- Barnard, L., Paton, V., & Lan, W. (2008). Online self-regulatory learning behaviors as a mediator in the relationship between online course perceptions with achievement. *The International Review of Research in Open and Distributed Learning*, 9(2).
- Baron, R. M., & Kenny, D. A. (1986). The moderator–mediator variable distinction in social psychological research: Conceptual, strategic, and statistical considerations. *Journal of personality and social psychology*, 51(6), 1173.
- Berntson, E. (2008). *Employability Perceptions: Nature, Determinants, and Implications for Health and Well-Being* [Doctoral dissertation, University of Stockholm]
- Berntson, E., & Marklund, S. (2007). The relationship between perceived employability and subsequent health. *Work & Stress*, 21(3), 279-292. <https://doi.org/10.1080/02678370701659215>
- Betz, N.E. (1988). *The assessment of career development and maturity*. In W.B. Walsh & S.H. Osipow (Eds.), *Advances in the assessment of career decision making* (pp. 77-136). Hillsdale, NJ: Erlbaum.
- Bridgstock, R. (2009). The graduate attributes we've overlooked: Enhancing graduate employability through career management skills. *Higher Education Research & Development*, 28(1), 31–44. <https://doi.org/10.1080/07294360802444347>
- British Broad Casting Company (BBC) Online (2006). Debate over ‘employable’ degrees. Available from <http://news.bbc.co.uk/1/hi/education/4719222.stm>
- Capone, V., Marino, L., & Park, M. S. A. (2021). Perceived employability, academic commitment, and competency of university students during the COVID-19 Pandemic: An exploratory study of student well-being. *Frontiers in Psychology*, 12, 788387.
- Caricati, L., Chiesa, R., Guglielmi, D., & Mariani, M. G. (2016). Real and perceived employability: a comparison among Italian graduates. *Journal of Higher Education Policy and Management*, 38(4), 490-502. <https://doi.org/10.1080/1360080X.2016.1182668>
- Cetin, B. (2015). Academic motivation and self-regulated learning in predicting academic achievement in college. *Journal of International Education Research*, 11(2), 95-106.
- Chen, H., Wu, Y., Jiang, L., Xu, B., Gao, X., & Cai, W. (2023). Future orientation and perceived employability of Chinese undergraduates: a moderated mediation model. *Current Psychology*, 42(31), 27127-27140.
- Cheung, R., Jin, Q., & Cheung, C. K. (2018). Perceived employability of nonlocal Chinese university students in Hong Kong: The impact of acculturative and vocational variables. *Journal of Career Assessment*, 26(1), 137-153.
- Chi, L., & Xin, Z. (2006). Measurement of college students' learning motivation and its relationship with self-efficacy. *Psychological Development and Education*, 2, 64-70.
- Cinches, M. F. C., Chavez, J. C., & Russell, R. L. V. (2021). Cognitive and psychosocial dispositions: Influence on self-perceived employability among first batch of senior high school graduates. *Liceo Journal of Higher Education Research*, 17(1).
- Clarke, M. (2009). Plodders, pragmatists, visionaries and opportunists: career patterns and employability. *Career Development International*, 14(1), 8-28. <https://doi.org/10.1108/13620430910933556>

- Clements, A. J., & Kamau, C. (2018). Understanding students' motivation towards proactive career behaviours through goal-setting theory and the job demands–resources model. *Studies in Higher Education*, 43(12), 2279-2293.
- Crites, J. (1971). The maturity of vocational attitudes in adolescence. *Vocational Guidance Quarterly*, 20(1), 82-82.
- Crites, J. O. (1973). Career Maturity. *NCME Measurement in Education*, 4(2).
- Crites, J. O., & Savickas, M. L. (1996). Revision of the career maturity inventory. *Journal of Career Assessment*, 4(2), 131-138.
- Coertse, S. & Schepers, J. M. (2004). Some personality and cognitive correlates of career maturity. *SA Journal of Industrial Psychology*, 30(2). <https://doi.org/10.4102/sajip.v30i2.150>
- Corno, L. (1986). The metacognitive control components of self-regulated learning. *Contemporary Educational Psychology*, 11(4), 333-346.
- Creed P. A., Patton W. (2003) Predicting two components of career maturity in school based adolescents. *Journal of Career Development*, 29(4): 277–290. <https://doi.org/10.1177/089484530302900405>
- Creswell, J. W., & Creswell, J. D. (2017). *Research design: Qualitative, quantitative, and mixed methods approaches*. Sage publications.
- Crites, J.O. (1978). *Career maturity inventory: Theory and research handbook* (2<sup>nd</sup> ed.). Monterey, CA: McGraw-Hill.
