

DAFTAR PUSTAKA

- Amos, A., Greaves, L., Nichter, M., & Bloch, M. (2012). Women and tobacco: A call for including gender in tobacco control research, policy and practice. *Tobacco Control*, 21(2), 236–243. <https://doi.org/10.1136/tobaccocontrol-2011-050280>
- Anyamene, A., Chinyelu, N., & Nneka, E. (2016). Effects of Assertive Training on the Low Self-Esteem of Secondary School Students in Anambra State. *Journal of Psychology and Behavioral Science*, 4(1), 65–78. <https://doi.org/10.15640/jpbs.v4n1a7>
- Arisani, A. M. (2023). Wanita dan Rokok (Studi Fenomenologi Dramaturgi Perilaku Merokok Mahasiswi Universitas Sebelas Maret). *Jurnal Pendidikan Tambusai*, 7(1), 230–236. <https://doi.org/https://doi.org/10.31004/jptam.v7i1.5284>
- Artanti, K. D., Arista, R. D., & Fazmi, T. I. K. (2024). The influence of social environment and facility support on smoking in adolescent males in Indonesia. *Journal of Public Health Research*, 13(1). <https://doi.org/10.1177/22799036241228091>
- Azmi, B., & Hartini, N. (2025). Efektivitas Terapi Kelompok Kognitif-Perilaku untuk Mengurangi Perilaku Merokok pada Remaja Laki-laki. *JIIP - Jurnal Ilmiah Ilmu Pendidikan*, 8(10), 11532–11539. <https://doi.org/10.54371/jiip.v8i10.9498>
- Canadian Centre on Substance Abuse. (2014). Substance abuse in Canada: Childhood and adolescent pathways to substance use disorders. Dalam *Canadian Centre on Substance Abuse*. Canadian Centre on Substance Abuse 2014. <http://www.ccsa.ca>
- Christine, M., Liwu, M., Pello, S. C., Cendana, U. N., Adisucipto, A. J., & Timur, N. T. (2025). Pengaruh Tekanan Teman Sebaya Terhadap Perilaku Merokok Pada Remaja di SMP Negeri 16 Kupang. *Jurnal Riset Rumpun Ilmu Kesehatan*, 4(3), 88–102. <https://doi.org/https://doi.org/10.55606/jurrikes.v4i3>
- Coopersmith. (1967). The antecedents of self-esteem. *San Fransisco: Freeman Press*.
- Creswell, J. W. (2018a). A Mixed-Method Approach. Dalam *Writing Center Talk over Time*. <https://doi.org/10.4324/9780429469237-3>
- Creswell, J. W. (2018b). Qualitative, Quantitative, and Mixed Methods Approaches (5 ed.). *London: SAGE Publications*.

