

DAFTAR PUSTAKA

- Ai, Y., Ismail, R. B., & Chong, S. T. A Study of the Bystander Effect in Different Helping Situations. *СОЦИАЛЬНАЯ ПСИХОЛОГИЯ И ОБЩЕСТВО SOCIAL PSYCHOLOGY AND SOCIETY*, 127. DOI: <https://doi.org/10.17759/sps.2024150108>
- Ajzen, I. (1991). The theory of planned behavior. *Organizational Behavior and Human Decision Processes*, 50(2), 179–211. <https://www.sciencedirect.com/science/article/abs/pii/074959789190020T>
- Ajzen, I. (2020). The theory of planned behavior: Frequently asked questions. *Human Behavior and Emerging Technologies*, 2(4), 314–324. <https://onlinelibrary.wiley.com/doi/epdf/10.1002/hbe2.195>
- Anggraini, F. D. P., Aprianti, A., Setyawati, V. A. V., & Hartanto, A. A. (2022). Pembelajaran statistika menggunakan software SPSS untuk uji validitas dan reliabilitas. *Jurnal basicedu*, 6(4), 6491–6504. <https://doi.org/10.31004/basicedu.v6i4.3206>
- Anindya, A., Indah, Y., Dewi, S., & Oentari, Z. D. (2020). Dampak psikologis dan upaya penanggulangan kekerasan seksual terhadap perempuan. *Terapan Informatika Nusantara*, 1(3), 137–140. <https://ejurnal.seminar-id.com/index.php/tin/article/download/394/284/>
- Banyard, V. (2011). Who will help prevent sexual violence: Creating an ecological model of bystander intervention. *Psychology Of Violence*, 1(3), 216–229. <http://dx.doi.org/10.1037/a0023739>
- Banyard, V. (2015). The Promise of a Bystander Approach to Violence Prevention. *Springer Briefs In Criminology*. http://dx.doi.org/DOI 10.1007/978-3-319-23171-6_2
- Banyard, V. L. (2015). *Toward the next generation of bystander prevention of sexual and relationship violence: Action coils to engage communities*. Springer. <https://psycnet.apa.org/record/2015-45881-000>
- Banyard, V. L., Moynihan, M. M., & Plante, E. G. (2007). Sexual violence prevention through bystander education: An experimental evaluation. *Journal of Community Psychology*, 35(4), 463–481. <https://doi.org/10.1002/jcop.20159>
- Banyard, V. L., Moynihan, M. M., Cares, A. C., & Warner, R. (2014). How do we know if it works? Measuring outcomes in bystander-focused abuse prevention on campuses. *Psychology of Violence*, 4(1), 101–115. DOI: [10.1037/a0033470](https://doi.org/10.1037/a0033470)
- Banyard, V. L., Plante, E. G., & Moynihan, M. M. (2004). Bystander education: Bringing a broader community perspective to sexual violence prevention.

