

## DAFTAR PUSTAKA

- Abubakar, A., Van De Vijver, F. J. R., Suryani, A. O., Handayani, P., & Pandia, W. S. (2015). Perceptions of Parenting Styles and Their Associations with Mental Health and Life Satisfaction Among Urban Indonesian Adolescents. *Journal of Child and Family Studies*, 24(9), 2680–2692. <https://doi.org/10.1007/s10826-014-0070-x>
- Agusdwitanti, H., & Tambunan, S. M. (2015). KELEKATAN DAN INTIMASI PADA DEWASA AWAL. *Jurnal Psikologi*, 8 no.1.
- Agusta, S. P. P. (2011). Perbedaan Keintiman (*Intimacy*) Dalam Berpacaran Ditinjau dari Status Identitas Diri. Universitas Airlangga.
- Alfianita, A. F. (2024). *Hubungan Secure Adult Attachment dan Fear Of Intimacy Pada Dewasa Awal*. Universitas Islam Indonesia.
- An Al Rivaldi. (2024). Analisis Faktor Penyebab Stres pada Mahasiswa dan Dampaknya terhadap Kesehatan Mental. *Detector: Jurnal Inovasi Riset Ilmu Kesehatan*, 2(4), 11–18. <https://doi.org/10.55606/detector.v2i4.4378>
- Andriani, F., & Rachmawati, Y. (2022). Etnoparenting: Pengasuhan Orang Tua Perkawinan Multi Etnis. *Jurnal Obsesi : Jurnal Pendidikan Anak Usia Dini*, 6(5), 4669–4680. <https://doi.org/10.31004/obsesi.v6i5.2436>
- Apostolou, M., O, J., & Esposito, G. (2020). Singles' Reasons for Being Single: Empirical Evidence From an Evolutionary Perspective. *Frontiers in Psychology*, 11, 746. <https://doi.org/10.3389/fpsyg.2020.00746>
- Arnett, J. J. (2000). Emerging adulthood: A theory of development from the late teens through the twenties. *American Psychologist*, 55(5), 469–480. <https://doi.org/10.1037/0003-066X.55.5.469>
- Aryadi, K. A., Gunawan, J., Aurellia, C., Harjanto, A. I., & Aurelia, S. (2024). Persepsi Emerging Adulthood Tentang Hubungan Tanpa Status (HTS). *Jurnal Experentia*, 12, 148-167
- Azwar, S. (2012). *Penyusunan Skala Psikologi* (2nd ed.). Pustaka Pelajar.

- Baumrind, D. (1966). Effects of Authoritative Parental Control on Child Behavior. *Child Development*, 37(4), 887. <https://doi.org/10.2307/1126611>
- Baumrind, D. (1996). The Discipline Controversy Revisited. *Family Relations*, 45(4), 405. <https://doi.org/10.2307/585170>
- Beaton, D. E., Bombardier, C., Guillemin, F., & Ferraz, M. B. (2000). Guidelines for the Process of Cross-Cultural Adaptation of Self-Report Measures: *Spine*, 25(24), 3186–3191. <https://doi.org/10.1097/00007632-200012150-00014>
- Bowlby, J. (1977). The Making and Breaking of Affectional Bonds: I. Aetiology and Psychopathology in the Light of Attachment Theory. *British Journal of Psychiatry*, 130(3), 201–210. <https://doi.org/10.1192/bjp.130.3.201>
- Buri, J. R. (1991). Parental Authority Questionnaire. *Journal of Personality Assessment*, 57(1), 110–119. [https://doi.org/10.1207/s15327752jpa5701\\_13](https://doi.org/10.1207/s15327752jpa5701_13)
- Chung, M., & Harris, C. R. (2018). *Jealousy as a Specific Emotion: The Dynamic Functional Model.* 10, 1–16. <https://doi.org/doi.org/10.1177/1754073918795257>
- Collins, W. A., Welsh, D. P., & Furman, W. (2009). Adolescent Romantic Relationships. *Annual Review of Psychology*, 60(1), 631–652. <https://doi.org/10.1146/annurev.psych.60.110707.163459>
- Creswell, J. W. (2018). Research Design: Qualitative, Quantitative, and Mixed Methods Approaches. SAGE Publications, Los Angeles.
- Dancey, C. P., & Reidy, J. (2017). *Statistics without maths for psychology* (Seventh Edition). Pearson.
- Descutner, C. J., & Thelen, M. H. (1991). Development and Validation of a Fear-of-Intimacy Scale. *American Psychological Association, Inc*, Vol. 3, No.2, 218–225.
- Devirianty. (2014). *Hubungan antara self-esteem dan fear of intimacy pada dewasa muda*. Universitas Indonesia.

