

## DAFTAR PUSTAKA

- Arikunto, S. (2019). *Prosedur penelitian: Suatu pendekatan praktik*. Jakarta: Rineka Cipta.
- Azwar, S. (2020). *Reliabilitas dan validitas*. Yogyakarta: Pustaka Pelajar.
- Baiget, E., & Mellado-Arbelo, A. (2021). *Technical and tactical actions in padel*. *Kinesiology*, 53(2), 240–248
- Deci, E. L., & Ryan, R. M. (2000). *The “what” and “why” of goal pursuits: Human needs and the self-determination of behavior*. *Psychological Inquiry*, 11(4), 227–268.
- Frederick, C. M., & Ryan, R. M. (1993). *Differences in motivation for sport and exercise*. *Journal of Sport and Exercise Psychology*, 15(2), 124–146.
- García-Giménez, A., Pradas de la Fuente, F., Castellar, C., & Carrasco, L. (2022). *Tactical use of walls in padel matches*. *Journal of Human Kinetics*, 82, 145–154.
- Husdarta. (2011). *Psikologi olahraga*. Bandung: Alfabeta.
- International Padel Federation. (2023). *Official padel rules and regulations*. *Federation Internationale de Padel*.
- Komarudin. (2016). *Psikologi olahraga*. Bandung: Remaja Rosdakarya.
- Likert, R. (1932). *A technique for the measurement of attitudes*. *Archives of Psychology*, 22(140), 1–55.
- Marín, J. M., Carrasco, L., Martínez-Gallego, R., & Pradas, F. (2018). *Game patterns and shot selection in padel*. *International Journal of Performance Analysis in Sport*, 18(6), 917–930.
- Moura, F. A. (2023). *Biomechanics and injury risk in padel players*. *Sports Biomechanics*, 22(3), 375–389.
- Notoatmodjo, S. (2018). *Metodologi penelitian kesehatan*. Jakarta: Rineka Cipta.
- Nugroho, A., Tomolius, Sumaryanto, & Ilham. (2021). *Effects Of Service Quality, Social Environment And Financial On Motivation, Satisfaction, And Performance For Athletes At Training Center Pon Xx In Diy*. *International Journal Of Human Movement And Sports Sciences*, 9(5), 1067–1079. <https://doi.org/10.13189/Saj.2021.090529>
- Nuryadin, A., & Hadiyanto, E. (2023). *Dampak Latihan Intensif Atlet Esport Mobile Legends Selama 6 Jam Sehari The Impact Of Mobile Legends Esport Athletes’ Intensive Training For 6 Hours A Day*. <https://doi.org/10.52742/Josita.V2i2>
- Pelletier, L. G., et al. (1995). *Toward a new measure of intrinsic motivation, extrinsic motivation, and amotivation in sports*. *Journal of Sport & Exercise Psychology*, 17(1), 35–53.
- Raito, R., & Nurul Baety, P. (2022a). *Pengaruh Motivasi Prestasi Menurut David Mcclelland Terhadap Prestasi Akademik Siswa Dalam Pembelajaran Pai Kelas Xi Akl Di Smk Ciledug*

- Al-Musaddadiyah Garut. *Masagi*, 1(1), 192–202.  
<https://doi.org/10.37968/Masagi.V1i1.192>
- Raito, R., & Nurul Baety, P. (2022b). Pengaruh Motivasi Prestasi Menurut David McClelland Terhadap Prestasi Akademik Siswa Dalam Pembelajaran Pai Kelas Xi Akl Di Smk Ciledug Al-Musaddadiyah Garut. *Masagi*, 1(1), 192–202.  
<https://doi.org/10.37968/Masagi.V1i1.192>
- Sánchez-Alcaraz, B. J., & Courel-Ibáñez, J. (2022). Padel: Physical and physiological demands. *International Journal of Environmental Research and Public Health*, 19(3), 1234.
- Standage, M., Duda, J. L., & Ntoumanis, N. (2005). A test of self-determination theory in school physical education. *British Journal of Educational Psychology*, 75(3), 411–433.
- Sugiyono, Prof. Dr. (2012). *Metode Penelitian Kuantitatif Kualitatif Dan R&D*. Alfabeta.
- Sugiyono. (2019). *Metode penelitian kuantitatif, kualitatif, dan R&D*. Bandung: Alfabeta.
- Sugiyono. (2021). *Statistika untuk penelitian*. Bandung: Alfabeta.
- Susanto, R., Afandi, A., Penfui, A., Kupang, K., Timur, N. T., Malang, K., & Timur, J. (2024). *Kondisi Fisik Atlet Pencak Silat Tapak Suci Putra Muhammadiyah Di Sekolah Menengah Atas*. 05(1), 31–50.
- Villarreal, E. S., González, J. J., & Torres, A. M. (2023). Performance analysis in padel players. *Journal of Sports Sciences*, 41(7), 812–820.
- Weinberg, R. S., & Gould, D. (2019). *Foundations of sport and exercise psychology (7th ed.)*. Champaign, IL: Human Kinetics.
- Winarno, M. E. (2017). *Metodologi penelitian dalam pendidikan jasmani*. Malang: Universitas Negeri Malang Press.