- Cui, Y., Xu, F., Cui, L., & Cui, Y. (2017). The relationship between achievement motivation, career choice efficacy and employability among medical students. *Chinese Journal of Health Psychology*, 4, 86-90.
- Ćurić Dražić, M., Petrović, I. B., & Vukelić, M. (2018). Career ambition as a way of understanding the relation between locus of control and self-perceived employability among psychology students. *Frontiers in Psychology*, 9, 1729.
- Decius, J., Knappstein, M., & Klug, K. (2024). Which way of learning benefits your career? The role of different forms of work-related learning for different types of perceived employability. *European Journal of Work and Organizational Psychology*, 33(1), 24-39.
- Denzin, N. K., & Lincoln, Y. S. (Eds.). (2011). *The SAGE handbook of qualitative research* (4<sup>th</sup> ed.). Thousand Oaks, CA: Sage.
- De Vos, A., Forrier, A., Van der Heijden, B., & De Cuyper, N. (2017). Keep the expert! Occupational expertise, perceived employability and job search: A study across age groups. *Career Development International*, 22(3), 318-332.
- Direktorat Jenderal Pendidikan Tinggi Kementerian Pendidikan dan Kebudayaan. (2020). *Statistik Pendidikan Tinggi Indonesia*. <https://pddikti.kemdikbud.go.id/asset/data/publikasi/Statistik%20Pendidikan%20Tinggi%202020.pdf>
- Donald, W. E., Baruch, Y., & Ashleigh, M. J. (2020). Striving for sustainable graduate careers: Conceptualization via career ecosystems and the new psychological contract. *Career Development International*, 25(2), 90-110. <https://doi.org/10.1108/CDI-03-2019-0079>
- Duncan, T. G., & McKeachie, W. J. (2005). The making of the motivated strategies for learning questionnaire. *Educational Psychologist*, 40(2), 117-128.

- Duncan, T., Pintrich, P., Smith, D., & McKeachie, W. (2015). Motivated strategies for learning questionnaire (MSLQ) manual. *National Center for Research to Improve Postsecondary Teaching and Learning*. [https://doi.org/10.13140/RG.2\(2547.6968\)](https://doi.org/10.13140/RG.2(2547.6968))
- English, M. C., & Kitsantas, A. (2013). Supporting student self-regulated learning in problem-and project-based learning. *Interdisciplinary Journal of Problem-Based Learning*, 7(2), 6.
- Ergün, M., & Şeşen, H. (2021). A comprehensive study on university students' perceived employability: Comparative effects of personal and contextual factors. *Sage Open*, 11(3), 21582440211036105.
- Fernández-Valera, M. M., Meseguer de Pedro, M., De Cuyper, N., García-Izquierdo, M., & Soler Sanchez, M. I. (2020). Explaining job search behavior in unemployed youngsters beyond perceived employability: The role of psychological capital. *Frontiers in Psychology*, 11, 1698. <https://doi.org/10.3389/fpsyg.2020.01698>
- Fitriah, A., & Hariyono, D. S. (2019). Hubungan self esteem terhadap kecenderungan depresi pada mahasiswa. *Psycho Holistic*, 1(1), 8-17.
- Fitriasari, S., Budimansyah, D., & Insani, N. N. (2020). Students selection off campus learning activities: Merdeka belajar kampus merdeka. *Journal of Education and Social Sciences*, 16(1), 54-57.
- Forrier, A., Verbruggen, M., & De Cuyper, N. (2015). Integrating different notions of employability in a dynamic chain: The relationship between job transitions, movement capital and perceived employability. *Journal of Vocational Behavior*, 89, 56-64. <https://doi.org/10.1016/j.jvb.2015.04.007>
- Fudali-Czyż, A., Mamcarz, P. J., Martynowska, K., Domagała-Zyśk, E., & Rothwell, A. (2022). Sex differences in self-perceived employability and self-motivated strategies for learning in Polish first-year students. *Plos One*, 17(5), e0264817. <https://doi.org/10.1371/journal.pone.0264817>
- Fugate, M., & Kinicki, A. J. (2008). A dispositional approach to employability: Development of a measure and test of implications for employee reactions to organizational change. *Journal of Occupational and Organizational Psychology*, 81(3), 503-527. <https://doi.org/10.1348/096317907X241579>
- Fugate, M., Kinicki, A. J., and Ashforth, E. A. (2004). Employability: a psycho-social construct, its dimensions, and applications. *Journal of Vocational Behavior*, 65, 14–38. <https://doi.org/10.1016/j.jvb.2003.10.005>
- Fugate, M., van der Heijden, B., de Vos, A., Forrier, A., & de Cuyper, N. (2021). Is what's past prologue? A review and agenda for contemporary employability research. *Academy of Management Annals*, 15(1), 266–298. <https://doi.org/10.5465/annals.2018.0171>
- Grashinta, A., Istiqomah, A. P., & Wiroko, E. P. (2018). Pengaruh future time perspective terhadap kematangan karir pada mahasiswa. *Jurnal Psikologi Pendidikan & Konseling*, 4(1).
