

## DAFTAR PUSTAKA

- Adi, A. W., Shalih, O., Shabrina, F. Z., Rizqi, A., Putra, A. S., Karimah, R., Eveline, F., Alfian, A., Syauqi., Septian, R. T., Widhiastomo, Y., Bagaskoro, Y., Dewi, A. N., Rahmawati, I., Seniarwan., Hafizh, A., Suryaningrum, H. A., Purnamaswi, D. I., & Puspasari, T. J. (2023). *IRBI: Indeks Risiko Bencana Indonesia Tahun 2022*. Badan Nasional Penanggulangan Bencana.
- Amalia, I., Suzanna, E., & Dewi, R. (2021). Asesmen Psikologis Korban Bencana Banjir Bandang Aceh Tengah. *Jurnal Penelitian Pendidikan, Psikologi Dan Kesehatan (J-P3K)*, 2(1). 7-13.
- Arora, A. K. (2017). A study of optimism and resilience among chronically ill female patients. *International Journal of Advanced Education Research*, 2(6), 306-307.
- Australian Psychological Society (2018). Psychological Preparation for Natural Disaster. <https://www.psychology.org.au/getmedia/c24bf1ba-a5fc-45d5-a982-835873148b9a/Psychological-preparation-for-natural-disasters.pdf>
- Azwar, S. (2009). Efek Seleksi Aitem Berdasar Daya Diskriminasi terhadap Reliabilitas Skor Tes. *Buletin Psikologi*, 17(1). 28-32.
- Azwar, S., (2012). *Penyusunan Skala Psikologi* (Edisi 2). Pustaka Pelajar.
- Azwar, S., (2017). *Metode Penelitian Psikologi* (Edisi 2). Pustaka Pelajar.
- Balahanti, R., Mononimbar, W., & Gosal, P. H. (2023). Analisis Tingkat Kerentanan Banjir di Kecamatan Singkil Kota Manado. *E-journal Universitas Sam Ratulangi*, 11(1). 69-79.
- Bonaiuto, M., Alves, S., De Dominicis, S., Petruccelli, I. (2016). Place attachment and natural environmental risk: Research review and agenda. *Journal of Environmental Psychology*, doi: 10.1016/j.jenvp.2016.07.007.
- Boylan, J. L. (2016). The Developement and Validation of The Bushfire Psychological Preparedness Scale (BPPS). [Master's thesis, University of Western Australia].

- Boylan, J. L., & Lawrence, C. (2020). What does it mean to psychologically prepare for a disaster? A systematic review. *International Journal of Disaster Risk Reduction*. <https://doi.org/10.1016/j.ijdrr.2020.101480>
- Budhiana, J. (2024). Pengaruh Karakteristik Responden terhadap Kesiapsiagaan Bencana Banjir di Desa Pasawahan Wilayah Kerja Puskesmas Cicurug Kabupaten Sukabumi. *Jurnal Kesehatan Kusuma Husada: Universitas Kusuma Husada Surakarta*, 15(1). 71-85.
- Budhiana, J., Amelia, R., Janatri, S., Melinda, F., & Permana, I. Faktor-Faktor Yang Mempengaruhi Kesiapsiagaan Remaja Dalam Menghadapi Bencana Tsunami. *Journal of Health Research Science*, 4(2), 212-221. <https://doi.org/10.34305/jhrs.v4i2.1340>
- BPPTPDAS Surakarta (2020). Kajian Banjir Jakarta 1 Januari 2021. <https://konservasidas.fkt.ugm.ac.id/2020/01/05/kajian-banjir-jakarta-1-januari-2020-oleh-bpptdas-surakarta/>
- Christian, K. R. Hendrasarie, N., & Ali, M. (2023). Evaluasi Dampak Banjir pada Kesehatan Masyarakat di Kelurahan Krabyak Kota Pekalongan. *Jurnal Kesehatan Tambusai*, 4(2). 1923-1932.
- Dawson. (2013). Resilience : The role of optimism, perceived autonomy support and perceived social support in first year university students. *Journal of Education and Training Studies*, 1(2). DOI : 10.11114/jets.v1i2.137.
- Dino. (2023). Banjir: Pengertian, Penyebab, dan Dampaknya. *BPBD Jawa Timur*. <https://web.bpbpd.jatimprov.go.id/2023/10/19/banjir-pengertian-penyebab-dan-dampaknya>
- Eldi. (2021). Analisis Penyebab Banjir di DKI Jakarta. *Jurnal Pendidikan Lingkungan dan Pembangunan Berkelanjutan*, 22(1). 50-59 doi: <https://doi.org/10.21009/PLPB.221.05>
- Erlin, F., & Sari, I. Y. (2020). Gejala PTSD (*Post Traumatic Stress Disorder*) akibat Bencana Banjir pada Masyarakat Kelurahan Meranti Rumbai Pesisir Pekanbaru. *Dinamika Lingkungan Indonesia*, 7(1). 16-21.

