

DAFTAR PUSTAKA

- Boergers, R., & Gingerelli, A. (2021). *Finish Strong: Resistance Training for Endurance Athletes*. Bloomsbury Publishing.
- Bompa, T. O., & Buzzichelli, C. (2019). *Periodization-: theory and methodology of training*. Human kinetics.
- Brenner, J. S., Watson, A., Brooks, M. A., Carl, R. L., Briskin, S. M., Canty, G., Cuff, S., Edwards, N. M., Kinsella, S., & Lang, P. J. (2024). Overuse injuries, overtraining, and burnout in young athletes. *Pediatrics*, 153(2).
- Brooks, G. A., Osmond, A. D., Arevalo, J. A., Duong, J. J., Curl, C. C., Moreno-Santillan, D. D., & Leija, R. G. (2023). Lactate as a myokine and exerkine: drivers and signals of physiology and metabolism. *Journal of Applied Physiology*.
- Camelisa, R., Bafirman, S., Komaini, A., Bakhtiar, S., & Barlian, E. (2026). Development of a Motor Coordination Training Model Based on Critical Thinking Fun Games to Improve Basic Cricket Batting Techniques for Elementary School Students. *Balneo and PRM Research Journal 2026*, 17 (1), 990.
- Das, D., Saikia, H., & Bhattacharjee, D. (2022). Optimal playing strategies of a batsman against bowling type in limited-over cricket: An application of game theory. *Communications in Statistics: Case Studies, Data Analysis and Applications*, 8(4), 738-751.
- Dibba, D., & Ganapathi, K. (2023). The effect of simulation-based training on athletic performances among cricket players. *ICRRD*, 4(1), 149-152.
- Eduard, E. K., Widiastuti, W., & Lubis, J. (2021). The Game-Based Cricket Bowling Skill Exercise Model For Children Ages 12-15 Years. *Gladi: Jurnal Ilmu Keolahragaan*, 12(05), 352-367.
- Eklund, R. C., & DeFreese, J. D. (2021). Fatigue, overtraining, and burnout. *Sport, Exercise and Performance Psychology: Research Directions To Advance the Field*, 278.
- El Archi, Y., Benbba, B., Nizamatdinova, Z., Issakov, Y., Vargáné, G. I., & Dávid, L. D. (2023). Systematic literature review analysing smart tourism

- destinations in context of sustainable development: Current applications and future directions. *Sustainability*, 15(6), 5086.
- Fox, E. (2010). *Cricket*. Royal Navy.
- Halperin, I., Malleron, T., Har-Nir, I., Androulakis-Korakakis, P., Wolf, M., Fisher, J., & Steele, J. (2022). Accuracy in predicting repetitions to task failure in resistance exercise: a scoping review and exploratory meta-analysis. *Sports Medicine*, 1-14.
- Ihsan, A., Asyhari, H., & Kamaruddin, I. (2023). Pengukuran Komponen Fisik Atlet PON Cabang Olahraga Dayung Sulawesi Selatan. *ABDIKAN: Jurnal Pengabdian Masyarakat Bidang Sains dan Teknologi*, 2(2), 168-174.
- Ishak, A., Wong, F. Y., Seurot, A., Cocking, S., & Pullinger, S. A. (2022). The influence of recovery period following a pre-load stimulus on physical performance measures in handball players. *Plos one*, 17(3), e0249969.
- Juniarto, M., & Tangkudung, A. W. (2022). Analisis Latihan Bowling Olahraga Cricket Pada Atlit Pemula U-17 DKI Jakarta. *Riyadhoh: Jurnal Pendidikan Olahraga*, 5(1), 32-37.
- Kozhan, A., Yerkinbekova, M., Omarova, S., Turniyazova, Z., & Davletova, A. (2024). Development of stress resistance (on an example of athletes' training). *Retos: nuevas tendencias en educación física, deporte y recreación*(51), 211-218.
- Lascu, A. (2026). Coaching Cricket. In *Ecological Dynamics in Sport Coaching* (pp. 104-123). Routledge.
- Lascu, A., Spratford, W., Pyne, D. B., & Etxebarria, N. (2021). Evaluating task design for skill development in an amateur female cricket team. *Physical Education and Sport Pedagogy*, 26(4), 330-344.
- Libreau, C., & Benguigui, N. (2025). Improving women's team performance on corners through video training and ball trajectory anticipation. *Frontiers in psychology*, 16, 1547493.
- Lim, J., Wong, S., McErlain-Naylor, S. A., Scanlan, A., Goggins, L., Ahmun, R., Comfort, P., & Weldon, A. (2023). Strength and conditioning for cricket fielding: A narrative review. *Strength & Conditioning Journal*, 45(5), 509-524.
- Lindsay, R., & Spittle, M. (2024). The adaptable coach—a critical review of the