- Gribbons, W.D. and P.R. Lohnes (1965) ‘Shifts in Adolescents, Vocational Values’. *Personnel and Guidance Journal*, 44(3): 238–44
- Guilbert, L., Bernaud, J. L., Gouvernet, B., & Rossier, J. (2016). Employability: review and research prospects. *International Journal for Educational and Vocational Guidance*, 16, 69-89. <https://doi.org/10.1007/s10775-015-9288-4>

- Gunawan, W., Creed, P. A., & Glendon, A. I. (2019). Development and initial validation of a perceived future employability scale for young adults. *Journal of Career Assessment*, 27(4), 610-627. <https://doi.org/10.1177/1069072718788645>
- Ham, K. A., & Lim, H. W. (2017). Career maturity and quality of life in Korean adolescents: a cross-lagged panel design. *The Career Development Quarterly*, 65(3), 250-263.
- Hami, A. E., Hinduan, Z., & Sulastiana, M. (2006). *Gambaran Kematangan Karier pada Para Calon Sarjana dilingkungan Fakultas Psikologi Universitas Padjadjaran*. Hasil Penelitian Universitas Padjadjaran.
- Harlow, A. J., & Bowman, S. L. (2016). Examining the career decision self-efficacy and career maturity of community college and first-generation students. *Journal of Career Development*, 43(6), 512-525.
- Hapsari, N.E. (2023, 8 Februari). Sepanjang 2022, Jumlah Mahasiswa Lulus Capai 1,85 Juta. *Republika*. <https://republika.co.id/berita/rpr8km478/sepanjang-2022-jumlah-mahasiswa-lulus-capai-185-juta>
- Hayes, A. F. (2017). *Introduction to mediation, moderation, and conditional process analysis: A regression-based approach*. Second edition. Guilford publications. NY: London.
- Heijde, C. M. V. D., & Van Der Heijden, B. I. (2006). A competence-based and multidimensional operationalization and measurement of employability. *Human Resource Management: Published in Cooperation with the School of Business Administration, The University of Michigan and in alliance with the Society of Human Resources Management*, 45(3), 449-476. <https://doi.org/10.1002/hrm.20119>
- Hidayat, D. R., & Prabowo, A. S. (2019, April). A Career Development Program for Higher Education in Indonesia; The Strategy to Achieve Career Maturity. In *1st International Conference on Advanced Multidisciplinary Research (ICAMR 2018)* (pp. 125-129). Atlantis Press.
- Hillage, J., & Pollard, E. (1998). *Employability: Developing a framework for policy analysis*, 107. London: DfEE.
- Hirschi, A., Lee, B., Porfeli, E. J., & Vondracek, F. W. (2013). Proactive motivation and engagement in career behaviors: Investigating direct, mediated, and moderated effects. *Journal of Vocational Behavior*, 83(1), 31-40.
- Hogan, R., Chamorro-Premuzic, T., & Kaiser, R. B. (2013). Employability and career success: Bridging the gap between theory and reality. *Industrial and Organizational Psychology*, 6(1), 3-16. <https://doi.org/10.1111/iops.12001>
- Hoyt, K.B. (1977). *The school counsellor and career education*. Washington, DC: US Government Printing Office.
- Hsu, A. J., Chen, M. Y. C., & Shin, N. F. (2021). From academic achievement to career development: does self-regulated learning matter?. *International Journal for Educational and Vocational Guidance*, 1-21. <https://doi.org/10.1007/s10775-021-09486-z>
- Ingram, N., & Allen, K. (2019). ‘Talent-spotting’ or ‘social magic’? Inequality, cultural sorting and constructions of the ideal graduate in elite professions. *The Sociological Review*, 67(3), 723-740. <https://doi.org/10.1177/0038026118790949>

- International Labour Office. (2011). *Global employment trends for youth: 2011 update*. Geneva: ILO. [https://www.ilo.org/empelm/pubs/WCMS\\_165455/lang--en/index.htm](https://www.ilo.org/empelm/pubs/WCMS_165455/lang--en/index.htm)
- Jackson, D., & Wilton, N. (2017). Perceived employability among undergraduates and the importance of career self-management, work experience and individual characteristics. *Higher Education Research & Development*, 36(4), 747-762.
- Jawarneh, M. (2016). Career maturity among university students in Jordan: The case for social studies. *Australian Journal of Career Development*, 25(3), 110–116. <https://doi.org/10.1177/1038416216676807>
- Jiang, Z., Newman, A., Le, H., Presbitero, A., & Zheng, C. (2019). Career exploration: A review and future research agenda. *Journal of Vocational Behavior*, 110, 338-356.