- Fa'uni, Arini. M., & Diana. R. Rachmy. (2021). Psychological Preparedness for Disaster in Terms of Self Efficacy and Religious Coping. *Al-Qalb : Jurnal Psikologi Islam*, 12(1). <https://doi.org/10.15548/alqalb.v12i1.2008>
- Feng, D., & Ji, L. (2014). Development of a Self-Administered Questionnaire to Assess the Psychological Competencies for Surviving a Disaster. *Society for Disaster Medicine and Public Health*, 8 (3). 220-228. DOI: 10.1017/dmp.2014.42
- Fernando, C., & Ferrari, M. (2011). Spirituality and resilience in children of war in Sri Lanka. *Journal of Spirituality in Mental Health*, 13(1), 52-77, doi: 10.1080/19349637.201.547138.
- Fitriyah, S., Rahmawati, A., & Syaputra, E. M. (2021). Trauma Healing Pasca Banjir Di Desa Cemara Kulon Kecamatan Losarang Indramayu. *Abdi Wiralodra: Jurnal Pengabdian Kepada Masyarakat*, 3(2). 160-172.
- Hamasy, A. I. A. Dampak Banjir Jakarta Timbulkan Kerugian Rp 2,1 Triliun Per Tahun. *Kompas*. <https://www.kompas.id/baca/metro/2024/05/30/dampak-banjir-jakarta-timbulkan-kerugian-rp-21-triliun-per-tahun>
- Hutahaean, E. S. H., & Perdini, T. A. (2023). *Metode Penelitian Kuantitatif: Untuk Mahasiswa Psikologi*. Pena Persada Kerta Utama.
- Jurjewicz, H. (2016). How spirituality leads to resilience a case study of immigrants. *European Journal of Science and Theology*, 12 (4), 17-25.
- Kurniawan, Y. (2011). PEMBENTUKAN RESILIENSI (RESILIENT FORMATION) PADA PENDERITA THALASSEMIA. *Khazanah*, 4(1). 9-24. <https://doi.org/10.20885/khazanah.vol4.iss1.art2>
- Lamond, J. E., Joseph, R. D., & Proverbs, D. G. (2015). An exploration of factors affecting the long term psychological impact and deterioration of mental health in flooded household. *Elsevier: Environmental Research*, 140. 325-334.
- Larasati, T., & Savira, S. I. (2019). Resiliensi pada Penyandang Tunadaksa Akibat Kecelakaan. *Character: Jurnal Penelitian Psikologi*, 06(5). 1-7.

