

DAFTAR PUSTAKA

- Abusbaitan, H. A., Eyadat, A. M., Holt, J. M., Telfah, R. K., Zahra, T. F. A., Zahra, T. F. A., Mobarki, A. A., Mkandawire-valhmu, L., Kako, P. M., Gondwe, K. W., & Lopez, A. A. (2025). Emotional Abuse Against Women in the Context of Intimate Relationships : A Concept Analysis. *Nursing Forum*, 2025.
- Agusdwitanti, H., Tambunan, S. ., & Retnaningsih. (2015). Kelekatan dan Intimasi pada Dewasa Awal. *Jurnal Psikologi*, 8(1), 18–24.
- Akuan, F. D. F., & Brebahama, A. (2025). Hubungan antara Perceived Social Support dengan Self Esteem Pada Remaja Penyandang ADHD. *Jurnal Psikogenesis*, 13(2), 138–146.
- Aliyah, P. N., & Kusdiyati, S. (2021). Pengaruh Perceived Social Support terhadap Psychological Distress Pada Remaja SMA di Masa Pandemi COVID-19. *Jurnal Riset Psikologi*, 59–68.
- Apaolaza, V., Hartmann, P., Souza, C. D., & Gilsanz, A. (2019). Mindfulness , Compulsive Mobile Social Media Use , and Derived Stress : The Mediating Roles of Self-Esteem and Social Anxiety. *Cyberpsychology, Behavior, and Social Networking*, 22(6), 388–396.
<https://doi.org/10.1089/cyber.2018.0681>
- Ariadne, A. L. (2023). Pengaruh Kecerdasan Emosi terhadap Kekerasan dalam Pacaran Mahasiswa di Kota Bandung. *Jurnal Riset Psikologi (JRP)*, 3(2), 139–146.
- Arnett, J. J. (2000). Emerging Adulthood. *American Psychologist*, 55(5), 469–480.
<https://doi.org/10.1037//0003-066X.55.5.469>

- Arnett, J. J. (2024). *Emerging adulthood: The winding road from the late teens through the twenties*. Oxford University Press.
- Astrawan, M. I. (2025). GENERAL DESCRIPTION OF SELF-ESTEEM ON NEW STUDENTS IN INDONESIA. *Journal of Psychology and Humans*, 1(1), 29–37.
- Azwar, Saifuddin. (2012). *Penyusunan skala psikologi* . Edisi 2. Yogyakarta: Pustaka Belajar.
- Budiarto, Y., & Helmi, A. F. (2021). Shame and Self-Esteem : A Meta-Analysis. *Europe's Journal of Psychology*, 17(2), 131–145.
- Chen, W., Zhang, D., Pan, Y., Hu, T., Liu, G., & Luo, S. (2016). Perceived Social Support and Self-Esteem as Mediators of the Relationship Between Parental Attachment and Life Satisfaction Among Chinese Adolscents. *Personality and Individual Differences*, 108(2017), 98–102.
<https://doi.org/10.1016/j.paid.2016.12.009>
- Cohen, L., Manion, L., & Morrison, K. (2018). *Research Methods in Education 8th Edition*.
- Collins, W. A. (2003). More than Myth : The Developmental Significance of Romantic Relationships During Adolescence. *Journal of Research on Adolsence*, 13(1), 1–24.
- Collins, W. A., Welsh, D. P., & Furman, W. (2009). *Adolescent Romantic Relationships*. <https://doi.org/10.1146/annurev.psych.60.110707.163459>
- Coopersmith, S. (1967). *The Antecedents of Self-Esteem*.
- Creswell, J. W., & Creswell, J. D. (2023). *Research Design Qualitative, Quantitative, and Mixed Methods Approaches*.

