CHAPTER V

CONCLUSION AND SUGGESTION

This chapter contains the conclusion of the research. This conclusion refers to the answer of the problem statements that have been represented by the writer in the previous chapter. This chapter also contains the suggestions from the writer for future research.

5.1   Conclusion

After analyzing the study, the writer concludes the result of the anxiety and defense mechanism of the main character's causes and types which were imposed by the main character itself. The main character felt anxiety after being bullied by a group of girls when she was at school, based on the analysis done in the previous chapter. She stopped going to school after the bullying incident, and has a problem communicating with strangers. Apart from the bullying, the other reason Audrey began to have a social anxiety disorder is because she is losing her best friend. Audrey has two forms of anxiety; moral and neurotic anxiety. Moral anxiety arises primarily when she feels guilty against her mother as Audrey's mother has to leave her job to take care of her anxieties. Neurotic anxiety happens when she experiences an imaginary danger like a sense of threat when she is meeting strangers or attempting to communicate with them. To be specific, the analysis reveals that Audrey experiences a social anxiety disorder that is indicated by the fear of having an interaction and a fear of being judged by the strangers, every time she tries to get in contact with stranger.

Audrey uses seven defense mechanisms to manage the anxiety. First when repression suppresses the painful memories which remind her of the bullying. Second,

the reaction formation that happens when Audrey creates an attitude that is the opposite of the things she desires. Third, denial as she denies that she has an anxiety. Fourth, sublimation happens as she turns the inappropriate condition into acceptable ones. Fifth, regression when she cries emotionally back to the previous stage of development. Sixth, she uses isolation she tries to isolate herself from the people she regards as strangers Last, projection when she blames the anxiety that she is having onto the others. From the above data, regression is the defense mechanism that the main character mostly operates to overcome her anxiety, making her reverts to the earlier stage of development in response to stressful situation.

5.2 Suggestion

This thesis reveals anxiety and defense mechanism that are experienced by the main character in *Finding Audrey*. In this study, the writer uses theory of social anxiety disorder by Leary and Defense Mechanism Sigmund Freud in analyzing the main character. The writer suggest to other researchers can also analyze another topic or theory in *Finding Audrey* novel. It is also possible for the other researchers to analyze another female character in *Finding Audrey*. Other character such as Audrey's mother who is characterized as an alpha female in the family could be analyzed using a feminism approach on women's role and women's position by Simone de Bevouir. Her character as a successful businesswoman who tends to rule the family more than her father who is characterized as a yes-man type of person could be analyzed using the concept of feminism such as women's role and women's position.