- Losoi, H., Turunen, S., Waljas, M., Helminen, M., Ohman, J., Julkunen, J., & Rortti-Otajarvi, E. (2013). Psychometric Properties of the Finnish Version of the Resilience Scale and its Short Version. *Psychology, Community & Health*, 2(1). 1-10. doi:10.5964/pch.v2i1.40
- Martínez-Martí, M. L., & Ruch, W. (2017). Character strengths predict resilience over and above positive affect, self-efficacy, optimism, social support, self-esteem, and life satisfaction. *The Journal of Positive Psychology*, 12(2), 110–119. <https://doi.org/10.1080/17439760.2016.1163403>
- Maslim, R. (2013). *Buku Saku Diagnosis Gangguan Jiwa*. Bagian Ilmu Kedokteran Jiwa FK Unika Atma Jaya.
- Mason, V., Andrews, H., & Upton, D. (2010). The psychological impact of exposure to floods. *Psychology, Health & Medicine*, 15(1), 61–73.
- Missasi, V., & Izzati, I. D. C. (2019). Faktor-faktor yang mempengaruhi Resiliensi. *Prosiding Seminar Nasional Magister Psikologi Universitas Ahmad Dahlan*. 433-441.
- Morrisey, S. A., & Reser, J. P., (2003). Evaluating the effectiveness of psychological preparedness advice in community cyclone preparedness materials. *The Australian Journal of Emergency Management*, 18(2). 46-61.
- Muthia, A. (2023). *Post-Traumatic Stress Disorder pada Penyintas Bencana Ganda. Kinesik*, 10(1). 113-131.
- Narayanan, S. S., & Onn, A. C. W. (2016). The Influence of Perceived Social Support and Self-Efficacy among First Year Malaysian Students. *Kajian Malaysia*, 34(2). 1-23. <http://dx.doi.org/10.21315/km2016.34.2.1>
- Nashori, F., & Saputro, I. (2021). *Psikologi Resiliensi*. Universitas Islam Indonesia.
- Pantau Banjir Jakarta (n.d.). Tentang Banjir Jakarta.  
<https://pantaubanjir.jakarta.go.id/bencana-jakarta>
- Pasaribu, B. S., Herawati, A., Utomo, K. W., & Aji, R. H. S. (2022). *Metode Penelitian untuk Ekonomi dan Bisnis*. Media Edu Pustaka.

Permana, A. (2018). Mengapa Terjadi Likuifaksi di Palu Menurut Ahli Geologi ITB. Institut Teknologi Bandung.

<https://www.itb.ac.id/berita/detail/56834/mengapa-terjadilikuifaksi-di-palu-menurut-ahli-geologi-itb>

Pusat Krisis Kesehatan Kementerian Kesehatan RI (2016). Mengetahui Jenis-jenis Banjir dan Cara Menanggulanginya.

<https://pusatkrisis.kemkes.go.id/mengetahui-jenis-jenis-banjir-dan-cara-menanggulanginya>

Pusat Krisis Kesehatan Kementerian Kesehatan RI (2025). Waspada! Penyakit Pasca Banjir. <https://pusatkrisis.kemkes.go.id/waspada-penyakit-pasca-banjir>

Reisnick, B., Gwyther, L. P., & Roberto, K. A. (2011). *Resilience in Aging: Concepts, Research, and Outcomes*. Springer.

Rohmah, U. N., Harahap, S. G., Yari, Y., La Ramba, H., Ludovikus., Sabrina, R., Mailintina, Y., & Pipin, A. (2023). Gambaran *Post-Traumatic Stress Disorder*, Gangguan Tidur, Kecemasan, dan Gejala Depresi Korban Gempa Bumi di Cianjur. *Journal of Nursing and Midwifery Sciences*, 2, 36-45.

Rohmi, F. (2016). *Psychological Preparedness* Masyarakat di Daerah Rawan Bencana Banjir Desa Sitiarjo Sumbermanjing Wetan. *Jurnal Keperawatan*, 7(2), 88-93. DOI: 10.22219/jk.v7i2.3932

Said, N. B., Hayek, M., Sarhan, A. L., Qaddumi, J., Zaben, F., Alkaissi, A., Alsayed, A., & Abu-Odah, H. (2024). Psychological Preparedness and Resilience of Palestinians' Psychological Preparedness and Resilience of Palestinians' University Staff During COVID-19 Pandemic: A Cross-Sectional Online Survey. *Palestinian Medical and Pharmaceutical Journal*, 9(2), 145-156.