- Darwin, M., Mamondol, M. R., Sormin, S. A., Nurhayati, Y., Tambunan, H., Sylvia, D., Adnyana, I. M. D. M., Prasetyo, B., Vianitati, P., & Gebang, A. A. (2021). *Metode Penelitian Pendekatan Kuantitatif*.
- DeLamater, J. D., Myers, D. J., & Collett, J. L. (2014). *Social Psychology 8th Edition*.
- Eagle, D. E., Hybels, C. F., & Proeschold-Bell, R. J. (2019). Perceived Social Support, Received Social Support, and Depression Among Clergy. *Journal of Social and Personal Relationship*, 36(7), 2055–2073.
- Ebel, R. L. & Frisbie, D. A. (1991). *ESSENTIALS OF EDUCATIONAL MEASUREMENT*.
- Eleanora, F. N., Ismail, Z., & Lestari, M. P. (2023). Perlindungan Hukum Korban Tindak Kekerasan Dalam Pacaran Ditinjau Dari Perspektif Viktimologi Dan Psikososial. *Jurnal Kajian Ilmiah*, 23(1), 33–42.
- Engel, B. (2002). *The emotionally abusive relationship: a breakthrough program to overcome unhealthy patterns*. New Jersey: John Wiley & Sons, Inc.
- Erikson, E. (1968). *Identity Youth and Crisis*.
- Feist, J., Feist, G. J., & Roberts, T.-A. (2018). Theories of Personality. In *McGraw-Hill Education*. https://doi.org/10.5005/jp/books/11135_13
- Fromm, E. (2006). *The Art of Loving*.
- Fromm, E. (2006). *The art of loving*. Harper Perennial Modern Classics.
- Ghufron, M. N., & Risnawitis, R. (2010). Teori-teori psikologi. Ar-Ruzz Media.
- Gnambs, T. (2017). *Cognitive Abilities Explain Wording Effects in the Rosenberg Self-Esteem Scale*. <https://doi.org/10.1177/1073191117746503>

- Gnambs, T., A. S., & Schroeders, U. (2018). *Zeitschrift für Psychologie / Journal of Psychology* . <https://doi.org/10.5157/NEPS>
- Grey, I., Arora, T., Thomas, J., Saneh, A., Tohme, P., & Abi-habib, R. (2020). The role of perceived social support on depression and sleep during the COVID-19 pandemic. *Psychiatry Research*, 293(September), 113452. <https://doi.org/10.1016/j.psychres.2020.113452>
- Grey, I., Arora, T., Thomas, J., Saneh, A., Tohme, P., & Abi-Habib, R. (2020). The role of perceived social support on depression and sleep during the COVID-19 pandemic. *Psychiatry Research*, 293, 113452. <https://doi.org/10.1016/j.psychres.2020.113452>
- Grimaldy, D. V., Nirbayaningtyas, R. B., & Haryanto, H. C. (2017). Efektivitas jurnal kebahagiaan dalam meningkatkan. *INQUIRY: Jurnal Ilmiah Psikologi*, 8(2), 100–110.
- Gutiérrez-Sánchez, B., López-Martínez, C., Da-Silva-Domingues, H., & Del-Pino-Casado, R. (2024). Relationship Between Perceived and Received Social Support in Family Caregivers : A Systematic Review with Meta-Analysis. *Nursing Reports*, 14(4), 3466–3475.
- Ha, T., Kim, H., & McGill, S. (2019). When conflict escalates into intimate partner violence: The delicate nature of observed coercion in adolescent romantic relationships. *Development and Psychopathology*, 31(5), 1729–1739. doi:10.1017/S0954579419001007
- Halodoc. (2025). *Perbedaan verbal dan emotionally abusive: Pelajari ciri, dampak, dan cara mengenali kedua bentuk kekerasan ini*. Halodoc. <https://www.halodoc.com/artikel/perbedaan-verbal-dan-emotionally-abusive-kenali-tanda-dan-dampaknya>
- House, J. S. (1981). *Work stress and social support*. Addison-Wesley.
- Hutasoit, L. (2025, March 10). *Kekerasan pada Istri Paling Banyak Dilaporkan ke Komnas Perempuan*. IDN Times.

<https://www.idntimes.com/news/indonesia/kekerasan-pada-istri-paling-banyak-dilaporkan-ke-komnas-perempuan-00-sbfjr-s5l5d7>