- Journal of Community Psychology, 32(1), 61–79.
<https://psycnet.apa.org/record/2003-11151-005>
- Baron, Robert dan Donn Byrne. 2005. Psikologi Sosial jilid 2. Jakarta. Erlangga Brigham.
- Batson, C. D. (2011). *Altruism in Humans*. Oxford University Press.
https://books.google.co.id/books?id=1jRmAQAACAAJ&pg=PR5&hl=id&source=gbv_selected_pages&cad=1#v=onepage&q&f=false
- Batson, C. D., Ahmad, N., & Lishner, D. A. (2009). Empathy and altruism. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (2nd ed., pp. 417–426). Oxford University Press.
https://books.google.co.id/books?id=6IyqCNBD6oIC&printsec=frontcover&hl=id&source=gbv_summary_r&cad=0#v=onepage&q&f=false
- Boduszek, D., Debowska, A., Jones, A. D., Ma, M., Smith, D., Willmott, D., ... & Kirkman, G. (2019). Prosocial video game as an intimate partner violence prevention tool among youth: A randomised controlled trial. *Computers in Human Behavior*, 93, 260-266. <https://doi.org/10.1016/j.chb.2018.12.028>
- Bowes-Sperry, L., & O’Leary-Kelly, A. M. (2005). To act or not to act: The dilemma faced by sexual harassment observers. *Academy of Management Review*, 30(2), 288–306. <https://psycnet.apa.org/record/2005-03550-005>
- Brown, B. B., & Larson, J. (2009). Peer relationships in adolescence. In R. M. Lerner & L. Steinberg (Eds.), *Handbook of Adolescent Psychology* (3rd ed.). Wiley. <https://psycnet.apa.org/record/2009-05795-003>
- Carlo, G., & Randall, B. A. (2002). The development of a measure of prosocial behaviors for late adolescents. *Journal of Youth and Adolescence*, 31(1), 31–44. <https://doi.org/10.1023/A:1014033032440>
- Carlo, G., Hausmann, A., Christiansen, S., & Randall, B. A. (2003). Sociocognitive and behavioral correlates of a measure of prosocial tendencies for adolescents. *The Journal of Early Adolescence*, 23(1), 107–134. <https://psycnet.apa.org/record/2003-01352-008>
- Carlo, G., Mestre, M. V., Samper, P., Tur, A., & Armenta, B. E. (2010). Feelings or cognitions? Moral cognitions and emotions as longitudinal predictors of prosocial and aggressive behaviors. *Personality and Individual Differences*, 48(8), 872–877. <https://psycnet.apa.org/record/2010-06910-004>
- CATAHU. (2024). Menata Data, Menajamkan Arah: Refleksi Pendokumentasian Dan Tren Kasus Kekerasan Terhadap Perempuan. <https://komnasperempuan.go.id/catatan-tahunan-detail/catahu-2024-menata-data-menajamkan-arrah-refleksi-pendokumentasian-dan-tren-kasus-kekerasan-terhadap-perempuan>

- Coker, A. L., Bush, H. M., Fisher, B. S., Swan, S. C., Williams, C. M., Clear, E. R., & DeGue, S. (2017). Multi-college bystander intervention evaluation for violence prevention. *American Journal of Preventive Medicine*, 52(5), 566–578. <https://pmc.ncbi.nlm.nih.gov/articles/PMC4762737/>
- Cook-Craig, P. G., Millspaugh, P. H., Recktenwald, E. A., Kelly, N. C., Hegge, L. M., Hirschel, D., & Cioppa, V. D. (2014). From empowering women to engaging men: Green Dot as a strategy to prevent violence. *Violence Against Women*, 20(6), 716–741. DOI: [10.1177/1077801214551286](https://doi.org/10.1177/1077801214551286)
- Darley, J. M., & Latané, B. (1968). Bystander intervention in emergencies: Diffusion of responsibility. *Journal of Personality and Social Psychology*, 8(4), 377–383. <https://doi.org/10.1037/h0025589>
- Dunfield, K. A. (2014). A Construct Divided: Prosocial Behavior as Helping, Sharing, and Comforting Subtypes. *Frontiers in Psychology*, 5, 958. <https://www.frontiersin.org/journals/psychology/articles/10.3389/fpsyg.2014.00958/full>
- Edwards, K. M., Banyard, V. L., Sessarego, S. N., Waterman, E. A., Mitchell, K. J., & Chang, H. (2019). Evaluation of a bystander-focused interpersonal violence prevention program with high school students. *Prevention science*, 20(4), 488-498. <https://pubmed.ncbi.nlm.nih.gov/30762156/>
- Edwards, K. M., Banyard, V. L., Waterman, E. A., Simon, B., Hopfauf, S., Mitchell, K. J., ... & Valente, T. W. (2023). Diffusion effects of a sexual violence prevention program leveraging youth–adult partnerships. *American journal of community psychology*, 71(3-4), 344-354. <https://doi.org/10.1002/ajcp.12645>
- Eisenberg, N., Spinrad, T. L., & Knafo-Noam, A. (2015). Prosocial development. In R. M. Lerner (Ed.), *Handbook of Child Psychology and Developmental Science* (7th ed.). Wiley. <https://www.child-encyclopedia.com/pdf/complet/prosocial-behaviour>
- Eisenberg, N., Spinrad, T. L., & Morris, A. S. (2013). Prosocial development. <https://academic.oup.com/edited-volume/34391/chapter-abstract/291639799?redirectedFrom=fulltext&login=false>
- Fajriansyah, M. R. (2019). Analisis dampak kekerasan seksual terhadap anak di Kecamatan Pauh Kota Padang. *Ensiklopedia Social Review*, 1(2), 200-205. <http://jurnal.ensiklopediaku.org>
- Feyori, D. P. (2024). Program Stop (Intervensi Bystander) Untuk Meningkatkan Perilaku Prosocial Sebagai Upaya Preventif Pelecehan Seksual Pada Siswa SMP di Bukittinggi. *CAUSALITA: Journal of Psychology*, 2(1), 107-112. DOI: <https://doi.org/10.62260/causalita.v2i1.200>