- Kahn, L. B. (2010). The long-term labor market consequences of graduating from college in a bad economy. *Labour Economics*, 17(2), 303–316. <https://doi.org/10.1016/j.labeco.2009.09.002>
- Kanfer, R., Ackerman, P. L., & Heggestad, E. D. (1996). Motivational skills & self-regulation for learning: A trait perspective. *Learning and Individual Differences*, 8(3), 185-209.
- Kang, D. S., Gold, J., & Kim, D. (2012). Responses to job insecurity: The impact on discretionary extra-role and impression management behaviors and the moderating role of employability. *Career Development International*, 17(4), 314-332. <https://doi.org/10.1108/13620431211255815>
- Karahan, E., Kara, A., & Akçay, A. O. (2021). Designing and implementing a STEM career maturity program for prospective counselors. *International Journal of STEM Education*, 8, 1-16.
- Kasler, J., Zysberg, L., & Harel, N. (2017). Hopes for the future: demographic and personal resources associated with self-perceived employability and actual employment among senior year students. *Journal of Education and Work*, 30(8), 881-892. <https://doi.org/10.1080/13639080.2017.1352083>
- Kinnunen, U., Mäkkikangas, A., Mauno, S., Siponen, K., & Nätti, J. (2011). Perceived employability: Investigating outcomes among involuntary and voluntary temporary employees compared to permanent employees. *Career Development International*, 16(2), 140-160. <https://doi.org/10.1108/13620431111115604>
- Kurniati, N. M. T., Putri, D. E., Rahardjo, W., Muluk, H., & Rifameutia, T. (2009). The Adaptation, Validity Test and Reliability Career Maturity Inventory (Cmi) on Jakarta High School Student. *Jurnal Psikologi*, 11(2).
- Lapan, R. T., Kardash, C. M., & Turner, S. (2002). Empowering students to become self-regulated learners. *Professional School Counseling*, 5(4), 257.
- Lau, P. L., Chung, Y. B., & Wang, L. (2021). Effects of a career exploration intervention on students' career maturity and self-concept. *Journal of Career Development*, 48(4), 311-324.
- Lee, S. A., Lee, H. S., Song, H. S., & Kim, S. G. (2015). The relationship between attachment and career maturity: The mediating role of self-efficacy. *International Social Work*, 58(1), 153-164. <https://doi.org/10.1177/0020872812456053>
- Lestari, T. N., & Rahardjo, P. (2013). Hubungan antara kecerdasan emosional dengan kematangan karir pada mahasiswa universitas muhammadiyah purwokerto yang sedang menempuh skripsi. *Psycho Idea*, 11(2).

- Levinson, E. M., Ohlers, D. L., Caswell, S., & Kiewra, K. (1998). Six approaches to the assessment of career maturity. *Journal of Counseling & Development*, 76(4), 475-482.
- Locke, E. A., & Latham, G. P. (1990). *A theory of goal setting & task performance*. Prentice-Hall, Inc.
- Locke, E. A., & Latham, G. P. (2006). New directions in goal-setting theory. *Current directions in psychological science*, 15(5), 265-268.
- Lu, C. Q., Sun, J. W., & Du, D. Y. (2016). The relationships between employability, emotional exhaustion, and turnover intention: The moderation of perceived career opportunity. *Journal of Career Development*, 43(1), 37-51.
- Ma, Y., Bennett, D., & Chen, S. C. (2023). Perceived organisational support and university students' career exploration: the mediation role of career adaptability. *Higher Education Research & Development*, 42(4), 903-919.
- Ma, Y., Hou, L., Cai, W., Gao, X., & Jiang, L. (2024). Linking undergraduates' future work self and employability: a moderated mediation model. *BMC Psychology*, 12(1), 160.
- Magno, C. (2009). Developing and assessing self-regulated learning. *The Assessment Handbook: Continuing Education Program*, 1, 26-42.
- Mahmud, M. S., Talukder, M. U., & Rahman, S. M. (2021). Does 'Fear of COVID-19' trigger future career anxiety? An empirical investigation considering depression from COVID-19 as a mediator. *International Journal of Social Psychiatry*, 67(1), 35-45. <https://doi.org/10.1177%2F0020764020935488>
- Martínez-López, Z., Nouws, S., Villar, E., Mayo, M. E., & Tinajero, C. (2023). Perceived social support and self-regulated learning: A systematic review and meta-analysis. *International Journal of Educational Research Open*, 5, 100291. <https://doi.org/10.1016/j.ijedro.2023.100291>
- McQuaid, R. W., & Lindsay, C. (2005). The concept of employability. *Urban Studies*, 42(2), 197-219. <https://doi.org/10.1080/0042098042000316100>
- Moos, D. C., & Azevedo, R. (2008). Self-regulated learning with hypermedia: The role of prior domain knowledge. *Contemporary Educational Psychology*, 33(2), 270-298.
