

DAFTAR PUSTAKA

- Abdullah, S. M. (2019). Social Cognitive Theory : A Bandura Thought Review published in 1982-2012. *Psikodimensia*, 18(1), 85. <https://doi.org/10.24167/psidim.v18i1.1708>
- Adi Saputro, Y., & Sugiarti, R. (2021). Dukungan Sosial Teman Sebaya dan Konsep Diri terhadap Penyesuaian Diri pada Siswa SMA Kelas X. *Philanthropy Journal of Psychology*, 5(1), 59–72. <http://journals.usm.ac.id/index.php/philanthropy59>
- Afidah, M. (2017). *Pengaruh Self Efficacy dan Dukungan Sosial Terhadap Penyesuaian Diri Siswa Baru SMA NU 1 Model Di Pondok Pesantren Tanwirul Qulub Sungelebak, Karangg*. Universitas Islam Negeri Maulana Malik Ibrahim Malang.
- Ahmad, H., Zainul Irfan, A., & Ahlufahmi, D. (2020). Hubungan Antara Pola Asuh Orang Tua Dengan Penyesuaian Diri Siswa. *Jurnal Realita*, 5, 950–966.
- Albright, J. N., & Hurd, N. M. (2018). Constellations of Social Support Among Underrepresented College Students: Associations with Mental Health. *Applied Developmental Science*, 22(4), 258–269. <https://doi.org/10.1080/10888691.2017.1287568>
- Alnadi, A., & Sari, C. A. K. (2021). Pengaruh Dukungan Sosial Terhadap Penyesuaian Diri Pada Mahasiswa Sumatera di UIN Sayyid Ali Rahmatullah. *Proyeksi*, 16(2), 153–165.
- Basharpoor, S., & Eyni, S. (2023). Research Paper Developing a Causal Model of Academic Adjustment of Students with Learning Disabilities Based on Academic Self-efficacy and Academic Eagerness: The Mediating Role of the Academic Resilience. *Journal of Learning Disabilities*, 12(2), 18–33. <https://doi.org/10.22098/jld.2022.7608.1814>
- Bum, C. H., Lee, J. H., & Choi, C. H. (2021). The Effects of Leisure Activities On Self-Efficacy and Social Adjustment: A Study of Immigrants In South Korea. *International Journal of Environmental Research and Public Health*, 18(16). <https://doi.org/10.3390/ijerph18168311>
- Creswell, J. W., & Creswell, J. D. (2018). Research Design : Qualitative, Quantitative and Mixed Methods Approaches. In *Introducing English Language* (5th ed.). Sage Publications, Inc. <https://doi.org/10.4324/9781315707181-60>
- Erzen, E., & Ozabaci, N. (2021). Effects of Personality Traits, Social Support and Self-Efficacy on Predicting University Adjustment. *Journal of Education*, 1–4. <https://doi.org/10.1177/00220574211025059>
- Fitriyani, N. (2019). Pengaruh Dukungan Sosial dan Psychological Well Being Terhadap Prestasi Belajar Santri Kelas X (Studi Kasus di MBS Sleman dan

