

GAMBARAN KEPUASAN HIDUP PESERTA DIDIK KELAS X JURUSAN TEKNIK DI SMK NEGERI JAKARTA PUSAT

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui bagaimana gambaran kepuasan hidup peserta didik kelas X jurusan teknik di 3 SMKN Jakarta Pusat, yaitu SMKN 34, SMKN 39, SMKN 54. Penelitian ini bersifat kuantitatif deskriptif dengan teknik *simple random sampling* melibatkan 345 orang responden. Alat ukur kepuasan hidup yang digunakan *Multidimensional Students Life Satisfaction Scale* milik Huebner (2001) terdiri dari lima dimensi dengan 30 item pernyataan, telah dilakukan adaptasi instrumen oleh Nabila, (2021). Kemudian uji validitas dan reliabilitas menunjukkan butir-butir pernyataan valid dan reliabel senilai 0,889. Hasil penelitian menunjukkan gambaran kepuasan hidup peserta didik secara keseluruhan berada pada kategori sedang (151,77%), maknanya peserta didik merasa cukup puas di dalam kehidupannya. Berdasarkan dimensi, skor tertinggi ialah keluarga (36,19%) dan terendah ialah lingkungan tempat tinggal (24,09%), keduanya berada pada kategori sangat rendah dan maknanya kepuasan hidup peserta didik sangat kurang. Berdasarkan jenis kelamin peserta didik laki-laki (152,40%) dan perempuan (149,40%) berada pada kategori sedang, dengan makna cukup puas. Berdasarkan usia, skor tertinggi ialah usia 18 tahun (169,8%) pada kategori tinggi dan maknanya peserta didik usia 18 tahun memiliki kepuasan hidup yang baik, lalu skor rata-rata peserta didik berusia 15-17 tahun tidak jauh berbeda. Berdasarkan sekolah tidak terdapat perbedaan skor rerata yang signifikan, sedangkan berdasarkan jurusan justru tampak perbedaan signifikan antara jurusan Teknik Pendinginan dan Tata Udara yang berada pada kategori tinggi (158,52%) maknanya kepuasan hidup peserta didik baik dengan jurusan Teknik Komputer Jaringan yang berada pada kategori sedang (145,78%) maknanya cukup puas dalam hidupnya. Sarannya, semoga peserta didik dapat meningkatkan kepuasan hidupnya.

Kata Kunci: *Kepuasan Hidup, Peserta Didik SMK Jurusan Teknik*

**LIFE SATISFACTION OF CLASS X ENGINEERING DEPARTMENT OF
STUDENTS IN CENTRAL JAKARTA STATE VOCATIONAL SCHOOL
(2022)**

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ABSTRACT

This study aims to find out how the description of life satisfaction of students in class X majoring in engineering at 3 SMKN Central Jakarta, namely SMKN 34, SMKN 39, SMKN 54. This research is quantitative descriptive with simple random sampling technique involving 345 respondents. The life satisfaction measuring instrument used is Huebner's (2001) Multidimensional Students Life Satisfaction Scale consisting of five dimensions with 30 statement items, the instrument has been adapted by Nabila, (2021). Then the validity and reliability test showed valid and reliable statement items worth 0.889. The results of the study show that the overall life satisfaction of students is in the moderate category (151.77%), meaning that students feel quite satisfied in their lives. Based on the dimensions, the highest score is family (36.19%) and the lowest is the living environment (24.09%), both are in the very low category and it means that the life satisfaction of students is very less. Based on the gender of male students (152.40%) and female (149.40%) are in the medium category, with the meaning quite satisfied. Based on age, the highest score is 18 years old (169.8%) in the high category and it means that 18 year old students have good life satisfaction, then the average score of 15-17 year old students is not much different. Based on the school, there is no significant difference in the mean score, while based on the majors, it appears that there is a significant difference between the Department of Refrigeration and Air Conditioning Engineering which is in the high category (158.52%) meaning that the life satisfaction of students is good with the Department of Computer Network Engineering which is in the category Medium (145.78%) means that they are quite satisfied in their lives. The suggestion, hopefully students can increase their life satisfaction.

Kata Kunci: Life Satisfaction, Engineering Vocational High School Students