# LAMPIRAN-LAMPIRAN

**Lampiran 1. Instrumen Penelitian**

**KUESIONER PENELITIAN**

PROGRAM STUDI PSIKOLOGI

FAKULTAS PENDIDIKAN PSIKOLOGI

UNIVERSITAS NEGERI JAKARTA

2019

# LEMBAR PERSETUJUAN DAN IDENTITAS

Semua informasi yang didapatkan melalui instrumen ini hanya akan digunakan untuk kepentingan penelitian dan dijamin kerahasiaannya. Oleh Sebab itu Anda diminta untuk mengisi identitas menggunakan kode unik sesuai dengan petunjuk di bawah.

> 2 huruf inisial nama Anda
> 2 digit terakhir nomor *handphone* Anda
> 2 digit tanggal lahir Anda
> Contoh: Nilam Qisthia Nadhila, 081234567890, 01 Januari 2000, maka kode uniknya ialah **NQ9001**

Saya yang bertanda tangan di bawah ini,

Kode unik              : Nilam Qisthia Nadhila
Usia                   : 1125153766
Pekerjaan/Instansi     : Pendidikan Psikologi
Tinggal dengan         : Psikologi
Alamat saat ini
Domisili asal          : nilamqisthian@gmail.com

bersedia untuk menjadi responden dalam penelitian tentang Keberfungsian Keluarga dan Pengungkapan Diri yang disusun oleh:

Nama peneliti          : Nilam Qisthia Nadhila
NIM                    : 1125153766
Fakultas               : Pendidikan Psikologi
Program studi          : Psikologi
Email                  : nilamqisthian@gmail.com

Demikian persetujuan ini saya buat dalam kondisi sadar dan tanpa paksaan untuk dapat berpartisipasi dalam penelitian ini.

Jakarta, Oktober 2019

Responden,


(                    )

**INSTRUMEN PENELITIAN**

**KEBERFUNGSIAN KELUARGA**

Petunjuk pengisian:

1. Baca pernyataan-pernyataan di bawah ini dengan teliti.

2. Beri tanda silang (X) pada kolom STS, TS, S, atau SS sesuai dengan kondisi yang paling sesuai dengan keadaan Saudara/i.

3. Keterangan skala:

   **STS**      **(Sangat Tidak Setuju)**

   **TS**       **(Tidak Setuju)**

   **S**        **(Setuju)**

   **SS**       **(Sangat Setuju)**

4. Apabila terdapat pernyataan yang kurang jelas dapat ditanyakan langsung kepada peneliti.

   **Catatan**: Keluarga yang dimaksud dalam setiap pernyataan adalah **keluarga kandung  inti** yang terdiri dari ayah, ibu, dan saudara laki-laki atau perempuan.

| No | Pernyataan | STS | TS | S | SS |
|----|------------|-----|----|----|----|
| 1 | Keluarga saya mengalami kesulitan untuk merencanakan kegiatan keluarga dikarenakan sulit memahami satu sama lain | | | | |
| 2 | Keluarga  saya saling mengetahui alasan dari kemarahan salah satu anggota keluarga | | | | |
| 3 | Saya memastikan anggota keluarga  lainnya untuk melakukan sesuatu yang saya inginkan | | | | |

# INSTRUMEN PENELITIAN

## PENGUNGKAPAN DIRI (*SELF-DISCLOSURE*)

Petunjuk pengisian:

1. Di bawah ini terdapat pernyataan-pernyataan mengenai topik pembicaraan yang mungkin Saudara/i ungkapkan kepada orang tua. Bacalah dengan teliti.

2. Lingkarilah skala yang terdapat pada kolom Ayah dan Ibu sesuai dengan kondisi dan keadaan Saudara/i.

3. Keterangan skala:

    1    (**Tidak pernah** mengungkapkan)

    2    (Mengungkapkan **secara umum**)

    3    (Mengungkapkan **secara keseluruhan/detil**)

    4    (Mengungkapkan dengan cara **berbohong**)

4. Apabila terdapat pernyataan yang kurang jelas dapat ditanyakan langsung kepada peneliti.

| No | Ayah | | | | Pernyataan | Ibu | | | |
|----|---|---|---|---|------------|---|---|---|---|
| 1 | 1 | 2 | 3 | 4 | Pandangan saya tentang agama | 1 | 2 | 3 | 4 |
| 2 | 1 | 2 | 3 | 4 | Pandangan saya tentang kelompok agama, selain agama yang saya anut | 1 | 2 | 3 | 4 |
| 3 | 1 | 2 | 3 | 4 | Pandangan saya tentang komunisme (paham atau ideologi yang hendak menghapuskan hak milik perseorangan dan menggantikannya dengan hak milik bersama yang dikontrol oleh negara) | 1 | 2 | 3 | 4 |