- Ibnul Qoyyim Putri). *Jurnal Literasi*, 10(1), 34–46.
www.ejournal.almaata.ac.id/literasi
- H. Greenhaus, J., & A. Callanan, G. (2006). *Career Goal*. Sage Publications, Inc.
- Hasan, S. A., & Handayani, M. M. M. P. (2014). Hubungan antara Dukungan Sosial Teman Sebaya dengan Penyesuaian Diri Siswa Tunarungu di Sekolah Inklusi. *Jurnal Psikologi Pendidikan Dan Perkembangan*, 3(2), 128–135.
- Ivcevic, Z., & Nusbaum, E. C. (2017). *From Having an Idea to Doing Something With it: Self-Regulation for Creativity* (pp. 343–365). Elsevier.
<https://doi.org/10.1016/B978-0-12-809790-8.00020-0>
- Japar, M., & Purwati, P. (2014). Religiousity, Spirituality and Adolescents' Self-Adjustment. *International Education Studies*, 7(10).
<https://doi.org/10.5539/ies.v7n10p66>
- Kartono, K. (2007). *Perkembangan psikologi anak*. Erlangga.
- Karwowski, M., & Kaufman, J. C. (2017). The Creative Self: Effect of Beliefs, Self-Efficacy, Mindset, and Identity. In *The Creative Self: Effect of Beliefs, Self-Efficacy, Mindset, and Identity* (pp. 343–365). Elsevier.
<https://doi.org/10.1016/B978-0-12-809790-8.00020-0>
- Kaur, R. (2006). *Adolescent Psychology*. Deep & Deep Publication. LTD.
- Kourakos, M., Kafkia, T., & Minasidou. Eugenia. (2016). Social Support and Care for Patients with Alzheimer's Disease in the Community. *International Journal of Caring Sciences*, 9(3), 11863–1190.
www.internationaljournalofcaringsciences.org
- Lasarte, O. F., Díaz, E. R., Palacios, E. G., & Fernández, A. R. (2020). The Role of Social Support in School Adjustment During Secondary Education. *Psicothema*, 32(1), 100–107. <https://doi.org/10.7334/psicothema2019.125>
- Lestari, H. D., & Johan, A. (2020). Academic Support, Social Support, Enviromental Support and Entrepreneurship Education Sebagai Faktor Kontekstual yang Mempengaruhi Minat Berwirausaha Mahasiswa. *Majalah Ilmiah Manajemen Dan Bisnis*, 17(1), 38–52.
- LM. Opara., dan B. . O. (2013). Psychosocial Predictors Of Secondary School Students Adjustment To School. *European Scientific Journal*, 9(17), 303–311.
- Machali, I. (2017). *Statistik Itu Mudah (Menenal dan Menggunakan SPSS sebagai Alat Bantu Statistik)* (2nd ed.). PPMPI.
- Maharani, M. (2022). *Efikasi Diri Keputusan Karir pada Peserta Didik SMK DAN SMA di Jakarta*. Universitas Negeri Jakarta.
- Maimunah, S. (2020). Pengaruh Dukungan Sosial dan Efikasi Diri Terhadap Penyesuaian Diri. *Psikoborneo*, 8(2), 275–282.

- Mawaddah, H. (2019). Analisis Efikasi Diri pada Mahasiswa Psikologi Unimal. *Jurnal Psikologi Terapan (JPT)*, 2(2), 19–26.
- McPhillips, D. (2022). *Mental Health of US High School Students Worsened During the Covid-19 Pandemic, CDC Survey Finds*. CNN. <https://edition.cnn.com/2022/03/31/health/mental-health-teens-worse-pandemic-wellness/>
- N Lussier, R. (2017). Human Relations in Organizations Application and Skill Building. *Canadian Journal of Occupational Therapy* , 22(4). <https://doi.org/https://doi.org/10.1177/000841745502200404>
- Nadlyfah, A. K., & Kustanti, E. R. (2018). Hubungan Antara Pengungkapan Diri Dengan Penyesuaian Diri Pada Mahasiswa Rantau di Semarang. *Jurnal Empati*, 7(1), 136–144.
- Nikmaturofiqoh, S., Yohana, C., Fadillah, N., & Ekonomi, F. (2023). Pengaruh Dukungan Sosial dan Efikasi Diri Akademik Terhadap Penyesuaian Akademik Siswa Kelas X Bisnis Manajemen di SMKN 48 Jakarta. *Jurnal Ilmiah Wahana Pendidikan*, Februari, 9(3), 608–622. <https://doi.org/10.5281/zenodo.7635555>
- Noviandari, H., & Mursidi, A. (2019). Relationship of Self Concept, Problem Solving and Self Adjustment in Youth. *International Journal for Educational and Vocational Studies*, 1(6). <https://doi.org/10.29103/ijevs.v1i6.1599>
- Nur Aristya, D., & Rahayu, A. (2018). Hubungan Dukungan Sosial dan Konsep Diri dengan Penyesuaian Diri Remaja Kelas X SMA Angkasa I Jakarta. *Ikraith-Humaniora*, 2(2).
- Nuraini, A. G., Pasca Rini, A., & Pratitis, N. (2021). Penyesuaian Diri pada Mahasiswa Baru: Bagaimana Peran Efikasi Diri dan Dukungan Sosial? *Sukma : Jurnal Penelitian Psikologi*, 2(02), 136–144.
- Paniccia, M., Ippolito, C., McFarland, S., Murphy, J., & Reed, N. (2020). Self-Efficacy in Non-Concussed Youth: A Normative Study. *Brain Injury*, 34(11), 1532–1540. <https://doi.org/10.1080/02699052.2020.1792983>
- Paramanik, J., Saha, B., & Chandra Mondal, B. (2014). Adjustment of Secondary School Students with Respect to Gender and Residence. *American Journal of Educational Research*, 2(12), 1138–1143. <https://doi.org/10.12691/education-2-12-2>
- Peleg, O., & Idan-Biton, M. (2018). Self-Efficacy: Familial and Cultural Perspectives. *British Journal of Guidance and Counselling*, 48(5), 709–723. <https://doi.org/https://doi.org/10.1080/03069885.2018.1551517>
- Pirkanen, H., Jokinen, K., Karhinen-Soppi, A., Notko, M., Lämsä, T., Otani, M., Meil, G., Romero-Balsas, P., & Rogero-García, J. (2019). Children's Emotions in Educational Settings: Teacher Perceptions from Australia, China, Finland, Japan and Spain. *Early Childhood Education Journal*, 47(4), 417–

