

DAFTAR PUSTAKA

- Ahda Samila Salsabila, Y. F. N. (2024). Keterampilan, Perkembangan Tunagrahita, Anak. 10, 210–214.
- Ar-rasily, O. K. (2025). *International Statistical Casification and Related of Diseases and Related Healt Statistical Health Problem*. 10–35.
- Beqaj, S., Tërshnjaku, E. E. T., Qorolli, M., & Zivkovic, V. (2018). Contribution of Physical and Motor Characteristics to Functional Performance in Children and Adolescents with Down Syndrome: A Preliminary Study. *Medical Science Monitor Basic Research*, 24, 159–167. <https://doi.org/10.12659/MSMBR.910448>
- Cleveland Clinic. (2023). Intellectual Disability: Definition, Symptoms, & Treatment. In *Cleveland Clinic*.
- Clark, J., & Phillips, M. (2020). The role of balance in motor skill development. *Journal of Motor Behavior*
- Deborah D. Smith, & Luckasson, R. (1995). Introduction to Special Education: Making a Difference. Prentice Hall.
- Dourou, E., Komessariou, A., Riga, V., & Lavidas, K. (2017). Assessment of gross and fine motor skills in preschool children using the Peabody Developmental Motor Scales Instrument. *European Psychomotricity Journal*, 9(1), 89–113.
- Eichstaedt, C. B., & Lavay, B. W. (1992). Physical Activity for Individuals with Mental Retardation: Infancy through Adulthood. *Human Kinetics*.
- Fredi Tri Widiyanto. (2012). *KETERAMPILAN GERAK DASAR ANAK TUNAGRAHITA RINGAN _ ACTIVE_ Journal of Physical Education, Sport, Health and Recreation*.
- Fitriani, N., Suherman, U., & Rahman, A. (2020). Pengaruh permainan tradisional lari balok terhadap gerak dasar lokomotor siswa SD. *Journal of SPORT*, 6(1), 77–83. <https://doi.org/10.37058/sport.v6i1.1537>
- Gallahue, D. L., Ozmun, J. C., & Goodway, J. D. (2012). Development of fundamental movement: Locomotor skills. In *Understanding motor development: Infants, children, adolescents, adults, 7th ed., McGraw-Hill* (pp. 185–221).

- Gardner, H. (1993). *Multiple Intelligences: The Theory in Practice*. New York: Basic Books.
- Gluck, S. (2017). What Is an Intellectual Disability. In *Healthy Place; for Mental Health* (Vol.70,pp.1–7). https://www.healthyplace.com/neurodevelopmental-disorders/intellectual-disability/what-is-an-intellectual-disability/Gross_Motor_Skills_What_They_Are_Development_Examples. (n.d.).
- Haywood, K. M., & Getchell, N. (2014). *Life Span Motor Development* (6th ed.). Champaign, IL: Human Kinetics.
- Juriana, Sumantri, M. S., & Hidayat, R. H. (2023). *Buku Manual Pedoman Pelaksanaan Identifikasi Bakat Olahraga Multidimensi untuk Anak Usia Dini*.
- Kim, Y., Kang, M., & Park, I. (2012). is with the Physical Education Department at Seoul. *Adapted Physical Activity Quarterly*, 29, 346–365. www.APAQ-Journal.com
- Lavay, C. B. E. dan B. W. (1992). Physical Activity for Individuals with Mental Retardation. In *Adapted Physical Activity Quarterly* (Vol. 9, Issue 4, pp. 360–361). <https://doi.org/10.1123/apaq.9.4.360>
- Lubis, R., Syafitri, N., Maylinda, R. N., Alyani, N. N., Anda, R., Zulfiyanti, N., & Surbakti, O. Z. (2023). Pendekatan Behavioristik untuk Anak Disabilitas Intelektual Sedang. *Jurnal Obsesi : Jurnal Pendidikan Anak Usia Dini*, 7(2), 1626–1638. <https://doi.org/10.31004/obsesi.v7i2.4161>
- Marta, I. A., Oktarifaldi, O., & Wisma, N. (2023). Analysis of motor coordination abilities of students: Comparative study of students in urban and rural areas. *Jurnal SPORTIF : Jurnal Penelitian Pembelajaran*, 9(3), 415–436. https://doi.org/10.29407/js_unpgri.v9i3.21218
- Purugganan, O. (2018). Intellectual disabilities. *Pediatrics in Review*, 39(6), 299–309. <https://doi.org/10.1542/pir.2016-0116>
- Payne, V. G., & Isaacs, L. D. (2017). *Human Motor Development: A Lifespan Approach* (9th ed.). Routledge.
- Sabda Halim, A. (2012). *Sejarah dan Perkembangan Futsal di Indonesia*. Jakarta: Futsal Nusantara Press.

