

DAFTAR PUSTAKA

- Abzug, R. (2016). Extramarital affairs as occupational hazard: A structural, ethical (cultural) model of opportunity. *Sexualities*, 19(1-2), 25-45.
- Afra, I., Sutatminingsih, R., & Siregar, R. H. (2025). Pengaruh kepuasan pernikahan dan self-esteem pada sikap terhadap perselingkuhan dewasa awal yang bekerja: penelitian. *Jurnal Pengabdian Masyarakat dan Riset Pendidikan*, 4(2), 13818-13821.
- Aiken, L. R. (1994). *Psychological Testing and Assessment*, (Eight Edition). Boston: Allyn and Bacon.
- Ajzen, I. (1991). The theory of planned behavior. *Organizational behavior and human decision processes*, 50(2), 179-211.
- Amalia, V., & Ratnasari, Y. (2017). Kepuasan pernikahan berhubungan dengan kecenderungan berselingkuh. *Jurnal Ilmu Perilaku*, 1(1), 45-57.
- Ananda, G. Y. W., & Indrawati, K. R. (2026). Dampak fisik, emosional, dan perilaku pada perempuan korban perselingkuhan: sebuah tinjauan literatur. *Jurnal Penelitian Inovatif*, 6(1), 467-476.
- Antara. (2025, 11 April). *Pengadilan Agama Jakbar: perselingkuhan jadi penyebab utama perceraian*. ANTARA News. <https://www.antaranews.com/berita/4765785/pengadilan-agama-jakbar-perselingkuhan-jadi-penyebab-utama-perceraian>
- Apreviadizy, P., & Puspitacandri, A. (2014). Perbedaan stres ditinjau dari ibu bekerja dan ibu tidak bekerja. *Jurnal Psikologi Tabularasa*, 9(1).
- Atapour, N., Falsafinejad, M. R., Ahmadi, K., & Khodabakhshi-Koolaei, A. (2021). A study of the processes and contextual factors of marital infidelity. *Practice in Clinical Psychology*, 9(3).
- Azwar, S. 2012. *Reliabilitas dan Validitas*. Yogyakarta: Pustaka Pelajar
- Azzahra, H., Djamal, N. N., & Firdaus, D. F. Pengaruh marital satisfaction terhadap kecenderungan infidelity pada dewasa madya pengguna facebook. *Journal of Psychology Students*, 2, 72-82.

- Blow, A. J., & Hartnett, K. (2005). Infidelity in committed relationships i: a methodological review. *Journal of Marital and Family Therapy*, 31(2), 183-216.
- Blow, A. J., & Hartnett, K. (2005). Infidelity in committed relationships ii: a substantive review. *Journal of Marital and Family Therapy*, 31(2), 217-233.
- Bradbury, T. N., Fincham, F. D., & Beach, S. R. (2000). Research on the nature and determinants of marital satisfaction: A decade in review. *Journal of marriage and family*, 62(4), 964-980.
- Brand, R. J., Markey, C. M., Mills, A., & Hodges, S. D. (2007). Sex differences in self-reported infidelity and its correlates. *Sex roles*, 57(1), 101-109.
- Cerrato, J., & Cifre, E. (2018). Gender inequality in household chores and work-family conflict. *Frontiers in psychology*, 9, 1330.
- Cohen, J. (1988). *Statistical power analysis for the behavioral sciences (2nd edition.)*. New York, NY: Academic Press.
- Creswell, J. W. (2009). Research designs: Qualitative, quantitative, and mixed methods approaches. *California: Sage*.
- Field, A. (2018). *Discovering statistics using IBM SPSS statistics (5th ed.)*. SAGE Publications Ltd.
- Fincham, F. D., & May, R. W. (2017). Infidelity in romantic relationships. *Current opinion in psychology*, 13, 70-74.
- Fowers, B. J., & Olson, D. H. (1993). ENRICH marital satisfaction scale: a brief research and clinical tool. *Journal of Family psychology*, 7(2), 176.
- Ginanjari, A. S., Primasari, I., Rahmadini, R., & Astuti, R. W. (2020). Hubungan antara work-family conflict dan work-family balance dengan kepuasan pernikahan pada istri yang menjalani dual-earner family. *Jurnal Ilmu Keluarga dan Konsumen*, 13(2), 112-124.
- GoodStats Data. (2024). *Peningkatan partisipasi perempuan pekerja formal dan informal* 2024.
<https://data.goodstats.id/statistic/peningkatan-partisipasi-perempuan-pekerja-formal-dan-informal-2024-tclBy>

