

DAFTAR PUSTAKA

- Azwar, Saifuddin. (2010). *Metode Penelitian*. Yogyakarta: Pustaka Pelajar
- Azwar, Saifuddin (2012). *Penyusunan skala psikologi*. Yogyakarta: Pustaka Pelajar.
- Achtziger, A., Martiny, S. E., Oettingen, G., & Gollwitzer, P. M. (2012). *Metacognitive processes in the self-regulation of goal pursuit*. In P. Brinol, & K. DeMarree (Eds.), *Social metacognition* (pp. 121–139). New York: Psychology Press.
- Barkley RA. (1997). *ADHD and Self Regulation*. In: Baumeister RF, Vohs KD (eds). *Handbook of Self Regulation, Research, theory, and Applications*. New York : Guilford.
- Beswick, G., Rothblum, E. D., & Mann, L. (1988). *Psychological antecedents of student procrastination*. Australian Psychologist.
- Blunt, A., & Pychyl, T. A. (1998). *Volitional action and inaction in the lives of undergraduate students: State orientation, procrastination and proneness to boredom*. Personality & Individual Differences.
- Boekart. M., Pintrich (2000). *Hand Book of Self Regulation*. San Diego: Elsevier Academic Press. Ferrari, J. R. (1989). *Reliability of academic and dispositional measures of procrastination*. Psychological Reports.
- Ferrari, J. R. (2000). *Time orientations of procrastinators: Focusing on the past, present, or future?* Journal of Social Behavior and Personality.
- Ferrari, J. R. (1994). *Dysfunctional procrastination and its relationship with self-esteem, interpersonal dependency, and self-defeating behaviors*. Personality & Individual Differences.
- Ferrari, J. R. (2001). *Procrastination as self-regulation failure of performance: Effects of cognitive load, self-awareness, and time limits on 'Working Best Under Pressure'*. European Journal of Personality.
- Ferrari, J. R., Mason, C. P., & Hammer, C. (2006). *Procrastination as a predictor of task perceptions: Examining delayed and non-delayed tasks across varied deadlines*. Individual Differences Research.
- Gage, N.L & Berliner, D.C. (1984). *Educational Psychology*. Boston: Houghton Mifflin Company.
- Gollwitzer, P.M., & Sheeran, P. (2006). *Implementation intentions and Goal Achievement: A meta-analysis of effects and processes*. San Diego, CA: Academic Press.
- Gollwitzer, P. M., & Oettingen, G. (2011). *Planning promotes goal striving*. In K. D. Vohs, & R. F. Baumeister (Eds.), *Handbook of self-regulation: Research, theory, and applications* (2nd edn, pp. 162–185). New York, London: The Guilford Press.
- Hurlock, E. B. (1980). *Psikologi Perkembangan (Suatu Pendekatan Sepanjang Rentan Kehidupan)*. Edisi Kelima. Jakarta: Penerbit Erlangga.
- Hurlock, E.B. (1999). *Psikologi Perkembangan (Suatu Pendekatan Sepanjang Rentan Kehidupan)*. Edisi Kelima. Jakarta: Penerbit Erlangga

