

DAFTAR PUSTAKA

- Astuti, P. R. (2008). *Meredam Bullying: 3 Cara Efektif Menanggulangi Kekerasan Pada Anak*. Jakarta: Grasindo.
- Azam, U. (2016). *Bimbingan dan Konseling Perkembangan di Sekolah Teori dan Praktik*. Yogyakarta: Deepublish.
- Azwar, S. (2012). *Penyusunan Skala Psikologi*. Yogyakarta: Pustaka Belajar.
- Azwar, S. (2013). *Metode Penelitian*. Yogyakarta: Pustaka Belajar.
- Baumeister, R. F., Campbell, J. D., Krueger, J. I., & Vohs, K. D. (2003). Does high self-esteem cause better performance, interpersonal success, happiness, or healthier lifestyles. *Psychological Science in the Public Interest*, 4(1), 1-44.
- Beck, J. S. (2011). *Cognitive Behavior Therapy: Basics and Beyond*. New York: The Guilford Press.
- Branden, N. (2013). *What Self-Esteem Is and Is Not*. Retrieved from www.nathanielbranden.com: <http://www.nathanielbranden.com/what-self-esteem-is-and-is-not>
- Collins, K., & Donnelly. (2014). *Banish Your Body Image Thief A Cognitive Behavioural Therapy Workbook on Building Positive Body Image for Young People*. Philadelphia: Jessica Kingsley Publishers .
- Coloroso, B. (2007). *Stop Bullying: Memutus Rantai Kekerasan Anak dari Prasekolah Hingga SMU*. Jakarta: Serambi Ilmu Semesta.
- Coopersmith, S. (1967). *The Antecedents of Self-esteem*. San Francisco: Freeman and Company.
- Corey, G. (2009). *Theory and Practice of Counseling and Psychotherapy*. USA : Thomson Brooks/Cole,.
- Cormier, S., Nurius, P. S., & Osborn, C. J. (2009). *Interviewing and Change Strategises for Helper*. Belmont: Brooks/Cole.
- Creswel, J. W. (2012). *Educational Research: Planning, Conducting, and Evaluating Quantitative and Qualitative Research*. Boston: Pearson Education.
- Cully, J. A., & Teten, A. L. (2008). *A Therapist's Guide to Brief Cognitive Behavioral Therapy*. Houston: Department of Veterans Affairs South Central MIRECC.

- Feldman, G. (2019). What Is Honesty? Laypersons Interpret High Lie Scale Scores as Reflecting Intentional Dishonesty: Rejoinder to de Vries et al.'s (2017) Comment on Feldman et al. (2017). *Social Psychological and Personality Science*, 10(2), 220-226.
- Foster, L. H. (2010). A best kept secret: single-subject research design in counseling. *Counseling Outcome Research*, 1(2), 30-39.
- Hambleton, R. K., Merenda, P. F., & Spielberger, C. D. (2005). *Adapting Educational and Psychological Tests for Cross-Cultural Assessment*. London: Lawrence Erlbaum Associates.
- Heppner, P. P., Wampold, B. E., & Kivlighan, D. M. (2008). *Research Design in Counseling*. Belmont, CA: Thomson Brooks/Cole.
- Kathryn, G. (2012). *Konseling Remaja: Intervensi Praktis Bagi remaja Berisiko*. Yogyakarta: Pustaka Belajar.
- Khoirunafik, U. (2018). Hubungan harga diri dengan penyesuaian sosial pada remaja. *Skripsi*, Fakultas Psikologi, Universitas Muhammadiyah Surakarta.
- Larasati, W. P. (2012). Meningkatkan Self Esteem Melalui Metode Self-Instruction. *Tesis*, Fakultas Psikologi Program Studi Psikologi Profesi.
- Lestari, L. P. (2014, April). Pelatihan metode self instruction untuk meningkatkan self esteem siswa SMA. *Jurnal Pendidikan dan Pengajaran*, 47(1), 49-57 .
- Marhani, I., Sahrani, R., & Monika, S. (2018). Efektifitas pelatihan self talk untuk meningkatkan harga diri remaja korban bullying. *Journal uin-alauddin*, 7(1).
- Murk, C. J. (2006). *Self-Esteem Research, Theory, and Practice: Toward a Positive Psychology of Self-Esteem*. New York: Springer Publishing Company.
- Novianto, R. D. (2018, Juli 23). *Catatan KPAI Bidang Pendidikan: Kasus Bullying Paling Banyak*. Retrieved from nasional.sindonews.com: <https://nasional.sindonews.com/read/1324346/15/catatan-kpai-bidang-pendidikan-kasus-bullying-paling-banyak-1532346331>
- Plummer, D. (2005). *Helping Adolescents and Adults to Build Self-Esteem*. London: Jessica Kingsley Publishers .
- Prabowo, A. S. (2014). Pengaruh teknik biblioterapi terhadap peningkatan harga diri siswa yang orang tuanya bercerai. *Skripsi*, Bimbingan Konseling, Fakultas Ilmu Pendidikan Universitas Negeri Jakarta.

- Rostiana, D., Wibowo, M. E., & Purwanto, E. (2018). The implementation of self instruction and thought stopping group counseling techniques to improve victim bullying self esteem. *Jurnal Bimbingan Konseling*, 7(1), 36-40.
- Sancahya, A. A., & Susilawati, L. K. (2014). Hubungan antara dukungan sosial keluarga dengan self-esteem pada remaja akhir di kota Denpasar. *Jurnal Psikologi Udayana*, 1(3), 440-450.
- Saniya. (2019, Juli). Dampak perilaku bullying terhadap harga diri (self esteem) remaja di Pekanbaru. *Jurnal Keperawatan Abdurrah*, 3(1).
- Santrock, J. W. (2007). *Remaja, Edisi Kesebelas*. (B. Widyasinta, Trans.) Jakarta: Erlangga.
- Seprrina, M. A., Liow, C. J., Sulistiyawati, F. N., & Andriani, I. (2009). Hubungan tindakan bullying di Sekolah dengan self esteem siswa. *PESAT (Psikologi, ekonomi, Sastra, Arsitektur, &Sipil)*. 3. Depok: Universitas Gunadarma.
- Simanjuntak, L. E., & Indrawati, E. S. (2019). Hubungan antara dukungan sosial teman sebaya dengan harga diri pada sisiwi kelas XII SMA Kristen Terang Bangsa Semarang. *Undergraduate thesis*, Fakultas Psikologi, Universitas Diponegoro.
- Sugiono. (2013). *Metode Penelitian Pendidikan*. Bandung: Alfabeta.
- Sunanto, J., Takeuchi, K., & Nakata, H. (2005). *Pengantar Penelitian Dengan Subjek Tunggal*. Tsukuba: CRICED University of Tsukuba.
- Tirsae, O. V. (2016). Pengaruh harga diri terhadap kecemasan sosial pada remaja korban bullying di Palangkaraya Kalimantan Tengah. *Skripsi*, Fakultas Psikologi, Universitas Sanata Dharma.
- Wiyani, N. A. (2012). *Save Our Children From School Bullying*. Yogyakarta: Ar- Ruz Media.
- World Health Organization. (2006). *Orientation programme on adolescent health for health care providers*. Geneva: World Health Organization.