

DAFTAR PUSTAKA

- Aasheim, V., Waldenström, U., Hjelmstedt, A., Rasmussen, S., Pettersson, H., & Schytt, E. (2012). Associations Between Advanced Maternal Age and Psychological Distress in Primiparous Women, From Early Pregnancy To 18 Months Postpartum. *BJOG: An International Journal of Obstetrics & Gynaecology*, 119(9), 1108–1116. doi:10.1111/j.1471-0528.2012.03411.x
- Ahmadi, S. M., Veisy, F., Sadeghi, K., Rezaei, M., & Raeesi, F. (2017). A Study of The Validity and Reliability Of BSQ-8C In Student.
- Andrews, B., Hill, B., & Skouteris, H. (2018). The Relationship Between Antenatal Body Attitudes, Pre-Pregnancy Body Mass Index, And Gestational Weight Gain. *Midwifery*, 56, 142-151.
- Bailey, L. (2001). Gender Shows First Time Mothers and Embodied Selves. *Sociologist for Women in Society*, 15(1), 110–129.
- Bassi, M., Delle Fave, A., Cetin, I., Melchiorri, E., Pozzo, M., Vescovelli, F., & Ruini, C. (2017). Psychological Well-Being and Depression from Pregnancy to Postpartum Among Primiparous and Multiparous Women. *Journal of Reproductive and Infant Psychology*, 35(2), 183–195. doi:10.1080/02646838.2017.1290222
- Berry KH. (1983). The body image of a primigravida following cesarean delivery. *Health Care Women Int.* 4:367–76
- Bucchianeri, M., Loth, K. A., MacLehose, R., Crow, S., & Neumark-Sztainer, D. (2014). Predictors Of Dieting and Disordered Eating Behaviors from Adolescence To Young Adulthood. *Journal of Adolescent Health*, 55(5), 705-712.
- Cash, T. F., & Szymanski, M. L. (1995). The Development and Validation of the Body-Image Ideals Questionnaire. *Journal of Personality Assessment*, 64(3), 466–477. https://doi.org/10.1207/s15327752jpa6403_6
- Cash, T. F., & Smolak L. (2011). *Body Image: A Handbook Of Science, Practice, And Prevention*. 2nd ed. New York: The Guilford Press
- Clark, A., Skouteris, H., Wertheim, E. H., Paxton, S., & Milgrom, J. (2009). My baby body: A Qualitative Insight into Women’s Body-Related Experiences and Mood During Pregnancy And The Postpartum. *Journal of Reproductive and Infant Psychology*, 27(4), 330–345. <https://doi.org/10.1080/02646830903190904>

- Cooper, P. J., & Taylor, M. J. (1988). Body image disturbance in bulimia nervosa. *British Journal of Psychiatry*, 153(SUPPL. 2), 32–36. <https://doi.org/10.1192/s0007125000298966>
- Cooper., P.J., & Fairbum, G. (1987). The development and validation of the Body Shape Questionnaire. *International Journal of Eating Disorders*, 6(4), 485–494.
- Creswell, J. W., & Creswell, J. D. (2018). Mixed Methods Procedures. In *Research Defign: Qualitative, Quantitative, and Mixed M ethods Approaches*.
- DeVillis RF. (2012). *Scale Development: Theory and Application*, 3rd edn. San Francisco, CA: SAGE Publications.
- Dillman, D.A. (2007). *Mail and Internet Survei: The Tailored Design Method* (John Wiley & Sons, Inc. New Jersey).
- DiPietro JA, Millet S, Costigan KA, Gurewitsch E, Caulfield LE. (2003). Psychosocial influences on weight gain attitudes and behaviors during pregnancy. *J Am Diet Assoc*; 103(10):1314-1319.
- Dodeen, H., & Nassar, Y. (2022). Factorial Equivalence and Validation of Three Versions of the Body Shape Questionnaire. *The Open Psychology Journal*, 15(1).
- Evans, C., & Dolan, B. (1993). Body shape questionnaire: Derivation of shortened “alternate forms.” *International Journal of Eating Disorders*, 13(3), 315–321. [https://doi.org/10.1002/1098-108X\(199304\)13:3<315::AID-EAT2260130310>3.0.CO;2-3](https://doi.org/10.1002/1098-108X(199304)13:3<315::AID-EAT2260130310>3.0.CO;2-3)
- Franko, D. L., & Walton, B. E. (1993). Pregnancy and eating disorders: a review and clinical implications. *The International journal of eating disorders*, 13(1), 41–47. [https://doi.org/10.1002/1098-108x\(199301\)13:1<41::aid-eat2260130106>3.0.co;2-l](https://doi.org/10.1002/1098-108x(199301)13:1<41::aid-eat2260130106>3.0.co;2-l)
- Fuller-Tyszkiewicz, M., Skouteris, H., Watson, B. E., & Hill, B. (2013). Body dissatisfaction during pregnancy: A systematic review of cross-sectional and prospective correlates. *Journal of Health Psychology*, 18(11), 1411–1421. <https://doi.org/10.1177/1359105312462437>
- Given, L. M. (Ed.). (2008). *The Sage encyclopedia of qualitative research methods*. Sage publications.
- Gjerdingen, D., Fontaine, P., Crow, S., McGovern, P., Center, B., & Miner, M. (2009). Predictors of mothers’ postpartum body dissatisfaction. *Women & health*, 49(6), 491–504. <https://doi.org/10.1080/03630240903423998>