- Monteiro, S., Ferreira, J. A., & Almeida, L. S. (2020). Self-perceived competency and self-perceived employability in higher education: The mediating role of career adaptability. *Journal of Further and Higher Education*, 44(3), 408-422.
- Murray, S., & Robinson, H. (2001). Graduates into sales–employer, student and university perspectives. *Education+ Training*, 43(3), 139-145. <https://doi.org/10.1108/EUM0000000005459>
- Nevill, D. D., & Super, D. E. (1988). Career maturity and commitment to work in university students. *Journal of Vocational Behavior*, 32(2), 139-151.
- Nimmi, P. M., & Donald, W. E. (2023). Modelling the interaction between serious leisure, self-perceived employability, stress, and workplace well-being: empirical insights from graduates in India. *Personnel Review*, 52(1), 272-287. <https://doi.org/10.1108/PR-04-2021-0305>
- Nisha, S. M., & Rajasekaran, V. (2018). Employability skills: A review. *IUP Journal of Soft Skills*, 12(1), 29-37.
- Odio, M., Sargas, M., & Kerwin, S. (2014). The influence of the internship on students' career decision making. *Sport Management Education Journal*, 8(1), 46-57.

- Onyishi, I. E., Enwereuzor, I. K., Ituma, A. N., & Omenma, J. T. (2015). The mediating role of perceived employability in the relationship between core self-evaluations and job search behaviour. *Career Development International*, 20(6), 604-626. <https://doi.org/10.1108/CDI-09-2014-0130>
- Parisi, G. I., Kemker, R., Part, J. L., Kanan, C., & Wermter, S. (2019). Continual lifelong learning with neural networks: A review. *Neural Networks*, 113, 54-71.
- Patton, W., & Creed, P. (2007). *Theorising adolescent career maturity: Existing evidence and directions for the future*. In Career development in childhood and adolescence (pp. 221-236). Brill.
- Peeters, E. R., Akkermans, J., & De Cuyper, N. (2020). The only constant is change? Movement capital and perceived employability. *Journal of Career Assessment*, 28(4), 674-692.
- Peng, H., & Johanson, R. E. (2006). Career maturity and state anxiety of Taiwanese college student athletes given cognitive career-oriented group counseling. *Psychological Reports*, 99(3), 805-812.
- Peng, M. Y. P., Wang, L., Yue, X., Xu, Y., & Feng, Y. (2021). A study on the influence of multi-teaching strategy intervention program on college students' absorptive capacity and employability. *Frontiers in Psychology*, 12, 631958. <https://doi.org/10.3389/fpsyg.2021.631958>
- Pinto, L. H., & Ramalheira, D. C. (2017). Perceived employability of business graduates: The effect of academic performance and extracurricular activities. *Journal of Vocational Behavior*, 99, 165-178.
- Pintrich, P. R. (1995). Understanding self-regulated learning. *New directions for teaching and learning*, 1995 (63), 3-12. <https://doi.org/10.1002/tl.37219956304>
- Pintrich, P. R. (2000). The role of goal orientation in self-regulated learning. In Handbook of self-regulation (pp. 451-502). Academic Press. <https://doi.org/10.1016/B978-012109890-2/50043-3>
- Pintrich, P. R., & De Groot, E. V. (1990). Motivational and self-regulated learning components of classroom academic performance. *Journal of Educational Psychology*, 82(1), 33.
- Prabha, R., & Dhanalakshmi, K. (2022). Development, item analysis, and standardization of university postgraduate students' cognitive ability test. *Journal of Positive School Psychology*, 6(7), 4098-4104.
- Praskova, A., Creed, P. A., & Hood, M. (2015). Self-regulatory processes mediating between career calling and perceived employability and life satisfaction in emerging adults. *Journal of Career Development*, 42(2), 86-101. <https://doi.org/10.1177/0894845314541517>
- Putri, V. S. K. (2019). *Hubungan regulasi diri dalam belajar, penetapan sasaran pribadi, dan perencanaan karir dengan self-perceived employability pada mahasiswa Jurusan Teknik Elektro Universitas Negeri Malang* [Skripsi, Universitas Negeri Malang]. Repotori Universitas Negeri Malang. <https://repository.um.ac.id/84939/>
- Qenani, E., MacDougall, N., & Sexton, C. (2014). An empirical study of self-perceived employability: Improving the prospects for student employment success in an uncertain environment. *Active Learning in Higher Education*, 15(3), 199-213.

