

DAFTAR PUSTAKA

- Adilah, M. A. R., Andriany, A. R., & Nasution, N. (2024). Peran academic self efficacy dan social support terhadap academic resilience pada siswa sekolah menengah pertama. *Research and Development Journal of Education*, 10(2), 817–825.
- Akomolafe, M. J., Ogunmakin, A. O., & Fasooto, G. M. (2013). The role of academic self-efficacy, academic motivation and academic self-concept in predicting secondary school students' academic performance. *Journal of Educational and Social Research*, 3(2), 335–342.
- Alfaeni, D. K. N., & Rachmawati, Y. (2023). Etnoparenting: Pola pengasuhan alternatif masyarakat Indonesia. *Aulad: Journal on Early Childhood*, 6(1), 51–60.
- Arwing, N. A., Daud, M., & Zainuddin, K. (2022). Gambaran persepsi pola asuh helikopter pada generasi milenial di masa emerging adulthood. *Jurnal Talenta Mahasiswa*, 1(3).
- Ayuningtyas, A. S., & Trihandayani, D. (2024). Hubungan helicopter parenting dengan academic adjustment pada mahasiswa semester 2. *Innovative: Journal of Social Science Research*, 4(4), 242–252.
- Bandura, A. (1977). Self-efficacy: Toward a unifying theory of behavioral change. *Psychological Review*, 84(2), 191–215. <https://doi.org/10.1037/0033-295X.84.2.191>
- Baumrind, D. (1966). Effects of authoritative parental control on child behavior. *Child Development*, 887–907.
- Baumrind, D. (1991). The influence of parenting style on adolescent competence and substance use. *The Journal of Early Adolescence*, 11(1), 56–95.
- Bernstein, G., & Triger, Z. (2010). Over-parenting. *UC Davis Law Review*, 44, 1221.
- Brinkworth, R., McCann, B., Matthews, C., & Nordstrom, K. (2009). First year expectations and experiences: Student and teacher perspectives. *Higher Education*, 58(2), 157–172.

- Buchanan, T., & LeMoyne, T. (2020). Helicopter parenting and the moderating impact of gender and single-parent family structure on self-efficacy and well-being. *The Family Journal*, 28(3), 262–272.
- Chemers, M. M., Hu, L. T., & Garcia, B. F. (2001). Academic self-efficacy and first year college student performance and adjustment. *Journal of Educational Psychology*, 93(1), 55.
- Cline, F. W., & Fay, J. (1990). *Parenting with love and logic: Teaching children responsibility*. Pinon.
- Damar Adi Hartaji, R. (2012). Motivasi berprestasi pada mahasiswa yang berkuliah dengan jurusan pilihan orang tua.
- Darmayanti, K. K. H., Anggraini, E., Winata, E. Y., & Mardianto, M. F. F. (2021). Confirmatory factor analysis of the academic self-efficacy scale: An Indonesian version. *Jurnal Pengukuran Psikologi dan Pendidikan Indonesia (JP3I)*, 10(2), 118–132.
- Fatimah, S., Manuardi, A. R., & Meilani, R. (2021). Tingkat efikasi diri performa akademik mahasiswa ditinjau dari perspektif dimensi Bandura. *Prophetic: Professional, Empathy, Islamic Counseling Journal*, 4(1), 25–36.
- Fitriani, F., & Rudin, A. (2020). Faktor-faktor penyebab rendahnya efikasi diri siswa. *Jurnal Ilmiah Bening: Belajar Bimbingan dan Konseling*, 4(2), 1–8.
- Fooladi, F., Purshahriar, H., & Ebrahimi, S. (2022). The relationship between helicopter parenting and mental health with academic welfare in high school female students: The mediating role of academic self-efficacy. *Journal of Modern Psychological Researches*, 17(66), 217–228.
- Gafur, H. (2015). *Mahasiswa & dinamika dunia kampus*. Rasibook.
- Ganaprkasam, C., Davaidass, K. S., & Muniandy, S. C. (2018). Helicopter parenting and psychological consequences among adolescent. *International Journal of Scientific and Research Publications*, 8(6), 378–382.
- Garett, R., Liu, S., & Young, S. D. (2017). A longitudinal analysis of stress among incoming college freshmen. *Journal of American College Health*, 65(5), 331–338. <https://doi.org/10.1080/07448481.2017.1312413>
- Ginting, C. (2003). *Kiat belajar di perguruan tinggi*. Grasindo.