- Fischer, P., Krueger, J. I., Greitemeyer, T., Vogrincic, C., Kastenmüller, A., Frey, D., Heene, M., Wicher, M., & Kainbacher, M. (2011). The bystander-effect: A meta-analytic review on bystander intervention in dangerous and non-dangerous emergencies. *Psychological Bulletin*, 137(4), 517–537. <https://doi.org/10.1037/a0023304>
- Hasanah, R. N., Nugrastuti, N. M., Fitrianti, R., Zahrawani, A. R., Agustin, O., & Afilah, N. (2025). Psikoedukasi Untuk Mencegah Kekerasan Seksual Remaja. *Jurnal Penelitian Multidisiplin Bangsa*, 1(8), 921-924. <https://doi.org/10.59837/jpnmb.v1i8.176>
- Holm, K., Jönsson, S., & Muhonen, T. (2023). How are witnessed workplace bullying and bystander roles related to perceived care quality, work engagement, and turnover intentions in the healthcare sector? A longitudinal study. *International journal of nursing studies*, 138, 104429. <https://doi.org/10.1016/j.ijnurstu.2022.104429>
- HW, A. A., Imanuel, D., Rasyid, D., Jenica, B., & Alveria, A. O. (2025). Psikoedukasi Pencegahan Kekerasan Seksual Di SMA Tarakanita Citra Raya. *PUSAKO: Jurnal Pengabdian Psikologi*, 4(01), 61-72. <https://doi.org/10.24036/pusako.v4i01.142>
- Jannah, P. M. (2021). Pelecehan Seksual, Seksisme dan Bystander. *Psikobuletin: Buletin Ilmiah* <https://ejournal.uin-suska.ac.id/index.php/Psikobuletin/article/view/12023>
- Jouriles, E. N., Krauss, A., Vu, N. L., Banyard, V. L., & McDonald, R. (2018). Bystander programs addressing sexual violence on college campuses: A systematic review and meta-analysis. *Trauma, Violence, & Abuse*, 19(4), 1–15. DOI:[10.1080/07448481.2018.1431906](https://doi.org/10.1080/07448481.2018.1431906)
- Jouriles, E. N., McDonald, R., Rosenfield, D., Levy, N., Sargent, K. S., & Caiozzo, C. (2016). TakeCARE, a video bystander program to help prevent sexual violence on college campuses: Results of two randomized controlled trials. *Psychology of Violence*, 6(3), 410–420. <https://pubmed.ncbi.nlm.nih.gov/27867694/>
- Klein, L. B., & Martin, S. L. (2021). Sexual harassment of college and university students: A systematic review. *Trauma, Violence, & Abuse*, 22(4), 777–792. <https://doi.org/10.1177/1524838019881731>
- Latané, B., & Darley, J. M. (1970). *The unresponsive bystander: Why doesn't he help?* Appleton-Century-Crofts.
- Latané, B., & Nida, S. (1981). Ten years of research on group size and helping. *Psychological Bulletin*, 89(2), 308–324. DOI:[10.1037/0033-2909.89.2.308](https://doi.org/10.1037/0033-2909.89.2.308)
- Latane, B., & Darley, J. M. (1968). Group inhibition of bystander intervention in emergencies. *Journal of Personality and Social Psychology*, 10(3), 215–221.