- Dharmawijayati, R. D. (2015). Komitmen Dalam Berpacaran Jarak Jauh Pada Wanita Dewasa Awal. *Psikoborneo: Jurnal Ilmiah Psikologi*, 3(3). <https://doi.org/10.30872/psikoborneo.v3i3.3790>
- Erikson, E. H. (1978). *Childhood and society*. Triad Paladin.
- Erlangga, C. Y., Utomo, I. W., & Anisti, A. (2024). KONSTRUKSI NILAI ROMANTISME DALAM LIRIK LAGU (ANALISIS SEMIOTIKA FERDINAND DE SAUSSURE PADA LIRIK LAGU “MELUKIS SENJA”). *Linimasa : Jurnal Ilmu Komunikasi*, 4(2), 149–160. <https://doi.org/10.23969/linimasa.v4i2.4091>
- Erozkan, A. (2009). Rejection sensitivity levels with respect to attachment styles, gender, and parenting styles: A study with Turkish students. *Social Behavior and Personality: An International Journal*, 37(1), 1–14. <https://doi.org/10.2224/sbp.2009.37.1.1>
- Etikan, I. (2016). Comparison of Convenience Sampling and Purposive Sampling. *American Journal of Theoretical and Applied Statistics*, 5(1), 1. <https://doi.org/10.11648/j.ajtas.20160501.11>
- Fachmi, T., Wahyudi, H., Nadhiroh, Y. F., & Fauzia, W. (2021). ADAPTATION AND VALIDATION TEST OF FEAR INTIMACY SCALE QUESTIONNAIRE FOR INDONESIAN ISLAMIC UNIVERSITY STUDENT. *Proceedings of the International Conference on Social and Islamic Studies 2021*.
- Fadhilah, A. N., Abdullah, M. N. A., & Mujayapura, M. R. R. (2025). PERAN INTERAKSI SOSIAL DALAM KESEJAHTERAAN MENTAL GEN Z: ANALISIS PENTINGNYA MEMILIKI ‘SOMEONE TO TALK.’ 4(1).
- Fan, W. (2023). The Effect of Parenting Styles of Original Families on Individual’s Close Relationship. *Journal of Education, Humanities and Social Sciences*, 8. <https://doi.org/doi.org/10.54097/ehss.v8i.4595>
- Farahdilla, F., & Indrijati, H. (2022). Perbedaan Fear of Intimacy berdasarkan Gaya Kelekatan Romantis Dewasa pada Dewasa Awal dengan Orang Tua Bercerai. *Buletin Riset Psikologi dan Kesehatan Mental (BRPKM)*, 2(1), 469–475. <https://doi.org/10.20473/brpkm.v2i1.34570>