- Himawan, K. K. (2024). Menggali kearifan kolektivisme: Pendekatan berbasis relasi dalam penelitian dan praktik psikologi di Indonesia. *Jurnal Psikologi Ulayat*, 11(1), 1–5.
- Hulukati, W., & Djibran, M. R. (2018). Analisis tugas perkembangan mahasiswa fakultas ilmu pendidikan universitas negeri gorontalo. *Jurnal Bikotetik (Bimbingan dan Konseling: Teori dan Praktik)*, 2(1), 73–80.
- Islam, M. R. (2018). Sample size and its role in Central Limit Theorem (CLT). *Computational and Applied Mathematics Journal*, 4(1), 1–7.
- Jung, E., Hwang, W., Kim, S., Sin, H., Zhang, Y., & Zhao, Z. (2019). Relationships among helicopter parenting, self-efficacy, and academic outcome in American and South Korean college students. *Journal of Family Issues*, 40(18), 2849–2870.
- Khan, M. (2023). Academic self-efficacy, coping, and academic performance in college. *International Journal of Undergraduate Research and Creative Activities*, 5(1), 3.
- Khotimah. (2024). Psikolog Lita Gading kritik pola asuh orang tua Lady Aurellia: Ini bukan kasih sayang, ini berlebihan. *Suara.com*. <https://www.suara.com/lifestyle/2024/12/19/083835/psikolog-lita-gading-kritik-pola-asuh-orang-tua-lady-aurellia-ini-bukan-kasih-sayang-ini-berlebihan>
- Kim, J. (2018). Comparing mothers' and fathers' helicopter parenting as predictors of self-efficacy among emerging adults in college.
- Kolo, A. G., Jaafar, W. M. B. W., & Ahmad, N. B. (2017). Relationship between academic self-efficacy beliefs of college students and academic performance. *IOSR Journal of Humanities and Social Science (IOSR-JHSS)*, 22(1), 75–80.
- Kouros, C. D., Pruitt, M. M., Ekas, N. V., Kiriaki, R., & Sunderland, M. (2017). Helicopter parenting, autonomy support, and college students' mental health and well-being: The moderating role of sex and ethnicity. *Journal of Child and Family Studies*, 26, 939–949.

- LeMoyne, T., & Buchanan, T. (2011). Does “hovering” matter?: Helicopter parenting and its effect on well-being. *Sociological Spectrum*, 31, 399–418. <https://doi.org/10.1080/02732173.2011.574038>
- Li, L. K. (2012). A study of the attitude, self-efficacy, effort and academic achievement of CityU students towards research methods and statistics. *Discovery—SS Student E-Journal*, 1(54), 154–183. <https://pdfs.semanticscholar.org/b0a9/188bb5f66783c09624db8ca7b96922523ab5.pdf>
- Llorca, A., Richaud, M. C., & Malonda, E. (2017). Parenting, peer relationships, academic self-efficacy, and academic achievement: Direct and mediating effects. *Frontiers in Psychology*, 8, 2120.
- Marpaung, L. W. (2024). Mahasiswa dan gerakan anti korupsi di STIE Eka Prasetya. *Journal of Community Service (JCOS)*, 2(1), 25–33.
- Matovu, M. (2020). Academic self-efficacy and academic performance among university undergraduate students: An antecedent to academic success.
- Maulidya, F., & Adelina, M. (2018). Periodesasi perkembangan dewasa. *Periodesasi Perkembangan Dewasa*, 1–10.
- Midgley, C., Maehr, M. L., Hruda, L. Z., Anderman, E., Anderman, L., Freeman, K. E., & Urdan, T. (2000). *Manual for the patterns of adaptive learning scales*. University of Michigan, 734–763.
- Morton, S., Mergler, A., & Boman, P. (2014). Managing the transition: The role of optimism and self-efficacy for first-year Australian university students. *Australian Journal of Guidance and Counselling*, 24(1), 90–108.
- Muris, P. (2001). A brief questionnaire for measuring self-efficacy in youths. *Journal of Psychopathology and Behavioral Assessment*, 23, 145–149.
- Nelson, L. J., Padilla-Walker, L. M., & McLean, R. D. (2021). Longitudinal predictors of helicopter parenting in emerging adulthood. *Emerging Adulthood*, 9(3), 240–251.
- Odenweller, K. G., Booth-Butterfield, M., & Weber, K. (2014). Investigating helicopter parenting, family environments, and relational outcomes for millennials. *Communication Studies*, 65(4), 407–425. <https://doi.org/10.1080/10510974.2013.811434>

