

DAFTAR PUSTAKA

- Adelina, Ira., Analya, Priska., Anggelia, Yulita. (2022). Peran Mindset Terhadap Ketangguhan Mental Mahasiswa. *Syntax Literate: Jurnal Ilmiah Indonesia*, 7(9)
- Adra, S.A. (2023). Jangan Disepelekan, Bahaya Academic Burnout Bagi Mahasiswa!. Kumparan.com.<https://kumparan.com/user-16012023120253/jangan-disepelekan-bahaya-academic-burnout-bagi-mahasiswa-1zek23vtf3g/full>
- Amana, D. R., Wilson, Hermawati, & Ery. (2020). Hubungan Tingkat Aktivitas Fisik dengan Tingkat Depresi pada Mahasiswa Tahun Kedua Program Studi Kedokteran Fakultas Kedokteran Universitas Tanjungpura. *Jurnal Cerebellum*, 6(4), 94–99.
- Amarsa, R. R., Ramdhani, R. N., Taufiq, A., & Saripah, I. (2023). Kecenderungan Academic Burnout Pada Mahasiswa Bimbingan Dan Konseling Universitas Pendidikan Indonesia. *G-Couns: Jurnal Bimbingan Dan Konseling*, 7(3), 395–405.
- Azaria, R. G., & Syakarofath, N. A. (2024). Peran Adverse Childhood Experienceterhadap Kecemasan Sosial Pada Remaja. *Cognicia*, 12(1), 39–45.
- Azzahra, Amelia., Wahyuni, Sri., Arneliwati. (2023). Hubungan Stres Akademis dan Non Akademis Terhadap Perlaku Self-Harm Pada Mahasiswa Universitas Riau. *Jurnal Nurse*, 6(1), 1-12
- Barseli, M., & Ifdil, I. (2017). Konsep Stres Akademik Mahasiswa. *Jurnal Konseling dan Pendidikan*, 5(3), 143-148.
- Bedewy, D. and Gabriel, A. (2015) *Examining Perceptions of Academic Stress and Its Sources among University Students: The Perception of Academic Stress Scale*. *Health Psychology Open*, 2, 1-9. <https://doi.org/10.1177/2055102915596714>
- Biremanoe, M. E. (2021). Academic burnout Mahasiswa Tingkat Akhir. *KoPeN: Konferensi Pendidikan Nasional*, 3(2), 165–172.
- Boullier, M., & Blair, M. (2018). Adverse childhood Experience. *Paediatrics and Child Health*, 28(3), 132–137. <https://doi.org/https://doi.org/10.1016/j.paed.2017.12.008>
- Budiarti, B. W., & Appulembang, Y. A. (2021). Academic Burnout pada Mahasiswa yang Menjalani Pembelajaran Online. *Psychology Journal of Mental Health*, 3(1), 82–95.

- Castro, N. B., Lopes, M., & Monteiro, A. (2020). Low Chronic Self-Esteem and Low Situational Self-Esteem: a literature review. *Revista brasileira de enfermagem*, 73(1), e20180004. <https://doi.org/10.1590/0034-7167-2018-0004>
- Chadir, R., & Maulina, H. (2015). Hubungan Tingkat Stress dengan Kejadian Sindrom Dispepsia Fungsional pada Mahasiswa Semester Akhir Prodi S1 Keperawatan di STIKES Yarsi Sumbar Bukittinggi. *Jurnal Ilmu Kesehatan*, 2(2).
- Cole, M. S., I, H. S., & Harris, S. G. (2004). Student learning motivation and psychological hardiness: Interactive effects on students' reactions to a management class. *Academy of Management Learning & Education*, 3(1), 64–85. <https://doi.org/10.5465/amle.2004.12436819>
- Crum, A. J., Salovey, P., & Achor, S. (2013). Rethinking stress: The role of mindsets in determining the stress response. *Journal of Personality and Social Psychology*, 104(4),
- Cummings, E. M., Merrilees, C. E., Taylor, L. K., & Mondi, C. F. (2017). Developmental and social-ecological perspectives on children, political violence, and armed conflict. *Development and psychopathology*, 29(1), 1-10
- Davison, G., Callister, R., Williamson, G., Cooper, K. A., & Gleeson, M. (2012). The effect of acute pre-exercise dark chocolate consumption on plasma antioxidant status, oxidative stress and immunoendocrine responses to prolonged exercise. *European journal of nutrition*, 51(1), 69-79.
- Dong, M., Anda, R. F., Felitti, V. J., Dube, S. R., Williamson, D. F., Thompson, T. J., Giles, W. H. (2004). The interrelatedness of multiple forms of childhood abuse, neglect, and household dysfunction. *Child Abuse & Neglect*, 771-784
- Eells, G. T. (2017). Hyper-Achievement , Perfection , and College Student Resilience. *Journal of College and Character*, 18(2), 77–82. <https://doi.org/10.1080/2194587X.2017.1300096>
- Emily, S., & Dewi, Z. L. (2023). Adverse Childhood Experience, Koping Strategies, and Emotional Distress on Young Adults During the COVID-19 Pandemic. *ANIMA Indonesian Psychological Journal*, 38(1), 65–85.
- Fajrian. (2021) Diduga Stres Tugas Kuliah, Mahasiswa di Yogyakarta Bunuh Diri “Diduga Stres Tugas Kuliah, Mahasiswa di Yogyakarta Bunuh Diri”.cnn indonesia.