- Fatah, N. A. (2020). *Hubungan antara Self-esteem dan Persepsi Pola Asuh dengan Fear of Intimacy pada Dewasa Awal yang Memiliki Orang Tua Bercerai*. Universitas Airlangga.
- Fatah, N. A., & Hartini, N. (2022). Hubungan antara Harga Diri dan Persepsi Pola Asuh dengan Ketakutan akan Intimasi pada Dewasa Awal yang Memiliki Orang Tua Bercerai. *INSAN Jurnal Psikologi Dan Kesehatan Mental*, 7(1), 54–67. <https://doi.org/10.20473/jpkm.v7i12022.54-67>
- Fathia, A. T. N. I., & Herawati, E. (2023). Pengalaman dan Makna Pacaran Pada Mahasiswa: Studi Fenomenologi. *Umbara*, 8(1), 29–38. <https://doi.org/10.24198/umbara.v7i2.43048>
- Feldman, R. S. (2018). *Development across the life span* (Eight edition, global edition). Pearson.
- Forest, A. L., dkk. (2023). Self-esteem's impacts on intimacy-building: Pathways through self-disclosure and responsiveness. *Current Opinion in Psychology*, 52, 101596. <https://doi.org/10.1016/j.copsyc.2023.101596>
- George, Dr. A. S. (2024). *Escaping the Situationship: Understanding and Addressing Modern Relationship Ambiguity Among Young Adults*. <https://doi.org/10.5281/ZENODO.11298549>
- Guna, M. S. R., Soesilo, T. D., & Windrawanto, Y. (2019). PENGARUH POLA ASUH ORANG TUA TERHADAP KEMAMPUAN PENGAMBILAN KEPUTUSAN MAHASISWA PRIA ETNIS SUMBA DI SALATIGA. *Jurnal Psikologi Konseling*, 14 No.1.
- Harahap, F. (2023). Teori Perkembangan Tahap Hubungan Romantis Sebagai Acuan Orang Tua Mendampingi Remaja Berpacaran. *Buletin Psikologi*, 31(2), 192. <https://doi.org/10.22146/buletinpsikologi.87386>
- Hatfield, E. (1984). The Dangers of Intimacy. *Communication, Intimacy, and Close Relationship*.
- Hazan, C., & Shaver, P. (1987). Romantic Love Conceptualized as an Attachment Process. *Journal of Personality and Social Psychology*, 52(3), 511–524. <https://doi.org/doi.org/10.1037/0022-3514.52.3.511>

- Ismiati. (2024). *Dampak Pola Asuh Toxic Parents Terhadap Perkembangan Self Esteem Remaja*. Volume 13. No. 1. <https://doi.org/10.22373/Takamul.v13i1.24781>
- Kansal, S., & Tripathi, D. K. M. (2024). *Relationship among Perceived Parenting Styles, Self-Concept, and Fear of Intimacy: A Correlational Study*.
- Kasingku, J. D., & Warouw, W. N. (2025). *Berpacaran dan Pengaruhnya Terhadap Prestasi Belajar*.
- Langlais, M. R., Podberesky, A., Toohey, L., & Lee, C. T. (2024). Defining and Describing Relationships: An Exploratory Investigation. *Sexuality & Culture*, 28(4), 1831–1857. <https://doi.org/10.1007/s12119-024-10210-6>
- Lestari, R. (2024). *DEWASA AWAL YANG MEMILIKI ORANG TUA BERCERAI, BAGAIMANA PERAN SELF ESTEEM DAN SELF DISCLOSURE TERHADAP FEAR OF INTIMACY?*. Universitas Islam Negeri Raden Intan Lampung.
- Lloyd, M. E. (2011). *Fear of Intimacy in Romantic Relationships During Emerging Adulthood: The Influence of Past Parenting and Separation Individuation*. Victoria University.
- Luo, J. (2025). The Effect of Parenting Style and Attachment Style on New Adult Intimacy. *Studies in Psychological Science*, 3(1), 34–39. <https://doi.org/10.56397/SPS.2025.06.05>
- Lybertha, D. P., & Desiningrum, D. R. (2016). KEMATANGAN EMOSI DAN PERSEPSI TERHADAP PERNIKAHAN PADA DEWASA AWAL: Studi Korelasi pada Mahasiswa Fakultas Hukum Universitas Diponegoro. *Jurnal EMPATI*, 5(1), 148–152. <https://doi.org/10.14710/empati.2016.15094>
- Magaji, P. R. (2024). *The Influence of Family Communication Patterns and Parenting Styles on Relationship Intimacy, The Mediating Role of Self-Esteem*.
- Mandasari, R. (2014). Gambaran fear of intimacy dalam hubungan romantis pada dewasa muda yang mengalami perceraian orangtua. Universitas Indonesia.