- Owens, M., Stevenson, J., Hadwin, J. A., & Norgate, R. (2012). Anxiety and depression in academic performance: An exploration of the mediating factors of worry and working memory. *School Psychology International*, 33(4), 433–449. <https://doi.org/10.1177/0143034311427433>
- Padilla-Walker, L. M., & Nelson, L. J. (2012). Black hawk down?: Establishing helicopter parenting as a distinct construct from other forms of parental control during emerging adulthood. *Journal of Adolescence*, 35, 1177–1190. <https://doi.org/10.1016/j.adolescence.2012.03.007>
- Pierceall, E. A., & Keim, M. C. (2007). Stress and coping strategies among community college students. *Community College Journal of Research and Practice*, 31(9), 703–712. <https://doi.org/10.1080/10668920600866579>
- Pilkington, K. (2024). Helicopter parenting and the effects on emerging adults' self-efficacy (Doctoral dissertation, Institute of Art, Design+ Technology).
- Prabowo, W., Yusuf, M., & Setiawan, H. (2020). The effect of academic self-efficacy and academic motivation on academic achievement of student at University of Indonesia. *International Journal of Instruction*, 13(2), 731–742.
- Putri, A., & Kurniawan, B. (2019). Pengaruh efikasi diri akademik terhadap prestasi akademik mahasiswa. *Jurnal Ilmu Pendidikan*, 25(1), 12–22.
- Rachmawati, Y., & Kurniati, T. (2022). Pola asuh keluarga dalam proses pembelajaran anak usia dini. *EduPsyCouns: Jurnal Pendidikan, Psikologi, dan Konseling*, 4(1), 73–82.
- Rachmawati, Y., & Sihombing, R. (2023). Persepsi anak usia dini terhadap pola asuh yang diterapkan oleh orang tua di rumah. *Aulad: Journal on Early Childhood*, 6(2), 58–67.
- Rahmawati, D., & Noto, Y. (2020). Hubungan antara academic self efficacy dengan prestasi belajar siswa. *Psikologia*, 19(1), 33–39.
- Rauf, A., Saputra, Y., Rahman, R., & Pratama, R. (2022). Hubungan academic self-efficacy dengan academic performance pada mahasiswa. *Jurnal Ilmiah Psikologi*, 8(2), 90–98.
- Santrock, J. W. (2012). *Life-Span Development* (13th ed.). New York: McGraw-Hill.

- Schunk, D. H., & Pajares, F. (2009). Self-efficacy theory. In K. R. Wentzel & A. Wigfield (Eds.), *Handbook of motivation at school* (pp. 35–54). Routledge/Taylor & Francis Group.
- Schunk, D. H., & Pajares, F. (2010). Self-efficacy theory. In K. R. Wentzel & A. Wigfield (Eds.), *Handbook of motivation at school* (pp. 35–54). Routledge/Taylor & Francis Group.
- Shin, Y. M., Park, S. Y., Kim, B. S., & Choi, J. H. (2020). The relationship between parenting styles and academic self-efficacy of college students: The mediating effect of social support. *Asian Journal of Education and Training*, 6(1), 82–90.
- Shrivastava, M., Bhattacharya, D., & Ganguly, K. (2017). Stress and academic performance. *Industrial Psychiatry Journal*, 26(1), 1–3.
- Sirozi, M., & Sulistiawati, R. (2020). Pengaruh efikasi diri akademik terhadap prestasi akademik mahasiswa fakultas ilmu pendidikan universitas sriwijaya. *Jurnal PAUD Dan Pendidikan Dasar*, 2(2), 95–103.
- Siswanti, R. (2022). Pengaruh parenting style terhadap perkembangan sosial emosional anak usia dini. *Jurnal Pendidikan Usia Dini*, 16(1), 17–27.
- Soetjiningsih. (2016). *Pengantar psikologi klinis* (8th ed.). Sagung Seto.
- Starr, L. R., & Davila, J. (2008). Clarifying co-rumination: Associations with internalizing symptoms and romantic involvement among adolescent girls. *Journal of Adolescence*, 31, 393–411.
- Sugiyono, D. (2013). *Metode penelitian pendidikan: Pendekatan kuantitatif, kualitatif, dan R&D*. Alfabeta.
- Sulistiwati, D., & Anggraini, P. (2020). Hubungan parenting style dengan efikasi diri akademik siswa kelas VIII SMPN 4 Kota Batu. *Jurnal Ilmiah Sekolah Dasar*, 4(1), 84–93.
- Suryani, N. M. A. M., & Yulia, M. (2023). Hubungan parenting style dengan efikasi diri akademik siswa. *Jurnal Pendidikan: Teori, Penelitian, dan Pengembangan*, 8(2), 236–241.

- Triana, M. (2020). Hubungan academic self-efficacy dan social support terhadap stress akademik pada mahasiswa fakultas psikologi universitas diponegoro. *Jurnal Psikologi Pendidikan dan Perkembangan*, 9(1), 1–11.
- Turgut, T., & Öztürk, C. (2021). The relationship between parenting styles and academic self-efficacy in secondary school students. *Educational Research and Reviews*, 16(8), 302–310.
- Unesco. (2021). *Global education monitoring report: Gender report*.
<https://unesdoc.unesco.org/ark:/48223/pf0000379172>
- Widiasmara, I. W. P. (2020). Efikasi diri akademik dan pengaruhnya terhadap prestasi akademik mahasiswa fakultas ilmu sosial dan politik universitas udayana. *Jurnal Ilmiah Widya Warta*, 8(1), 15–23.
- Winata, E. Y., & Suhendri, S. (2022). Pengaruh efikasi diri akademik dan strategi belajar terhadap prestasi belajar siswa. *Jurnal Konseling Gusjigang*, 7(1), 1–11.
- Wu, S. H., Chang, W. C., & Yang, C. (2017). A study of relationships among helicopter parenting, academic self-efficacy, and academic achievement in Taiwanese college students. *Social Behavior and Personality: An International Journal*, 45(7), 1081–1092.