**Lampiran 2. Hasil Uji Coba Validitas dan Reliabilitas Keberfungsian Keluarga**

```
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        Item STATISTICS:  MISFIT ORDER

-------------------------------------------------------------------------------
|ENTRY  TOTAL  TOTAL          MODEL|  INFIT  |  OUTFIT  |PT-MEASURE |EXACT MATCH|
|NUMBER SCORE  COUNT MEASURE  S.E. |MNSQ ZSTD|MNSQ ZSTD|CORR.  EXP.| OBS% EXP%| Item |
|-------------------------------------------------------------------------------
|    5    313    158    1.60    .11|2.04  8.2|2.12  8.7|A-.26  .37| 46.2 47.5| I0005|
|   11    313    157    1.58    .11|1.62  5.3|1.91  7.3|B-.50  .37| 58.6 47.5| I0011|
|   19    339    157    1.26    .11|1.75  6.3|1.90  7.2|C-.40  .38| 43.3 47.7| I0019|
|   31    480    158    -.40    .12|1.51  4.1|1.60  4.8|D .40   .36| 42.4 53.1| I0031|
|   12    450    158    -.01    .11|1.48  4.0|1.53  4.3|E .41   .37| 39.2 52.4| I0012|
|   23    364    158    1.00    .11|1.50  4.4|1.51  4.5|F-.10  .38| 41.8 47.9| I0023|
|   25    407    158     .51    .11|1.48  4.1|1.51  4.3|G .08   .38| 43.7 48.8| I0025|
|   48    374    158     .89    .11|1.48  4.2|1.50  4.3|H .44   .38| 35.4 48.0| I0048|
|   35    334    158    1.35    .11|1.20  2.0|1.23  2.2|I-.06  .38| 50.6 47.8| I0035|
|   39    383    158     .78    .11|1.20  1.9|1.21  2.0|J .12   .38| 44.9 48.1| I0039|
|   38    404    158     .54    .11|1.19  1.8|1.21  1.9|K .10   .38| 48.1 48.7| I0038|
|   43    406    158     .52    .11|1.17  1.6|1.19  1.8|L .52   .38| 45.6 48.7| I0043|
|   41    430    158     .23    .11|1.14  1.3|1.19  1.8|M-.08  .38| 44.9 50.8| I0041|
|   45    386    158     .75    .11|1.14  1.3|1.14  1.4|N .10   .38| 44.3 48.1| I0045|
|   18    434    158     .19    .11|1.11  1.0|1.12  1.2|O .18   .37| 50.0 51.2| I0018|
|   42    524    158   -1.04    .13|1.10  1.0|1.04   .4|P .59   .33| 54.4 53.5| I0042|
|   32    462    158    -.16    .11|1.09   .9|1.09   .9|Q .46   .37| 44.3 52.9| I0032|
|   16    443    158     .07    .11|1.04   .4|1.06   .6|R .65   .37| 43.0 52.0| I0016|
|    6    493    158    -.58    .12|1.04   .4|1.03   .3|S .62   .35| 48.1 53.0| I0006|
|   24    482    158    -.43    .12|1.04   .4|1.02   .2|T .69   .36| 44.3 53.1| I0024|
|   21    524    158   -1.04    .13|1.01   .1| .95  -.4|U .61   .33| 58.9 53.5| I0021|
|   29    520    158    -.98    .13| .99   .0| .96  -.4|V .47   .34| 57.6 53.3| I0029|
|   49    445    158     .05    .11| .98  -.2| .99  -.1|W .43   .37| 52.5 52.1| I0049|
|    3    388    158     .73    .11| .90 -1.0| .95  -.5|X-.11  .38| 49.4 48.2| I0003|
|   14    470    158    -.27    .11| .94  -.5| .95  -.5|Y .26   .36| 59.5 53.1| I0014|
|   15    460    158    -.14    .11| .92  -.8| .91  -.8|y .61   .37| 52.5 52.8| I0015|
|    4    438    158     .14    .11| .91  -.9| .91  -.8|x .23   .37| 57.0 51.6| I0004|
|    1    500    158    -.68    .12| .91  -.8| .90  -.9|w .64   .35| 50.0 53.0| I0001|
|   27    442    158     .09    .11| .88 -1.1| .89 -1.0|v .38   .37| 55.1 51.9| I0027|
|   13    536    158   -1.24    .13| .87 -1.3| .85 -1.4|u .58   .33| 67.1 54.7| I0013|
|   46    431    158     .22    .11| .85 -1.4| .85 -1.5|t .29   .37| 57.0 50.9| I0046|
|    8    391    158     .69    .11| .82 -1.9| .83 -1.8|s .51   .38| 54.4 48.2| I0008|
|   47    479    158    -.39    .12| .83 -1.7| .82 -1.8|r .73   .36| 49.4 53.2| I0047|
|   10    438    158     .14    .11| .80 -2.0| .80 -2.0|q .43   .37| 58.9 51.6| I0010|
|   26    471    158    -.28    .11| .77 -2.3| .78 -2.2|p .58   .36| 60.8 53.1| I0026|
|   44    506    158    -.77    .12| .75 -2.5| .76 -2.4|o .47   .35| 65.8 53.2| I0044|
|   30    449    158     .00    .11| .73 -2.7| .75 -2.5|n .39   .37| 63.9 52.4| I0030|
```

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|   30    449    158     .00    .11| .73 -2.7| .75 -2.5|n .39   .37| 63.9 52.4| I0030|
|   22    441    158     .10    .11| .72 -2.9| .74 -2.7|m .61   .37| 58.2 51.8| I0022|
|   28    503    158    -.72    .12| .71 -2.9| .70 -3.1|l .61   .35| 69.0 53.3| I0028|
|   40    504    158    -.74    .12| .71 -2.9| .71 -3.0|k .60   .35| 62.7 53.2| I0040|
|    9    476    158    -.35    .12| .70 -3.1| .70 -3.1|j .74   .36| 56.3 53.1| I0009|
|   34    478    158    -.37    .12| .69 -3.1| .70 -3.1|i .61   .36| 59.5 53.2| I0034|
|   17    497    158    -.64    .12| .70 -3.1| .70 -3.1|h .42   .35| 65.2 53.0| I0017|
|    7    513    158    -.87    .12| .70 -3.1| .69 -3.2|g .42   .34| 65.8 53.1| I0007|
|   33    484    158    -.45    .12| .66 -3.6| .68 -3.3|f .58   .36| 66.5 53.1| I0033|
|   36    337    158    1.31    .11| .65 -4.1| .65 -4.1|e .36   .38| 60.1 47.8| I0036|
|   50    508    158    -.80    .12| .60 -4.3| .62 -4.1|d .56   .35| 69.6 53.2| I0050|
|   20    487    158    -.50    .12| .61 -4.2| .61 -4.2|c .69   .36| 65.8 52.9| I0020|
|   37    499    158    -.66    .12| .60 -4.3| .60 -4.3|b .46   .35| 70.9 53.1| I0037|
|    2    468    158    -.24    .11| .58 -4.6| .58 -4.6|a .48   .36| 69.0 52.9| I0002|
|-------------------------------------------------------------------------------
| MEAN  446.1 158.0     .00    .11|1.00  -.3|1.01  -.1|           | 54.4 51.4|      |
| S.D.   58.0    .2     .72    .01| .33  3.0| .36  3.2|           |  9.2  2.2|      |
-------------------------------------------------------------------------------