- Margolis, G. (1978). Becoming Close: Intimate Relations Among College Students. *Journal of American College Health Association*, 27(3), 153–156. <https://doi.org/10.1080/01644300.1978.10392848>
- Meunasah, O. R., & Mardianto, M. (2025). Kontribusi Self Acceptance terhadap Fear of Intimacy pada Mahasiswa yang Orang Tuanya Bercerai di Kota Padang. *MASALIQ*, 5(1), 458–472. <https://doi.org/10.58578/masaliq.v5i1.4784>
- Munandar, A. (2020). *Metodologi Penelitian Kuantitatif dan Kualitatif*. CV. MEDIA SAINS INDONESIA.
- Olson, D. H. L., DeFrain, J. D., & Skogrand, L. (2011). *Marriages & families: Intimacy, diversity, and strengths* (Seventh edition). McGraw-Hill.
- Perez, V. M. (2023). *Origins of Fear of Intimacy: The Effects of Parental Involvement and Attachment Style*. University of Central Florida
- Pertiwi & Kusumiati. (2024). Fear of Intimacy Pada Dewasa Awal Dengan Orang Tua Yang Melakukan Kekerasan Dalam Rumah Tangga. *G-Couns: Jurnal Bimbingan dan Konseling*, 8(2), 640–652. <https://doi.org/10.31316/gcouns.v8i2.5562>
- Phillips, T. M., Wilmoth, J. D., Wall, S. K., Peterson, D. J., Buckley, R., & Phillips, L. E. (2013). Recollected Parental Care and Fear of Intimacy in Emerging Adults. *The Family Journal*, 21(3), 335–341. <https://doi.org/10.1177/1066480713476848>
- Pratiwi, N., Sumadyo, B., & Rohmah, O. (2024). Situationship dan Pandangan Gaya Hidup Bebas dalam Novel Last Forever Karya Windry Ramadhina (Kajian Sosiologi Sastra). *Diskursus: Jurnal Pendidikan Bahasa Indonesia*, 7(1), 85. <https://doi.org/10.30998/diskursus.v7i1.22624>
- Priscilina, D. (2023). Dampak Psikologis Menjalani Hubungan Tanpa Status Alias 'HTS'. *Froyonion.com*. <https://www.froyonion.com/news/esensi/dampak-psikologis-menjalani-hubungan-tanpa-status-alias-hts>. Diakses pada 03 Juli 2025.
- Prisilia, R. S. (2021). PERBEDAAN SEGITIGA CINTA PADA DEWASA AWAL BERDASARKAN JENIS KELAMIN DAN JARAK. *Widya Cakra*:

- Journal of Psychology and Humanities*, 1, No. 3, 46–55.  
<https://doi.org/doi.org/10.24833/widyacakra.2021.v1.i3.p77991>
- Putri, R. A., Khairuna, R., Ullia, S., & Marsithah, I. (2024). Tantangan Mahasiswa Dalam Menghadapi Era Generasi Strawberry. *Jurnal Pendidikan Guru Sekolah Dasar*, 1(4), 1-7. <https://doi.org/10.47134/pgsd.v1i4.776>
- Rahmawati, A. F. (2024). Dampak Buruk HTS (Hubungan Tanpa Status) di Kalangan Mahasiswa. *Kompasiana*.  
<https://www.kompasiana.com/amanda17929/6665acc634777c0382610152/dampak-buruk-hts-hubungan-tanpa-status-di-kalangan-mahasiswa>.  
Diakses pada 03 Juli 2025.
- Riany, Y. E., Meredith, P., & Cuskelly, M. (2017). Understanding the Influence of Traditional Cultural Values on Indonesian Parenting. *Marriage & Family Review*, 53(3), 207–226. <https://doi.org/10.1080/01494929.2016.1157561>
- Rohner, R. P., dkk. (2019). Psychological Maladjustment Mediates the Relation Between Remembrances of Parental Rejection in Childhood and Adults' Fear of Intimacy: A Multicultural Study. *Cross-Cultural Research*, 53(5), 508–542. <https://doi.org/10.1177/1069397118822992>
- Rony, Z. N., Muh. Daud, & Muh. Nur Hidayat. (2024). Pengaruh Pola Asuh Otoriter Orangtua Terhadap Kecemasan Sosial Remaja di Kota Makassar. *PESHUM : Jurnal Pendidikan, Sosial dan Humaniora*, 3(2), 451–456. <https://doi.org/10.56799/peshum.v3i2.3188>
- Rozali, Y. A. (2022). Komunikasi Interpersonal Sebagai Pembentuk Intimacy Pada Dewasa Awal Yang Berpacaran. *JCA Psikologi*, 3(1)
- Rus, H. M., & Tiemensma, J. (2017). "It's complicated." A systematic review of associations between social network site use and romantic relationships. *Computers in Human Behavior*, 75, 684–703. <https://doi.org/10.1016/j.chb.2017.06.004>
- Santrock, J. W. (2011). *Life-span development* (13th ed). McGraw-Hill Higher Education.
- Santrock, J. W. (2018). *Educational psychology* (Sixth Edition). McGraw-Hill Education.