- Rachmasari, N. A., & Purwantini, L. (2018). Kemandirian belajar dan dukungan keluarga terhadap kematangan karier pada siswa SMA. *Jurnal Selaras: Kajian Bimbingan Dan Konseling Serta Psikologi Pendidikan*, 1(2), 153-167.
- Randolph, K. A., & Myers, L. L. (2013). *Basic statistics in multivariate analysis*. Oxford University Press, USA.
- Rangkuti, A. A. (2015). *Statistika parametrik dan non-parametrik untuk Psikologi dan pendidikan*. FIP Press
- Rangkuti, A. A., & Wahyuni, L. D. (2017). *Analisis data penelitian kuantitatif berbasis classical test theory dan item response theory (Rasch Model)* (p. 14).
- Rashidi, S. N., Abd Majid, F., & Hashim, H. (2023). Exploring the Mediating Role of Students' Satisfaction Towards Personal Record Building in the Influence of Self-regulated Learning Strategies on Employability Skills. *Asian Journal of University Education*, 19(4), 676-689.
- Rizaty, M. A. (2023, Februari 15). Jumlah Mahasiswa Indonesia Sebanyak 9,32 Juta Orang pada 2022. *DataIndonesia.id*. <https://dataindonesia.id/pendidikan/detail/jumlah-mahasiswa-indonesia-sebanyak-932-juta-orang-pada-2022>
- Rosa, N. (2023, Juli 27). *Kemendikbudristek: 13,33% Lulusan Perguruan Tinggi Masih Pengangguran*. <https://www.detik.com/edu/perguruan-tinggi/d-6844724/kemendikbudristek-13-33-lulusan-perguruan-tinggi-masih-pengangguran>
- Roth, A., Ogrin, S., & Schmitz, B. (2016). Assessing self-regulated learning in higher education: A systematic literature review of self-report instruments. *Educational Assessment, Evaluation and Accountability*, 28, 225-250.
- Rothwell, A., & Arnold, J. (2007). Self-perceived employability: Development and validation of a scale. *Personnel Review*, 36(1), 23-41. <https://doi.org/10.1108/00483480710716704>
- Rothwell, A., Herbert, I., & Rothwell, F. (2008). Self-perceived employability: Construction and initial validation of a scale for university students. *Journal of Vocational Behavior*, 73(1), 1-12. <https://doi.org/10.1016/j.jvb.2007.12.001>
- Rothwell, A., Jewell, S., & Hardie, M. (2009). Self-perceived employability: Investigating the responses of post-graduate students. *Journal of Vocational Behavior*, 75(2), 152-161.
- Rothwell, A., & Rothwell, F. (2017). *Graduate employability: A critical oversight*. Graduate employability in context: Theory, research and debate, 41-63.
- Saifuddin, A. (2018). *Kematangan Karier: Teori dan Strategi Memilih Jurusan dan Merencanakan Karier*. Pustaka Belajar.
- Saks, A. M., & Ashforth, B. E. (2000). Change in job search behaviors and employment outcomes. *Journal of Vocational Behavior*, 56(2), 277-287. <https://doi.org/10.1006/jvbe.1999.1714>
- Sappaile, B. I. (2010). Konsep penelitian ex-post facto. *Jurnal Pendidikan Matematika*, 1(2), 1-16.
- Savawi, F. F., & Hariyadi, S. (2023). Hubungan Antara Self Regulated Learning dan Dukungan Sosial dengan Kematangan Karier Pada Siswa SMA. *Jurnal Bimbingan dan Konseling Indonesia*, 8(1), 37-45.

- Savickas, M. L., & Porfeli, E. J. (2011). Revision of the career maturity inventory: The adaptability form. *Journal of Career Assessment*, 19(4), 355-374.
- Sawitri, D. R., & Dewi, K. S. (2018). Aspirasi karir, regulasi diri, dan self-perceived employability pada mahasiswa. *Jurnal Psikologi*, 17(1), 68-76.
- Schettino, G., Marino, L., & Capone, V. (2022). The impact of university-related variables on students' perceived employability and mental well-being: An Italian longitudinal study. *Sustainability*, 14(5), 2671. <https://doi.org/10.3390/su14052671>
- Schnoes, A. M., Caliendo, A., Morand, J., Dillinger, T., Naffziger-Hirsch, M., Moses, B., ... & O'Brien, T. C. (2018). Internship experiences contribute to confident career decision making for doctoral students in the life sciences. *CBE—Life Sciences Education*, 17(1), ar16.