- Dudok, R., & Piko, B. F. (2023). Multi-Level Protective Factors of Adolescent Smoking and Drinking. *European Journal of Investigation in Health, Psychology and Education*, 13(6), 932–947. <https://doi.org/10.3390/ejihpe13060071>
- Ellemers, N. (2018a). Gender Stereotypes. *Annual Review of Psychology*, 69, 275–298. <https://doi.org/10.1146/annurev-psych-122216-011719>
- Ellemers, N. (2018b). Gender stereotypes. *Annual Review Psychology*, 69, 275–298. <https://doi.org/https://psycnet.apa.org/doi/10.1146/annurev-psych-122216-011719>
- Erikson, E. (1950). *19961-Childhood And Society*. Norton Company.
- Fekrat, I., Sari, L. C., Kenedi, G., Afnibar, Ulfatmi, & Wahyuni, S. (2024). Konseling Untuk Remaja Counseling for Teenagers. *Jurnal Kolaboratif Sains*, 7(1), 295–308. <https://doi.org/10.56338/jks.v7i1.4864>
- Greaves, L. (2006). Tobacco policies and vulnerable girls and women: toward a framework for gender sensitive policy development. *Epidemiol Community Health*, 60(2), 57–65. <https://doi.org/10.1136/jech.2005.045393>
- Greaves, L., & Hemsing, N. (2020). Sex and gender interactions on the use and impact of recreational cannabis. *International Journal of Environmental Research and Public Health*, 17(2), 1–15. <https://doi.org/10.3390/ijerph17020509>
- Greaves, L., & Jategaonkar, N. (2006). Tobacco policies and vulnerable girls and women: Toward a framework for gender sensitive policy development. *Journal of Epidemiology and Community Health*, 60(SUPPL. 2), 57–65. <https://doi.org/10.1136/jech.2005.045393>
- Halking, R., Murdiana, S., Nur, M., & Nurdin, H. (2022). Citra Diri Perempuan Perokok. *Jurnal Psikologi Talenta Mahasiswa*, 1(3), 121–132.
- Hasanah, S. (2019). Dukungan Sosial dan Perilaku Merokok pada Remaja di SMK Muhammadiyah Bangunjiwo Kasihan Bantul Yogyakarta. *Journal of Chemical Information and Modeling*, 53(9), 1689–1699.
- Hasibuan, S. M. (2020). UPAYA GURU BIMBINGAN KONSELING DALAM MENGATASI KEBIASAAN MEROKOK MELALUI BIMBINGAN KELOMPOK DI SMA AL-HIDAYAH MEDAN. *Al-Mursyid*, 2(2), 37–45.
- Hentschel, T., Heilman, M. E., & Peus, C. V. (2019). The multiple dimensions of gender stereotypes: A current look at men's and women's characterizations of others and themselves. *Frontiers in Psychology*, 10(JAN), 1–19. <https://doi.org/10.3389/fpsyg.2019.00011>
- Hikmah Baharuddin, N., Puspitasari, A., & Islamiah, N. (2024). *Implikasi Sistem Peringatan Kesehatan Bergambar Pada Kemasan Rokok: Studi Wilayah*

Sosial Ekonomi Rendah Implications of Picture Health Warning Systems on Cigarette Packaging: a Study of Low Socio-Economic Areas. 5(1), 279–286.
<http://jurnal.globalhealthsciencegroup.com/index.php/JLH>

Holt-Lunstad, J. (2021). The Major Health Implications of Social Connection. *Current Directions in Psychological Science*, 30(3), 251–259.
<https://doi.org/10.1177/0963721421999630>

Jayati, E. L. D. (2025). Fenomena Perempuan Merokok sebagai Dampak Sosial dan Kesehatan Masyarakat. *Maliki Interdisciplinary Journal (MIJ)*, 3(6), 128–132.
https://urj.uin-malang.ac.id/index.php/mij/article/download/17342/4670/?utm_source=chatgpt.com

Juli, N., & Pratiwi, S. E. (2026). Peran Gender sebagai Variabel Moderator pada Hubungan Pengetahuan, Sikap, dan Perilaku terhadap Kebiasaan Merokok. 3(6), 435–445.

Jumiaty, Fitria, S., & Rahmawati, A. (2021). HUBUNGAN KEBIASAAN MEROKOK DAN BERAT BADAN PADA PASANGAN USIA SUBUR TERHADAP KEJADIAN INFERTILITAS. *FMIPAKes UMR*, 2, 187–194.

Kalalinggi, Y., Wuni, C., & Parman. (2021). FAKTOR-FAKTOR YANG BERHUBUNGAN DENGAN PERILAKU MEROKOK PADA REMAJA DI KELURAHAN PAKUAN BARU. *Journal of Healthcare Technology and Medicine*, 7(2), 2615–109.
<https://jurnal.uui.ac.id/index.php/JHTM/article/view/1575/823>

Kementerian Kesehatan. (2023). *Survei Kesehatan Indonesia (SKI)*. Survei Kesehatan Indonesia (SKI).