▲TABLE 10.3 Uji Coba (Nilam)              ZOU972WS.TXT  Feb 11  5:40 2020
INPUT: 158 Person  50 Item  REPORTED: 158 Person  50 Item  4 CATS  WINSTEPS 3.73
-------------------------------------------------------------------------------

        Item CATEGORY/OPTION/DISTRACTOR FREQUENCIES:  MISFIT ORDER

-------------------------------------------------------------------
|ENTRY  DATA  SCORE |   DATA    | AVERAGE  S.E.  OUTF PTMEA|      |
|NUMBER CODE  VALUE | COUNT   % | ABILITY  MEAN  MNSQ CORR.| Item |
|-------------------+-----------+--------------------------+------|
|  5 A 1        1   |  52   33  |   .90   .08   1.7   .39  |I0005 |
|      2        2   |  73   46  |   .43*  .05    .7  -.25  |      |
|      3        3   |  17   11  |   .22*  .17   2.4  -.23  |      |
|      4        4   |  16   10  |   .64*  .13   1.4   .03  |      |
|                   |           |                          |      |
| 11 B        ***   |   1  1#   |   .04               -.08 |I0011 |
|      1        1   |  35   22  |   .98   .07   1.8   .38  |      |
|      2        2   |  97   62  |   .58*  .05    .9  -.02  |      |
|      3        3   |  16   10  |   .13*  .07   2.1  -.28  |      |
|      4        4   |   9    6  |  -.05*  .30   2.7  -.28  |      |
|                   |           |                          |      |
| 19 C        ***   |   1  1#   |  1.12                .08 |I0019 |
|      1        1   |  31   20  |   .84   .08   1.6   .23  |      |
|      2        2   |  81   52  |   .68*  .05   1.2   .18  |      |
```

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Person RAW SCORE-TO-MEASURE CORRELATION = 1.00
CRONBACH ALPHA (KR-20) Person RAW SCORE "TEST" RELIABILITY = .87


        SUMMARY OF 50 MEASURED Item
------------------------------------------------------------------------
|          TOTAL                      MODEL      INFIT        OUTFIT     |
|          SCORE     COUNT    MEASURE  ERROR   MNSQ   ZSTD  MNSQ   ZSTD  |
|----------------------------------------------------------------------|
| MEAN     446.1     158.0       .00    .11    1.00   -.3   1.01   -.1  |
| S.D.      58.0       .2        .72    .01     .33   3.0    .36   3.2  |
| MAX.     536.0     158.0      1.60    .13    2.04   8.2   2.12   8.7  |
| MIN.     313.0     157.0     -1.24    .11     .58  -4.6    .58  -4.6  |
|----------------------------------------------------------------------|
| REAL RMSE    .12 TRUE SD    .71  SEPARATION  5.88  Item  RELIABILITY .97 |
|MODEL RMSE    .11 TRUE SD    .71  SEPARATION  6.22  Item  RELIABILITY .97 |
| S.E. OF Item MEAN = .10                                                |
------------------------------------------------------------------------
UMEAN=.0000 USCALE=1.0000
Item RAW SCORE-TO-MEASURE CORRELATION = -1.00
7898 DATA POINTS. LOG-LIKELIHOOD CHI-SQUARE: 16356.74 with 7689 d.f. p=.0000
Global Root-Mean-Square Residual (excluding extreme scores): .7025
```