- Green, G., Tesler, R., & Marques, A. (2022). Primiparous and Multiparous Women's Mode of Birth and Negative Emotions. *International Journal of Environmental Research and Public Health*, 19(9). <https://doi.org/10.3390/ijerph19095189>
- Grogan, S. (2021). *Body Image: Understanding Body Dissatisfaction in Men, Women and Children, Fourth Edition*. In *Body Image: Understanding Body Dissatisfaction in Men, Women and Children, Fourth Edition*. <https://doi.org/10.4324/9781003100041>
- Guedes, M., & Canavarro, M. C. (2014). Characteristics of Primiparous Women of Advanced Age and Their Partners: A Homogenous or Heterogenous Group? *Birth*, 41(1), 46–55. doi:10.1111/birt.12089
- Guilford, J.P. (1956). *Fundamental Statistic in Psychology and Education*. 3rd Ed. New York: McGraw-Hill Book Company, Inc.
- Hamdi, A.S., dan Bahrudin, E. (2014). *Metode Penelitian Kuantitatif Aplikasi Dalam Pendidikan*. Yogyakarta: CV Budi Utama.
- Hasan, Iqbal, (2004). *Analisa Data Penelitian dengan Statistik*. Jakarta: PT Bumi Aksara
- Heider, N., Spruyt, A., & De Houwer, J. (2018). Body dissatisfaction revisited: On the importance of implicit beliefs about actual and ideal body image. *Psychologica Belgica*, 57(4), 158–173. <https://doi.org/10.5334/pb.362>
- Herring SJ, Oken E, Haines J, Rich-Edwards JW, Rifas -Shiman SL, Kleinman KP, Gillman MW. (2008). Misperceived pre-pregnancy body weight status predicts excessive gestational weight gain: findings from a US cohort study. *BMC Pregnancy Childbirth*: 22(8):1-9
- Hodgkinson, E. L., Smith, D. M., & Wittkowski, A. (2014). Women's experiences of their pregnancy and postpartum body image: A systematic review and meta-synthesis. *BMC Pregnancy and Childbirth*, 14(1). <https://doi.org/10.1186/1471-2393-14-330>
- Huang, H. C., Wang, S. Y., & Chen, C. H. (2004). Body image, maternal-fetal Attachment, and choice of infant feeding method: a study in Taiwan. *Birth*, 31(3), 183-188.
- Hung, C. H. (2007). The psychosocial consequences for primiparas and multiparas. *Kaohsiung Journal of Medical Sciences*, 23(7), 352–360. [https://doi.org/10.1016/S1607-551X\(09\)70421-8](https://doi.org/10.1016/S1607-551X(09)70421-8)
- Hytten, F.E., & Chamberlain, G. (1980). *Clinical Physiology in Obstetrics*. Blackwell Scientific Publications.
- Ivezaj, V., Saules, K. K., Hoodin, F., Alschuler, K., Angelella, N. E., Collings, A. S., ... & Wiedemann, A. A. (2010). The relationship between binge eating and weight status

on depression, anxiety, and body image among a diverse college sample: A focus on bi/multiracial women. *Eating Behaviors*, 11(1), 18-24.

Kim, T. K., & Park, J. H. (2019). More about the basic assumptions of t-test: normality and sample size. *Korean Journal of Anesthesiology*, 72(4), 331-335. <https://doi.org/10.4097/kja.d.18.00292>

Loh, J., Harms, C., & Harman, B. (2017). Effects of Parental Stress, Optimism, and Health-Promoting Behaviors on the Quality of Life of Primiparous and Multiparous Mothers. *Nursing research*, 66(3), 231-239. <https://doi.org/10.1097/NNR.0000000000000219>

Neslin, Akkoca, A., Tugba Ozdemir, Z., Kurt, R., Bulbul Sen, B., Yengil, E., Karatepe, C., Soylu Karapinar, O., & Ozer, C. (2014). The Physiological Changes in Pregnancy and their Distribution According to Trimester. *Journal of Gynecology and Obstetrics*, 2(6), 86-90. <https://doi.org/10.11648/j.jgo.20140206.12>

Niide, T. K., Davis, J., Alice, M. T., Derauf, C., Harrigan, R. C., & Yates, A. (2011). Body ideals and body dissatisfaction among a community sample of ethnically diverse adolescents on Kauai, Hawaii. *Hawaii Journal of Public Health*, 3(1), 1.