Khosravi, A., Mohammadpoorasl, A., Holakouie-Naieni, K., Mahmoodi, M., Pouyan, A. A., & Mansournia, M. A. (2016). Causal Effect of Self-esteem on Cigarette Smoking Stages in Adolescents: Coarsened Exact Matching in a Longitudinal Study. *Osong Public Health and Research Perspectives*, 7(6), 341–345. <https://doi.org/10.1016/j.phrp.2016.10.003>

Kim, J. Y. J., Kim, E. B., & Lee, I. S. (2021). Influence of self-esteem of middle school students for mental care on academic achievement: Based on the mediation effect of grit and academic enthusiasm. *International Journal of Environmental Research and Public Health*, 18(13).
<https://doi.org/10.3390/ijerph18137025>

Kono, H., Keraf, M. K. P. A., & Panis, M. P. (2020). Self Esteem dengan Perilaku Merokok Siswa. *Journal of Health and Behavioral Science*, 2(1), 31–44.
<https://doi.org/10.35508/jhbs.v2i1.2113>

Leventhal & Cleary, P. D., H. (1980). The smoking problem: A review of the research and theory in behavioral risk modification. *Psychological Bulletin*,

88(2), 370–405. <https://doi.org/https://psycnet.apa.org/doi/10.1037/0033-2909.88.2.370>

Leventhal, H., & Cleary, P. D. (1980). The smoking problem: A review of the research and theory in behavioral risk modification. *Psychological Bulletin*, 88(2), 370–405. <https://doi.org/10.1037/0033-2909.88.2.370>

Luji, & Lubis. (2019). Hubungan perilaku merokok dengan persepsi remaja tentang harga diri. *Jurnal Kesehatan Madani Medika*, 8(1), 8–15. <https://jurnalmadanimedika.ac.id/JMM/article/view/58>

Martini, S. (2014). Makna Merokok pada Remaja Putri Perokok. *JURNAL Psikologi Pendidikan dan Perkembangan*, Volume 3,(2), 119. <http://journal.unair.ac.id/download-fullpapers-jppp4111b62529full.pdf>

MERLYN, M. I. R. P., WINARSUNU, T., & DJUDIAH, D. (2023). Self esteem sebagai moderator konformitas terhadap perilaku merokok elektrik (vape). *Psychological Journal: Science and Practice*, 3(2), 184–190. <https://doi.org/10.22219/pjsp.v3i2.28421>

Nathasya, H., Kinanti, I. P., Amelia, M., & Anggraini, S. (2024). Studi Fenomenologis Terhadap Perilaku Merokok pada Remaja Perempuan Usia SMP di Kabupaten Ogan Ilir. *BUSYRO (Jurnal Dakwah dan Komunikasi Islam)*, 6(1).

Ock, H. S., Hwang, S. W., Lee, H. J., Kim, C. H., Kim, S. H., Kim, T. H., Lee, J. H., & Lee, J. S. (2021). The effects of hidden female smokers on the association between smoking and chronic obstructive pulmonary disease in Korean adults. *Pulmonology*, 27(4), 286–295. <https://doi.org/10.1016/j.pulmoe.2020.04.017>

Pbert, L., Dubé, C. E., Nagawa, C. S., Simone, D. P., Wijesundara, J. G., & Sadasivam, R. S. (2024). Vaping cessation support recommendations from adolescents who vape: a qualitative study. *BMC Public Health*, 24(1), 1–11. <https://doi.org/10.1186/s12889-024-19036-1>

Petrus, B., & Alfita, L. (2022). JOUSKA: Jurnal Ilmiah Psikologi The Relationship Between Self-confidence and Smoking Behavior of Students at Sman 5 Medan. *JOUSKA: Jurnal Ilmiah Psikologi*, 1(2), 90–98. <https://doi.org/10.31289/jsa.v1i2.1334>

Prayitno, & Amti, E. (2018). *Dasar-Dasar Bimbingan dan Konseling*. Rineka Cipta.

Prevention, C. f. (2023). Global Youth Tobacco Survey (GYTS). *Atlanta: United States*.