## Lampiran 3. Hasil Uji Coba Validitas dan Reliabilitas Pengungkapan Diri kepada Ayah

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|ENTRY  TOTAL  TOTAL          MODEL|  INFIT  |  OUTFIT |PT-MEASURE |EXACT MATCH|       |
|NUMBER SCORE  COUNT  MEASURE  S.E. |MNSQ ZSTD|MNSQ ZSTD|CORR.  EXP.| OBS%  EXP%| Item  |
|------------------------------------------------------------------------------------|
|   18   297    158    -.03    .12|1.35  3.2|2.92  9.8|A .32   .53| 48.1  53.9| I0018|
|   36   187    158   2.34    .21|1.79  3.6|1.31  1.0|B .32   .34| 86.1  83.4| I0036|
|   32   259    158    .58    .13|1.48  4.1|1.60  3.2|C .44   .49| 53.2  57.1| I0032|
|   59   213    158   1.51    .16|1.15  1.1|1.56  2.0|D .36   .41| 73.4  70.8| I0059|
|   34   305    158    -.15    .12|1.51  4.5|1.51  3.5|E .44   .54| 48.1  53.3| I0034|
|   35   254    158    .67    .13|1.37  3.2|1.20  1.2|F .48   .48| 55.1  58.0| I0035|
|   42   256    158    .63    .13|1.36  3.1|1.29  1.6|G .44   .49| 56.3  57.6| I0042|
|   15   302    158    -.10    .12|1.27  2.6|1.34  2.4|H .43   .53| 43.7  53.6| I0015|
|   31   340    158    -.67    .12|1.31  2.9|1.29  2.3|I .50   .56| 43.0  52.9| I0031|
|   33   242    158    .89    .14|1.27  2.3|1.27  1.4|J .46   .47| 65.8  61.0| I0033|
|    6   297    158    -.03    .12|1.26  2.5|1.20  1.5|K .48   .53| 48.7  53.9| I0006|
|    3   278    158    .27    .13|1.17  1.6|1.22  1.5|L .33   .51| 50.0  55.1| I0003|
|   10   314    158    -.28    .12|1.22  2.1|1.16  1.3|M .50   .54| 46.8  53.2| I0010|
|   13   298    158    -.04    .12|1.20  2.0|1.16  1.2|N .48   .53| 45.6  53.6| I0013|
|   30   307    158    -.18    .12|1.11  1.1|1.19  1.4|O .50   .54| 53.8  53.5| I0030|
|   17   299    158    -.06    .12|1.18  1.8|1.13  1.0|P .53   .53| 43.7  53.6| I0017|
|   41   266    158    .46    .13|1.14  1.3|1.17  1.1|Q .50   .50| 58.9  56.6| I0041|
|    5   338    158    -.64    .12|1.16  1.6|1.16  1.3|R .46   .56| 48.1  52.6| I0005|
|   44   275    158    .31    .13|1.06   .6|1.14  1.0|S .51   .51| 58.9  55.2| I0044|
|   43   215    158   1.46    .16|1.14  1.1| .99   .0|T .48   .42| 70.3  69.8| I0043|
|    2   309    158    -.21    .12|1.02   .2|1.14  1.1|U .38   .54| 57.6  53.4| I0002|
|   37   303    158    -.12    .12|1.06   .6|1.08   .7|V .50   .53| 53.8  53.5| I0037|
|   14   274    158    .33    .13|1.07   .7|1.01   .1|W .50   .51| 53.2  55.5| I0014|
|   38   276    158    .30    .13|1.06   .7| .98  -.1|X .54   .51| 53.2  55.2| I0038|
|   54   339    158    -.66    .12|1.06   .6|1.02   .2|Y .54   .56| 50.6  52.6| I0054|
|    7   245    158    .83    .14| .99  -.1|1.06   .4|Z .49   .47| 63.9  60.4| I0007|
|       BETTER FITTING OMITTED   +---------+---------+           |       |
|    4   344    158    -.73    .12| .93  -.7| .92  -.6|z .51   .56| 51.9  53.2| I0004|
|    1   352    158    -.85    .12| .89 -1.1| .92  -.7|y .44   .56| 55.7  53.8| I0001|
|   40   276    158    .30    .13| .91  -.8| .85 -1.0|x .58   .51| 60.8  55.2| I0040|
|   16   322    158    -.40    .12| .91  -.9| .91  -.7|w .55   .55| 57.0  53.1| I0016|
|   25   346    158    -.76    .12| .73 -2.9| .90  -.8|v .60   .56| 57.6  53.4| I0025|
|   46   262    158    .53    .13| .89 -1.0| .81 -1.2|u .60   .49| 63.3  57.0| I0046|
|   53   242    158    .89    .14| .89 -1.0| .83  -.9|t .54   .47| 65.2  61.0| I0053|
```

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|    53   242   158    .89   .14| .89  -1.0| .83   -.9|t .54   .47| 65.2  61.0| I0053|
|    20   318   158   -.34   .12| .87  -1.3| .88   -.9|s .58   .54| 57.0  52.9| I0020|
|    50   283   158    .19   .13| .88  -1.2| .83  -1.2|r .57   .52| 57.6  54.8| I0050|
|    24   317   158   -.33   .12| .86  -1.5| .82  -1.5|q .59   .54| 58.9  52.9| I0024|
|    55   353   158   -.86   .12| .85  -1.5| .83  -1.5|p .60   .56| 59.5  53.8| I0055|
|    12   364   158  -1.03   .12| .85  -1.5| .84  -1.4|o .56   .57| 59.5  54.6| I0012|
|    22   308   158   -.19   .12| .85  -1.6| .84  -1.3|n .60   .54| 55.7  53.4| I0022|
|    21   310   158   -.22   .12| .85  -1.6| .79  -1.8|m .66   .54| 54.4  53.4| I0021|
|     9   237   158    .98   .14| .84  -1.5| .82   -.9|l .49   .46| 65.2  62.6| I0009|
|    51   263   158    .51   .13| .83  -1.7| .80  -1.3|k .56   .49| 63.3  57.0| I0051|
|    29   369   158  -1.11   .12| .82  -1.8| .81  -1.7|j .58   .57| 61.4  55.0| I0029|
|    45   285   158    .16   .12| .81  -2.1| .76  -1.8|i .64   .52| 58.9  54.7| I0045|
|    47   281   158    .22   .13| .80  -2.2| .80  -1.4|h .60   .51| 56.3  55.0| I0047|
|    26   356   158   -.91   .12| .76  -2.5| .72  -2.6|g .63   .57| 57.6  53.9| I0026|
|    23   334   158   -.58   .12| .76  -2.6| .76  -2.2|f .60   .55| 60.8  52.3| I0023|
|    39   291   158    .06   .12| .73  -3.0| .73  -2.2|e .65   .52| 63.3  54.0| I0039|
|    27   342   158   -.70   .12| .72  -3.1| .70  -2.8|d .63   .56| 59.5  53.3| I0027|
|    49   315   158   -.30   .12| .71  -3.2| .68  -2.8|c .67   .54| 58.2  53.0| I0049|
|    28   347   158   -.77   .12| .66  -3.8| .63  -3.6|b .69   .56| 67.1  53.6| I0028|
|    57   322   158   -.40   .12| .66  -3.9| .63  -3.4|a .67   .55| 64.6  53.1| I0057|
|------------------------------+-----------+-----------+------------+-----------+------|
| MEAN   297.5 158.0    .00   .13|1.01   -.1|1.03   .0|            | 57.3  55.9|      |
| S.D.    41.7   .0    .70   .01| .23   2.1| .33  2.0|            |  7.4   5.1|      |
```

♠TABLE 10.3 Uji Coba (Pengungkapan Diri-Ayah)      ZOU367WS.TXT  Feb 11  5:47 2020
INPUT: 158 Person  59 Item  REPORTED: 158 Person  59 Item  4 CATS  WINSTEPS 3.73