<https://www.cnnindonesia.com/nasional/20211022132907-12-710976/diduga-stres-tugas-kuliah-mahasiswa-di-yogya-bunuh-diri>.

- Felitti, V. J., Anda, R. F., Nordenberg, D., Williamson, D. F., Spitz, A. M., Edwards, V., & Marks, J. S. (1998). Relationship of childhood abuse and household dysfunction to many of the leading causes of death in adults: The Adverse Childhood Experience (ACE) Study. *American journal of preventive medicine*, 14(4), 245-258.
- Friesen, M. D., John, H. L., Fergusson, D. M., & Woodward, L. J. (2017). Exposure to parental separation in childhood and later parenting quality as an adult: evidence from a 30-year longitudinal study. *Journal of Child Psychology and Psychiatry*, 58(1), 30-37
- Fun, L. F., Kartikawati, I. A. N., Imelia, L., & Silvia, F. (2021). Peran bentuk social support terhadap academic burnout pada mahasiswa Psikologi di Universitas "X" Bandung. *Mediapsi*, 7(1), 17–26.
- Gold, Y., & Roth, R. A. (1993). *Teachers Managing Stress and Preventing Burnout: the Professional Health Solution*. The Flamer Press.
- Hedrick, J., Bennett, V., Carpenter, J., Dercher, L., Grandstaff, D., Gosch, K., Grier, L., Meek, V., Poskin, M., Shotton, E., & Waterman, J. (2021). A descriptive study of adverse childhood Experience and depression, anxiety, and stress among undergraduate nursing students. *Journal of Professional Nursing*, 37(2), 291–297.
- Hughes, K., Bellis, M. A., Hardcastle, K. A., Sethi, D., Butchart, A., Mikton, C., Jones, L., & Dunne, M. P. (2017). The effect of multiple adverse childhood experiences on health: a systematic review and meta-analysis. *The Lancet Public Health*, 2(8), e356–e366. [https://doi.org/10.1016/S2468-2667\(17\)30118-4](https://doi.org/10.1016/S2468-2667(17)30118-4)
- Indriyani, S., & Handayani, S. N. (2018). Stres akademik dan motivasi berprestasi pada mahasiswa yang bekerja sambil kuliah. *Jurnal Psikologi*, 11(2), 152-160.
- Kristanto, Tommy., Chen, Won Sun., & Thoo, Yin Yin. (2016). Academic Burnout and Eating Disorder Among Students in Monash University Malaysia. *Eating Behaviors*, 22(1)
- Lawson, D. M., & Quinn, J. (2013). Complex trauma in children and adolescents: Evidence-based practice in clinical settings. *Journal of Clinical Psychology*, 69(5), 497–509