- Schunk, D. H. (2005). Self-regulated learning: The educational legacy of Paul R. Pintrich. *Educational Psychologist*, 40(2), 85-94. [https://doi.org/10.1207/s15326985ep4002\\_3](https://doi.org/10.1207/s15326985ep4002_3)
- Scott, F. J., Connell, P., Thomson, L. A., & Willison, D. (2017). Empowering students by enhancing their employability skills. *Journal of Further and Higher Education*, 9486, 1-16. <https://doi.org/10.1080/0309877X.2017.1394989>
- Seijts, G. H., Latham, G. P., Tasa, K., & Latham, B. W. (2004). Goal setting and goal orientation: An integration of two different yet related literatures. *Academy of Management Journal*, 47(2), 227-239. <https://doi.org/10.5465/20159574>
- Sholikah, M. A. & Muhyadi. (2021). Roles of career maturity mediating the effects of locus of control and socioeconomic status on career readiness. *International Journal of Evaluation and Research in Education*, 10(3), 781-789.
- Simkus, J. (2022, 6 Oktober). Convenience sampling: Definition, method and examples. *Simply Psychology*. <https://www.simplypsychology.org/convenience-sampling.html>
- Smelser, N. J. (2012). *The changing academic market: General trends and a berkeley case study*. New Orleans, LA: Quid Pro Books.
- Smith, V. (2010). Enhancing employability: Human, cultural, and social capital in an era of turbulent unpredictability. *Human Relations*, 63(2), 279-300.
- Smith, S., Smith, C., Taylor-Smith, E., & Fotheringham, J. (2017). Towards graduate employment: exploring student identity through a university-wide employability project. *Journal of Further and Higher Education*, 9486, 1-13. <https://doi.org/10.1080/0309877X.2017.1390077>
- Storme, M., & Celik, P. (2018). Career exploration and career decision-making difficulties: The moderating role of creative self-efficacy. *Journal of Career Assessment*, 26(3), 445-456.
- Super, D. E. (1957). The psychology of careers: An introduction to vocational development.
- Super, D. E., & Kidd, J. M. (1979). Vocational maturity in adulthood: Toward turning a model into a measure. *Journal of Vocational Behavior*, 14(3), 255-270. [https://doi.org/10.1016/0001-8791\(79\)90054-X](https://doi.org/10.1016/0001-8791(79)90054-X)
- Tabelak, V., Damayanti, Y., & Mage, M. Y. C. (2024). Hubungan antara regulasi diri dalam belajar dengan kematangan karier pada peserta didik kelas XI-XII SMAKr Pandhega Jaya Kupang. *Wacana Psikokultural*, 2(1), 49-58.

- Tamari, K. A., & Akmal, S. Z. (2018). Peran dukungan dan hambatan kontekstual terhadap adaptabilitas karier pada mahasiswa tingkat akhir. *Psikologika: Jurnal Pemikiran Dan Penelitian Psikologi*, 23(2), 79-90.
- Tymon, A., Harrison, C., & Batistic, S. (2020). Sustainable graduate employability: an evaluation of 'brand me' presentations as a method for developing self-confidence. *Studies in Higher Education*, 45(9), 1821-1833.
- Ulum, M. B. (2021). Implementasi merdeka belajar kampus merdeka (mbkm) di fakultas ilmu komputer universitas esa unggul. *Jurnal Abdimas*, 8. <https://doi.org/https://doi.org/10.47007/abd.v8i02.5044>
- van Alten, D. C., Phielix, C., Janssen, J., & Kester, L. (2020). Self-regulated learning support in flipped learning videos enhances learning outcomes. *Computers & Education*, 158, 104000.
- Vanhercke, D., De Cuyper, N., Peeters, E., & De Witte, H. (2014). Defining perceived employability: A psychological approach. *Personnel Review*, 43(4), 592-605. <https://doi.org/10.1108/PR-07-2012-0110>
- Vanhercke, D., Kirves, K., De Cuyper, N., Verbruggen, M., Forrier, A., & De Witte, H. (2015). Perceived employability and psychological functioning framed by gain and loss cycles. *Career Development International*, 20(2), 179-198. <https://doi.org/10.1108/CDI-12-2014-0160>
- Vanichvatana, S., & Trends, N. (2019). New trends and issues proceedings on humanities off-campus informal learning spaces selection: A Bangkok private university case study. *New Trends and Issues Proceedings on Humanities and Social Sciences*, 6(4), 17-27.
- Vansteenkiste, S., Verbruggen, M., & Sels, L. (2016). Flexible job search behaviour among unemployed jobseekers: Antecedents and outcomes. *European Journal of Work and Organizational Psychology*, 25(6), 862-882. <https://doi.org/10.1080/1359432X.2016.1168402>
- Vargas, R., Sánchez-Queija, M. I., Rothwell, A., & Parra, A. (2018). Self-perceived employability in Spain. *Education+ Training*, 60(3), 226-237. <https://doi.org/10.1108/ET-03-2017-0037>
- Varheast D., Van der Velden R. (2013). Cross-country differences in graduates over education. *European Sociological Review*, 29(3), 642-653.