Item CATEGORY/OPTION/DISTRACTOR FREQUENCIES:  MISFIT ORDER

```
|-------------------------------------------------------------------------|
|ENTRY   DATA  SCORE |    DATA   | AVERAGE  S.E.  OUTF PTMEA|              |
|NUMBER  CODE  VALUE |  COUNT  % | ABILITY  MEAN  MNSQ CORR.| Item         |
|--------------------+-----------+--------------------------+------|
|    18 A 1        1 |    58  37 |   -2.37  .14   1.1 -.39 | I0018         |
|       2          2 |    63  40 |   -1.52  .13   3.3  .19 |              |
|       3          3 |    35  22 |   -1.19  .16   1.3  .28 |              |
|       4          4 |     2   1 |   -3.84* 1.43 10.0  -.20|              |
```

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```
-------------------------------------------------------------------------------
Person RAW SCORE-TO-MEASURE CORRELATION = .96
CRONBACH ALPHA (KR-20) Person RAW SCORE "TEST" RELIABILITY = .96

       SUMMARY OF 59 MEASURED Item
-------------------------------------------------------------------------------
|          TOTAL                       MODEL       INFIT        OUTFIT       |
|          SCORE      COUNT    MEASURE   ERROR    MNSQ   ZSTD   MNSQ   ZSTD   |
|---------------------------------------------------------------------------|
| MEAN     297.5      158.0        .00     .13    1.01    -.1   1.03     .0  |
| S.D.      41.7        .0         .70     .01     .23    2.1    .33    2.0  |
| MAX.     376.0      158.0       2.34     .21    1.79    4.5   2.92    9.8  |
| MIN.     187.0      158.0      -1.22     .12     .66   -3.9    .63   -3.6  |
|---------------------------------------------------------------------------|
| REAL RMSE    .14 TRUE SD    .68  SEPARATION  5.02  Item   RELIABILITY  .96 |
|MODEL RMSE    .13 TRUE SD    .68  SEPARATION  5.32  Item   RELIABILITY  .97 |
| S.E. OF Item MEAN = .09                                                    |
-------------------------------------------------------------------------------
UMEAN=.0000 USCALE=1.0000
Item RAW SCORE-TO-MEASURE CORRELATION = -.99
9322 DATA POINTS. LOG-LIKELIHOOD CHI-SQUARE: 16529.51 with 9104 d.f. p=.0000
Global Root-Mean-Square Residual (excluding extreme scores): .6268
```

## Lampiran 4. Hasil Uji Coba Validitas dan Reliabilitas Pengungkapan Diri kepada Ibu

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```
      Item STATISTICS:  MISFIT ORDER

-------------------------------------------------------------------------------------
|ENTRY  TOTAL  TOTAL          MODEL|  INFIT  |  OUTFIT  |PT-MEASURE |EXACT MATCH|     |
|NUMBER SCORE  COUNT  MEASURE  S.E. |MNSQ ZSTD|MNSQ ZSTD|CORR.  EXP.| OBS%  EXP%| Item|
|-----------------------------------+---------+---------+-----------+-----------+-----|
|   36    202    158    2.26    .17|1.80  4.3|1.88  3.4|A .28  .44| 72.8  76.5| I0036|
|   32    291    158     .61    .12|1.49  4.6|1.47  3.9|B .50  .52| 40.5  49.7| I0032|
|   35    281    158     .76    .12|1.43  4.0|1.37  3.1|C .44  .52| 42.4  51.0| I0035|
|   33    283    158     .73    .12|1.35  3.4|1.38  3.1|D .49  .52| 40.5  51.0| I0033|
|   31    369    158    -.47    .12|1.28  2.6|1.31  2.6|E .47  .51| 46.8  52.2| I0031|
|   42    312    158     .32    .12|1.28  2.8|1.25  2.3|F .51  .52| 41.8  48.5| I0042|
|   10    351    158    -.22    .12|1.24  2.4|1.20  1.8|G .44  .52| 48.1  50.9| I0010|
|   59    246    158    1.31    .13|1.23  2.0|1.17  1.2|H .44  .50| 58.9  59.5| I0059|
|    6    306    158     .40    .12|1.23  2.3|1.20  1.9|I .49  .52| 40.5  48.3| I0006|
|   34    329    158     .09    .12|1.22  2.2|1.22  2.1|J .45  .52| 49.4  49.1| I0034|
|   18    330    158     .07    .12|1.22  2.2|1.18  1.7|K .41  .52| 46.8  49.1| I0018|
|    7    293    158     .58    .12|1.12  1.2|1.18  1.6|L .50  .52| 46.8  49.5| I0007|
|   14    300    158     .49    .12|1.15  1.6|1.15  1.4|M .44  .52| 47.5  49.1| I0014|
|   41    323    158     .17    .12|1.13  1.4|1.15  1.5|N .57  .52| 43.7  49.1| I0041|
|   44    325    158     .14    .12|1.11  1.2|1.14  1.4|O .53  .52| 51.3  49.1| I0044|
|   13    319    158     .22    .12|1.09   .9|1.12  1.2|P .46  .52| 46.8  49.1| I0013|
|   43    252    158    1.21    .13|1.12  1.1|1.01   .1|Q .58  .50| 61.4  57.7| I0043|
|   52    310    158     .35    .12|1.11  1.2|1.09   .9|R .49  .52| 43.7  48.8| I0052|
|    5    342    158    -.09    .12|1.10  1.1|1.06   .7|S .43  .52| 47.5  50.2| I0005|
|   17    319    158     .22    .12|1.09  1.0|1.04   .4|T .54  .52| 42.4  49.1| I0017|
|    3    287    158     .67    .12|1.00   .1|1.08   .8|U .35  .52| 50.0  50.3| I0003|
|   15    325    158     .14    .12|1.03   .3|1.08   .8|V .45  .52| 46.2  49.1| I0015|
|   38    319    158     .22    .12|1.05   .6|1.03   .3|W .52  .52| 48.1  49.1| I0038|
|    2    327    158     .12    .12|1.03   .3|1.04   .5|X .39  .52| 49.4  49.3| I0002|
|   46    314    158     .29    .12| .99  -.1| .97  -.3|Y .62  .52| 49.4  48.5| I0046|
|   16    380    158    -.63    .12| .99  -.1| .98  -.1|Z .47  .50| 53.8  54.2| I0016|
|       BETTER FITTING OMITTED      +---------+---------+           |
|   37    334    158     .02    .12| .93  -.7| .95  -.5|z .54  .52| 51.3  49.5| I0037|
|   51    312    158     .32    .12| .93  -.7| .92  -.8|y .52  .52| 52.5  48.5| I0051|
|   50    339    158    -.05    .12| .93  -.7| .90 -1.0|x .54  .52| 51.9  49.5| I0050|
|    9    290    158     .63    .12| .92  -.9| .92  -.7|w .56  .52| 52.5  50.1| I0009|
|   56    373    158    -.53    .12| .91  -.8| .86 -1.2|v .57  .51| 56.3  53.2| I0056|
|   55    379    158    -.62    .12| .91  -.9| .88 -1.0|u .54  .50| 57.0  53.9| I0055|
```