- Hurlock, Elizabeth, B. (2000). *Psikologi Perkembangan*. Jakarta: Erlangga Indonesia. *Undang-undang Tentang Pendidikan*, UU No. 20 Tahun 2003.
- Klassen, R., Ang, R., Chong, W., Krawchuk, L., Huan, V., Wong, I., & Yeo, L. (in press). *Academic procrastination in two settings: Motivation correlates, behavioral patterns, and negative impact of procrastination in Canada and Singapore*. *Applied Psychology*.
- Kountur, Ronny (2007). *Metodologi penelitian untuk penulisan skripsi dan tesis edisi revisi*. Jakarta: Percetakan Buana Printing.
- Moilanen, Kristin. (2007). *The Adolescent Self-Regulation Inventory: The Development and Validation of Questionnaire of Short Term and Long Term Self-Regulation*. *Journal of Youth and Adolescence*.
- Oettingen, G. & Gollwitzer, P.M. (2000). *Effective Self Regulation of Goal Attainment*. *European Journal of Social Psychology*.
- Oettingen, G. & Gollwitzer, P.M. (2005). *Self Regulation of Time Management*. *International Journal of Education Research*.
- Papalia, Diana E., Olds, Sally Wendkos., and Feldman, Ruth Duskin (2008). *Human development (psikologi perkembangan) edisi kesembilan*. Jakarta: Kencana.
- Poerwadarminta. W. J. S. (2006). *Kamus Umum Bahasa Indonesia*. Jakarta: PNBalai Pustaka.
- Rangkuti, Anna Armeini., Listyasari, Winda Dewi., Hapsari, Iriani Indri., and Wahyuni, Lussy Dwiutami (2015). *Penulisan ilmiah dalam psikologi*. Jakarta: Lembaga Pengembangan Pendidikan Universitas Negeri Jakarta.
- Rangkuti, Anna Armeini (2012). *Konsep dan teknik analisis data penelitian kuantitatif bidang psikologi dan pendidikan*. Jakarta: FIP Press.
- Rangkuti, Anna Armeini (2013). *Statistika inferensial untuk penelitian psikologi dan pendidikan*. Jakarta: FIP UNJ.
- Sangadji, Etta Mamang., and Sopiiah (2010). *Metodologi penelitian: pendekatan praktis dalam penelitian*. Yogyakarta: Penerbit ANDI.
- Schunk, D.H., & Ermer, P.A. (2000). *Self Regulation and academic learning: Self Efficacy Enhancing*.
- Sugiyono (2008). *Metode penelitian kuantitatif, kualitatif, dan R&D*. Bandung: Alfabeta.
- Sumintono, Bambang & Widhiarso, Wahyu (2013). *Aplikasi model rasch untuk penelitian ilmu-ilmu social*. Cimahi: Trim Komunikata Publishing House.
- Suratri, Ratna Dyah (2009). *Statistik deskriptif: statistika dasar psikologi dan pendidikan*. Jakarta: FIP UNJ.
- Steel, P. (2002). *The measurement and nature of procrastination*. Unpublished PhD, University of Minnesota, Minneapolis.
- Steel, P. (2007). *The nature of procrastination: A meta-analytic and theoretical review of quintessential self-regulatory failure*. *Psychological Bulletin*, 133, 65-94.
- Tuckman, B. W. (1991). *The development and concurrent validity of the Procrastination Scale*. *Educational & Psychological Measurement*, 51, 473-480.

- Solomon, L. J., & Rothblum, E. D. (1984). *Academic procrastination: Frequency and cognitive-behavioral correlates*. *Journal of Counseling Psychology*, 31(4), 503-509.
- Schouwenburg, H. C. (1995). *Academic procrastination: Theoretical notions, measurement, and research*. In J. R. Ferrari & J. L. Johnson (Eds.), *Procrastination and task avoidance: Theory, research, and treatment*.
- van Hooft, E. A. J., Born, M. P., Taris, T. W., van der Flier, H., & Blonk, R. W. B. (2005). *Bridging the gap between intentions and behavior: Implementation intentions, action control, and procrastination*. *Journal of Vocational Behavior*, 66(2).
- Walgito, Bimo. (1990). *Pengantar Psikologi Umum*. Yogyakarta: Psikologi UGM.
- Zimmerman, B. J., Greenberg, D., & Weinstein, C. E. (1994). *Self-regulating academic study time: A strategy approach*. In D. H. Schunk, & B. J. Zimmerman (Eds.), *Self-regulation of learning and performance: Issues and educational applications* (pp. 181–199). Hillsdale, NJ: Lawrence Erlbaum Associates, Inc.
- Zimmerman, B.J. (2000). *Attaining Self Regulation*. In: P.R Pintrich & M. Zaidner (Ed.). *Handbook of Self Regulation*. San Diego: Academic Press.