

**LADY WHISTLEDOWN'S ANONYMITY AS A SYMBOL OF
FEMALE POWER IN BRIDGERTON SERIES**



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THESIS

COVER PAGE

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Degree in English Literature

ENGLISH LITERATURE STUDY PROGRAMME

**FACULTY OF LANGUAGE AND ART
UNIVERSITAS NEGERI JAKARTA**

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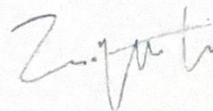
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Jakarta, June 29, 2026



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ABSTRAK

Imtiyaz, Yumna Najwa. 2026. Anonimitas Lady Whistledown sebagai Simbol Kekuatan Perempuan dalam Serial Bridgerton. Skripsi: Jakarta, Program Studi Sastra Inggris, Fakultas Bahasa dan Seni, Universitas Negeri Jakarta.

Penelitian ini menganalisis bagaimana anonimitas Lady Whistledown berfungsi sebagai simbol kekuatan perempuan dan sebagai alat pemberdayaan perempuan dalam serial Bridgerton. Penelitian ini menggunakan metode kualitatif dengan pendekatan analisis tekstual dengan teori utama Third Wave Feminism milik Stacy Gillis, Gillian Howie dan Rebecca Munford yang didukung oleh konsep Girl Power dan Muted Group Theory dari Cherris Kramarae. Hasil penelitian menunjukkan bahwa anonimitas Lady Whistledown memiliki tiga fungsi utama. Pertama, anonimitas memberikan perempuan ruang untuk memperoleh suara alternatif sehingga ia dapat menyampaikan pemikiran dan pendapat yang tidak dapat diungkapkan secara terbuka dalam masyarakat patriarki. Kedua, anonimitas menjadi strategi perlawanan yang memungkinkannya mengkritik ketidakadilan sosial, mengungkap berbagai bentuk kesenjangan, serta menantang nilai-nilai patriarki tanpa harus menghadapi konsekuensi sosial secara langsung. Ketiga, anonimitas menjadi sumber pemberdayaan yang memungkinkan seorang perempuan memperoleh pengaruh, kemandirian, dan otoritas melalui kemampuan menulis, bukan melalui status sosial maupun pernikahan. Dengan demikian, penelitian ini menyimpulkan bahwa identitas anonim Lady Whistledown merupakan bentuk agensi perempuan yang menunjukkan bahwa anonimitas dapat menjadi strategi yang efektif untuk membangun suara, melakukan perlawanan, dan memberdayakan perempuan, bukan sebagai simbol ketakutan ataupun kelemahan.

Kata kunci: Lady Whistledown, anonimitas, kekuatan perempuan, Feminisme Gelombang Ketiga, Bridgerton, pemberdayaan perempuan

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ABSTRACT

Imtiyaz, Yumna Najwa. 2026. Lady Whistledown's Anonymity as a Symbol of Female Power in Bridgerton Series. A Thesis: Jakarta, English Literature Study Programme, Faculty of Language and Arts, Universitas Negeri Jakarta.

This study aims to examine how Lady Whistledown's anonymity functions as a symbol of female power and a tool for women's empowerment in the Bridgerton series. This research employs a qualitative method using textual analysis and using Third Wave Feminism edited by Stacy Gillis, Gillian Howie, and Rebecca Munford as the primary theoretical framework, supported by Girl Power concept and Cheris Kramarae's Muted Group Theory. The findings show that Lady Whistledown's anonymity serves three main functions. First, it provides women with an alternative voice that enables them to express thoughts and opinions that cannot be openly communicated within a patriarchal society. Second, anonymity functions as a strategy of resistance by allowing women to criticize social injustice, reveal inequality, and challenge patriarchal values without directly facing social punishment. Third, anonymity becomes a source of empowerment that enables women to gain influence, independence, and authority through writing rather than through social status or marriage. Therefore, this study concludes that Lady Whistledown's anonymous identity represents female agency and demonstrates that anonymity can function as a powerful strategy for self-expression, resistance, and women's empowerment instead of being a symbol of fear or weakness.

Keywords: Lady Whistledown, anonymity, female power, Third Wave Feminism, Bridgerton, women's empowerment

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