

**TEENAGERS' MENTAL HEALTH IN “ALL THE BRIGHT  
PLACES” MOVIE**



*Mencerdaskan dan  
Memartabatkan Bangsa*

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## ABSTRAK

**BOSSE, ABIGAIL OLIVIA. 2024. TEENAGERS' MENTAL HEALTH IN "ALL THE BRIGHT PLACES" MOVIE. SKRIPSI: PROGRAM STUDI SASTRA INGGRIS, FAKULTAS BAHASA DAN SENI, UNIVERSITAS NEGERI JAKARTA.**

Skripsi ini menganalisis penggambaran kesehatan mental remaja dalam film "*All the Bright Places*". Fokusnya adalah pada Violet Markey dan Theodore Finch, yang masing-masing menghadapi PTSD dan gangguan bipolar. Studi ini menggunakan teori psikoanalitik Sigmund Freud dan kerangka kerja Emil Kraepelin tentang gangguan bipolar untuk menganalisis perjalanan psikologis mereka. Perjalanan Violet menuju pemulihan, yang dibantu oleh Finch, kontras dengan penyangkalan Finch terhadap kondisinya dan akhirnya bunuh diri. Studi ini menyoroti peran film dalam meningkatkan kesadaran tentang pentingnya kesehatan mental dan kebutuhan akan sistem dukungan yang efektif bagi remaja.

**Kata Kunci: psikoanalisis, remaja, kesehatan mental**



## ABSTRACT

**BOSSE, ABIGAIL OLIVIA. 2024. TEENAGERS' MENTAL HEALTH IN "ALL THE BRIGHT PLACES" MOVIE. SKRIPSI: PROGRAM STUDI SASTRA INGGRIS, FAKULTAS BAHASA DAN SENI, UNIVERSITAS NEGERI JAKARTA.**

This thesis examined the depiction of teenagers' mental health in the movie "*All the Bright Places*". Focusing on Violet Markey and Theodore Finch, it explores their respective struggles with PTSD and bipolar disorder. This study aims to show how their traumas affect their daily life and how they solve their psychological issues. The study employs Sigmund Freud's psychoanalytic theory and Emil Kraepelin's framework on bipolar disorder to analyze their psychological journey. Violet's path to healing, aided by Finch, contrasts with Finch's denial of his condition and eventual suicide. The research underscores the film's role in highlighting the importance of mental health awareness and the need for effective support system for adolescents.

**Keywords: psychoanalysis, adolescence, mental health**

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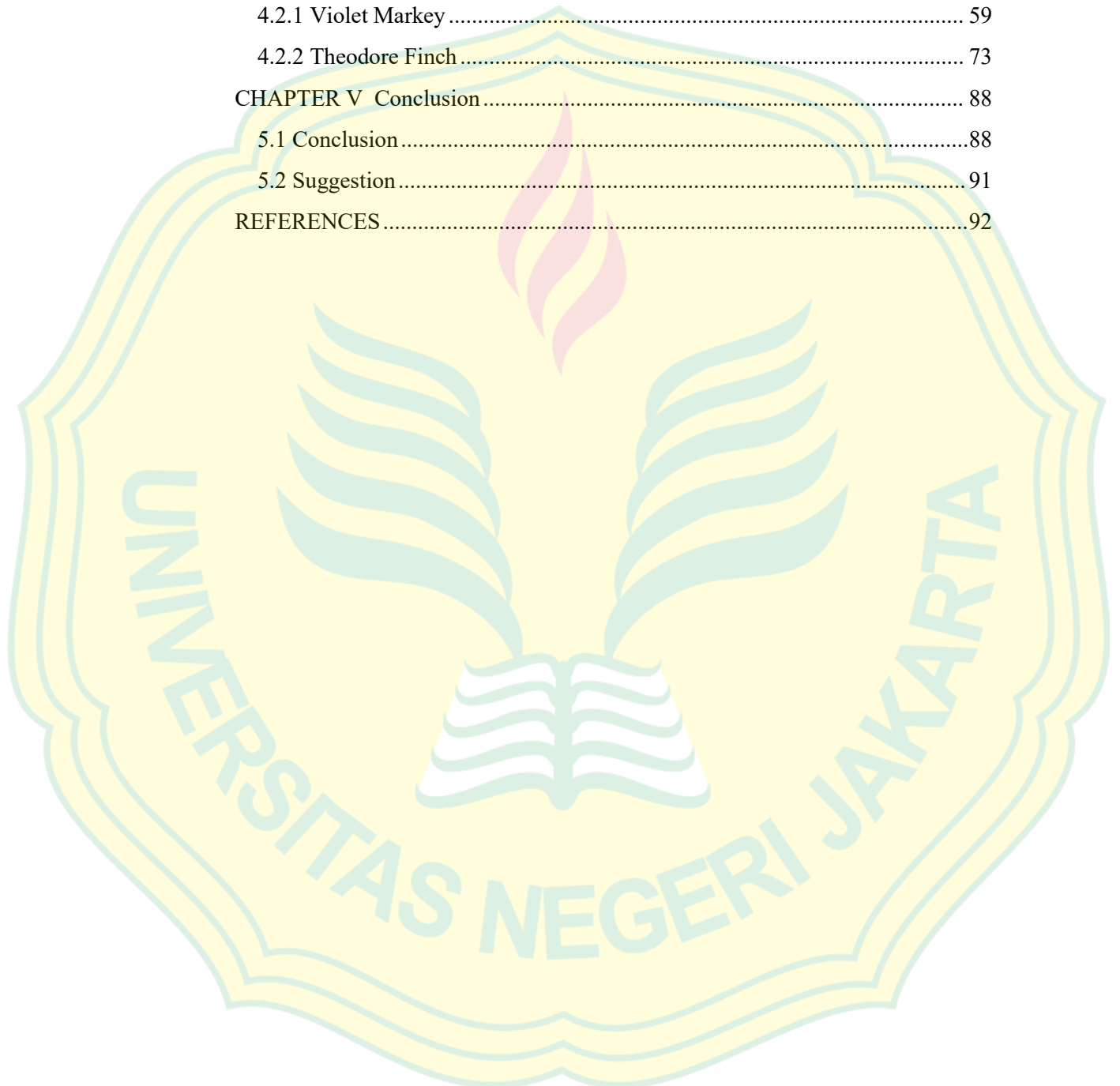
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