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```
|   55    379    158    -.62    .12| .91  -.9| .88 -1.0|u .54  .50| 57.0  53.9| I0055|
|   20    344    158    -.12    .12| .90 -1.1| .91  -.9|t .52  .52| 51.3  50.1| I0020|
|   40    320    158     .21    .12| .89 -1.2| .91  -.9|s .56  .52| 52.5  49.1| I0040|
|   21    349    158    -.19    .12| .89 -1.1| .84 -1.6|r .66  .52| 55.7  50.6| I0021|
|   22    350    158    -.20    .12| .89 -1.2| .82 -1.7|q .62  .52| 51.9  51.0| I0022|
|    1    383    158    -.68    .12| .83 -1.7| .88 -1.1|p .36  .50| 53.2  54.7| I0001|
|    4    345    158    -.13    .12| .84 -1.7| .86 -1.4|o .43  .52| 53.8  50.2| I0004|
|   12    394    158    -.85    .13| .85 -1.4| .83 -1.4|n .46  .49| 59.5  56.7| I0012|
|   26    392    158    -.82    .13| .82 -1.8| .76 -2.1|m .51  .49| 53.8  56.4| I0026|
|   45    330    158     .07    .12| .82 -2.1| .78 -2.4|l .66  .52| 55.7  49.1| I0045|
|   24    356    158    -.29    .12| .79 -2.3| .79 -2.1|k .57  .51| 58.2  51.9| I0024|
|   27    378    158    -.60    .12| .79 -2.2| .73 -2.5|j .56  .50| 60.1  53.8| I0027|
|   29    401    158    -.96    .13| .77 -2.1| .78 -1.8|i .52  .49| 65.8  58.6| I0029|
|   49    351    158    -.22    .12| .78 -2.5| .76 -2.5|h .67  .52| 55.1  50.9| I0049|
|   25    388    158    -.76    .12| .77 -2.3| .76 -2.1|g .57  .50| 58.2  55.8| I0025|
|   11    416    158   -1.22    .13| .76 -2.1| .76 -1.9|f .43  .47| 66.5  62.9| I0011|
|   47    340    158    -.06    .12| .76 -2.8| .75 -2.7|e .66  .52| 59.5  49.5| I0047|
|   23    377    158    -.59    .12| .75 -2.6| .72 -2.7|d .53  .50| 57.6  53.8| I0023|
|   39    324    158     .16    .12| .73 -3.2| .73 -2.9|c .65  .52| 63.9  49.1| I0039|
|   57    371    158    -.50    .12| .67 -3.7| .69 -3.1|b .62  .51| 62.7  53.0| I0057|
|   28    387    158    -.74    .12| .65 -3.7| .63 -3.5|a .60  .50| 62.7  55.7| I0028|
|-----------------------------------+---------+---------+-----------+-----------+-----|
| MEAN  335.5  158.0     .00    .12|1.00  -.1| .99  -.2|           | 52.8  51.9|     |
| S.D.   40.5    .0      .60    .01| .21  2.0| .22  1.8|           |  7.1   4.5|     |
-------------------------------------------------------------------------------------

↑TABLE 10.3 Uji Coba (Pengungkapan Diri-Ibu)      ZOU476WS.TXT  Feb 11  5:51 2020
INPUT: 158 Person  59 Item  REPORTED: 158 Person  59 Item  4 CATS  WINSTEPS 3.73
-------------------------------------------------------------------------------------