<https://doi.org/10.59049/2790-0231.1149>

Santrock, J. W. *Life-Span Development* (13<sup>th</sup>ed.). Mc Graw Hill.

Sari, M., & Satria, B. (2016). Resiliensi Masyarakat dengan Disaster Preparedness di Aceh Besar. *Jurnal Ilmiah Mahasiswa Fakultas Keperawatan*, 1(1), 1-7.

- Setyo Palupi, L., & Noor Rahman Himawan, M. (2020). A Relationship between Resilience and Psychological Preparedness for Disaster among Airlangga University Health Faculty Students. *E3S Web of Conferences*, 202, 0–5. <https://doi.org/10.1051/e3sconf/202020212025>
- Shalih, O., Adi, A. W., Wiguna, S., Shabrina, F. Z., Rizqi, A., Putra, A. S., Karimah, R., Eveline, F., Alfian, A., Syauqi., Septian, R. T., Widhiastomo, Y., Bagaskoro, Y., Dewi, A. N., Rahmawati, I., Seniarwan., Hafizh, A., Suryaningrum, H. A., Purnamaswi, D. I., Puspasari, T. J., & Iftidah, A. (2023). *Risiko Bencana Indonesia “Memahami Risiko Sistemik di Indonesia”*. Pusat Data Informasi Komunikasi Bencana Badan Nasional Penanggulangan Bencana.
- Sholichah, M. (2016). Pengaruh Persepsi Remaja tentang Konflik antar Orangtua dan Resiliensi terhadap Depresi dan Kecemasan. *Humanitas*, 13(1), 22–36. <https://doi.org/10.4324/9781003266181-19>
- Siddiqa, A. (2018). The relationship between spirituality and resilience. *International Research Journal*, 37(5), 39-45, ISSN : 2394-5303.
- Snyder, C. R., & Lopez, J. S. (2002). *Handbook of Positive Psychology*. Oxford University Press.
- Undang-Undang Republik Indonesia No. 24 tahun 2007 tentang Penanggulangan Bencana.
- United Nations Office for Disaster Risk Reduction (UNDRR). (2017). *The Sendai Framework Terminology on Disaster Risk Reduction. "Disaster"*. <https://www.unrr.org/terminology/disaster>
- Utami, C. T., & Helmi, A. F. (2017). *Self-Efficacy* dan Resiliensi: Sebuah Tinjauan Meta Analisis. *Buletin Psikologi*, 25(1), 54-65. DOI: 10.22146/buletinpsikologi.18419
- Wagnild, G. M., & Young, H. M. (1993). Development and psychometric evaluation of the Resilience Scale. *Journal of Nursing Measurement*, 1(2), 165–178.

Wahyudin, D., Ede, A. R. L., Sanjaya, W., Ida, I., & Yulianti, M. (2024). Pengaruh sikap dan resiliensi terhadap kesiapsiagaan remaja dalam menghadapi bencana gempa bumi. *Jurnal Ilmu Kesehatan Bhakti Husada: Health Sciences Journal*, 15(02), 565–574. <https://doi.org/10.34305/jikbh.v15i02.1310>

World Health Organization (1992). *Psychological Consequence of Disaster: Prevention and Management*.

Yusuf Alwy, M., Herman, H, T., Abraham, A., & Rukmana, H. (2024). Analisis Regresi Linier Sederhana dan Berganda Beserta Penerapannya. *Journal on Education*, 06(02), 13331–13344.

Zakiah, E. (2021). Pengaruh Resiliensi terhadap Post-Traumatic Stress Disorder pada Penyintas Banjir. *Jurnal Kependidikan*, 5(2). 250-260. <https://journal.uny.ac.id/index.php/jk>

Zulch, H. (2019). Psychological preparedness for natural hazards – improving disaster preparedness policy and practice. In *Griffith University School of Psychology revue*. <https://www.unisdr.org/we/inform/publications/66345>