- Rubi, E. (2024). *Psychiatry*. AMERICAN PSYCHIATRIC ASSOCIATION.
https://www.psychiatry.org/patients-families/intellectual-disability/what-is-intellectual-disability?utm_source=chatgpt.com
- Samsudin. (2008). *Pembelajaran Gerak Dasar untuk Anak Sekolah Dasar*. Jakarta: Direktorat Jenderal Pendidikan Tinggi, Departemen Pendidikan Nasional.
- Santrock, J. . (2007). *Child development. 11th Edition*.
- Seidl, A. H., Indarjit, M., & Borovsky, A. (2024). Touch to learn: Multisensory input supports word learning and processing. *Developmental Science*, 27(1), 1–20. <https://doi.org/10.1111/desc.13419>
- Shukla, A. S. and P. C. (2016). (PDF) *Intellectual Disability_ Definition, classification, causes and characteristics*.
- Singer, H., Clarke, E. B., Schiltz, H. K., & Lord, C. (2025). Caregivers and Coping: Well-Being, Depression, and Coping Strategies Among Caregivers of Young Adults With Developmental Disability. In *American Journal on Intellectual and Developmental Disabilities* (Vol. 130, Issue 1, pp. 41–62). <https://doi.org/10.1352/1944-7558-130.1.41>
- Sunesni, S., Furwasyih, D., Edyyul, I. A., Padma, J., Hayati, I. I., Maisiska, L., Rahmadhani, S., & Analika, V. P. (2023). Pelatihan tentang Kesehatan Reproduksi Remaja Disabilitas Intelektual pada Guru SLB Kota Padang. *Jurnal Kreativitas Pengabdian Kepada Masyarakat (PKM)*, 6(10), 4203–4217. <https://doi.org/10.33024/jkpm.v6i10.10497>
- Sugiyanto. (2009). *Teori Belajar dan Pembelajaran Motorik*. Jakarta: Departemen Pendidikan Nasional.
- Sugiyono. (2019). *Metode Penelitian Pendidikan (Pendekatan Kuantitatif, Kualitatif dan R&D)*. Bandung: Alfabeta.
- Suharsimi Arikunto. (2010). *Prosedur Penelitian: Suatu Pendekatan Praktik*. Jakarta: Rineka Cipta.
- Sutrisno Hadi. (2000). *Metodologi Research*. Yogyakarta: Andi Offset.
- Syifa, M. D. R., Khasanah, U., & Fauzah, S. N. (2020). Faktor-faktor Non Genetik yang Mempengaruhi Disabilitas Intelektual di SLB Kota Cirebon

- Tahun 2017 (Studi Di SLB C Pancaran Kasih Dan SLB C Budi Utama. *Tunas Medika Jurnal* ..., 6(1), 7–11.
<http://jurnal.ugj.ac.id/index.php/tumed/article/view/3260>
- Tian, Y., Zhang, Y., Yan, Y., Zhang, H., & Li, X. (2023). The active aging level of the rural older adults with disability in China: a cross-sectional study. *Frontiers in Public Health*, 11 (August).
<https://doi.org/10.3389/fpubh.2023.1219573>
- Utari, D., & Indahwati, S. (2015). Upaya meningkatkan gerak dasar lokomotor anak tunagrahita ringan melalui permainan tradisional. *Jurnal Pendidikan Khusus*, 11(2), 45–52.
- Umami, N. (2018). *Perkembangan motorik anak usia dini*. Jakarta: Prenadamedia Group.
- Wahidin, R., & Sunardi. (2017). Meningkatkan kompetensi keterampilan gerak dasar lokomotor melalui permainan outdoor pada siswa kelas II SDN Danaraja Kabupaten Banyumas. *PHEDHERAL: Journal of Physical Education, Health, and Recreation*, 1(1), 35–41.
<https://jurnal.uns.ac.id/phedheral/article/view/12381>
- WHO. (2016). WHO Guidelines on physical activity and sedentary behaviour. In *Routledge Handbook of Youth Sport*.
<https://www.who.int/publications/i/item/9789240015128>
- Widiarti, Y., Siregar, E., & Israwati, L. (2021). Peningkatan kemampuan gerak dasar lokomotor anak melalui modifikasi seni tradisional Burok. *Jurnal Obsesi: Jurnal Pendidikan Anak Usia Dini*, 5(2), 1787–1798.
<https://doi.org/10.31004/obsesi.v5i2.1051>
- Zhang, X., Tang, C., Geng, M., Li, K., Liu, C., & Cai, Y. (2025). The effects of active play interventions on children's fundamental movement skills: a systematic review. *BMC Pediatrics*, 25(1), 40.
<https://doi.org/10.1186/s12887-024-05385-8>
- Zulfikar, M. (2023). CJPE: Cokroaminoto Journal of Primary Education Kompetensi TPACK Calon Guru Pendidikan Jasmani Sekolah Dasar Pendahuluan. *CJPE: Cokroaminoto Journal of Primary Education*, 6(2),

146–153. <https://e-journal.my.id/cjpe%0A>