- GoodStats Data. (2025). *Partisipasi kerja perempuan naik ke 56%, kesenjangan masih lebar*.
<https://data.goodstats.id/statistic/partisipasi-kerja-perempuan-naik-ke-56-kesenjangan-masih-lebar-yLlSk>
- Greenhaus, J. H., & Beutell, N. J. (1985). Sources of conflict between work and family roles. *Academy of management review*, 10(1), 76-88.
- Habibi, M., Sayed Alitabar, S. H., Pouravari, M., & Salehi, S. (2019). Reliability, validity and factor structure for the attitudes toward infidelity scale. *Journal of Research & Health*, 9(4).
- Hair, J. F., Black, W. C., Babin, B. J., & Anderson, R. E. (2019). *Multivariate Data Analysis*. Hampshire, United Kingdom.
- Hermaleni, T. (2018). Perbedaan kepuasan pernikahan ditinjau dari ideologi gender pada istri yang bekerja. *Jurnal RAP (Riset Aktual Psikologi Universitas Negeri Padang)*, 9(2), 185-194.
- Hill, E. J. (2005). Work-family facilitation and conflict, working fathers and mothers, work-family stressors and support. *Journal of Family Issues*, 26(6), 793–819.
- Hurlock, E. B. (1980). *Developmental psychology: A life-span approach* (5th ed.). McGraw-Hill.
- Huțanu, T. E., & Holman, A. C. (2026). The roles of fear of loneliness in the association between anxious attachment and attitudes toward infidelity. *Current Psychology*, 45, 710.
- Iba, Z., & Wardhana, A. (2024). *Operasionalisasi variabel, skala pengukuran & instrumen penelitian kuantitatif*. Purbalingga: CV. Eureka Media Aksara.
- Ibrahim, A. R., Utomo, H. B., & Hanurawan, F. (2025). Adaptasi alat ukur ENRICH marital satisfaction scale (EMS) versi indonesia. *Jurnal Diversita*, 11(1), 165-175.
- Isma, M. N. P., & Turnip, S. S. (2019). Personality traits and marital satisfaction in predicting couples' attitudes toward infidelity. *Journal of Relationships Research*, 10, e13.

- Karney, B. R., & Bradbury, T. N. (1995). The longitudinal course of marital quality and stability: A review of theory, methods, and research. *Psychological bulletin*, 118(1), 3.
- Khairuddin, K. (2024). Fenomena tren perceraian di indonesia: apa penyebabnya?. *Abdurrauf Science and Society*, 1(1), 1-8.
- Kharisma, A. (2024, Juli 10). *Daftar 10 profesi yang rentan selingkuh menurut survei*. detikcom.
- Kuroki, M. (2013). Opposite-sex coworkers and marital infidelity. *Economics Letters*, 118(1), 71–73.
- Lestari, W. A., & Hamidah. (2021). Hubungan antara kepribadian narsistik dengan sikap terhadap perselingkuhan pada individu dewasa awal yang telah menikah. *Buletin Riset Psikologi dan Kesehatan Mental (BRPKM)*, 1(1), 678–686.
- Li, T., & Fung, H. H. (2011). The dynamic goal theory of marital satisfaction. *Review of general psychology*, 15(3), 246-254.
- Luo, W., & Yu, J. (2022). Sexual infidelity among the married in China. *Chinese Journal of Sociology*, 8(3), 374-397.
- Mark, K. P., Janssen, E., & Milhausen, R. R. (2011). Infidelity in heterosexual couples: Demographic, interpersonal, and personality-related predictors of extradyadic sex. *Archives of sexual behavior*, 40(5), 971-982.
- Mohammadi, M., & Karami, A. (2025). The prediction of attitude towards marital infidelity in married women based on quality of relationship with father, religious attitude and emotional dysregulation. *Health, Spirituality and Medical Ethics*, 12(1), 9-16.
- Moradi, Z., Maleki, M., & Namjoo, F. (2020). Predicting lifestyle and marital intimacy on the tendency to marital infidelity in women. *Psychology of Woman Journal*, 1(1), 38-51.
- Nafisa, H., & Ratnasari, Y. (2022, April). Prediction of attitudes towards infidelity among married individuals based on marital satisfaction and grateful disposition. In *3rd Tarumanagara International Conference on the Applications of Social Sciences and Humanities (TICASH 2021)* (pp. 1593-1599). Atlantis Press.

- Nunnally, J. C. (1978). *Psychometric theory* (2nd ed.). McGraw-Hill.
- Nurfajriah, A., Sovitriana, R., & Shofiyah (2025). Sikap perselingkuhan pada pasangan yang menjalankan long distance marriage. *Journal of Life Span Development*, 2(5), 235-245.
- Nurhamida, Y. (2013). Power in marriage pada ibu bekerja dan ibu rumah tangga. *Jurnal Psikogenesis*, 1(2), 185-198.
- Othman, M. B. (2015). Role of women in achieving shared prosperity: An impact study of Islamic microfinance in Malaysia. *Procedia-Social and Behavioral Sciences*, 211, 1043-1048.
- Poduval, J., & Poduval, M. (2009). Working mothers: how much working, how much mothers, and where is the womanhood?. *Mens sana monographs*, 7(1), 63.
- Pourmolaie, S., Sazesh Rahbarjou, S. S., & Shamsaldini, A. (2023). Predicting attitudes towards marital infidelity based on marital conflict and marital quality among women. *Knowledge & Research in Applied Psychology*, 4(3), 15.
- Pramoni, N. B., Ernawati, S., & Putri, D. R. (2025). Gambaran komitmen pernikahan pada pasangan suami istri yang menjalani hubungan pernikahan jarak jauh. *Jurnal Riset Sosial Humaniora dan Pendidikan*, 3(5), 83-90.
- Purnomo, & Sutadji, E. (2022). *Analisis Data Multivariat*. Banyumas : Omera Pustaka.
- Ramadani, N. (2016). Implikasi peran ganda perempuan dalam kehidupan keluarga dan lingkungan masyarakat. *Sosietas: jurnal pendidikan sosiologi*, 6(2).
- Rangkuti, A. A. (2017). *Statistika inferensial untuk psikologi dan pendidikan*. Kencana.
- Renanita, T. & Setiawan, J. L. (2018). Marital satisfaction in terms of communication, conflict resolution, sexual intimacy, and financial relations among working and non-working wives. *Makara Human Behavior Studies in Asia*, 22(1), 12-21.

