

DAFTAR PUSTAKA

- Andayu, A. A., Rizkyanti, C. A., & Kusumawardhani, S. J. (2019). Peran Insecure Attachment terhadap Kekerasan Psikologis dalam Pacaran pada Perempuan Remaja Akhir. *Psymphatic: Jurnal Ilmiah Psikologi*, 6(2), 181–190. <https://doi.org/10.15575/psy.v6i2.5231>
- Aryadi, K., A., dkk. (2024). Persepsi Emerging Adulthood Tentang Hubungan Tanpa Status (HTS). (n.d.)
- Azwar. (2012). Penyusunan SKala Psikologi Edisi 2.
- Azzahra Lazuardi, R., Nugraha, Y. A., Rini, D., Firdaus, S., & Sugiarto, T. (2026). The Relationship between Social Media Consumption and Generation Z's Marriage Preference. *Jurnal Riset Komunikasi (JURKOM)*, 9(1), 20–38. <https://doi.org/10.38194/jurkom.v9i1.1540>
- Bowlby, J. (1977). The making and breaking of affectional bonds. I. Aetiology and psychopathology in the light of attachment theory. An expanded version of the Fiftieth Maudsley Lecture, delivered before the Royal College of Psychiatrists, 19 November 1976. *British Journal of Psychiatry*, 130(3), 201–210. <https://doi.org/10.1192/bjp.130.3.201>
- Badan Pusat Statistik. (2025).
- Creswell, J. W. (2009). Research design: Qualitative, quantitative and mixed methods approaches. *Canadian Journal of University Continuing Education*

Feeney, J. A., & Noller, P. (1990). Attachment Style as a Predictor of Adult Romantic Relationships. In *Journal of Personality and Social Psychology* (Vol. 58, Issue 2).

Fraley, R. C., Shaver, P. R., Thank, W., Cassandro, J., Feldman, L., Frei, B. J., Pietromonaco, P., Robins, R., & Tan, C. (2000). Adult Romantic Attachment: Theoretical Developments, Emerging Controversies, and Unanswered Questions. *Review of General Psychology*, 4(2), 132–154. <https://doi.org/10.1037//1089-2680.4.2.132>

Fraley, R. C., Waller, N. G., & Brennan, K. A. (2000). An item response theory analysis of self-report measures of adult attachment. *Journal of Personality and Social Psychology*, 78(2), 350–365. <https://doi.org/10.1037/0022-3514.78.2.350>

Ghozali, I. (2018). *Aplikasi analisis multivariate dengan program IBM SPSS 25 (Edisi ke-9)*. Badan Penerbit Universitas Diponegoro.

Grace, S., Pratiwi, P. C., & Indrawati, G. (2018). HUBUNGAN ANTARA RASA PERCAYA DALAM HUBUNGAN ROMANTIS DAN KEKERASAN DALAM PACARAN PADA PEREMPUAN DEWASA MUDA DI JAKARTA. *Jurnal Psikologi Ulayat*, 5(2). <https://doi.org/10.24854/jpu02018-183>

Green, S. B. (1991). How Many Subjects Does It Take To Do A Regression Analysis? *Multivariate Behavioral Research*, 26(3), 499–510. https://doi.org/10.1207/s15327906mbr2603_7

Gregory. R. J. (2014). *Psychological testing: History, principles, and application*. Pearson.

Hani Aprina, F., Amelia, S., Monica Marpaung, A., Dewindaru, D., Sholihah, L., & Pembangunan Nasional Veteran Jakarta, U. (n.d.). Penerbit: LKISPOL (Lembaga Kajian Ilmu Sosial dan Politik) GOVERNANCE: Jurnal Ilmiah Kajian Politik Lokal dan Pembangunan DISKURSUS HUSTLE CULTURE DAN EKSPLOITASI KELAS PEKERJA: ANALISIS WACANA KRITIS TERHADAP KOMUNIKASI BISNIS DAN DAMPAK KESEHATAN MENTAL PEGAWAI AGENSI DI JAKARTA SELATAN.

Jundiyana, H., & Noorrizki, R. D. (n.d.). Kelekatan di Masa Dewasa Awal pada Individu yang Menjalin Hubungan tanpa Komitmen. *Jurnal Flourishing*, 4(1), 21–30. <https://doi.org/10.17977/10.17977/um070v4i42024p21-30>

Kazan, C., & Shaver, P. (n.d.). INTERPERSONAL RELATIONS AND GROUP PROCESSES Romantic Love Conceptualized as an Attachment Process.

Khatri, G., Khalid, A., Sharma, P., & Sharma, K. (n.d.). Beyond Tradition: A study of relationship evolution in Millennials and Gen Z KEYWORDS.