- Lolan, Yohanes Ian Kurniawan., Folamauk, Conrad Liab H., & Trisno, Idawati. (2021). Hubungan Antara Tingkat Stress dengan Kondisi Kelelahan pada Mahasiswa Fakultas Kedokteran Universitas Nusa Cendana Kupang. *Cendana Medical Journal*, 21(1)
- Maslach, C., & Jackson, S. E. (1981). The Measurement of Experienced Burnout. *Journal of Occupational Behaviour*, 2, 99.
- Maslach, C., & Leiter, M. (2007). Definition and Assessment A Mediation Model
- Maslach, C., & Leiter, M. (2016). Understanding The Burnout Experience: recent research and its implications for psychiatry. *World Psychiatry*, 15(2), 103-11. <https://doi.org/doi: 10.1002/wps.20311>
- Maslach, C., & Leiter, M. P. (1997). *The Truth About Burnout*. San Francisco: Jossey Bas.
- Mc Kee-Lopez, G., Robbins, L., Provencie-Vasquez, E. on B. and D. A. B. Students. J. of P. N. 35(2) <https://www.Sciedirect.Com/science/article/abs/pii/S8755722318301522>, & Olvera, H. (2018). The Relationshio of Childhood Adversity on Burnout and Depression Among BSN Students. *Journal of Professional Nursing*, 35(2).
- Nelson, C. A., Scott, R. D., Bhutta, Z. A., Harris, N. B., Danese, A., & Samara, M. (2020). Adversity in childhood is linked to mental and physical health throughout life. *BMJ*, 371. <https://doi.org/10.1136/BMJ.M3048>
- Newcomb, Michelle., Judith Burton., & Edwards, Niki. (2017). Childhood Adversity and Self-Care Education for Undergraduate Social Work and Human Services Students. *Journal of Teaching in Social Work*, 37(4), 337-352 <https://www.tandfonline.com/doi/full/10.1080/08841233.2017.1345821> of Burnout and Engagement Implications for Interventions. Elsevier Inc.
- Orpina, S., & Prahara, S. A. (2019). Self-efficacy dan Academic burnout pada Mahasiswa yang Bekerja. *Indonesian Journal of Educational Counseling*, 3(2), 119–130.
- Paramita, A. D., Faradiba, A. T., & Mustofa, K. S. (2021). Adverse Childhood ExperienceDan Deliberate Self Harm Pada Remaja di Indonesia. *Jurnal Psikologi Integratif*, 9(1).

- Rad, M., Shomoossi, N., Rakhshani, M. H., & Sabzevari, M. T. (2017). Psychological Capital and Academic Burnout in Students of Clinical Majors in Iran. *Acta Facultatis Medicae Naissensis*, 34(4), 311–319.
- Riggio, H. R., & Weiser, D. A. (2008). Attitude toward marriage Embeddedness and outcomes in personal relationship. *Personal Realationships*, 15(1), 123-140
- Rosa, Nadya Nela., Retnaningsih, Lina Eka., & Jannah, Miftahul. (2021). Pengaruh Strategi Koping Stress Mahasiswa Terhadap Stress Akademik di Era Pandemi Covid-19. *Tanjak: Journal of Education and Teaching*, 2(20).
- Sahir, S. H. (2021). Metodologi penelitian. Penerbit KBM Indonesia.
- Schaufeli, W. B. (2002). Burnout And Engagement In University Students : A Cross-National Study. . *Journal Of Cross-Cultural Psycholog*, 33(5).
- Schilling, E. A., Aseltin., R. H., Jr., & Gore, S. (2007). Adverse childhood Experience and mental health in young adults: A longitudinal survey. *BioMed Central (BMC) Public Health*, 7:30. <https://doi.org/10.1186/1471-2458-7-30>
- Siagian, Ira Oktavia., & Niman, S. (2022). Efektifitas Logoterapi Terhadap Harga Diri Rendah Situasional Pada Mahasiswa. *Jurnal Keperawatan Jiwa (JKI)*, 10(2) <https://jurnal.unimus.ac.id/index.php/JKJ/article/view/9408>
- Skodova, Z., Lajciakova, P., & Banovcinova, L. (2017). Burnout Syndrome Among Health Care Students: The Role of Type D Personality. *Western Journal of Nursing Research*, 39(3), 416–429. <https://doi.org/10.1177/0193945916658884>
- Sugiyono. (2019). Metode Penelitian Kuantitatif, Kualitatif dan R&D. Bandung: Alfabeta.
- Sugiyono. (2021). Metode Penelitian Kuantitatif, Kualitatif dan R&D. Bandung: Alfabeta.
- Sugiyono. (2022). Metode penelitian kuantitatif (Setiyawami, Ed.; 3rd ed.). Alfabeta.
- Syachfitrim, L., Fadhiya, R., & Rahman, S. (2023). Pengaruh Pola Asuh Orang Tua Terhadap Tingkat Stres Akademik pada Remaja. *JOTE: Journal on Theacher Education*, 4(3), 532–540.
- Tahani, Adhawaa Viera Mahsa., Kurniawati., Parasdyawitra, A., Rahmandani, A. (2023). Adverse Childhood Experiences and Academic Procrastination in Emerging Adult Students: The Mediating Effect Self-Regulation. *International*

Journal of Islamic Educational Psychology, 4(2).
<https://doi.org/10.18196/ijiep.v4i2.19206>