Pujiyanti, D., N, N. R., Kautsar, A., Puspitawati, E., & Fitri, A. (2023). Probabilitas Wanita Merokok di Indonesia Berdasarkan Faktor Sosial

Ekonomi, Demografi, dan Kebahagiaan. *Jurnal Ekonomi, Lingkungan, Energi, dan Bisnis*, 1(1), 1–16. <https://elegis.universitaspertamina.ac.id/index.php/home1/article/view/4>

Rizky Akbar, F. M. (2020). Mahasiswi perokok: Studi fenomenologi tentang perempuan perokok di kampus. *Jurnal Sosiologi Dialektika*, 15(1), 33. <https://doi.org/10.20473/jsd.v15i1.2020.33-40>

Rodriguez-Planas, N., & Sanz De Galdeano, A. (2016). Social Norms and Teenage Smoking: The Dark Side of Gender Equality. *SSRN Electronic Journal*, (10134). <https://doi.org/10.2139/ssrn.2826928>

Rosemary, R. (2020). *Women's interpretation of anti-smoking messages in Indonesia: An audience analysis*. <https://core.ac.uk/download/pdf/323179061.pdf>

Rosemary, R., & Masrizal. (2025). How Harmful is Smoking for Women? A Qualitative Study in Indonesia. *Jurnal Promkes*, 13(SI1), 171–179. <https://doi.org/10.20473/jpk.v13.isi1.2025.171-179>

Salsabila, N. N., Indraswari, N., & Sujatmiko, B. (2022). Gambaran Kebiasaan Merokok Di Indonesia Berdasarkan Indonesia Family Life Survey 5 (Ifs 5). *Jurnal Ekonomi Kesehatan Indonesia*, 7(1), 13. <https://doi.org/10.7454/eki.v7i1.5394>

Santrock, J. W. (2019). *Adolescence / John W. Santrock, University of Texas at Dallas*.

Smetana, J. G., Campione-Barr, N., & Metzger, A. (2006). Adolescent development in interpersonal and societal contexts. *Annual Review of Psychology*, 57(February 2006), 255–284. <https://doi.org/10.1146/annurev.psych.57.102904.190124>

Stefanie Mollborn, R. H. E. L. (2017). Health lifestyles across the transition to adulthood: Implications for health. *Social Science & Medicine*, 193(1), 23–32. <https://doi.org/10.1016/j.socscimed.2017.09.041>.Health

Sugiyono. (2013). *Metodologi Penelitian Kuantitatif, Kualitatif dan R & D*. Alfabeta.

Tachasunah Arifah, M., Imron, A., & Galih Setyawan, K. (2026). Konstruksi Identitas Maskulinitas di Kalangan Perokok Pelajar di MTs Ma'arif NU Kedungkendo. *Dialektika Pendidikan IPS*, 6(1), 41–52.

Usman, A. (2024). Makna Merokok bagi Wanita: Studi Fenomenologi pada Mahasiswi Perokok. *RESIPROKAL: Jurnal Riset Sosiologi Progresif Aktual*, 6(1), 38–51. <https://doi.org/10.29303/resiprokal.v6i1.451>

World Health Organization (WHO). (2019). WHO report on the global tobacco epidemic, 2019. Offer help to quit tobacco use. Dalam *Geneva: World Health*

Organization. <https://www.who.int/teams/health-promotion/tobacco-control/who-report-on-the-global-tobacco-epidemic-2019>

World Health Organization (WHO). (2023). *WHO report on the global tobacco epidemic, 2023*. <https://www.who.int/publications/i/item/9789240077164>

Zaborskis, A., Kavaliauskienė, A., Eriksson, C., Klemnera, E., Dimitrova, E., Melkumova, M., & Husarova, D. (2021). Family support as smoking prevention during transition from early to late adolescence: a study in 42 countries. *International Journal of Environmental Research and Public Health*, 18(23), 1–15. <https://doi.org/10.3390/ijerph182312739>