426. <https://doi.org/10.1007/s10643-019-00944-6>

- Rizal, F. (2015). Peningkatan Efikasi Diri Melalui Investigasi Kelompok Pada Mata Pelajaran Pendidikan Kewarganegaraan pada Siswa Kelas X IPA 2 di SMA Negeri 1 Cipari, Kabupaten Cilacap. *Jurnal Bimbingan Dan Konseling*, 2.
- Rizki, F., & Appulembang, Y. A. (2021). Peran Efikasi Diri Terhadap Penyesuaian Diri Selama Pembelajaran Online. *Psychology Journal of Mental Health*, 3(1), 70–81. <http://pjmh.ejournal.unsri.ac.id/>
- Sarafino, E. P., & Smith, T. W. (2011). *Health Psychology: Biopsychosocial Interactions* (7th ed.). John Wiley & Sons, Inc.
- Sarafino, E. P., & Smith, T. W. (2014). *Health psychology: Biopsychosocial Interactions* (8th ed). John Wiley & Sonc, Inc.
- Schneider, A. A. (1955). *Personal adjustment and mental health*. Rinehart.
- Shin, M., & Bolkan, S. (2021). Intellectually Stimulating Students' Intrinsic Motivation: The Mediating Influence of Student Engagement, Self-Efficacy, and Student Academic Support. *Communication Education*, 70(2), 146–164. <https://doi.org/10.1080/03634523.2020.1828959>
- Sugiyono. (2023). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D* (2nd ed.). ALFABETA. www.cvalfabet.com
- Taylor, S. E. (2018). *Health Psychology* (10th ed.). MC Graw Hill Education.
- Wahyudhani, E. B. V., Laily, N., & Amelasasih, P. (2023). The Effect of Self-Efficacy on Student Adjustment. *Proceeding Universitas Muhammadiyah Gresik Social Science and Humanities International Conference (UMGCINMATIC)*, 2(1), 33–42.
- Yeni, S., Putrie Dimala, C., & Mora Siregar, L. (2019). Kontribusi Dukungan Sosial Terhadap Kecemasan Dalam Menyusun Skripsi Pada Mahasiswa Universitas Buana Perjuangan Karawang. *Psychophedia Jurnal Psikologi Universitas Buana Perjuangan Karawang*, 4(1), 29.
- Yusuf, M. (2019). *Metode Penelitian : Kuantatif, Kualitatif, dan Penelitian Gabungan* (5th ed.). Prenadamedia Group.
- Zysberg, L., & Zisberg, A. (2022). Days of Worry: Emotional Intelligence and Social Support Mediate Worry in The COVID-19 Pandemic. *Journal of Health Psychology*, 27(2), 268–277. <https://doi.org/10.1177/1359105320949935>