- Irmansyah, E., & Ningrat, R. C. (2024). Loneliness pada Masa Dewasa Awal : Tinjauan Sistematis Literatur. *Jurnal Psikologi Dan Konseling West Science*, 2(04), 327–337.
- Irmayanti, N., & Zuroidah, A. (2024). Gambaran Ketergantungan Emosional dan Harga Diri Pada Korban Kekerasan Dalam Pacaran : Sistematis Review. *JURNAL PSIKOLOGI: Jurnal Ilmiah Fakultas Psikologi Universitas Yudharta Pasuruan*, 11(2), 314–332.
- Iskandar, S. N., Minarni, & Zubair, A. G. H. (2021). Regulasi Emosi dan Emotional Abuse pada Dating Violence. *Jurnal Psikologi Karakter*, 1(2), 117–122.
- Jukiro, T. A. K., Fitriah, A., & Marsha, G. C. (2024). Pengaruh Hope Terhadap Trust Of Romantic Love Pada Perempuan Dewasa Awal. *Jurnal Psikologi*, 1(4), 1–19.
- Khalaf, A., Ziad, R., Ny, P., & Hammarlund, C. S. (2026). Psychometric properties of Rosenberg ' s self-esteem scale among adolescents : a Rasch model analysis. *Frontiers in Psychology*, March. <https://doi.org/10.3389/fpsyg.2026.1704135>
- Khaninah, A. N., & Widjanarko, M. (2016). PERILAKU AGRESIF YANG DIALAMI KORBAN KEKERASAN DALAM PACARAN. *Jurnal Psikologi Undip*, 15(2), 151–160.
- Khoiriah, C. (2021). Gaya Kelekatan dan Emotional Abuse pada Dewasa Awal Berpacaran. *Jurnal Psikologi Terapan*, 4(1), 13–20.
- Kojongian, F. J., Hartati, M. E., & Kaunang, S. E. J. (2023). HUBUNGAN ANTARA CINTA DAN LOVE LANGUAGE PADA MAHASISWA PSIKOLOGI YANG SEDANG BERPACARAN. *Jurnal Sains Riset (JSR)*, 13(2), 709–717.

- Kristhi, N. S., & Sukmaningrum, E. (2023). Neurotic Trends Among Individuals in Early Adulthood Who Experiences Emotional Abuse in Dating Relationship. *ANIMA Indonesian Psychological Journal*, 38(2), 250–289.
- Kurniawan, E. J., & Sutanto, S. H. (2025). “KNOW THYSELF !”: KEJELASAN KONSEP DIRI MENINGKATKAN HUBUNGAN BERKUALITAS PADA DEWASA AWAL YANG BERPACARAN. *Jurnal Psikologi Ulayat*, 12(1), 30–47. <https://doi.org/10.24854/jpu955>
- Lakey, B. (1989). Personal and Environmental Antecedents of Perceived Social Support Developed at College. *American Journal of Community Psychology*, 17(4).
- Lestari, A. S., Aprianty, R. A., & Hariyono, D. S. (2025). Pengalaman Emotional Abuse Dan Kecemasan Dalam Menjalani Relasi Romantis Pada Dewasa Awal. *Psikoislamedia Jurnal Psikologi*, 10(2), 185–196.
- Levinson, D. J. (1978). *The seasons of a man's life*. New York: Ballantine.
- Maldonado, A. I., Farzan-kashani, J., Sun, S., Pitts, S. C., Lorenzo, J. M., Barry, R. A., & Murphy, C. M. (2020). Psychometric Properties and Factor Analysis of a Short Form of the Multidimensional Measure of Emotional Abuse. *Journal of Interpe*, 1–26. <https://doi.org/10.1177/0886260520957668>
- Maroqi, N. (2018). *UJI VALIDITAS KONSTRUK PADA INSTRUMEN ROSENBERG SELF ESTEEM SCALE*. 7(2), 92–96.
- Matud, M. P., Estefan, D., Fortes, D., & Ib, I. (2023). Dating Violence and Mental Health in Emerging Adulthood. *Healthcare*, 11(24).
- Moksnes, U. K., Espnes, G. A., Eilertsen, M. E. B., Bjørnsen, H. N., Ringdal, R., & Haugan, G. (2024). Validation of Rosenberg self - esteem scale among Norwegian adolescents – psychometric properties across samples. *BMC Psychology*. <https://doi.org/10.1186/s40359-024-02004-0>