- Rizky, J., & Santoso, M. B. (2018). Faktor pendorong ibu bekerja sebagai k3l unpad. *Prosiding Penelitian Dan Pengabdian Kepada Masyarakat*, 5(2), 158.
- Rokach, A., & Chan, S. H. (2023). Love and infidelity: Causes and consequences. *International journal of environmental research and public health*, 20(5), 3904.
- Rosaldo, M. Z., Lamphere, L., & Bamberger, J. (1974). *Woman, culture, and society* (Vol. 133). Stanford University Press.
- Roshanaei, M. (2022). Prediction of attitudes towards infidelity based on identity and life satisfaction. *Iranian Journal of Educational Research*, 1(2), 38-55.
- Sadriani, A. (2024). Konflik peran ganda dan keharmonisan rumah tangga: Studi kasus pada wanita karir di kota makassar. *EDUSOS: Jurnal Edukasi Dan Ilmu Sosial*, 1, 38-45.
- Shabankare, M. G., Heidari, A., Makvandi, B., & Marashian, F. S. (2021). Relationship of forgiveness and feeling of loneliness with attitudes toward marital infidelity regarding the moderating role of marital satisfaction in married students. *Avicenna Journal of Neuro Psycho Physiology*, 8(2), 77-83.
- Silalahi, L. M., Saragih, J. I., & Hasnida. (2022). Effect of marital satisfaction and religiosity on infidelity intentions in individuals undergoing long distance marriages. *International Journal of Progressive Sciences and Technolgies*, 35(2), 327-335.
- Sugiyono, D. (2013). *Metode penelitian pendidikan pendekatan kuantitatif, kualitatif dan R&D*. Bandung: Alfabeta.
- Sugiyono, & Susanto, A. (2015). *Cara Mudah Belajar SPSS & Lisrel (Teori dan Aplikasi untuk Analisis Data Penelitian)*. Bandung: Alfabeta.
- Suharyat, Y. (2009). Hubungan antara sikap, minat dan perilaku manusia. *Jurnal region*, 1(3), 1-19.
- Syukur, R. E. R. (2025, April 11). *Pengadilan Agama Jakbar: Perselingkuhan jadi penyebab utama perceraian*. Antara News.

- Uchegbu, I. C. (2024). Phubbing behavior, age and relationship satisfaction as antecedents of attitude towards marital infidelity among female nurses in owerri, imo state. *African Journal of Social and Behavioural Sciences*, 14(6).
- Veronika, M., & Afdal, A. (2021). Analisis kepuasan pernikahan pada pasangan suami istri yang bekerja. *Jurnal EDUCATIO: Jurnal Pendidikan Indonesia*, 7(1), 81-85.
- Wang, W. (2018, January 10). *Who cheats more? The demographics of infidelity in America*. Institute for Family Studies. <https://ifstudies.org/blog/who-cheats-more-the-demographics-of-cheating-in-america>
- Wang, W. (2025, August 25). *Men with prestigious jobs are more likely to cheat*. Institute for Family Studies. <https://ifstudies.org/blog/men-with-prestigious-jobs-are-more-likely-to-cheat>
- Whatley, M. A. (2008). Attitudes toward infidelity scale. *Choices in relationships* (9th ed.). Belmont, CA: Thompson Wadsworth Publishing.
- Wilson, K., Mattingly, B. A., Clark, E. M., Weidler, D. J., & Bequette, A. W. (2011). The gray area: Exploring attitudes toward infidelity and the development of the Perceptions of Dating Infidelity Scale. *The Journal of social psychology*, 151(1), 63-86.
- Wimalasena, N. A. (2016). An analytical study of definitions of the term “marriage”. *International Journal of Humanities and Social Science*, 6(1), 166-174.
- Zhang, C., & Liang, Y. (2023). The impact of education level on marital satisfaction: Evidence from China. *Social Sciences & Humanities Open*, 7(1), 100487.
- Zuhdi, S. (2018). Membincang peran ganda perempuan dalam masyarakat industri. *Jurnal Jurisprudence*, 8(2), 81-86.