- Tuasikal, Jumandi Mori S., & Smith, Mardia B. (2023). Academic Burnout Mahasiswa dalam Pembelajaran Online Pasca Covid 19. *Superior Education Journal*, 1(1), 11-17
- Waite, R., & Ryan, R. A. (2019). *Adverse Childhood Experience*. In Adverse Childhood Experience. <https://doi.org/10.4324/9780429261206>
- Watson J. (2005). *Child neglect: Literature review*. Ashfield: Centre for Parenting & Research. Available at: <http://www.community.nsw.gov.au>
- Wenny, B. P., & Indriani, Z. (2023). *Kecemasan dan Adverse Childhood Experience*. Indramayu: Penerbit Adab
- Wenny, B. P., Indriani, Z., & Sarfika, R. (2023). Analisis Hubungan Adverse Childhood Experience (ACE) dengan Stres, Depresi dan Kecemasan pada Mahasiswa Keperawatan Universitas Andalas. *Jurnal Vokasi Keperawatan*, 6(2), 140–147.
- Wenny, B. P., Indriani, Z., & Yeni, F. (2022). Hubungan Adverse Childhood Experience (ACE) Dengan Kecemasan Pada Mahasiswa Program A S1 Keperawatan Universitas Andalas. *REAL in Nursing Journal*, 5(3), 144. <https://doi.org/10.32883/rnj.v5i3.2064>
- WHO. (1999). *Report Of The Consultation On Child Abuse Prevention*. Geneva: World Health Organization
- WHO. (2012). *Understanding And Addressing Violence Against Women*. Denmark: WHO
https://iris.who.int/bitstream/handle/10665/77432/WHO_RHR_12.36_eng.pdf
Diakses pada tanggal 08 Juli 2024.
- WHO. (2018). *Adverse Childhood Experience International Questionnaire*. Denmark: WHO.
https://www.who.int/violence_injury_prevention/violence/activities/adverse_childhood_Experience/en/ Diakses pada tanggal 08 Juli 2024.
- WHO. (2018). *Survey Of Adverse Childhood Experience And Associated Health-Harming Behaviours Among Polish Students*. Denmark: WHO.
<https://iris.who.int/bitstream/handle/10665/346097/WHO-EURO-2018-2984-42742-59621-eng.pdf?sequence=1> Diakses pada tanggal 08 Juli 2024.

WHO. (2020). *Adverse Childhood Experience International Questionnaire (ACE-IQ)*.

WHO. Diakses pada 08 Juli 2024 dari [https://www.who.int/publications/m/item/adverse-childhood-Experience-international-questionnaire-\(ace-iq\)](https://www.who.int/publications/m/item/adverse-childhood-Experience-international-questionnaire-(ace-iq)) Diakses pada tanggal 08 Juli 2024.

WHO. (2024). *Lifetime Prevalence of Emotional Abuse for Children Aged <18 Years (%)*. WHO. <https://www.who.int/data/gho/indicator-metadata-registry/imr-details/4467> Diakses pada tanggal 08 Juli 2024.

WHO. (2024). *Lifetime Prevalence of Physical Abuse for Children Aged <18 Years*.

WHO. <https://www.who.int/data/gho/indicator-metadata-registry/imr-details/4466>. Diakses pada 08 Juli 2024.

WHO. (2024). *Substance Abuse*. WHO. <https://www.afro.who.int/health-topics/substance-abuse> Diakses pada tanggal 08 Juli 2024.

Wibowo, Mutiara Pamungkas., Suroso., Arifiana, Isrida Y. (2023). Academic Burnout Pada Mahasiswa Merdeka Belajar Kampus Merdeka (MBKM): Bagaimana Peranan Efikasi Diri?. *INNER: Journal of Psychological Research*, 3(3), 401-411. <https://aksiologi.org/index.php/inner/article/view/1222/875>

Widari, N.K., Dharsana, I K., & Suranata, K. (2014). Penerapan Teori Konseling Rasional Emotif Behavioral dengan Teknik Relaksasi untuk Menurunkan Kejemuhan Belajar Mahasiswa Kelas X MI 2 SMA Negeri 2 Singaraja. E-journal Undiksa Jurusan Bimbingan Konseling. 2 (1)

Yang, H. J. (2004). Factors affecting student burnout and academic achievement in multiple enrollment programs in Taiwan's technical-vocational colleges. *International Journal of Educational Development*, 24(3), 283-301. Doi: 10.1016/j.ijedudev.2003.12.001