Kowal, M., Sorokowski, P., Craig Roberts, S., Malecki, W., Misiak, M., Sorokowska, A., Kocur, M., Bode, A., J Janssen, S. M., García, F. E., Ozer, S., Gjoneska, B., Lidborg, L. H., Dubrov, D., Varella, M., Grigoryev, D., Mebarak, M., A Mattiassi, A. D., Contreras-Garduño, J., ... Zumárraga-Espinosa, M. (n.d.). Higher individualism predicts lower intensity of experienced love: Data from 91 countries.

Kowal, M., Sorokowski, P., Dinić, B. M., Pisanski, K., Gjoneska, B., Frederick, D. A., Pfuhl, G., Milfont, T. L., Bode, A., Aguilar, L., García, F. E., Roberts, S. C., Abad-Villaverde, B., Kavčič, T., Miroshnik, K. G., Ndukaihe, I. L. G., Šafárová, K., Valentova, J. v., Aavik, T., ... Sternberg, R. J. (2024). Validation of the Short Version (TLS-15) of the Triangular Love Scale (TLS-45) across 37

Languages. Archives of Sexual Behavior, 53(2), 839–857.
<https://doi.org/10.1007/s10508-023-02702-7>

Madey, S. F., & Rodgers, L. (2009). The Effect of Attachment and Sternberg's Triangular Theory of Love on Relationship Satisfaction. In Individual Differences Research www.idr-journal.com (Vol. 7, Issue 2). www.idr-journal.com

Marselin, K., Talino, P., Dini, R. R., & Nurhadianti, D. (2025). Hubungan Persepsi Pola Asuh Demokratis dan Gaya Kelekatan Aman dengan Keintiman Relasi Romantis. Jurnal Psikologi Kreatif Inovatif, 5(1).
<https://doi.org/10.37817/PsikologiKreatifInovatif>

Meneropong Semangat Hidup Gen Z dalam Menjalankan Hubungan Tanpa Status (Naja, et al.). (n.d.). <https://doi.org/10.63822/fsjk5t81>

Noftle, E. E., & Shaver, P. R. (2006). Attachment dimensions and the big five personality traits: Associations and comparative ability to predict relationship quality. Journal of Research in Personality, 40(2), 179–208.
<https://doi.org/10.1016/j.jrp.2004.11.003>

Nurfatin, S., & Sulistiani, W. (2025). Analisis Fenomenologi tentang Perilaku Berpacaran Pada Mahasiswa. Jurnal Pengabdian Masyarakat Dan Riset Pendidikan, 4, 88–98. <https://doi.org/10.31004/jerkin.v4i1.740>

Rahman, I. N., Fakhri, N., & Tri Sulastri. (2025). Analisis Relasi Antara Keyakinan Romantis Dan Gaya Kelekatan Dalam Konteks Ketidaksadaran Status Hubungan Pada Perselingkuhan. G-Couns: Jurnal Bimbingan Dan Konseling, 9(3), 1557–1570. <https://doi.org/10.31316/g-couns.v9i3.7220>

- Ramadhan, A., Wulan Sukmayanti, A., & Adi Perdana, G. (n.d.). Marriage or Freedom? Indonesia's Generation-Z Dilemma in the Midst of Social and Economic Pressure. Retrieved <http://ijsr.internationaljournalallabs.com/index.php/ijsr>
- Rinaldi, M. R., Hardika, J., & Triastuti, R. (n.d.). Gen Z Marriage: Loneliness as a Moderator of Partner Phubbing and Marital Satisfaction (Vol. 13). Sternberg, R. J. (1986). A Triangular Theory of Love. In Psychological Review (Vol. 93, Issue 2).
- Sugiyono. (2013). METODE PENELITIAN KUANTITATIF.
- Tiyas, D., P., & Andriani, F. Persepsi Hubungan Romantis pada Wanita Dewasa Awal. (n.d.).
- Wibhowo, C., & DS So, K. A. (2019). Trauma Masa Anak, Hubungan Romantis, dan Kepribadian Ambang. Jurnal Psikologi, 46(1), 63. <https://doi.org/10.22146/jpsi.22748>
- Widiastuti, Y., Widhyastuti, C., Kuswartanti, D. R., & Limin, D. S. (2024). Pengaruh Passionate love Terhadap Kepuasan Relasi Romantis Pada Emerging Adulthood yang Sedang Menjalin Hubungan Jarak Jauh (Long Distance Relationship). In Jurnal Psikologi Insight (Vol. 8, Issue 2).
- Wulan Yulianti, D., Rosida Hijrianti, U., Raya Ngelo Tlogomas No, J., Lowokwaru, K., Malang, K., & Timur, J. (2024). PENGARUH FATHER ATTACHMENT TERHADAP SELF-DISCLOSURE WANITA DEWASA AWAL DALAM HUBUNGAN ROMANTIS. In Jurnal Empati (Vol. 13).