- Vondracek, F. W., & Reitzle, M. (1998). The viability of career maturity theory: A developmental—contextual perspective. *The Career Development Quarterly*, 47(1), 6-15. <https://doi.org/10.1002/j.2161-0045.1998.tb00724.x>
- Vosniadou, S. (2020). Bridging secondary and higher education. The importance of self-regulated learning. *European Review*, 28(S1), S94-S103. <https://doi.org/10.1017/S1062798720000939>
- Wang, Q., Aman, M. S., & Hooi, L. B. (2021). Exploring talent cultivation of college student-athletes for new ventures and entrepreneurial psychology of new venture entrepreneur. *Frontiers in Psychology*, 12, 679901. <https://doi.org/10.3389/fpsyg.2021.679901>
- Wang, D., Guo, D., Song, C., Hao, L., & Qiao, Z. (2022). General self-efficacy and employability among financially underprivileged Chinese college students: The mediating role of achievement motivation and career aspirations. *Frontiers in Psychology*, 12, 719771.

- Wang, C., Lo, Y. Y., Xu, Y., Wang, Y., & Porfeli, E. (2007). Constructing the search for a job in academia from the perspectives of self-regulated learning strategies and social cognitive career theory. *Journal of Vocational Behavior*, 70(3), 574-589.
- Weinstein, C. E., Palmer, D. R., & Schultz, A. C. (2002). Lassi. *User's Manual for those administering Learning and Study Strategies Inventory*.
- Widyatama, T., & Aslamawati, Y. (2015). Study deskriptif mengenai kematangan karir pada mahasiswa tingkat akhir fakultas psikologi unisba. *Prosiding Psikologi*, 580-587.
- Wilton, N. (2014). Employability is in the eye of the beholder: Employer decision-making in the recruitment of work placement students. *Higher Education, Skills and Work-based Learning*, 4(3), 242-255. <https://doi.org/10.1108/HESWBL-07-2014-0027>
- Wittekind, A., Raeder, S., & Grote, G. (2010). A longitudinal study of determinants of perceived employability. *Journal of Organizational Behavior*, 31(4), 566-586.
- Wujema, B. K., Mohd Rasdi, R., Zaremohzzabieh, Z., & Ahrari, S. (2022). The role of self-efficacy as a mediating variable in careeredge employability model: The context of undergraduate employability in the north-East region of Nigeria. *Sustainability*, 14(8), 4660. <https://doi.org/10.3390/su14084660>
- Yan, Z. (2020). Self-assessment in the process of self-regulated learning and its relationship with academic achievement. *Assessment & Evaluation in Higher Education*, 45(2), 224-238
- Yizhong, X., Lin, Z., Baranchenko, Y., Lau, C. K., Yukhanaev, A., & Lu, H. (2017). Employability and job search behavior: A six-wave longitudinal study of Chinese university graduates. *Employee Relations*, 39(2), 223-239. <https://doi.org/10.1108/ER-02-2016-0042>
- Yukselturk, E., & Bulut, S. (2009). Gender differences in self-regulated online learning environment. *Journal of Educational Technology & Society*, 12(3), 12-22. <https://www.jstor.org/stable/10.2307/jeductechsoci.12.3.12>
- Zhong, L., Qian, Z., & Wang, D. (2020). How does the servant supervisor influence the employability of postgraduates? Exploring the mechanisms of self-efficacy and academic engagement. *Frontiers of Business Research in China*, 14, 1-20.
- Zimmerman, B. J. (1986). Becoming a self-regulated learner: Which are the key subprocesses?. *Contemporary Educational Psychology*, 11(4), 307-313. [https://doi.org/10.1016/0361-476X\(86\)90027-5](https://doi.org/10.1016/0361-476X(86)90027-5)
- Zimmerman, B. J. (1989). A social cognitive view of self-regulated academic learning. *Journal of educational psychology*, 81(3), 329. <https://psycnet.apa.org/doi/10.1037/0022-0663.81.3.329>
- Zimmerman, B. J. (1990). Self-regulated learning and academic achievement: An overview. *Educational Psychologist*, 25(1), 3-17.
- Zimmerman, B. J. (2000). *Attaining self-regulation: A social cognitive perspective*. In Handbook of self-regulation (pp. 13-39). Academic press. <https://doi.org/10.1016/B978-012109890-2/50031-7>
- Zulfahmi, A., & Andriany, D. (2021). Kematangan vokasional dengan kecemasan dalam menghadapi dunia kerja pada mahasiswa tingkat akhir. *Cognicia*, 9(2), 64-75.