Ogle, J. P., Tyner, K. E., & Schofield-Tomschin, S. (2011). Jointly navigating the reclamation of the “woman I used to be”: Negotiating concerns about the postpartum body within the marital dyad. *Clothing and Textiles Research Journal*, 29(1), 35-51. <https://doi.org/10.1177/0887302X10394170>

Pettersson, H., & Schytt, E. (2012). Associations between advanced maternal age and psychological distress in primiparous women, from early pregnancy to 18 months postpartum. *BJOG: An International Journal of Obstetrics & Gynaecology*, 119(9), 1108-1116. doi:10.1111/j.1471-0528.2012.03411.x

Pook, M., Tuschen-Caffier, B., & Brähler, E. (2008). Evaluation and comparison of different versions of the Body Shape Questionnaire. *Psychiatry research*, 158(1), 67-73. <https://doi.org/10.1016/j.psychres.2006.08.002>

Priyono. (2008). *Metode Penelitian Kuantitatif*. Sidoarjo: Zifatama Publishing.

Rahmanian V, Zolala F, Mohseni M, Baneshi M, KHalili N. (2017). Relationship between body image and social participation in pregnant women of Jahrom City, Iran. *Horizon Med Sci.*;23:111-6

Salkind NJ, editor. (2008). *Encyclopedia of research design*. New York: SAGE Publications.

- Selvan, M. S., & Surjaningrum, E. R. (2023). Maternal Self-Efficacy, Body Dissatisfaction, and Postpartum Depression in Primiparous Indonesian Mothers. *INSAN Jurnal Psikologi Dan Kesehatan Mental*, 8(1), 1–26. <https://doi.org/10.20473/jpkm.v8i12023.1-26>
- Silberstein, L. R., Striegel-Moore, R. H., Timko, C., & Rodin, J. (1988). Behavioral and psychological implications of Body Dissatisfaction: Do men and women differ?. *Sex Roles*, 19(3-4), 219–232. <https://doi.org/10.1007/bf00290156>
- Skouteris, H., Carr, R., Wertheim, E. H., Paxton, S. J., & Duncombe, D. (2005). A prospective study of factors that lead to body dissatisfaction during pregnancy. *Body Image*, 2(4), 347–361. <https://doi.org/10.1016/j.bodyim.2005.09.002>
- Solikhah, A. (2016). Statistika deskriptif dalam penelitian kualitatif. *Jurnal Komunika*, 10(2), 342-362
- Stephanie, O., Michael, O., & Karolina, S. (2016). Pediatrics and Neonatology Normal Pregnancy: A Clinical Review. *Academic Journal of Pediatrics and Neonatology*, 1(1), 15–18. <https://doi.org/10.19080/AJPN.2016.01.555554>
- Stice, E., Hayward, C., Cameron, R. P., Killen, J. D., & Taylor, C. B. (2000). Body-image and eating disturbances predict onset of depression among female adolescents: A longitudinal study. *Journal of Abnormal Psychology*, 3, 438-44
- Strang, V. R., & Sullivan, P. L. (1985). Body Image Attitudes During Pregnancy. *Jognn*, 14(4), 332–337.
- Tang, L., Tiggemann, M., & Haines, J. (2022). Investigation of the effect of social media on body dissatisfaction and eating and physical activity intentions, attitudes, and behaviours among postpartum mothers.
- Tisko, Mary G. and Casas, Juan F. (2023). An examination of the associations between Internet activities, Body positivity content, and eating disorder symptomatology. *Modern Psychological Studies*. 29(1): 19.
- Upton, R. L., & Han, S. S. (2003). Maternity and Its Discontents: “Getting the Body Back” after Pregnancy. *Journal of Contemporary Ethnography*, 32(6), 670–692. <https://doi.org/10.1177/0891241603257596>
- Welch, E., Lagerström, M., & Ghaderi, A. (2012). Body Shape Questionnaire: Psychometric properties of the short version (BSQ-8C) and norms from the general Swedish population. *Body image*, 9(4), 547-550.