

EMOTIONAL INTELLIGENCE SURVEY AND FOOTBALL FOOTBALL PLAYER ANXIETY OF KOMPAS KACANG GARUDA YEAR 2019/2020

ABSTRACT

The purpose of this study was to study the level of emotional intelligence and challenges of the Garuda Eagles football league players aged 14 years 2019/2020. GOR ciracas football field, East Jakarta. This research was conducted with a sample of 433 participants consisting of 16 football teams in JABODETABEK. The research method used in this research is descriptive method. Using survey techniques, use the questionnaire as a research instrument in data collection. Sampling is done by using "Random Sampling". Quantitative data analysis was performed by calculating the total score of each player's questionnaire from the 16 participating teams in the 2019/2020 Garuda Bean Compass and classifying the level of emotional anxiety from the total score. From the results of the analysis, it was found that the participants under LKG U-14 in 2019/2020 had low emotional intelligence, 58 players (2.5%), players who had emotional intelligence as many as 298 players (94.2%), and players who were has a high emotional intelligence score of 77 (3.3%). With this emotional intelligence, Kompas Kacang Garuda Age 14, 2019/2020 has moderate emotional intelligence. LKG U-14 in 2019/2020 has 243 players (56%), players who have more than 177 players (41%), and players who have a large amount of money. 13 players (3%). Thus winning the Garuda Peanut Compass League, Age 14 of 2019/2020, had low thoughts.

Keywords ----- Emotional Intelligence, Anxiety, Football