- practical implications for traditional and constraints-led approaches in sport coaching. *International Journal of Sports Science & Coaching*, 19(3), 1240-1254.
- López-Illescas, C., de Moya-Anegón, F., & Moed, H. F. (2008). Coverage and Citation Impact Of Oncological Journals In The Web Of Science And Scopus. *Journal of Informetrics*, 2(4), 304-316.
<https://doi.org/10.1016/j.joi.2008.08.001>
- Mukhopadhyay, K. (2021). Physiological basis of adaptation through super-compensation for better sporting result. *Advances in Health and Exercise*, 1(2), 30-42.
- Munandar, I., Ali, M., & Yuliawan, E. (2025). Minat Terhadap Olahraga Cricket. *Jurnal Riset Multidisiplin Edukasi*, 2(7), 793-805.
- Mustafa, P. S., & Alatas, H. F. (2023). Monograf: Pola Latihan Tendangan “T” bagi Atlet Pencak Silat. *Insight Mediatama*.
- Naderi, A., Rothschild, J. A., Santos, H. O., Hamidvand, A., Koozehchian, M. S., Ghazzagh, A., Berjisian, E., & Podlogar, T. (2025). Nutritional strategies to improve post-exercise recovery and subsequent exercise performance: A narrative review. *Sports Medicine*, 1-19.
- Nobari, H., Azarian, S., Saedmocheshi, S., Valdés-Badilla, P., & Calvo, T. G. (2023). Narrative review: The role of circadian rhythm on sports performance, hormonal regulation, immune system function, and injury prevention in athletes. *Heliyon*, 9(9).
- Prima, P., & Kartiko, D. C. (2021). Survei kondisi fisik atlet pada berbagai cabang olahraga. *Jurnal Pendidikan Olahraga Dan Kesehatan*, 9(1), 161-170.
- Putra, B. A., Murniati, S., & Yanto, A. H. (2025). Analisis Keterampilan Teknik Dasar Batting UKM Cricket Univeristas Jambi. *Indonesian Journal of Sport Science and Coaching*, 7(1), 18-28.
- Putri, D. A., Ali, M., & Putra, A. J. (2025). *Analisis Keterampilan Teknik Catching Pada Atlet UKM Cricket Univeritas Jambi Universitas Jambi*. Jambi.
- Salisbury, L. (2009). Web of Science and Scopus: A Comparative Review of Content and Searching Capabilities. *The Charleston Advisor*, 11(1), 5-18.

- Sanchez, J. A., Reddy, V., Botke, W. F., Battle, A., Sharkey, B., Kareta, T., Pearson, N., & Cantillo, D. C. (2021). Physical characterization of metal-rich near-earth asteroids 6178 (1986 DA) and 2016 ED85. *The Planetary Science Journal*, 2(5), 205.
- Schmitz, T. J., & O'Sullivan, S. B. (2019). Examination of coordination and balance. *Physical Rehabilitation*. 7th ed. FA Davis Company, 188-219.
- Shareefa, M., & Moosa, V. (2020). The Most-Cited Educational Research Publications on Differentiated Instruction: A Bibliometric Analysis. *European Journal of Educational Research*, 9(1), 331-349. <https://doi.org/10.12973/eu-jer.9.1.331>
- Shumailov, I., Shumaylov, Z., Zhao, Y., Gal, Y., Papernot, N., & Anderson, R. (2023). The curse of recursion: Training on generated data makes models forget. *arXiv preprint arXiv:2305.17493*.
- Suchomel, T. J., Nimphius, S., Bellon, C. R., Hornsby, W. G., & Stone, M. H. (2021). Training for muscular strength: Methods for monitoring and adjusting training intensity. *Sports Medicine*, 51(10), 2051-2066.
- Sulistianingsih, A., Hanif, A. S., & Rihatno, T. (2023). Fielding technique skills training model in under-17 athletes in cricket. *Gladi: Jurnal Ilmu Keolahragaan*, 14(01), 64-73.
- Vouglanis, T., Driga, A. M., & Drigas, A. (2022). Physical and mental exercise to create new congenial neurons, to increase intelligence and the role of ICTs. *Technium BioChemMed*, 3(3), 21-36.
- Weakley, J., Black, G., McLaren, S., Scantlebury, S., Suchomel, T. J., McMahon, E., Watts, D., & Read, D. B. (2024). Testing and profiling athletes: recommendations for test selection, implementation, and maximizing information. *Strength & Conditioning Journal*, 46(2), 159-179.
- Wiarto, G. (2021). *Dasar-Dasar Kepelatihan Olahraga*. Guepedia.
- Wulan, R. I. N. (2024). *Tingkat Keterampilan Teknik Dasar Batting Atlet Cricket Kota Sungai Penuh Universitas Jambi*. Jambi.
- Yu, H., Wang, P., Wang, J., Ji, J., Zheng, Z., Tu, J., Lu, G., Meng, J., Zhu, M., & Shen, S. (2023). Catch planner: Catching high-speed targets in the flight. *IEEE/ASME Transactions on Mechatronics*, 28(4), 2387-2398.