https://www.researchgate.net/publication/17480539_Group_inhibition_of_bystander_intervention_in_emergencies

- Lee, S. Y., Hanson, M. D., & Cheung, H. K. (2019). Incorporating bystander intervention into sexual harassment training. *Industrial and Organizational Psychology*, 12(1), 52–57. <https://psycnet.apa.org/record/2019-27486-009>
- McMahon, S., & Banyard, V. L. (2012). When can I help? A conceptual framework for the prevention of sexual violence through bystander intervention. *Trauma, Violence, & Abuse*, 13(1), 3–14. <https://doi.org/10.1177/1524838011426015>.
- Meinarno, S. W. 2009. Psikologi Sosial. Jakarta: Salemba Humanika.
- Mennicke, A., Bush, H. M., Brancato, C. J., & Coker, A. L. (2021). Bystander intervention efficacy to reduce teen dating violence among high school youth who did and did not witness parental partner violence: A path analysis of a cluster RCT. *Journal of family violence*, 36(7), 755-771. <https://doi.org/10.1007/s10896-021-00297-y>
- Nabila, N. A., Baroroh, U., & Mashis, B. M. (2023). Fakta Kekerasan Seksual Di Pesantren Kabupaten Pati. *Al-I'timad: Jurnal Dakwah Dan Pengembangan Masyarakat Islam*, 1(1), 90–109. <https://doi.org/10.35878/ALITIMAD.V1I1.724>
- Nizmi, Y. E., Olivia, Y., Meilani, N. L., Retnaningsih, U. O., & Asriwandari, H. (2023). Edukasi pengenalan dan pencegahan kekerasan seksual kepada siswa sebagai sebagai upaya responsif mengantisipasi darurat kekerasan seksual di lingkungan sekolah. *Madaniya*, 4(2), 864-870. <https://doi.org/10.53696/27214834.496>
- Oram, S. (2019). Kekerasan Seksual Dan Kesehatan Mental. *Ilmu Epidemiologi Dan Psikiatri*, 28(6), 592-593. [doi:10.1017/S2045796019000106](https://doi.org/10.1017/S2045796019000106)
- Orchowski, L. M., Malone, S., Sokolovsky, A. W., Pearlman, D. N., Rizzo, C., Zlotnick, C., ... & Fortson, B. L. (2023). Preventing sexual violence among high school students through norms correction and bystander intervention: A school-based cluster trial of Your Voice Your View. *Journal of community psychology*, 51(7), 2861-2886. <https://doi.org/10.1002/jcop.23047>
- Padilla-Walker, L. M., & Carlo, G. (2014). *Prosocial Development: A Multidimensional Approach*. Oxford University Press. [https://books.google.co.id/books?hl=id&lr=&id=fM7RAgAAQBAJ&oi=fnd&pg=PP1&dq=Padilla-Walker,+L.+M.,+%26+Carlo,+G.+\(2014\).+Prosocial+Development:+A+Multidimensional+Approach.+Oxford+University+Press.&ots=jQ12UA35SS&sig=cFLmn826ZjswcgVJCdnRQCSuiA&redir_esc=y#v=onepage&q&f=false](https://books.google.co.id/books?hl=id&lr=&id=fM7RAgAAQBAJ&oi=fnd&pg=PP1&dq=Padilla-Walker,+L.+M.,+%26+Carlo,+G.+(2014).+Prosocial+Development:+A+Multidimensional+Approach.+Oxford+University+Press.&ots=jQ12UA35SS&sig=cFLmn826ZjswcgVJCdnRQCSuiA&redir_esc=y#v=onepage&q&f=false)