      Item CATEGORY/OPTION/DISTRACTOR FREQUENCIES:  MISFIT ORDER

-------------------------------------------------------------------
|ENTRY  DATA  SCORE |    DATA   | AVERAGE  S.E.  OUTF PTMEA|       |
|NUMBER CODE  VALUE | COUNT   % | ABILITY  MEAN  MNSQ CORR.| Item  |
|-------------------+-----------+-------------------------+-------|
|   36 A  1      1  |  129   82 |  -1.46   .08   1.2  -.23 | I0036 |
|       2        2  |   17   11 |  -1.35   .20   2.1   .00 |       |
|       3        3  |    9    6 |    .08   .41    .9   .37 |       |
```
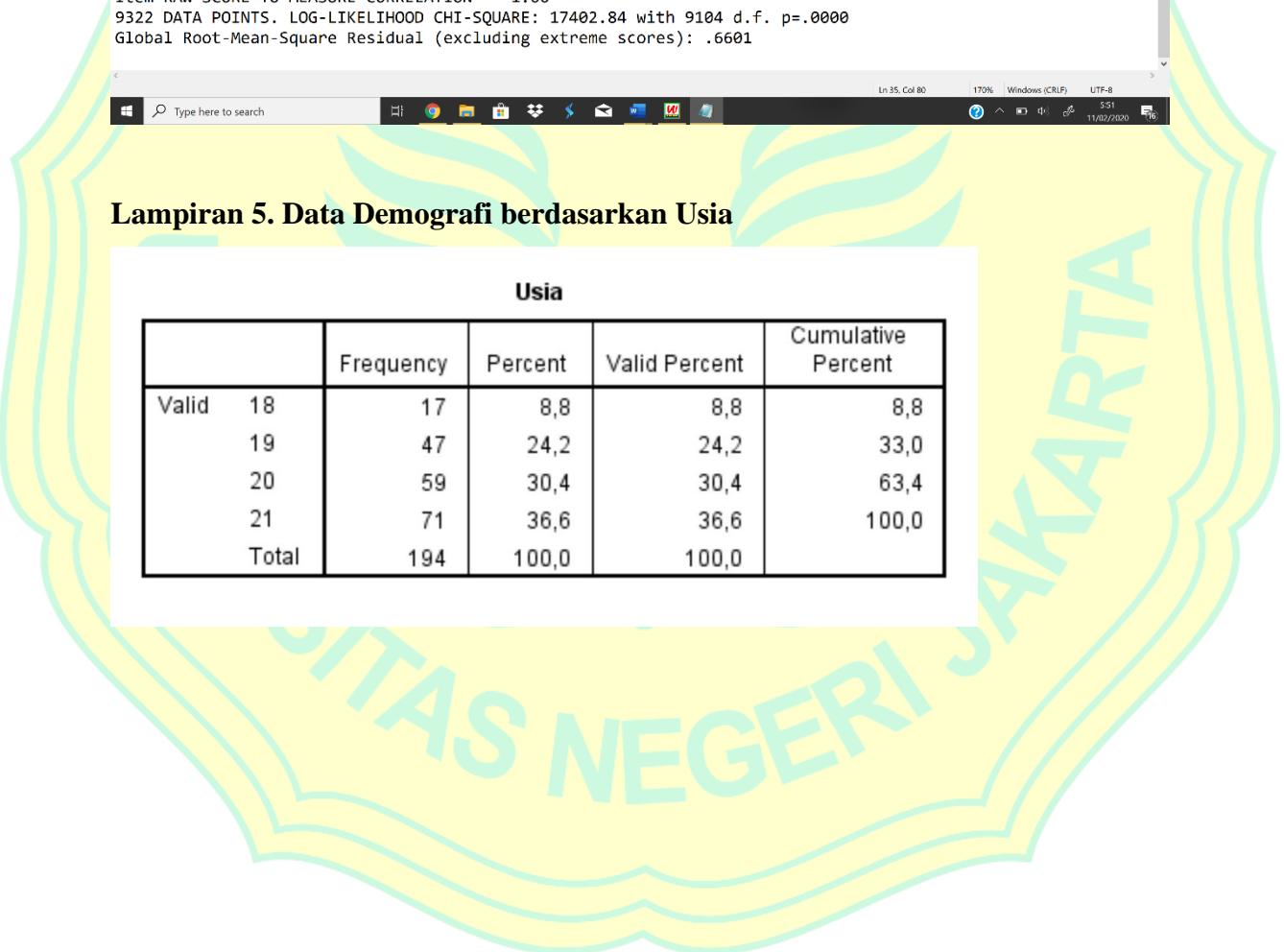
Ln 1, Col 1    110%   Windows (CRLF)   UTF-8

```
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|MODEL RMSE     .20 TRUE SD      .93  SEPARATION  4.62  Person RELIABILITY  .96 |
| S.E. OF Person MEAN = .08                                                     |
-------------------------------------------------------------------------------
Person RAW SCORE-TO-MEASURE CORRELATION = .99
CRONBACH ALPHA (KR-20) Person RAW SCORE "TEST" RELIABILITY = .95