- Schultz, D. P., & Schultz, S. E. (2017). Theories of Personality. *Theories of Personality*.
- Selinda, D., & Suminar, D. (2024). Literature Review: Pengaruh Pola Asuh Orang Tua terhadap Fear of Intimacy pada Remaja Akhir yang Sedang Menjalin Hubungan Romantis. *Fakultas Psikologi Universitas Airlangga*.
- Setiawati, L., Nurwianti, F., & Kilis, G. (2018). Pengaruh Ciri Kepribadian terhadap Intimasi pada Dewasa Muda yang Menjalin Hubungan Romantis. *Jurnal Psikologi Teori dan Terapan*. 8(2), 79-90
- Situmorang, K. H., & Kusumiati, R. Y. E. (2024). Gambaran Fear of Intimacy pada Dewasa Awal yang Berasal dari Keluarga Bercerai. *G-Couns: Jurnal Bimbingan dan Konseling*, 9(1), 247–262.  
<https://doi.org/10.31316/gcouns.v9i1.6260>
- Sobral, P., & Costa, E. (2015). Development of the Fear of Intimacy Components Questionnaire (FICQ): Embracing a Dependence Component. *European Journal of Psychological Assessment*, 31(4), 302–309.  
<https://doi.org/10.1027/1015-5759/a000238>
- Steinberg, R. J. (1986). *A Triangular Theory of Love*. 93 No.2, 119–135.
- Sugiyono. (2019). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D* (2019). Penerbit Alfabeta.
- Sugiyono, D. (2023). *METODE PENELITIAN KUANTITATIF, KUALITATIF, DAN R&D* (2023). Penerbit Alfabeta.
- Suhardi. (2024). *Metodologi Penelitian*. CV. Gita Lentera.
- Syaibani, R., Rodia Afriza, & Putri Chintya Sari. (2024). Dampak Pola Asuh Otoriter Orang Tua terhadap Kehidupan Sosial Anak di Dusun Rejo Mulyo Aceh Tamiang. *Nusantara Mengabdi Kepada Negeri*, 1(3), 96–101.  
<https://doi.org/10.62383/numeken.v1i3.494>
- Thelen, M. H., Vander Wal, J. S., Thomas, A. M., & Harmon, R. (2000). Fear of Intimacy among Dating Couples. *Behavior Modification*, 24(2), 223–240.  
<https://doi.org/10.1177/0145445500242004>

- Vangelisti, A. L., & Beck, G. (2007). Intimacy and Fear of Intimacy. In L. L'Abate (Ed.), *Low-Cost Approaches to Promote Physical and Mental Health* (pp. 395–414). Springer New York. [https://doi.org/10.1007/0-387-36899-X\\_20](https://doi.org/10.1007/0-387-36899-X_20)
- Verma, D., Grover, G., & Bahri, S. (2024). A Study on Fear of Intimacy and Attachment Styles among Young Women. *International Journal of Interdisciplinary Approaches in Psychology (IJIAP)*, 2(8 Agust), 479–491.
- Wiswanti, I. U., Kuntoro, I. A., Ar Rizqi, N. P., & Halim, L. (2020). Pola asuh dan budaya: Studi komparatif antara masyarakat urban dan masyarakat rural Indonesia. *Jurnal Psikologi Sosial*, 18(3), 211–223. <https://doi.org/10.7454/jps.2020.21>
- Wood, J. T. (2016). *Interpersonal Communication: Everyday Encounters*.
- Yahya, F., Wilson, S., & Sochos, A. (2021). Parent-Child Attachment and Romantic Relationship among Young Adults in Malaysia. *Turkish Journal of Computer and Mathematics Education (TURCOMAT)*, 12(5), 1343–1352. <https://doi.org/10.17762/turcomat.v12i5.2026>
- Zulkarnain, Z., Amiruddin, A., Kusaeri, K., & Rusydiyah, E. F. (2023). Analisis Komparasi Pola Pengasuhan Anak di Indonesia dan Finlandia. *Jurnal Obsesi : Jurnal Pendidikan Anak Usia Dini*, 7(5), 6399–6414. <https://doi.org/10.31004/obsesi.v7i5.4269>