- Park, S., & Kim, S.-H. (2023). A systematic review and meta-analysis of bystander intervention programs for intimate partner violence and sexual assault. *Psychology of Violence*, 13(2), 93–106. <https://doi.org/10.1037/vio0000456>
- Pfaff, J., Jönsson, S., & Muhonen, T. (2024). Bystander intervention programs focusing on sexual violence in academia—a scoping review. *Sage Open*, 14(2).
<https://journals.sagepub.com/doi/pdf/10.1177/21582440241259156>
- Putri, L. R., Pembayun, N. I. P., & Qolbiah, C. W. (2024). Dampak kekerasan seksual terhadap perempuan: Sebuah sistematik review. *Jurnal Psikologi*, 1(4), 17.
<https://pdfs.semanticscholar.org/0878/b5161f7c3808c5591110f63bdb323930bcdcd.pdf>
- Salmivalli, C. (2018). Bystanders are Essential to Bullying Prevention and Intervention. <https://doi.org/10.1080/00405841.2014.947222>
- Santrock, J. W. 2014. *Adolescence*. 5 th New York: McGraw-Hill
- Sargent, K. S., Jouriles, E. N., Rosenfield, D., & McDonald, R. (2017). A high school-based evaluation of TakeCARE, a video bystander program to prevent adolescent relationship violence. *Journal of youth and adolescence*, 46(3), 633-643. DOI:[10.1007/s10964-016-0622-z](https://doi.org/10.1007/s10964-016-0622-z)
- Seniati, L., Yulianto, A., & Setiadi, B. N. (2011). Psikologi eksperimen. *Jakarta: Indeks*.
- Shekar, A., Gross, A., Luebbbers, E., & Honsky, J. (2020). Effects of an interprofessional student-led sexual education program on self-efficacy and attitudes about sexual violence in youths in juvenile detention. *Journal of pediatric and adolescent gynecology*, 33(3), 302-306.
<https://doi.org/10.1016/j.jpbg.2019.12.005>
- SIMFONI-PPA. (2025). Jumlah Kasus Kekerasan.
<https://kekerasan.kemenpppa.go.id/ringkasan>
- Suhadianto, S., & Ananta, A. (2023). Pencegahan Kekerasan Seksual pada Remaja di Sekolah Menengah Pertama melalui Pemberian Psikoedukasi: Prevention of Sexual Violence in Junior High Schools Through the Provision of Psychoeducation. *Amalee: Indonesian Journal of Community Research and Engagement*, 4(1), 177-186. <https://doi.org/10.37680/amalee.v4i1.2056>
- Syukurman, Kamaruddin, S. A., Adam, A., & Mahmud, A. (2022). Kekerasan Seksual Pada Remaja Kabupaten Bima: Faktor Pemicu dan Upaya Pencegahan. *Indonesian Annual Conference Series*, 1, 179–185.
<https://ojs.literacyinstitute.org/index.php/iacseries/article/view/1489/488>
- Taylor, B. G., Mumford, E. A., Liu, W., & Stein, N. D. (2017). The effects of different saturation levels of the Shifting Boundaries intervention on

preventing adolescent relationship abuse and sexual harassment. *Journal of Experimental Criminology*, 13(1), 79-100. DOI:[10.1007/s11292-016-9277-8](https://doi.org/10.1007/s11292-016-9277-8)

UNICEF. (2021). *Ending online child sexual exploitation and abuse*. <https://www.unicef.org/documents/ending-online-child-sexual-exploitation-and-abuse>

Universitas Negeri Jakarta. (2024). *Buku Pedoman dan Panduan Pencegahan dan Penanganan Kekerasan Seksual (PPKS) Universitas Negeri Jakarta*. Universitas Negeri Jakarta.

Waterman, E. A., Edwards, K. M., Banyard, V. L., & Chang, H. (2022). Age and sexual orientation moderated the effects of a bystander-focused interpersonal violence prevention program for high school students. *Prevention science*, 23(1), 96-107. DOI:[10.1007/s11121-021-01245-4](https://doi.org/10.1007/s11121-021-01245-4)

WHO. (2013). *Global and regional estimates of violence against women: Prevalence and health effects of intimate partner violence and non-partner sexual violence*. <https://www.who.int/publications/i/item/9789241564625>

WHO. (2024). *Adolescent health fact sheet*. https://www.who.int/health-topics/adolescent-health#tab=tab_1

World Health Organization (WHO). (2026). *Violence Data*. <https://apps.who.int/violence-info/sexual-violence/>