- Mulya, I. S., & Pohan, L. D. (2023). Pemaknaan Perceived Social Support pada Mantan Penyalahguna Narkoba di Indonesia : Studi Kualitatif. *GUIDENA: Jurnal Ilmu Pendidikan, Psikologi, Bimbingan Konseling*, 13(2), 550–564.
- Murphy, C. M. (2018). *Turkish Version of the Multidimensional Measure of Emotional Abuse: Preliminary Psychometrics in College Students*. 33(2), 275–295.
- Murphy, C. M., & Hoover, S. A. (1999). Measuring Emotional Abuse in Dating Relationships as a Multifactorial Construct. *Violence and Victims*, 14(1), 39–53.
- Okunlola, O. B., Odukoya, J. A., & Gesinde, A. M. (2020). Outcomes of sexual abuse on self-esteem among adolescents: A systematic review. *Cogent Social Sciences*, 7(1). <https://doi.org/10.1080/23311886.2020.1856296>
- Peleg-Koriat, I., Weimann-Saks, D., & Ben-Ari, R. (2018). The Relationship between Power Perception and Couple's Conflict Management Strategy. *Journal of Couple & Relationship Therapy*, 17(3), 227–249. <https://doi.org/10.1080/15332691.2017.1399847>
- Peterson, R. A. (1994). *Coefficient Alpha*. 21(September).
- Poudel, A., Gurung, B., & Khanal, G. P. (2020). Perceived social support and psychological wellbeing among Nepalese adolescents: the mediating role of self-esteem. *BMC Psychology*, 8(1). <https://doi.org/10.1186/s40359-020-00409-1>
- Putri, J. E., Neviyarni, N., Marjohan, M., Ifdil, I., & Afdal, A. (2022). Konsep Self Esteem Pada Wanita Dewasa Awal yang Mengalami Perceraian. *Jurnal EDUCATIO (Jurnal Pendidikan Indonesia)*, 8(1), 20–25.

- Putri, J. E., Neviyarni, N., Marjohan, M., Ifdil, I., & Afdal, A. (2022). Konsep Self Esteem Pada Wanita Dewasa Awal yang Mengalami Perceraian. *Jurnal EDUCATIO (Jurnal Pendidikan Indonesia)*, 8(1), 20–25.
- Ramadhani, D. P., & Herdiana, I. (2022). Buletin Riset Psikologi dan Kesehatan Mental Hubungan Kekerasan dalam Pacaran dengan Self-esteem pada Korban Wanita Dewasa Awal. *Buletin Riset Psikologi Dan Kesehatan Mental*, 2(1), 590–598.
- Rangkuti, A. A. (2017). Statistika inferensial untuk psikologi dan pendidikan. Kencana.
- Robins, R., Trzesniewski, K., & Donnellan, M. (2012). A briefprimer on self-esteem. *The Prevention Researcher*, 19(2), 1–7
- Rosenberg, M. (1965). *Society and the Adolescent Self-Image*.
- Rosenberg, M., & Owens, T. J. (2001). Low self-esteem people: A collective portrait. In T. J. Owens, S. Stryker, & N. Goodman (Eds.), *Extending self-esteem theory and research: Sociological and psychological currents* (pp. 400–436). Cambridge University Press.
- Rusyidi, B., & Hidayat, E. N. (2020). Kekerasan dalam Pacaran: Faktor Resiko dan Pelindung Serta Implikasinya Terhadap Upaya Pencegahan. *Sosio Informa*, 6(02), 152–169.
- Sadoughi, M., & Hesampour, F. (2017). The Relationship between Perceived Social Support and Loneliness among University Students. *Multilingual Academic Journal of Education and Social Sciences*, 5(1), 5.
- Santika, R., & Permana, M. X. (2021). Eksplorasi Alasan Seseorang Berpacaran pada Emerging Adulthood. *Jurnal Psikologi Perseptual*, 6(2), 101–112.
- Santrock, J. W. (2011). *Life-Span Development Thirteenth Edition*.

- Satriyandari, Y., & Octaviani, M. (2017). HUBUNGAN PENGGUNAAN JENIS MEDIA MASSA DENGAN KEJADIAN DATING VIOLENCE. *Journal of Health Studies*, 1(1), 78–94.
- Shafidhya, T. A. (2026). *Potret Kekerasan terhadap Perempuan Sepanjang 2025*. GoodStats. <https://goodstats.id/article/potret-kekerasan-terhadap-perempuan-sepanjang-2025-CqNGU>
- Shahali, S., Riazi, H., Alaei, S., Emamhadi, M., & Salmaney, F. (2019). Perceived social support and self-esteem in sexual violence victims. *Medical journal of the Islamic Republic of Iran*, 33, 19.
- Shi, Y. (2022). Assessment of Effect of Perceived Social Support on School Readiness , Mental Wellbeing , and Self-Esteem : Mediating Role of Psychological Resilience. *Frontiers in Psychology*, 13(May), 1–14. <https://doi.org/10.3389/fpsyg.2022.911841>
- Shulman, S. (2023). Romantic pathways among emerging adults: Between fluidity and progression. In S. Shulman (Ed.), *A new lens on emerging adulthood: Fluidity as the path to settling down* (pp. 79-95). Oxford University Press. <https://doi.org/10.1093/oso/9780190841836.003.0006>
- Shulman, S., & Connolly, J. (2013). *The Challenge of Romantic Relationships in Emerging Adulthood : Reconceptualization of the Field*. 1(1), 27–39. <https://doi.org/10.1177/2167696812467330>
- Soest, T. Von, & Wichstrøm, L. (2016). The Development of Global and Domain-Specific Self-Esteem From Age 13 to 31. *Journal of Personality and Social Psychology*, 110(4), 592–608.
- Steinberg, R. J. (1986). A Triangular Theory of Love. *Psychological Review*, 93(2), 119–135.
- Sugiyono. (2019). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D*. Penerbit Alfabeta Bandung.