      SUMMARY OF 59 MEASURED Item
-------------------------------------------------------------------------------
|          TOTAL                      MODEL      INFIT       OUTFIT    |
|          SCORE     COUNT   MEASURE   ERROR    MNSQ  ZSTD  MNSQ  ZSTD |
|-----------------------------------------------------------------------------|
| MEAN     335.5     158.0      .00     .12     1.00   -.1   .99   -.2 |
| S.D.      40.5       .0      .60     .01      .21   2.0   .22   1.8 |
| MAX.     416.0     158.0     2.26     .17     1.80   4.6  1.88   3.9 |
| MIN.     202.0     158.0    -1.22     .12      .65  -3.7   .63  -3.5 |
|-----------------------------------------------------------------------------|
| REAL RMSE    .13 TRUE SD     .59  SEPARATION  4.63  Item   RELIABILITY  .96 |
|MODEL RMSE    .12 TRUE SD     .59  SEPARATION  4.85  Item   RELIABILITY  .96 |
| S.E. OF Item MEAN = .08                                                     |
-------------------------------------------------------------------------------
UMEAN=.0000 USCALE=1.0000
Item RAW SCORE-TO-MEASURE CORRELATION = -1.00
9322 DATA POINTS. LOG-LIKELIHOOD CHI-SQUARE: 17402.84 with 9104 d.f. p=.0000
Global Root-Mean-Square Residual (excluding extreme scores): .6601
```

**Lampiran 5. Data Demografi berdasarkan Usia**

**Usia**

|       |       | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------|-----------|---------|---------------|--------------------|
| Valid | 18    | 17        | 8,8     | 8,8           | 8,8                |
|       | 19    | 47        | 24,2    | 24,2          | 33,0               |
|       | 20    | 59        | 30,4    | 30,4          | 63,4               |
|       | 21    | 71        | 36,6    | 36,6          | 100,0              |
|       | Total | 194       | 100,0   | 100,0         |                    |

**Lampiran 6. Data Demografi berdasarkan Pekerjaan**

Pekerjaan

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|---|---|---|---|---|---|
| Valid | Mahasiswa | 148 | 76,3 | 76,3 | 76,3 |
| | Karyawan | 15 | 7,7 | 7,7 | 84,0 |
| | Admin | 2 | 1,0 | 1,0 | 85,1 |
| | Accounting Staff | 13 | 6,7 | 6,7 | 91,8 |
| | Marketing | 5 | 2,6 | 2,6 | 94,3 |
| | Freelancer | 5 | 2,6 | 2,6 | 96,9 |
| | Sortasi | 1 | ,5 | ,5 | 97,4 |
| | Operator Produksi | 1 | ,5 | ,5 | 97,9 |
| | Wirausahawan | 1 | ,5 | ,5 | 98,5 |
| | Back Office | 2 | 1,0 | 1,0 | 99,5 |
| | Coach | 1 | ,5 | ,5 | 100,0 |
| | Total | 194 | 100,0 | 100,0 | |

**Lampiran 7. Data Demografi berdasarkan Tinggal Dengan (Status Tinggal)**

TinggalDengan

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|---|---|---|---|---|---|
| Valid | Orang tua | 177 | 91,2 | 91,2 | 91,2 |
| | Kost | 8 | 4,1 | 4,1 | 95,4 |
| | Saudara | 9 | 4,6 | 4,6 | 100,0 |
| | Total | 194 | 100,0 | 100,0 | |

**Lampiran 8. Data Demografi berdasarkan Domisili/Asal**

DomisiliAsal

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|---|---|---|---|---|---|
| Valid | DKI Jakarta | 120 | 61,9 | 61,9 | 61,9 |
| | Bogor | 15 | 7,7 | 7,7 | 69,6 |
| | Depok | 20 | 10,3 | 10,3 | 79,9 |
| | Tangerang | 8 | 4,1 | 4,1 | 84,0 |
| | Bekasi | 31 | 16,0 | 16,0 | 100,0 |
| | Total | 194 | 100,0 | 100,0 | |

**Lampiran 9. Hasil Analisis Statistik Data Deskriptif**

**Descriptive Statistics**

|  | N | Minimum | Maximum | Sum | Mean | Std. Deviation | Variance |
|---|---|---|---|---|---|---|---|
| RaschX_2 | 194 | −.44 | 1.28 | 11.71 | .0604 | .28860 | .083 |
| RaschY1_2 | 194 | −7.32 | .68 | −248.20 | −1.2794 | 1.05122 | 1.105 |
| RaschY2_2 | 194 | −3.71 | .68 | −200.39 | −1.0329 | .84011 | .706 |
| Valid N (listwise) | 194 | | | | | | |

**Lampiran 10. Hasil Analisis Statistik Uji Normalitas**

**One-Sample Kolmogorov-Smirnov Test**

|  |  | RaschX_2 | RaschY1_2 | RaschY2_2 |
|---|---|---|---|---|
| N | | 194 | 194 | 194 |
| Normal Parameters[a,b] | Mean | .0604 | -1.2794 | -1.0329 |
| | Std. Deviation | .28860 | 1.05122 | .84011 |
| Most Extreme Differences | Absolute | .162 | .086 | .074 |
| | Positive | .162 | .081 | .071 |
| | Negative | -.109 | -.086 | -.074 |
| Test Statistic | | .162 | .086 | .074 |
| Asymp. Sig. (2-tailed) | | .000[c] | .001[c] | .012[c] |

a. Test distribution is Normal.

b. Calculated from data.

c. Lilliefors Significance Correction.

**Lampiran 11. Hasil Analisis Statistik Uji Linearitas**

**Model Summary and Parameter Estimates**

Dependent Variable: RaschY1_2

|  | Model Summary | | | | | Parameter Estimates | |
|---|---|---|---|---|---|---|---|
| Equation | R Square | F | df1 | df2 | Sig. | Constant | b1 |
| Linear | .095 | 20.081 | 1 | 192 | .000 | -1.347 | 1.121 |

The independent variable is RaschX_2.

**Model Summary and Parameter Estimates**

Dependent Variable: RaschY2_2

| | | Model Summary | | | | Parameter Estimates | |
|---|---|---|---|---|---|---|---|
| Equation | R Square | F | df1 | df2 | Sig. | Constant | b1 |
| Linear | .089 | 18.695 | 1 | 192 | .000 | -1.085 | .867 |

The independent variable is RaschX_2.

**Lampiran 12. Hasil Analisis Statistik Uji Korelasi**

**Correlations**

| | | | RaschX_2 | RaschY1_2 | RaschY2_2 |
|---|---|---|---|---|---|
| Spearman's rho | RaschX_2 | Correlation Coefficient | 1.000 | .224** | .206** |
| | | Sig. (2-tailed) | . | .002 | .004 |
| | | N | 194 | 194 | 194 |
| | RaschY1_2 | Correlation Coefficient | .224** | 1.000 | .815** |
| | | Sig. (2-tailed) | .002 | . | .000 |
| | | N | 194 | 194 | 194 |
| | RaschY2_2 | Correlation Coefficient | .206** | .815** | 1.000 |
| | | Sig. (2-tailed) | .004 | .000 | . |
| | | N | 194 | 194 | 194 |

**. Correlation is significant at the 0.01 level (2-tailed).

# DAFTAR RIWAYAT HIDUP



Nilam Qisthia Nadhila, lahir di Jakarta pada tanggal 19 Mei 1997. Anak tunggal dari Bapak Ir. Bambang Rianto dan Mardiasih, S.A.P. Beralamat di Jl. Skip II Blok C2 No. 1, Kelurahan Sunter Jaya, Jakarta Utara. Pendidikan formal yang sudah dijalani yaitu, TK Al-Amanah pada tahun 2002-2003, SDSN Sunter Agung 12 Pagi pada tahun 2003-2009, SMPN 10 Jakarta pada tahun 2009-2012, dan SMAN 80 Jakarta pada tahun 2012-2015.

Pada tahun 2015, melalui tes seleksi jalur mandiri diterima menjadi mahasiswa Universitas Negeri Jakarta, Fakultas Pendidikan Psikologi, Program Studi Psikologi. Selama berkuliah, memiliki pengalaman Praktik Kerja Psikologi (PKP) selama 4 bulan di SLB B/C Ar-Rahman sebagai asisten pengajar.

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