- Szkody, E., & McKinney, C. (2019). Indirect Effects of Social Support on Psychological Health Through Self-Esteem in Emerging Adulthood. *Journal of Family Issues*, 40(17), 1–17. <https://doi.org/10.1177/0192513X19859612>
- Tafarodi, R. W., & Milne, A. B. (2002). Decomposing Global Self-Esteem. *Journal of Personality*, 70(4), 443–484.
- Tam, C., Lee, T.-H., Har, W.-M., & Pook, W.-L. (2011). Perceived Social Support and Self-Esteem towards Gender Roles: Contributing Factors in Adolescents. *Asian Social Science*, 7(8), 49–58. <https://doi.org/10.5539/ass.v7n8p49>
- Tandoğan, Ö., & Yakıt Ak, E. (2025). Exploring a Unique Dimension of Emotional Abuse in Young Women: A Qualitative Study on Dating Violence. *Psikiyatride Güncel Yaklaşımlar*, 17(Supplement 1), 157-166. <https://doi.org/10.18863/pgy.1695909>
- Taylor, S. E. (2012). *Social Support: A Review Oxford Handbooks Online Social Support: A Review*. <https://doi.org/10.1093/oxfordhb/9780195342819.013.0009>
- Tisyara, M. K. A., & Valentina, T. D. (2024). Kekerasan dalam Pacaran yang Dialami oleh Perempuan: Sebuah Kajian Literatur. *Psikobuletin: Buletin Ilmiah Psikologi*, 5(1), 65–79.
- Utami, A. N. (2022). Ekspresi Cinta pada Dewasa Awal yang Berpacaran. *Acta Psychologia*, 4(1), 29–37.
- Viskarini, P. A., & Suharsono, Y. (2023). Pengaruh dukungan sosial terhadap harga diri remaja putri korban pelecehan seksual. *Cognicia*, 11(1), 47-53.
- Wolford-Clevenger, C., Grigorian, H., Brem, M. J., Florimbio, A. R., Elmquist, J., & Stuart, G. L. (2017). Associations of Emotional Abuse Types with Suicide Ideation among Dating Couples. *Journal of aggression*,

maltreatment & trauma, 26(9), 1042–1054.
<https://doi.org/10.1080/10926771.2017.1335821>

Wu, J., Shao, Y., & Zang, W. (2025). Perceived Social Support and Self-Esteem Predict Cyberbullying Among Rural Left-Behind Adolescents. *Scientific Reports*, 1–11.

Wulandaru, H. P., Bhima, S. K. L., Dhanardhono, T., & Rohmah, I. N. (2019). Prevalensi dan Bentuk Kekerasan dalam Pacaran pada Siswa SMA, SMK dan MA di Kecamatan Tembalang Kota Semarang. *Jurnal Kedokteran Diponegoro (Diponegoro Medical Journal)*, 8(4), 1135-1148.

Yeo, V., & Hadiwirawan, O. (2023). Batasan Kekerasan Psikologis dalam Pacaran Pada Dewasa Awal. *Seurene, Jurnal Psikologi Unsiyah*, 6(1), 128–150.

Zahra, G. P., & Yanuvianti, M. (2019). Hubungan Antara Kekerasan Dalam Pacaran (*Dating Violence*) dengan *Self Esteem* Pada Wanita Korban KDP di Bandung. *Prosiding Psikologi*, 3(2), 303–309.

Zimet, G. D., Dahlem, N. W., Zimet, S. G., & Farley, G. K. (1988). The Multidimensional Scale of Perceived Social Support. *Journal of Personality Assessment*, 52(1), 20–41.